

CPR/Basic Life Support/AED/First Aid Calendar January-June 2024



The American Heart Association strongly promotes knowledge and proficiency in all AHA courses.

The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and that the class meets the requirements from your employer, licensing agency, or school. Students will receive the CPR/First Aid card within 10 business days of successful course completion.

Students are required to attend the entire class to receive a card. If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before class to drop

CPR HeartCode® Basic Life Support (for Health Care Professionals)

This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.

Sign up for this CPR BLS training and learn all that you need to know in performing CPR and using an AED and responding to foreign-body airway obstruction.

(0.45 CEUs) Course cost does not include BLS Provider Manual. You may purchase the manual through the AHA website or the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com.

\$63 • Course Number: HLTH-3251

Online Registration Keyword: CPR

Online Skills Only

Once you have purchased and completed your AHA online course (CPR BLS for Healthcare Provider, AED or First Aid), schedule a skills session within 30 days to complete and receive your card.

The certificate must be current as of one year since the written portion was completed.

\$25 • Course Number: HLTH-3499

Online Registration Keyword: Skills

Heartsaver® First Aid

This class meets the First Aid requirements for day cares.

If you respond to first aid emergencies in the workplace, this class is perfect for you. Learn how to manage illness and injuries in the first few minutes until medical professionals arrive.

\$59 • Course Number: HLTH-3505

Online Registration Keyword: Aid

CPR AED

This class meets day care CPR AED requirements.

Have you always wanted to know how to perform CPR and use an AED in an emergency situation? This AHA Heartsaver® course teaches CPR, AED, foreign body airway obstruction, and barrier devices for adults, children and infants until professional help arrives.

\$59 • Course Number: HLTH-3500

Online Registration Keyword: AED

For all **Online + Skills Session** classes, you will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- ♥ Email address required.
- ♥ For admission into the Skills Session, you must have your Online Course Completion Certificate with you.
- ♥ You will only need to meet in person once for the Skills Session after you have completed the online portion of class.

CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)

This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.

Need your professional certification in AHA CPR Basic Life Support and want a more convenient way of getting it? This online class is for you!

\$65.50 • Course Number: HLTH-3253

Online Registration Keyword: CPR

Heartsaver® CPR AED Online + Skills Session (Community)

This class meets the CPR AED requirements for day cares.

Offered now in a convenient online format, receive your professional CPR AED certification easily within your own time schedule and in the comfort of your home.

\$59 • Course Number: HLTH-3501

Online Registration Keyword: AED

Heartsaver® First Aid Online + Skills Session

This class meets the First Aid requirements for day cares.

This AHA Heartsaver® First Aid course is offered in a convenient online format that you can take in the comfort of your home.

\$59 • Course Number: HLTH-3506

Online Registration Keyword: Aid

* All classes are held in Lincoln unless noted.

Locations

FALLS CITYLearning Center at Falls City, 3200 Bill Schock Blvd.

LINCOLN.....Jack J. Huck Continuing Education Center, 301 S. 68th St. Place

NEBRASKA CITY.....Learning Center at Nebraska City, 1406 Central Ave.

PLATTSMOUTH.....Learning Center at Plattsmouth, 537 Main St.

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	5	6 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253
7	8	9 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	10 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253 Online Skills Only 6-7:30 p.m., LINCOLN, HLTH-3499	11	12	13
14	15	16	17 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	18 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	19	20 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
21	22	23 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	24	25 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., FALLS CITY, HLTH-3251	26	27
28	29	30 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253	31 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251			

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
4	5	6 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	7 Heartsaver® CPR AED (Community) 6-9 p.m., LINCOLN, HLTH-3500	8	9	10 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253 Online Skills Only 9-10:30 a.m., LINCOLN, HLTH-3499
11	12	13 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	14	15 Heartsaver® First Aid 6-9 p.m., LINCOLN, HLTH-3505	16	17 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
18	19	20 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253	21 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	22	23	24 Heartsaver® CPR AED (Community) 9 a.m.-Noon, FALLS CITY, HLTH-3500 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253
25	26	27 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	28	29		

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
3	4	5 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	6 Online Skills Only 1-2:30 p.m., LINCOLN, HLTH-3499 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253	7	8	9
10	11	12 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	13	14	15	16 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
17	18	19 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253	20 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	21	22	23 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
24	25	26 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	27	28 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., FALLS CITY, HLTH-3251 Heartsaver® CPR AED (Community) 6-9 p.m., LINCOLN, HLTH-3500	29	30
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April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	3	4	5	6 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253
7	8	9 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	10 Heartsaver® CPR AED (Community) 6-9 p.m., LINCOLN, HLTH-3500	11	12	13 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251 9 a.m.-1:30 p.m., PLATTSMOUTH, HLTH-3251
14	15	16 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	17 Heartsaver® First Aid 6-9 p.m., LINCOLN, HLTH-3505	18	19	20 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
21	22	23 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253 Online Skills Only 6-7:30 p.m., LINCOLN, HLTH-3499	24	25 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	26	27 Heartsaver® CPR AED (Community) 9 a.m.-Noon, FALLS CITY, HLTH-3500
28	29	30				

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253	3	4 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
5	6 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	7	8	9	10	11 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
12	13	14 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	15 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	16	17	18
19	20	21 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	22	23 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., FALLS CITY, HLTH-3251	24	25 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253 Online Skills Only 9-10:30 a.m., LINCOLN, HLTH-3499
26	27 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	28	29	30 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., NEBRASKA CITY, HLTH-3251	31	

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251</p>
2	3	<p>4</p> <p>CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251</p>	5	<p>6</p> <p>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253</p> <p>Online Skills Only 1-2:30 p.m., LINCOLN, HLTH-3499</p>	7	<p>8</p> <p>Heartsaver® CPR AED (Community) 9 a.m.-Noon, PLATTSMOUTH, HLTH-3500</p>
9	10	11	<p>12</p> <p>Heartsaver® CPR AED (Community) 6-9 p.m., LINCOLN, HLTH-3500</p>	13	14	<p>15</p> <p>CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251</p>
16	17	<p>18</p> <p>CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251</p>	<p>19</p> <p>Heartsaver® First Aid 6-9 p.m., LINCOLN, HLTH-3505</p>	<p>20</p> <p>Heartsaver® CPR AED (Community) 6-9 p.m., FALLS CITY, HLTH-3500</p>	21	22
23 30	24	<p>25</p> <p>CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251</p>	26	<p>27</p> <p>CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253</p>	28	<p>29</p> <p>CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251</p>