

Family Matters

Spring 2024



Long-Term Care Cost Planning

Learn about the different types of long-term care such as assisted living, nursing home, home health, and hospice care. Discussion will include what each type of care encompasses and approximate cost. We will share information about insurance options available in the market and strategies used to pay for long-term care costs. This class will help you assess your individual risk of care needs, make cost estimates, and how to plan today to ensure you can pay for the care into the future. **Keyword: Long**



June 11	T	6-9 p.m.	Rauert	\$39
LIVE Online, Zoom			AREA-5084-TCUYA	
York, YKLC, D101			AREA-5084-YKUA	

The Power You Have, The Power You Give

Join us as we discuss the advantages/disadvantages of a financial power of attorney, health care power of attorney, living wills, advanced medical directives, guardianship, and conservatorship. This is important information to understand regardless of your age or life situation. **Keyword: Power**



April 30	T	6:30-8:30 p.m.	Rauert	\$25
LIVE Online, Zoom			AREA-5057-TCSYB	
York, YKLC, D101			AREA-5057-YKSA	

Location Key

York, YKLC.....Learning Center at York, 401 N. Lincoln Ave.



For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

FAMILY FUN

NEW! Family Fun: Card Games

Engage your family in hours of fun using a simple deck of cards. Whether you're searching for a quick, simple game for a party or a chance to interact without technology, there are plenty of games to play. Generate some friendly family competition and learn a variety of games to play in groups of any size.

Bring a deck of cards. **Keyword: Card**

April 27	S	10 a.m.-Noon		\$19
York, YKLC, D101		Mertz	AREA-5061-YKSA	

NEW! Family Fun: Geocaching

Add some adventure to your vacation or get outside with the family as you treasure hunt using a free Geocaching app on your phone. Discover tips and tricks to find the treasures, what to do with them and how to place your own treasures for others to find. We will download the app in class and then hunt for several "caches" using clues to find small hidden treasures (caches), many of which are in plain sight.



Bring your fully charged phone and transportation to travel between geocache sites. Only one adult per family needs to register. **Keyword: Geocaching**

May 18	S	9 a.m.-Noon		\$29
York, YKLC, D101		Mertz	AREA-5085-YKSA	

NEW! Living With Your Dog: Our Four-Legged Best Friend

The purpose of this class is to help families form healthy relationships with their dog. It will cover topics such as dog behavior, basic obedience, nutrition and exercise, and dealing with poor behavior. You will leave with knowledge to make your dog a valued and healthy member of the family.



This class is being presented by York Adopt-a-Pet. One adult per family needs to register and pay. You must list on the registration form the names and ages of the family members attending the class. **Keyword: Dog**

June 3	M	6:30-8:30 p.m.		\$19
York, YKLC, C101		Mortensen	AREA-3970-YKUA	

For more information, contact **Diane Houdek** at 402-323-3634 or dhoudek@southeast.edu.

Check out all classes offered at southeast.edu/YorkLC
Find us on Facebook at facebook.com/SCCLearningCenteratYork

Welcome to Medicare

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. **Visit doi.nebraska.gov/ship to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentation is available on:

April 11	Th	6-8 p.m.
June 13	Th	6-8 p.m.

Navigating Medicare.gov

Medicare drug plans are confusing, and coverage often changes yearly affecting the cost. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will give you the tools to help make an informed decision.

Navigating Medicare.gov is provided by the Nebraska State Health Insurance Program, a member of the national SHIP network and a division of the Nebraska Department of Insurance. **Visit doi.nebraska.gov/ship to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentations are available on:

April 18	Th	6-8 p.m.
June 20	Th	6-8 p.m.



Co-Parenting: Working Together for Your Children

We offer Level 1 and Level 2 classes that meet the requirements for the Nebraska Parenting Act.

Please contact us at continued@seu.edu or 402-437-2700 for additional information, including dates and times.



ed2go.com/scce

BROWSE COURSES IN

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical

Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing

For more information, contact **Diane Houdek** at 402-323-3634 or dhoudek@seu.edu.

**Check out all classes offered at southeast.edu/YorkLC
 Find us on Facebook at facebook.com/SCCLearningCenteratYork**

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit southeast.edu/academics/college-catalog.php for additional information.

Today's Date

___/___/___

* Required

PLEASE PRINT

Social Security Number OR SCC Student ID Number		* Birth Date	Name: * Last		* First	Middle Initial
* Residence Mailing Address			* City	* State	* Zip	County #
* Email Address			* <input type="checkbox"/> Cell Phone <input type="checkbox"/> Home		Business Phone	
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American		

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Mastercard AMEX Discover VISA V Code _____

(Checks may be converted into an electronic fund transfer, resulting in funds being held or removed immediately.)

Name as it appears on card: _____ Exp. Date _____

CC # _____

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____
 DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. southeast.edu/about/other-scc-departments/access-equity-diversity-title-ix/index.php *The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.

Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>.
2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
5. *Optional*: Enter your **Additional Registration Information** and click **Submit**.
6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.



301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703
southeast.edu/business-and-community/index.php

* The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.