

? INFORMATION & REFERRAL

HEBRON

BlueValley Mental Health Center
141 N. Fourth St., 68370 402-759-4761

LINCOLN

Antlers Center
2501 South St., 68502 402-434-3965

CenterPointe, Inc.
2633 P St., 68503 402-475-8717

Child Guidance Center
2444 O St., 68510 402-475-7666

First Step Recovery Center
210 Gateway Suite 342,
Greentree Court, 68505 402-434-2730

Lincoln Council on Alcoholism and Drugs, Inc.
914 L St., 68508 402-475-2694

Lincoln Indian Center Counseling Services
1100 Military Road, 68508 402-438-5231

Lutheran Family Services of Nebraska
2900 O St., Suite 200, 68510 402-435-2910

Clyde Malone Community Center
2032 U St., 68503 402-474-1110

Nebraska Mental Health Centers
4545 S. 86th St., 68526 402-423-6990

Parallels
4706 S. 48th St. #3, 68516 402-489-9792

People's City Mission
110 Q St., 68508 402-475-1303

School Community Intervention Program-SCIP
4600 Valley Road, 68510 402-483-4581

The Salvation Army
4690 Leighton, 68504 402-474-4747

V.A. of Greater Nebraska Health Care System
Lincoln Division
600 S. 70th St., 68510 402-489-3802, x6996

! OUTPATIENT SERVICES

AUBURN

BlueValley Mental Health Center
820 Central Ave. #4, 68305 402-274-4373

BEATRICE

BlueValley Mental Health Center
1123 N. Ninth St., 68310 402-228-3386

CRETE

BlueValley Mental Health Center
1212 Ivy St., 68333 402-826-2000

FAIRBURY

BlueValley Mental Health
521 E St., Box 120, 68352 402-729-2272

FALLS CITY

BlueValley Mental Health Center
116 W. 19th, 68355 402-245-4458

GENEVA

BlueValley Mental Health
831 F St., 68361 402-759-4761

LINCOLN

Independence Center
1650 Lake St., 68502 402-481-5268

CenterPointe, Inc.
1000 S. 13th St., 68508 402-475-5161

V.A. of Greater Nebraska Health Care System
Lincoln Division
600 S. 70th St., 68510 402-489-3802 x6996

NEBRASKA CITY

BlueValley Mental Health Center
1903 Fourth Corso, 68410 402-873-5505

PAWNEE CITY

BlueValley Mental Health Center
600 I St., 68420 402-245-4458

SEWARD

BlueValley Mental Health Center-Seward,
459 S. Sixth St. #1, 68434 402-643-3343

TECUMSEH

BlueValley Mental Health Center (Johnson County Hospital)
202 High St., 68450 402-335-3361

WAHOO

BlueValley Mental Health Clinic
335 E. Fourth St., 68066 402-443-4414

YORK

BlueValley Mental Health Clinic
722 Lincoln Ave. #1, 68467 402-362-6128

! RESIDENTIAL TREATMENT

LINCOLN

CenterPointe, Inc.
2633 P St., 68503 402-475-8717

Cornhusker Place, Inc.
721 K St., 68508 402-477-3951

Independence Center
1650 Lake St., 68502 402-481-5268

St. Monica's Substance Abuse Treatment For Women
120 Wedgewood Drive, 68510 402-441-3768

Touchstone
1100 Military Road, 68508 402-474-4343

! HALFWAY HOUSE RE-ENTRY

LINCOLN

Houses of Hope Nebraska
1124 N. Cotner Blvd., 68505 402-435-3165

St. Monica's Substance Abuse Treatment For Women
120 Wedgewood Drive, 68510 402-441-3768

“Southeast community college

Southeast Community College Board of Governors

Lynn Schluckebier, Chair, Seward; Robert J. Feit, Vice Chair, Pickrell;
James J. Garver, Secretary, Lincoln; Kathy Boellstorff, Treasurer, Johnson;
Helen E. Griffin, Lincoln; Ed C. Heiden, Sterling; Carl R. Humphrey, Waverly;
Ruth M. Johnson, Lincoln; Dale Kruse, Beatrice; Terrence L. Kubicek, Lincoln;
Nancy A. Seim, Lincoln; Steve Ottmann, Faculty Representative, Lincoln

Equal Opportunity/NonDiscrimination Policy - It is the policy of Southeast Community College to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of Southeast Community College's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, or jsoto@southeast.edu.

Declaración de política sobre equidad/antidiscriminación - La política pública de Southeast Community College es de proveer equidad, y prohíbe discriminación, en todos asuntos referentes a la admisión, participación, y empleo contra toda persona por motivo de raza, color, religión, sexo, edad, estado civil, origen nacional, etnia, condición de veterano, orientación sexual, incapacidad, u otros factores prohibidos por ley o política del Colegio. Preguntas relacionadas a la política sobre equidad/antidiscriminación de Southeast Community College deben dirigirse a: Vice President for Access/Equity/Diversity, SCC Area Office, 301 S 68 Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, o jsoto@southeast.edu.

A0526 (08/11)



The decision to use or not to use drugs or alcohol is yours to make. However, when facing the choice, certain facts must be considered. This brochure is produced for students, their families and employees at Southeast Community College to inform them of the problems which can arise from substance use and abuse.

