# **Essential Functions for the Healthcare Professional**

Performance essentials or essential functions are defined as those physical, mental, and psycho-social characteristics that are necessary to meet the demands of the Health Science Division Programs and eventual therapeutic care of patients and all tasks associated with that function.

Becoming a healthcare professional requires the completion of a technical education program that is both intellectually and physically challenging. The purpose of this statement is to articulate the demands of the Health Science Division Programs in a way that allows students to compare their own capabilities against these demands.

There are times when reasonable accommodations can be made in order to assist a student with a disability. Reasonable accommodation does not mean that students with disabilities will be exempt from certain tasks; it does mean that we will work with students with disabilities to determine whether there are ways that we can assist the student toward completion of the tasks.

A student with a disability who wishes reasonable accommodation must request it through the Disability Services provider on campus.

## Motor Skills

Physical strength to lift, carry, pull, and guide weights up to 50 pounds

Ability to move about freely and maneuver in small spaces

Tolerate bending, stooping, twisting, sitting, kneeling, standing, squatting or walking for extended (8-12 hour shift) periods of time

Possess fine motor skills

#### Maintain balance

Agility to respond in an emergency situation

#### Communication Skills

Process, comprehend and communicate information (verbal and written) effectively, legibly, in a timely manner, in the English language, and with individuals from various social, emotional, cultural, and intellectual backgrounds.

### Cognitive/Critical Thinking Skills

Collect, measure, calculate, analyze, interpret, and apply information

Exercise good judgment in a variety of settings

Ability to set priorities and manage time effectively

# Interpersonal and Behavioral Skills

Establish and maintain professional working relationships

Apply conflict management and problem solving strategies

Demonstrate professional, ethical, and legal behavior

Demonstrate appropriate maturity, emotional stability, and empathy to establish effective and harmonious relationships in diverse settings

Demonstrate flexibility and ability to adapt to change

Maintain self-control in potentially stressful environments

Comply with professional standards regardless of circumstance

## Sensory Skills

Uses auditory, tactile, olfactory, and visual senses to collect data regarding patient status and provide patient care