

Personal Interest

Spring 2024

ANIMALS & PETS

Backyard Bird Feeding

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard. **Keyword: Bird**



May 15	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFQ	
May 30	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFC	

Bird Watching for Beginners

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with birding (or bird watching). Discover equipment needed and locations and tips to watching your favorite birds. **Keyword: Bird**



June 6	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFD	
June 19	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFF	

ARTS, CRAFTS & HOBBIES

Pictures Galore, Organizing & More!

What do you do with the thousands of photos you've taken? We will offer some strategies for tackling the overwhelming task of getting a system in place to safely store and organize your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We'll offer many solutions. **Keyword: Pictures**



June 18	T	5-6:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-0289-TCUCA	

Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more. **Keyword: Shutterfly**



May 2	Th	6:30-8 p.m.	\$19
LIVE Online, Zoom		AREA-3105-TCSFA	

Acrylic Painting: Sunflower

These 12-inch by 16-inch textured sunflowers celebrate the season and are sure to brighten up any room!



A supply list will be emailed one week prior to class. **Keyword: Acrylic**

June 26	W	7-9 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-7676-TCUPA	

Mixed Media Art Journals

Join us for an evening of mixed media art on a mini canvas. Everyone from beginner to advanced artists will experiment with various art mediums to create a fun project.



A supply list will be emailed one week prior to class. **Keyword: Art**

June 12	W	7-9 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-2211-TCUPA	

Watercolor Painting: Spring Florals

Enjoy the beauty of watercolor. Beginners are welcome. Let the season show itself in its many colors.



A supply list will be emailed one week prior to class.

Keyword: Watercolor

April 11	Th	7-9 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-7707-TCSPA	

Mosaic Jewelry

Get creative while learning how to work with resin and clay.



Kits are provided in class to create your pendant or earrings. You will have the skills to create more jewelry on your own. A supply list will be emailed one week prior to class. **Keyword: Jewelry**

June 20	Th	7-9 p.m.	\$29
LIVE Online, Zoom	Wolcott	AREA-2294-TCUPA	

Slow Stitching

Experience slow stitching using embroidery and composition stitches to mindfully create a new unique piece of fabric art using needle and thread. Discover this hot new trend using new and vintage materials.



There is a \$10 fee (cash or check only) payable in class. Online class supply list will be emailed one week prior to class. **Keyword: Stitching**

April 17	W	7-9 p.m.	\$39
LIVE Online, Zoom	Wolcott	AREA-2617-TCSPA	

Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. Gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, you will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others.



Keyword: Gratitude

June 4	T	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-1127-TCUCA	



ed2go.com/scne

BROWSE COURSES IN

Accounting and Finance

Business

College Readiness

Computer Applications

Design and Composition

Health Care and Medical

Language and Arts

Law and Legal

Personal Development

Teaching and Education

Technology

Writing and Publishing



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact us at 402-437-2700 or continuing@secc.edu

CPR

Heartsaver® CPR AED Online + Skills Session (Community)

Offered now in a convenient online format, receive your professional CPR AED certification easily within your own time schedule and in the comfort of your home.

You will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- ♥ Email address required.
- ♥ For admission into the Skills Session, you must have your Online Course Completion Certificate with you.
- ♥ You will only need to meet in person once for the Skills Session after you have completed the online portion of class.

This class meets the CPR AED requirements for day cares.

Keyword: AED

May 15	W	6-6:45 p.m.	\$59
Lincoln, CEC, 109B		HLTH-3501-HBSCD	



Co-Parenting: Working Together for Your Children

We offer Level 1 and Level 2 classes that meet the requirements for the Nebraska Parenting Act.

Please contact us at continuinged@southeast.edu or 402-437-2700 for additional information, including dates and times.

The Power You Have, The Power You Give

Join us as we discuss the advantages/disadvantages of a financial power of attorney, health care power of attorney, living wills, advanced medical directives, guardianship, and conservatorship. This is important information to understand regardless of your age or life situation. **Keyword: Power**



April 30	T	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Rauert	AREA-5057-TCSYB	

Long-Term Care Cost Planning

Learn about the different types of long-term care such as assisted living, nursing home, home health, and hospice care. Discussion will include what each type of care encompasses and approximate cost. We will share information about insurance options available in the market and strategies used to pay for long-term care costs. This class will help you assess your individual risk of care needs, make cost estimates, and how to plan today to ensure you can pay for the care into the future. **Keyword: Long**



June 11	T	6-9 p.m.	\$39
LIVE Online, Zoom	Rauert	AREA-5084-TCUYA	

FAMILY MATTERS



Welcome to Medicare

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. **Visit doi.nebraska.gov/ship to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentation is available on:

April 11	Th	6-8 p.m.
June 13	Th	6-8 p.m.

