

Foods

Winter 2024



Winter Comfort: Breads, Fresh from the Oven!

Hands-on / Demonstration Class

There is nothing like the smell of fresh bread baking or the taste of warm bread as you pull it apart and the steam releases. We'll introduce you to the versatile artisan bread that can be used in so many different ways.

There is a \$30 fee (cash or check only) payable in class.

Keyword: Breads

March 6	W	6-9 p.m.	\$39
NE City, WPBB		Stavas	AREA-4577-NCSA

Sushi 101

Hands-on / Demonstration Class

You will learn to make sushi rice as well as the four main styles of sushi rolls: Hosomaki, Uramaki, Temaki, and Kazari Yin & Yang. Complete with prizes for the best rolls, we'll compliment your creations with a few accoutrements.

You will be notified of the supply fee ahead of time, as it is variable depending on the market price for the fresh seafood flown in within days of your class. This fee (cash or check only) will be payable in class.

Keyword: Sushi

March 13	W	6-8:30 p.m.	\$39
NE City, WPBB		Stavas	AREA-4564-NCSA

Food to Put You in the Mood

Hands-on / Demonstration Class

Join us for a fun evening learning about, cooking and tasting aphrodisiac foods. We'll help you get ready for a romantic evening, anniversary celebration or Valentine's Day for two with your special someone.

There is a \$30 fee (cash or check only) payable in class.

Keyword: Food

Feb. 8	Th	6-8:30 p.m.	\$39
NE City, WPBB		Stavas	AREA-4517-NCSA

Location Key

NE City, WPBB Whispering Pines B&B, 2018 Sixth Ave.

Beginning Cheesemaking

Hands-on / Demonstration Class

This is a perfect starter course for the novice cheesemaker. Discover the ingredients and equipment used in home cheese making and produce a 30-minute mozzarella, fromage blanc and one other cheese product in class.

There is a \$30 fee (cash or check only) payable in class.

Keyword: Cheesemaking

Feb. 4	U	11:30 a.m.-3:30 p.m.	\$39
NE City, WPBB		Stavas	AREA-4702-NCSA

Flowering Cupcakes

Learn the art of putting gorgeous designs on top of cupcakes. Basic borders, flowers and fondant skills will be taught.

No experience necessary. A supply list will be emailed one week prior to class. **Keyword: Cupcakes**

Jan. 27	S	2-5 p.m.	\$29
LIVE Online, Zoom		Wolcott	
Registration Deadline: Jan. 21			AREA-4588-TCSA

NEW! Valentines from My Kitchen ... Cupcake Bento Box

Bento boxes are all the rage and will elevate your simple cake to one that will WOW the recipient! Sit back and enjoy a demonstration of how to put together a small cake and coordinating cupcakes for any event. We will talk about recipes, equipment for baking and decorating as well as simple decorating techniques to make a bento box for any occasion. **Keyword: Valentines**

Jan. 27	S	10 a.m.-Noon	\$29
LIVE Online, Zoom		Harper	LLLX-1651-TCSA



Make Ahead: Freezer Meals, Tips & Tricks

Freezer meals are super handy whether you're looking for convenience, trying to eat healthy, or planning ahead. We will look at meal planning strategies, explore the various options of cooking ahead, how to safely freeze food and preserve quality, what freezes well and what doesn't, and how to store a month's worth of meals in your freezer.

A variety of freezer meal recipes will be provided along with additional resources. **Keyword: Freezer**

March 12	T	6-8 p.m.	\$24
LIVE Online, Zoom		Sommerhalder	AREA-4420-TCSA



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.


Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

Food Protection Manager Online Class

This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

You will receive your assignments online. Upon completion of each assignment, you will complete an online quiz. The ServSafe exam is taken online at SCC locations in Lincoln, Beatrice, Falls City, Hebron, Nebraska City, and York.

Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access. After you register online, purchase the textbook "ServSafe Manager" at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. For registration and log-in information, go to <https://bit.ly/sccfoodprotectionmanagercourse>.

 Class will be active now through June 24, 2024. All coursework needs to be completed by June 30. **Keyword: Protection**

Online Oerman \$65 FSDT-3000-WBSA



Exam Prep — CDM Credentialing Exam

This online exam prep course is designed specifically for those who are eligible to sit for the Certified Dietary Manager Credentialing Exam. Each course module begins with a pretest to help you identify your understanding of the content area. You will move through the course at your own pace, utilizing the interactive review materials, example calculations with tutorial videos, flashcards, and reading materials to focus your study. Practice questions include rationale for answers and explanations for calculations. The course culminates with a simulated practice CDM exam.

Contact Vicki Rethmeier at 402-437-2528 or vrethmeier@southeast.edu for registration details. Cost is \$99 per person.

For more information, contact **Cindy Meyer** at 402-323-3636 or cmeyer@southeast.edu



ed2go.com/sccne

BROWSE COURSES IN

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical

Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing

Check out all classes offered at southeast.edu/NebraskaCityLC
Find us on Facebook at facebook.com/SCCLearningCenteratNebraskaCity

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit southeast.edu/academics/college-catalog.php for additional information.

Today's Date

___/___/___

* Required

PLEASE PRINT

Social Security Number OR SCC Student ID Number		* Birth Date	Name: * Last		* First	Middle Initial	
* Residence Mailing Address			* City	* State	* Zip	County #	
* Email Address			<input type="checkbox"/> Cell Phone <input type="checkbox"/> Home		Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Black/African-American		

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

☐ Check ☐ Mastercard ☐ AMEX ☐ Discover ☐ VISA V Code _____

(Checks may be converted into an electronic fund transfer, resulting in funds being held or removed immediately.)

Name as it appears on card: _____ Exp. Date _____

CC # _____

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
☐ Yes ☐ No

SCC Staff Tuition Waiver

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____
DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. southeast.edu/about/other-scc-departments/access-equity-diversity-title-ix/index.php *The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.

Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>.
2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
5. *Optional*: Enter your **Additional Registration Information** and click **Submit**.
6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.



301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703
southeast.edu/business-and-community/index.php

** The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.*