



Human Services

Lincoln Campus

Associate of Applied Science Degree



Designed to prepare students for direct service in Human Services agencies and institutions, this program includes the areas of: mental health, developmental disabilities, alcohol and drug abuse, at risk youth, and gerontology.

Graduate Earnings

Recent graduates report an average starting salary of \$10.40 per hour.

Types of jobs available:

- Activity Director
- Alcohol/Drug Counselor
- Community Outreach
- Direct Support Professional
- Family Advocate
- Mental Health Technician
- Rehabilitation Specialist
- Residential Tech
- Therapeutic Mentor
- Volunteer Coordinator
- Youth Service Worker



Recent graduates hired by:

- Blue Valley Community Action
- Cedars Youth Services
- Community Action Partnerships
- Cornhusker Place
- Developmental Services of Nebraska
- First Step Recovery
- Friendship Home
- Integrated Life Choices
- Legacy Retirement Communities
- Licensed Substance Abuse Training Center
- Lighthouse
- Region V Services
- St. Monica's
- Touchstone
- Voices of Hope
- York County Aging Services

Equal Opportunity/ NonDiscrimination Policy

It is the policy of Southeast Community College to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of Southeast Community College's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, or jsoto@southeast.edu.

This publication should not be considered a contract between SCC and any prospective student. SCC's Board of Governors reserves the right to make changes in this publication during the life of the publication and without notice. (04/11)

Core Classes

- HMRS1101 Human Services Concepts
- +HMRS1102 Counseling Theories and Techniques
- HMRS1105 Critical Thinking in Human Services
- HMRS1320 Multicultural Competency
- +HMRS1357 Multicultural Counseling
- +HMRS1402 Group Theory and Process
- +HMRS1403 Assessment, Case Planning/ Management & Professional Ethics for A & D or
- HMRS1405 Case Management & Ethics for Human Services
- +PSYC2960 Lifespan Human Development
- PSYC2980 Abnormal Psychology
- +Required for A & D licensure.

Human Services Focus Courses

(Select 4 courses, 18 credits, from the following list)

- HMRS1201 Health Foundations
- HMRS1202 Behavior Therapy
- HMRS1302 Crisis Intervention
- HMRS1355 Strategies for Relaxation
- HMRS1404 Intro to Social Work
- HMRS2360 Women's Issues in Human Services
- HMRS2361 Domestic Abuse
- HMRS2362 Child Abuse
- HMRS2363 Death, Dying, Grieving, & Loss
- HMRS2364 Adult Survivors of Child Sexual Abuse
- HMRS2365 Mental Illness & Family Issues
- HMRS2501 Developmental Disabilities
- HMRS2502 Activities and Recreation in Human Services
- HMRS2504 Intellectual Disabilities
- HMRS2510 Clinical Education and Seminar 5
- +HMRS2511 Clinical Education A & D and Seminar 3
- HMRS2516 Family Systems
- +HMRS2517 Medical & Psychosocial Aspects of Alcohol/ Drug Use, Abuse & Addiction
- +HMRS2518 Clinical Treatment Issues in Chemical Dependency
- HMRS2521 Applied Behavior Analysis
- HMRS2523 Human Sexuality
- HMRS2524 Advanced Counseling
- HMRS2610 Clinical Education and Seminar 6
- HMRS2611 Clinical Education A & D and Seminar 4

Human Services Clinical Courses

- HMRS1109 Pre-Clinical Education 1
- HMRS1110* Clinical Education and Seminar 1
- HMRS1210 Clinical Education and Seminar 2
- HMRS1310 Clinical Education and Seminar 3
- HMRS1410 Clinical Education and Seminar 4

Alcohol & Drug Clinical Courses

- HMRS1109 Pre-Clinical Education 1
- HMRS1110* Clinical Education and Seminar 1
- HMRS1210 Clinical Education and Seminar 2
- HMRS1311 Clinical Education A & D and Seminar 1
- HMRS1411 Clinical Education A & D and Seminar 2

*Please note: Students need to obtain a First Aid and CPR card before progressing into HMRS1110 Clinical Education and Seminar 1.

Electives and General Education Credits

Electives (9 credits)

General Education Requirements (22.5 credits)

Courses need to be level 1000 or higher. Any of the HS Focus Courses not used as part of the 18 credits may be used as electives.

Special Program Requirement:

A criminal background check will be required of each student in this program. Based on the outcome of the background check, a student may be prevented from taking certain courses, accessing certain clinical experiences, or completing the program. A non-refundable fee of \$45 will be assessed for this background check.

For students interested in pursuing Alcohol & Drug (A & D) Counseling:

- +Required for A & D licensure.
- ++Required for students to obtain both the AAS and licensure in alcohol and drug counseling.

Call today!

For more information

Cinda Konken, Program Chair
402-437-2718, 800-642-4075 ext. 2718,
ckonken@southeast.edu

or the College Admissions Office
Lincoln 402-437-2600
800-642-4075 ext. 2600