Navigating Medicare.gov

Medicare drug plans are confusing and coverage often changes yearly affecting the cost. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will give you the tools to help make an informed decision.

Navigating Medicare.gov is provided by the Nebraska State Health Insurance Program, a member of the national SHIP network and a division of the Nebraska Department of Insurance. **Visit doi.nebraska.gov/ship to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentations are available on:

April 18	Th	6-8 p.m.
June 20	Th	6-8 p.m.

FOODS



Flowering Cupcakes

Learn the art of putting gorgeous designs on top of cupcakes. Basic borders, flowers and fondant skills will be taught.

No experience necessary. A supply list will be emailed one week prior to class. **Keyword: Cupcakes**



May 1	W	7-9 p.m.	\$29
LIVE Online, Zoom	Wolcott		
Registration Deadline: April 24		AREA-4588-TCSPB	

For more information, contact us at 402-437-2700 or continuinged@southeast.edu

Check out all classes offered at southeast.edu/continuing
Find us on Facebook® at facebook.com/SCCNeb

Air Fryer 101

Did you know the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices, and tasty recipes.



Keyword: Fryer

May 30	Th	6:30-8 p.m.	\$19
LIVE Online, Zoom	Fangmeier	AREA-4396-TCUHA	

Food Protection Manager Online Class

This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

This course is delivered entirely online and facilitated by SCC faculty. You will receive your assignments online through Canvas. Upon completion of each reading assignment, you will complete an online quiz. A minimum of 80% is required on each quiz to for you to qualify to take the final exam (ServSafe exam). The ServSafe exam is administered online at SCC locations in Lincoln, Beatrice, Falls City, Hebron, Nebraska City, and York.

You will need a computer (PC or laptop) with high speed internet access (smartphones and tablets do not work) as well as working knowledge of computer and internet experience. The course textbook is available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. Make sure to purchase the accompanying online exam access code. Please note, it may take up to 24 hours to gain access to the course once you're registered.

Class will be active now through June 24. All coursework needs to be completed by June 30. **Keyword: Protection**

Online	Oerman	\$65	FSDT-3000-WBUA
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Exam Prep — CDM Credentialing Exam

This online exam prep course is designed specifically for those who are eligible to sit for the Certified Dietary Manager Credentialing Exam. Each course module begins with a pretest to help you identify your understanding of the content area. You will move through the course at your own pace, utilizing the interactive review materials, example calculations with tutorial videos, flashcards, and reading materials to focus your study. Practice questions include rationale for answers and explanations for calculations. The course culminates with a simulated practice CDM exam.

Contact Vicki Rethmeier at 402-437-2528 or vrethmeier@southeast.edu for registration details.
Cost is \$99 per person.

GENEALOGY

Beginning Genealogy

Have you watched "Finding Your Roots" and wondered about your own family history? Bring what you know about your family to the first class and learn the basics of genealogy. Discover how to organize your records, where to look for clues and how to find usable information. **Keyword: Genealogy**



April 25-May 9	Th	6:30-8:30 p.m.	\$49
LIVE Online, Zoom	Callahan	AREA-5193-TCSPA	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

From Theory to Discovery: Breaking Down Your Brick Wall with Timelines



Use a timeline in your genealogical research to reveal gaps. Learn how to build a theory, pinpoint research questions, and focus your family history search to find answers in unexpected places.

Keyword: Discovery

April 18	Th	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-5052-TCSNA	
May 21	T	10 a.m.-Noon	\$35
LIVE Online, Zoom	Callahan	AREA-5052-TCUNA	
June 22	S	10 a.m.-Noon	\$35
LIVE Online, Zoom	Callahan	AREA-5052-TCUNB	

DNA Tells a Story



Whether you've taken a DNA test or are considering one, DNA can help you with your genealogy when the paper trail ends. Find out how genetic genealogy can enhance traditional research methods, solve family mysteries and take you on the next steps in your genealogical journey. When a lack of records or uncertainty about ancestral lineage has you stumped, DNA always tells the truth. DNA testing is the tool that belongs in every genealogist's toolkit.

