

Dance

Summer 2024

Please register each student for couples classes. Please note that any refunds for a dropped couples class will be issued to each student equally.

Intro to Belly Dance

You will learn basic moves and enjoy dancing to Greek, Turkish and Arabic music. While we have fun, we'll also get a workout. All bodies are welcome and that means you! Modifications are taught for all fitness levels. We'd love to work with you.

Wear comfortable clothing you can move in. Keyword: Dance

July 11-Aug. 1	Th	6-7 p.m.	\$39
Lincoln, CEC, 111	Gregg	LLLX-1545-CEUB	
Sept. 5-26	Th	6-7 p.m.	\$39
Lincoln, CEC, 111	Gregg	LLLX-1545-CEFA	

Continuing Belly Dance

Prerequisite: Intro to Belly Dance (LLLX-1545)

We will continue dancing and learning combos and more moves, perfect for anyone who's ready to keep going. Join us for a fun workout and

hang out with awesome people! Keyword: Dance

July 11-Aug. 1	Th	7-8 p.m.	\$39
Lincoln, CEC, 304	Gregg	LLLX-1546-CEUB	
Sept. 5-26	Th	7-8 p.m.	\$39
Lincoln, CEC, 304	Gregg	LLLX-1546-CEFA	

Red Hot Salsa

Learn the dance that HEATS up the dance floor with simmering music.

Complete a registration form for each partner. **Keyword: Salsa**

July 25-Aug. 8	Th	7:30-8:30 p.m.	\$49/couple
Lincoln, CEC, 304	Newman	LLLX-1503-CEUA	



Browse Courses in

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical

Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing



More Intro to Swing Dance

Zydeco, East Coast Swing and Hustle . . . wow . . . impress your friends on the dance floor as you learn the foundations to club swing dances.

Complete a registration form for each partner. Keyword: Swing

July 7-Aug. 25	U	3-4 p.m.	\$109/couple
Lincoln. NEBD	Fritz	LLLX-1541-OCUA	

More Intro to Country Dance

More country dance fun! Learn the foundations of stationary country dances: Country Cha Cha, Night Club Two Step and Pony Swing.

Complete a registration form for each partner. Keyword: Country

July 11-Aug. 29	Th	6:30-7:30 p.m.	\$109/couple
Lincoln NEBD	Fritz	ΙΙΙΧ-1526-ΩСΠΔ	

Latin Medley

Discover the world of Latin dance as you learn to Cha-Cha, Rumba and Merengue. These dances can be adapted to any pop song. Learn how the beat determines which dance best suits the song.

Your dance guides are from Vintage Ballroom dance and have been in competitions around the Midwest. Wear hard-sole shoes, no flips flops or loose shoes. Complete a registration form for each partner.

Keyword: Latin

July 25-Aug. 29	Th	6:30-7:30 p.m.	\$89/couple
Lincoln, CEC, 302	Newman	LLLX-1548-CEUA	

For more information, contact us at 402-437-2700 or continuinged@southeast.edu

Location Key
Lincoln, CECJack J. Huck Continuing Education Center,
301 S. 68th St. Place
Lincoln, NEBD......Nebraska Ballroom Dance, 4820 Rentworth Drive

Check out all classes offered at southeast.edu/continuing Find us on Facebook° at facebook.com/SCCNeb

REGISTER ONLINE

Number.

You must have an email account to register online.

- Go to http://bit.ly/RegisterCE
- Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)

Key Word Example: Driver

Course Number Example: TRAN-3398

- Select the course for which you wish to register. Click Submit.
- Enter your personal information, certify your identification and click Submit.
 You must provide your Social Security
- 5. Optional: Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- 7. Enter your payment information. Click Submit.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

OR REGISTER BY MAIL, FAX OR IN PERSON

S outhea	st Regis	stratio	n For	m - Non-Cr	- Non-Credit Course Tod			lay's Date		
* Required PLEASE PR	Complete	Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703 The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit southeast.edu/academics/colle						7-2703	llege-catalog.php for additional information.	
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^{*} The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.