This informational brochure includes:

- SCC standards of conduct
- Possible disciplinary sanctions
- Identified College resource personnel
- A directory of counseling, treatment and rehabilitation services available within the 15-county area of SCC
- Legal sanctions under Nebraska law for violating controlled substances statutes

“Southeast community college

www.southeast.edu

FACTS

about substance use

! Numerous health risks have been identified with substance use. Users can:

- Lose resistance to disease
- Develop physical and psychological dependence
- Become depressed
- Develop heart problems
- Contract infections
- Become malnourished, physically exhausted and even die

! For substance users, reality is often distorted, reactions may be slower and the risk of accidents can increase.

- Extended substance use can potentially cause respiratory arrest, convulsions and coma.
- Injected drugs increase the risk for infectious diseases such as hepatitis and AIDS.

! Body systems are affected.

- The liver, lungs and heart may be damaged.
- For women there is an increase in birth defects associated with substance use during pregnancy.

SUBSTANCE ABUSE

Substance use/abuse is unwise medically, can hurt you economically, can endanger your safety and the safety of others, can lead to chemical dependency, is illegal, and is antisocial. SCC encourages employees and students to seek help with substance use/abuse problems or concerns.

IT'S THE LAW...

NEBRASKA LAWS prohibit the possession and use of controlled substances, illegal drugs and alcoholic beverages on public property.

SCC'S DRUG & ALCOHOL POLICY

Southeast Community College policy prohibits students and employees of the College from unlawfully manufacturing, distributing, dispensing, possessing, using, or being under the influence of a controlled substance, including illegal drugs and alcohol, on College premises, at any College-sponsored or sanctioned activities, or while conducting College business off College premises. Compliance with these standards of conduct is mandatory for students and employees of Southeast Community College.

NOTE: SCC guests and visitors suspected of being under the influence of a controlled substance may be asked to leave College property or any officially recognized activity. Failure to comply may result in law enforcement intervention.

DISCIPLINARY SANCTIONS

Students or employees who violate the established policies prohibiting the purchase, possession, use or distribution of controlled substances, illegal drugs and alcohol may receive one or more of the following disciplinary sanctions:

- Warning
- Disciplinary probation
- Suspension or termination of employment
- Suspension or expulsion from school
- Referral to an appropriate drug/alcohol treatment program
- Referral to law enforcement agencies for prosecution
- Any other action considered necessary by College officials

Disciplinary sanctions for students or employees who violate the College's drug/alcohol policy may be appealed through the College grievance policies and procedures.

Note: SCC employees and students subject to the College's Criminal Background Check requirements are expected to self-disclose any drug/alcohol related convictions on an annual basis.

DRUG AND ALCOHOL USE TESTING

Pursuant to the Drug-Free Workplace Act and the Drug-Free Schools and Communities Act, Southeast Community College will require drug and alcohol tests for employees and students in circumstances where reasonable suspicion exists.

Employees

The College's Human Resources Office has administrative responsibility for implementing and monitoring the drug and alcohol testing procedures for employees. Inquiries related to these procedures should be directed to the Vice President for Human Resources, 301 S. 68th St. Place, Lincoln NE 68510; 402-323-3408; or btangeman@southeast.edu.

Students

The College's Vice President for Student Services and the Deans of Students Services at each campus location are responsible for implementing and monitoring the drug and alcohol testing procedures for students. Inquiries related to these procedures should be directed to the Vice President for Student Services, 8800 O St., Lincoln NE 68520; 402-437-2554; or jvolker@southeast.edu.

Legal Sanctions Under Nebraska Law for Violating Controlled Substances Statutes*

Unlawful Distribution and Manufacture _____ Felony
1-20 years imprisonment, and/or a \$20,000 fine

Possession of Controlled Substance _____ Felony
0-5 years imprisonment, and/or a \$10,000 fine

Possession of Marijuana _____ Felony
• More than one pound _____ Felony
0-5 years imprisonment, and/or a \$10,000 fine

• 1 ounce to 1 pound _____ Misdemeanor
7 days imprisonment and/or a \$500 fine

• Less than 1 ounce _____ Infraction or Misdemeanor
Citation, \$100 fine, drug education course

Possession of Cocaine _____ Felony
1-7 ounces: 3-50 years imprisonment
7 or more ounces: 5-50 years imprisonment

Delivering Imitation Controlled Substance _____ Misdemeanor
Up to 6 months imprisonment and/or a \$1,000 fine

Causing to be Used or Delivering Prohibited Compounds or Liquids _____ Misdemeanor
3 months imprisonment and/or a \$500 fine

*Federal law sanctions may also apply.

IF YOU NEED ASSISTANCE OR KNOW SOMEONE WHO DOES, THERE IS HELP.

SCC RESOURCE PERSONNEL

BEATRICE CAMPUS 402-228-3468

Career Advising Services402-228-8242
Dean of Student Services402-228-8220
Retention Specialist402-228-3468 ext. 1351
Student Housing402-228-8291

LINCOLN CAMPUS 402-471-3333

Career Advising Services402-437-2620
Retention Specialist402-437-2678
Wellness Center402-437-2634

MILFORD CAMPUS 402-761-2131

Career Advising Services402-761-8202
Dean of Student Services402-761-8270
Retention Specialist402-761-8416



DRUG AND ALCOHOL CENTERS Counseling, Treatment and Rehabilitation

There are numerous drug and alcohol counseling, treatment and rehabilitation centers located within the 15-county area of southeast Nebraska.

Any of the resources listed on the back of this brochure can also provide information and assessment relating to drug and alcohol abuse. In addition, they can furnish schedules for local and area meetings of Alcoholics Anonymous, Narcotics Anonymous, Alanon, Adult Children of Alcoholics, Alateen and Alatot.

Both inpatient and outpatient centers offer help for the entire family of the alcoholic or drug user.