Keyword: DNA

April 16	T	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-6361-TCSNA	
May 25	S	10 a.m.-Noon	\$35
LIVE Online, Zoom	Callahan	AREA-6361-TCUNA	
June 20	Th	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-6361-TCUNB	

INTERNET

NEW! What is Artificial Intelligence?



AI has taken the world by storm. Artificial Intelligence is something that allows computers to mimic human behaviors. We have actually been using AI all along and just didn't know it. If you use your phone or camera, then you are using AI. We will look closely at ChatGPT, Bard and Bing to discover how these work and what the future of these cutting-edge tools can do to empower your daily life.

Keyword: Intelligence

April 8	M	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0859-TCSCA	

Don't Get Hacked



Online security breaches are becoming more common, yet most of us are not very diligent about your cyber security. Join us as you learn how to recognize common scams, browse the internet and develop secure passwords. Discover a variety of tools, most of them free, that can be used for personal online security. Lots of valuable information. **Keyword: Hacked**

April 4	Th	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1355-TCSCB	

INTRODUCTORY COMPUTER CLASSES

Get Started with Computers



This hands-on class is for the person who has little to no knowledge about computers but wants to learn. Find out about using Windows, creating and saving documents, getting started with email, and much more. **Keyword: Computer**

May 2	Th	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-0928-TCSFB	

For more information, contact us at
800-828-0072 or continuinged@southeast.edu

LANGUAGES



NEW! Virtual Tours of Germany

Join us for a series of virtual tours through the German-speaking world. We will visit towns such as Vienna, Hamburg, Dresden, Halle, and Lübeck, as well as a mini-tour of Berlin. We will practice conversational German (basic vocabulary and simple phrases) with an emphasis on history, art, shopping, and more. Suitable for all levels of German. **Keyword: Tours**



April 11-May 9	Th	6-8 p.m.	\$59
LIVE Online, Zoom	Hanley	AREA-6555-TCSNA	

MIND & BODY

NEW! Dream Interpretation & Journaling

Why do some dreams leave you sleeping peacefully while others startle you awake? We will take a deeper dive in this interactive class on how to interpret dreams and how to use them to work through your stressors in life. You will go deeper into analyzing your dreams and will receive one-on-one feedback on your dream journal and coaching to strengthen your journaling technique to better interpret your dreams.



You will receive a dream journal in the mail from your instructor prior to the first class. **Keyword: Dream**

April 2-16	T	6:30-8 p.m.	\$99
LIVE Online, Zoom	Stuhr		
Registration Deadline: March 26			
		LLLX-2024-TCSCA	

A Tool Box for Meditation

Would you like to be able to access more inner peace and maintain calm equilibrium through challenging or stressful times? Join us to discover the foundational techniques of meditation. Meditation is an easy skill to learn and holds the potential for lifelong benefits.



Participants can sit on chairs or mats on the floor.

Keyword: Meditation

May 9-16	Th	6-7 p.m.	\$19
LIVE Online, Zoom	Roseberry	AREA-6685-TCSWA	

How to Tame Your (Unruly) Dragon: Learning to Use Coping Skills to Manage & Regulate Your Emotions

Some days we all feel like a dragon. Yes, a genuine fire-breathing, killing machine. But that's OK so long as you know how to put yourself back on a leash. Different types of coping skills will be explored, along with their triggers. Different management strategies, techniques and tools will be presented and discussed.



Keyword: Learning

April 22	M	6-8 p.m.	\$19
LIVE Online, Zoom	Ord	AREA-6680-TCSWA	

MONEY MATTERS

NEW! Power of the Purse: Smart Women, Smart Money

Although a recent Bank of America study showed that 94% of all women think they will be solely responsible for their finances at some point, most don't feel ready. YOU can be financially independent. Explore the unique challenges and how to prepare for them.



