Sports, Recreation & Fitness

Spring 2024

Beginning Pickleball 101

Pickleball is rapidly increasing in popularity and is a fun sport that combines elements of badminton, tennis and ping pong. It is a paddle sport created for all ages and skill levels. The rules are simple, and the game is easy for beginners to learn, and can develop into a quick, fast-paced, competitive game for experienced players.

The game is played both indoors and outdoors on a badminton-sized court with a slightly modified tennis net. It is played with a paddle (similar to ping pong) and a plastic ball with holes (similar to Wiffle ball). It is played as doubles or singles. **Keyword: Pickleball**

May 1-15	W	6-7 p.m.	$39
Hebron, WDPK, Tennis Crt	Luongo	AREA-8595-HNSA	

Equipment provided, but you are welcome to bring your own.

Intro to Archery

Learn the fundamentals of one of the world's oldest sports. Limited class size means more direct time with the instructor to shoot consistently and accurately. We will cover proper techniques and form good shooting habits.

Equipment for class is provided by the Thayer County 4-H Archery Club. You may use your own equipment pending instructor approval. Instructor is certified with 4-H Shooting Sports Program. Minimum age to participate is 10 years old. Under 16 years of age must be accompanied by an adult. Everyone who wants to shoot must be registered. **Keyword: Archery**

May 1-15	W	6:30-7:30 p.m.	$39
Hebron, HNAR	Lukert	AREA-8497-HNSA	

Location Key

Hebron, HNAR.....................................Hebron Archery Range, S. Fourth St.

Hebron, WDPK...Willard Park, Third & Park Ave.

For more information, contact **Wendy Friesen** at 402-323-5591 or wfriesen@southeast.edu

Check out all classes offered at **southeast.edu/HebronLC**
Find us on Facebook at **facebook.com/SCCLearningCenteratHebron**

Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

Today's Date ___ / ___ / ___

PLEASE PRINT

* Required

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit **southeast.edu/academics/college-catalog.php** for additional information.

Social Security Number OR SCC Student ID Number	* Birth Date	Name: * Last	* First	Middle Initial

* Residence Mailing Address	* City	* State	* Zip	County #

* Email Address	* ☐ Cell Phone ☐ Home	Business Phone

I identify as: ☐ Male ☐ Female   ☐ Nebraska Resident ☐ Non-Resident

Ethnicity (select one): ☐ Hispanic or Latino   ☐ Not Hispanic or Latino

Race (Select one or more): ☐ White ☐ Asian ☐ American Indian/Alaska Native ☐ Native Hawaiian/Other Pacific Islander ☐ Black/African-American

COURSE NUMBER	TITLE	START DATE	COST
___ ___ ___ - ___ ___ - ___			$
___ ___ ___ - ___ ___ - ___			$
___ ___ ___ - ___ ___ - ___			$
___ ___ ___ - ___ ___ - ___			$

SIGNATURE _____

☐ Check ☐ Mastercard ☐ AMEX ☐ Discover ☐ VISA   V Code _____

(Checks may be converted into an electronic fund transfer, resulting in funds being held or removed immediately.)

Name as it appears on card: _____ Exp.Date _____

CC # _____

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
☐ Yes   ☐ No

SCC Staff Tuition Waiver (   )

TOTAL DUE

FOR OFFICE USE ONLY
ID# _____
DE _____

Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to ***http://bit.ly/RegisterCE***.

2. ***Search for your class*** by entering either a ***key word*** in the title or the ***course number***. Click ***Submit***. (Enter information in only one field for broader results.)
   Key Word Example: *Driver*
   Course Number Example: *TRAN-3398*

3. ***Select the course*** for which you wish to register. Click ***Submit***.

4. Enter your ***personal information***, ***certify your identification*** and click ***Submit***.
   * You must provide your Social Security Number.

5. *Optional:* Enter your ***Additional Registration Information*** and click ***Submit***.

6. If you want to register for additional classes, select ***Search for more classes*** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select ***Register now (check out)***. Select your ***Payment Type***. Click ***Submit***.

7. Enter your ***payment information***. Click ***Submit***.

You will see your ***class acknowledgement*** with information about your ***SCC Student ID Number***, ***SCC User ID*** and ***password***. ***Print*** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

Southeast Community College
CONTINUING EDUCATION

* The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.