Although this course is intended for women, any person can register and attend. **Keyword: Power**

April 11	Th	6:30-8 p.m.	\$19
LIVE Online, Zoom	Rauert	AREA-7025-TCYSA	

Annuities: Beyond the Hard Sell

If you own an annuity or are thinking about purchasing one, join us as we look under the hood and demystify these complex insurance contracts. Learn the pros and cons to better understand how an annuity works and the circumstances when an annuity may make sense to own and when it may not.



Keyword: Annuities

June 18	T	6-8:30 p.m.	\$29
LIVE Online, Zoom	Rauert	AREA-5065-TCYUA	

Understanding Credit Scores & Reports

Your credit score is important and could be confusing. Let's unravel the mystery and discover how your credit score is calculated, how to improve your score and why you should review your credit report on a regular basis. **Keyword: Credit**



May 29	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFB	

June 27	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFE	

Social Security 101: Understanding This Retirement Benefit

Understanding Social Security is critical to your long-term financial well-being and retirement. This is an overview of Social Security and how it works, including eligibility and Primary Insurance Amount, filing options, the importance of timing (delayed retirement credits), and spousal benefits. Discover the implications of working after a person begins collecting benefits and how that affects your decision making. **Keyword: Security**



April 23	T	6-9 p.m.	\$29
LIVE Online, Zoom	Rauert	AREA-7035-TCSYB	

I Don't Need a Will, I'm Only 30

Why would I have one of those? That is something that only old people do. Life is crazy, and time goes so fast. Understand the importance of having a will, and yes, starting early. The class will cover topics including financial powers of attorney, health care powers of attorney and living wills. When it comes to guarding your assets and ensuring that your loved ones are taken care of, it is never too early.



Keyword: Will

May 2	Th	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Rauert	AREA-5044-TCSYA	



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The Power You Have, The Power You Give

Join us as we discuss the advantages/disadvantages of a financial power of attorney, health care power of attorney, living wills, advanced medical directives, guardianship, and conservatorship. This is important information to understand regardless of your age or life situation. **Keyword: Power**



April 30	T	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Rauert	AREA-5057-TCSYB	

Long-Term Care Cost Planning

Learn about the different types of long-term care such as assisted living, nursing home, home health, and hospice care. Discussion will include what each type of care encompasses and approximate cost. We will share information about insurance options available in the market and strategies used to pay for long-term care costs. This class will help you assess your individual risk of care needs, make cost estimates, and how to plan today to ensure you can pay for the care into the future. **Keyword: Long**



June 11	T	6-9 p.m.	\$39
LIVE Online, Zoom	Rauert	AREA-5084-TCUYA	

Online Buying & Selling

Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook® Marketplace and eBay®) and how selling on these sites really works. We will talk about “gotchas” and types of payment processing.



This class is for personal sales ONLY. Business interest is welcome, but it won't be the focus of the class. **Keyword: Selling**

April 11	Th	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0531-TCSCA	

Starting a Small Business

Do you have an idea for a small business but aren't sure where to start? Visit with an expert and get a few tips and tricks.



Keyword: Business

April 10	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFM	
June 13	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFA	

Tired of Cable TV, Dish or Direct TV? Cut the Cord!

Take a look at all of the streaming services available to help you make a choice about whether to cut the cord. We will cover Hulu Live, YouTube TV, Apple TV+, Sony Vue, Netflix, and others.



Keyword: Cable

April 25	Th	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1154-TCSCA	

Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay® or just friends and family. We will cover new methods and technologies to pay with your mobile device or online. Discover Payday, Venmo, CashApp, Apple Pay, and more. **Keyword: Pay**



April 18	Th	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1354-TCSCB	



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Welcome to Medicare

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. **Visit doi.nebraska.gov/ship to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentation is available on:

April 11	Th	6-8 p.m.
June 13	Th	6-8 p.m.

Navigating Medicare.gov

Medicare drug plans are confusing and coverage often changes yearly affecting the cost. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will give you the tools to help make an informed decision.

Navigating Medicare.gov is provided by the Nebraska State Health Insurance Program, a member of the national SHIP network and a division of the Nebraska Department of Insurance. **Visit doi.nebraska.gov/ship to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentations are available on:

April 18	Th	6-8 p.m.
June 20	Th	6-8 p.m.

PHOTOGRAPHY

Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more.



Keyword: Shutterfly

May 2	Th	6:30-8 p.m.	\$19
LIVE Online, Zoom		AREA-3105-TCSFA	

Pictures Galore, Organizing & More!

What do you do with the thousands of photos you've taken? We will offer some strategies for tackling the overwhelming task of getting a system in place to safely store and organize your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We'll offer many solutions. **Keyword: Pictures**



June 18	T	5-6:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-0289-TCUCA	

SMART DEVICES

Smartphone Basics: iPhone

We will teach you about icons, apps and other features on your iPhone.



Bring your phone fully charged so you can practice using your smartphone. If you don't own a smartphone, come anyway.

Keyword: Smartphone

April 9	T	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1393-TCSFB	

For more information, contact us at 402-437-2700 or continuing@southeast.edu

Check out all classes offered at southeast.edu/continuing
Find us on Facebook® at facebook.com/SCCNebraska

Smartphone Basics: Android

We will teach you about icons, apps and other features on your Android.

Bring your phone fully charged so you can practice using your smartphone. If you don't own a smartphone, come anyway.

Keyword: Smartphone

April 11	Th	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1394-TCSFB	



Smartphone Next Level

Suggested Prerequisite: Smartphone Basics

This Next Level class starts where the Smartphone Basics class left off. Bring your questions and we will dig deeper into topics like managing your phone, how to reset it using apps and continual learning about calling and texting. Don't have a smartphone? Come anyway.

Have your phone fully charged with access to your Gmail (Android) or Apple ID (iPhone). **Keyword: Smartphone**

For iPhone			
May 7	T	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1396-TCSFC	

For Android			
May 9	Th	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1396-TCSFD	



Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay® or just friends and family. We will cover new methods and technologies to pay with your mobile device or online. Discover Payday, Venmo, CashApp, Apple Pay, and more. **Keyword: Pay**

April 18	Th	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1354-TCSCB	



SPECIAL INTEREST

Creative Writing

Find your voice as a writer by exploring different writing styles, learning the building blocks of visual storytelling and drawing inspiration from the world around you. Discover methods for overcoming writer's block and ways to bring out your inner creativity through weekly writing assignments and group discussions.

Keyword: Writing

May 6-20	M	6-7:30 p.m.	\$45
LIVE Online, Zoom	Ord	AREA-9050-TCSWB	



The Art of Communication

Communication is an important set of skills which impacts our personal and professional life. With texts, emails and Facebook® taking over our social lives, some might find it difficult to engage in normal conversation because of lack of face-to-face interactions. You will discover different communication styles, techniques, non-verbal signals, and responses to build and strengthen your communication skills. **Keyword: Communication**

June 10-24	M	6-8 p.m.	\$59
LIVE Online, Zoom	Ord	AREA-6835-TCUWA	



Memory Mapping: A Tool for Inspired Writing

Have you wondered "How do I get started on my writing journey and find inspiration?" You will learn new ways to organize your memories and use them to create memorable prose.

Bring a notebook and pen or pencil. **Keyword: Mapping**

May 2-16	Th	6-7:30 p.m.	\$39
LIVE Online, Zoom	Heitmann	AREA-6800-TCSHA	



Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. Gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, you will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others.

Keyword: Gratitude

June 4	T	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-1127-TCUCA	



LET'S DO LUNCH (OR DINNER) SERIES

Backyard Bird Feeding

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard. **Keyword: Bird**

May 15	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFQ	
May 30	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFC	



Bird Watching for Beginners

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with birding (or bird watching). Discover equipment needed and locations and tips to watching your favorite birds. **Keyword: Bird**

June 6	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFD	
June 19	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFF	



Starting a Small Business

Do you have an idea for a small business but aren't sure where to start? Visit with an expert and get a few tips and tricks.

Keyword: Business

April 10	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFM	
June 13	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFA	



Understanding Credit Scores & Reports

Your credit score is important and could be confusing. Let's unravel the mystery and discover how your credit score is calculated, how to improve your score and why you should review your credit report on a regular basis. **Keyword: Credit**

May 29	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFB	
June 27	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFE	



YOUTH

Babysitting 101

Ages 10-14

This interactive class will help you become a great babysitter.

You will learn about the business of babysitting, child development, safety, and fun ways to keep children entertained. **Keyword: Babysitting**

May 29	W	9 a.m.-Noon	\$29
LIVE Online, Zoom	Segner	AREA-6399-TCUWA	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact us at 402-437-2700 or continuing@southeast.edu

Traffic Safety & Licensing

Spring 2024

Driver Education

Instruction consists of face-to-face or online lecture and behind-the-wheel training (lab) that meets separately.

Participation in an orientation is required before each class. A Zoom link will be sent to the student's email one week prior to the orientation.

Required Orientations via Zoom:

- ☞ Thurs., March 28
- ☞ Thurs., May 23
- ❖ Thurs., May 30
- ▶ Thurs., June 13

Student must have a school or learner permit before registering for any upcoming Driver Education course. Students must complete both the lecture and drive labs to be eligible for documentation for the provisional operators permit (POP) and/or insurance requirements.

📄 (2.6 CEUs) For a detailed brochure, complete with Driver Education & Safety classes for 2024, contact us at continuinged@southeast.edu, 402-437-2700 or 800-828-0072.

NOTE: Attendance is critical to the student's success. Each class and lab must be attended as scheduled. Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. Driver Education course requires a minimum of one-week advance notice to receive a full refund or to transfer. **Keyword: Driver**

Lincoln SCC

(All lectures have an online option.)

April 8-May 18 Lincoln, LNK, S-1	M, W	6:30-8:30 p.m. TRAN-3398-LNSN ☞	\$379
June 3-8 Lincoln, LNK	Online Lecture Only	TRAN-3398-LNUA ☞	\$379
June 10-22 Lincoln, LNK	Online Lecture Only	TRAN-3398-LNUF ❖	\$379
June 24-29 Lincoln, LNK	Online Lecture Only	TRAN-3398-LNUJ ▶	\$379

Lincoln East High School

April 8-May 18 Lincoln, EHS	Online Lecture Only	TRAN-3398-OCSP ☞	\$379
June 10-22 Lincoln, EHS	Online Lecture Only	TRAN-3398-OCUH ❖	\$379

Lincoln High School

June 3-8 Lincoln, LHS	Online Lecture Only	TRAN-3398-OCUC ☞	\$379
June 24-29 Lincoln, LHS	Online Lecture Only	TRAN-3398-OCUL ▶	\$379

Lincoln North Star High School

April 8-May 18 Lincoln, LNS, A118A	M, W	3:30-5:30 p.m. TRAN-3398-OCSQ ☞	\$379
June 10-22 Lincoln, LNS	Online Lecture Only	TRAN-3398-OCUI ❖	\$379

Lincoln Northeast High School

June 3-8 Lincoln, LNE	Online Lecture Only	TRAN-3398-OCUE ☞	\$379
June 24-29 Lincoln, LNE	Online Lecture Only	TRAN-3398-OCUN ▶	\$379

Lincoln Southeast High School

June 3-8 Lincoln, LSE	Online Lecture Only	TRAN-3398-OCUD ☞	\$379
June 24-29 Lincoln, LSE	Online Lecture Only	TRAN-3398-OCUM ▶	\$379

Lincoln Southwest High School

April 8-May 18 Lincoln, LSW	Online Lecture Only	TRAN-3398-OCSO ☞	\$379
June 3-8 Lincoln, LSW	Online Lecture Only	TRAN-3398-OCUB ☞	\$379
June 10-22 Lincoln, LSW	Online Lecture Only	TRAN-3398-OCUG ❖	\$379
June 24-29 Lincoln, LSW	Online Lecture Only	TRAN-3398-OCUK ▶	\$379

Lincoln Drive Lab Schedule

(Times are subject to change.)

Sections beginning April 8: Lecture will meet twice each week or online for five weeks. The two-hour drive lab meets once a week for six weeks. Drive labs are offered Monday through Friday, with a starting time of 3:30 or 5:45 p.m., or on Saturday starting at 8 a.m., 10:15 a.m., 1 p.m., or 3:15 p.m. The student could possibly attend the first drive lab before the first lecture meets. The drive lab continues one week past the completion of lecture.

Sections beginning June 3 and June 24: Lecture is one week long online only. Drive lab meets for two hours every day Monday through Saturday for the same week as the lecture. Starting times offered are: 7:15 a.m., 9:30 a.m., 12 p.m., 2:15 p.m., 4:30 p.m., or 6:45 p.m.

Sections beginning June 10: Lecture is two weeks long online only. Drive lab meets for two hours every day Monday through Saturday for one week only. Starting times offered are: 7:15 a.m., 9:30 a.m., 12 p.m., 2:15 p.m., 4:30 p.m., or 6:45 p.m.

Four-Hour STOP Class

Diversion for minor traffic violations in Seward, Thayer and York counties.

Contact us at STOP@southeast.edu for scheduling details and cost.



Driver Education Instructor Training

Prerequisite: Must be at least 21 years of age, have a high school diploma or equivalent, valid operator's license held in state of residence for two consecutive years, clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. You must have no suspensions or revocations on record within the last five years, including no convictions for DWI or any related alcohol or drug offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructors to teach driver education in a non-credit format. Focus is on fundamental driver education, curriculum development and presentation skills. The intent of this class is for those individuals who want to teach outside the K-12 system.

Required books are available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. **Keyword: Instructor**

April 8-May 18 Lincoln, LNK, Arranged	Online TRAN-3393-HBSCB	\$519
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For more information, contact us at 800-828-0072 or continuinged@southeast.edu

Check out all classes offered at
southeast.edu/continuing
Find us on Facebook® at facebook.com/SCCNeb

MOTORCYCLE SAFETY



Motorcycle Safety: Beginning Riders Course

Prerequisites: You must be at least 16 and able to balance and ride a bicycle. If you are ages 16 or 17, a waiver must be signed by a parent or guardian. Failure to provide will disqualify participation in class, and a refund will not be available.

This 18-hour course is intended for beginning riders 16 years and older and is designed to teach safe motorcycle operation.

(1.8 CEUs) Approximately three weeks before the start date of the course, an email will be sent with instructions on how to access the eCourse. The eCourse is to be successfully completed one week prior to the start of the Friday evening classroom session. You must successfully complete the online eCourse and the written and driving exams to receive documentation for the motorcycle endorsement. You will provide your own protective riding apparel, including Nebraska Department of Transportation-approved helmet and eye protection, over-the-ankle footwear, long-sleeve shirt or jacket, long non-flare denim pants or equivalent, and full-fingered gloves, preferably leather. *Motorcycle Safety course requires a minimum of one-week advance notice to receive a full refund or to transfer.*

✂ Class is held on Friday from 6-8:30 p.m., Saturday from 8 a.m.-4:30 p.m. and Sunday from 8 a.m.-1 p.m. **Keyword: Motorcycle**

April 12-14 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLA ✂	\$289
April 19-21 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLB ✂	\$289
April 26-28 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLC ✂	\$289
May 3-5 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLD ✂	\$289
May 17-19 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLE ✂	\$289
May 31-June 2 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBULA ✂	\$289
June 7-9 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBULB ✂	\$289
June 28-30 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBULC ✂	\$289



We offer a wide range of highly interactive non-credit courses that you can take entirely over the internet. All of our courses include expert instructors, many of whom are nationally known authors. All courses are 6 weeks long unless specified. Our online courses are affordable, fun, fast, convenient, and geared just for you. Ready to explore our catalog?

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Computer Applications

Teaching and Education

Design and Composition

Technology

Health Care and Medical

Writing and Publishing

For more information, contact us at 800-828-0072 or continuing@southeast.edu

**Check out all classes offered at southeast.edu/continuing
Find us on Facebook® at facebook.com/SCCneb**

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date ___/___/___

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

* Required

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit southeast.edu/academics/college-catalog.php for additional information.

Social Security Number OR SCC Student ID Number		* Birth Date	Name: * Last		* First	Middle Initial
* Residence Mailing Address			* City	* State	* Zip	County #
* Email Address			* <input type="checkbox"/> Cell Phone <input type="checkbox"/> Home		Business Phone	
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Black/African-American	

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check (must be included) (Checks may be converted into an electronic fund transfer, resulting in funds being held or removed immediately.)

V Code _____

Name as it appears on card: _____

Exp.Date _____ CC # _____

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you? <input type="checkbox"/> Yes <input type="checkbox"/> No

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. southeast.edu/about/other-scc-departments/access-equity-diversity-title-ix/index.php * The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.

SCC Staff Tuition Waiver ()
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DE _____