

## SESSIONS

Each module includes a DVD of the presentation, handouts and a post test and evaluation. Upon return of the DVD, post test and evaluation to SCC, 3.5 continuing education credits awarded per session. You can register for one or more sessions.

ELNEC Series is comprised of 8 modules which we have divided into 7 sessions:

### Module 1: Nursing Care at End of Life

This module sets the foundation for the ELNEC curriculum.

Review the need to improve palliative care and the role of the nurse as a member of the interdisciplinary team in providing quality care. Explore how the basic principles of hospice and palliative care work within a quality of life framework.

### Module 6: Communication

Explore the importance of good communication in end-of-life care. The complexities of communicating with patients and families at this critical time are described along with suggestions for care.

**Course Number: NURS-3061**

### Module 2: Pain Management

Review basic principles of pain management with the focus on pain at the end of life.

**Course Number: NURS-3062**

### Module 3: Symptom Management

This module builds on module 2 and will explore other symptoms common in advanced disease and the role of the nurse in managing these symptoms.

**Course Number: NURS-3063**

### Module 4: Ethical Issues in Palliative Care

Discuss some of the key ethical issues and legal concerns in end-of-life palliative care and resources to address these in practice.

**Course Number: NURS-3064**

### Module 5: Cultural Considerations in End-of-Life Care

Review dimensions of culture, which influence care in advanced disease. Assessment of culture is emphasized as essential to adequate communication and in providing culturally competent care.

**Course Number: NURS-3065**

### Module 7: Loss, Grief & Bereavement

Explore the challenging aspects of loss, grief, and bereavement of patients and families as well as the loss experienced by health care professionals.

**Course Number: NURS-3067**

### Module 8: Final Hours

Identify the care needed at the actual time of death, emphasizing the preparation necessary to ensure the best care at this critical event in the trajectory of illness.

**Course Number: NURS-3068**

**CONTINUING  
EDUCATION**  
CONTINUING EDUCATION CENTER  
301 S 68TH STREET PLACE  
LINCOLN, NE 68510-2449

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**Continuing Education**

## End-of-Life Nursing Education Consortium

**ELNEC**

## Self Study

- Nursing Care at End of Life & Communication
- Pain Management
- Symptom Management
- Ethical Issues in Palliative Care
- Cultural Considerations in End-of-Life Care
- Loss, Grief & Bereavement
- Final Hours

CATHOLIC HEALTH  
INITIATIVES

Saint Elizabeth  
Regional Medical Center



**Southeast community college**

## REGISTRATION FORM - CONTINUING EDUCATION

Complete this form and send with payment to: **SCC, Continuing Education Center, 301 S 68 Street Place, Lincoln, NE 68510** or **FAX completed form to (402) 437-2703**. Include credit card information or Letter of Authorization (required for third-party billing). The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under the Family Educational Rights and Privacy Act (FERPA). The College will be privileged to redisclose that information only with the consent of the student or in those very limited circumstances when consent is not required by FERPA.

<b>2009 QUARTER</b>		winter ___ X ___ summer ___	
spring ___ fall ___			
Middle			
Social Security Number _____		Name: Last, _____	
Residence Mailing Address _____		City _____ State _____ Zip _____	
Birth Date _____	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Race: (used for statistical purposes only) <input type="checkbox"/> White, Non-Hispanic <input type="checkbox"/> Hispanic/Latino(a) <input type="checkbox"/> Asian/Pacific Islander <input type="checkbox"/> Black/African-American, Non-Hispanic <input type="checkbox"/> Other	Veteran or Dependent Utilizing Military Benefits <input type="checkbox"/> Yes <input type="checkbox"/> No
Please Check all that apply: <input type="checkbox"/> Module 1 & 6 • NURS-3061-TCUA • \$35 <input type="checkbox"/> Module 4 • NURS-3064-TCUA • \$35 <input type="checkbox"/> Module 8 • NURS-3068-TCUA • \$35		<input type="checkbox"/> Module 2 • NURS-3062-TCUA • \$35 <input type="checkbox"/> Module 5 • NURS-3065-TCUA • \$35	
<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> Mastercard <input type="checkbox"/> Discover <input type="checkbox"/> VISA (V-Code _____)		Exp. Date _____ Credit card # _____	
Name as it appears on card: _____		Billing agency (INCLUDE LETTER OF AUTHORIZATION) _____	
Signature _____		DE _____ ID# _____	
Home Phone _____		County # _____	
<input type="checkbox"/> Cell <input type="checkbox"/> Business Phone _____		Resident of Nebraska <input type="checkbox"/> Non-Resident of Nebraska <input type="checkbox"/>	
TOTAL DUE _____		Staff/Dep Disc. _____ ( _____ )	
For Office Use Only:		Module 3 • NURS-3063-TCUA • \$35 Module 7 • NURS-3067-TCUA • \$35	

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially withdraw from the course, I will be responsible for the full cost of the course; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, or telephone number will be reported to the Registrar's Office. The College's policy on equal opportunity and nondiscrimination should be directed to the Vice President for AA/Equality/Diversity, SCC Center for Diversity, 601 St. Place, Lincoln, NE 68510, 402-437-3412, FAX: 402-437-3426, or foto@southeast.edu.

# End-of-Life Nursing Education Consortium

Nurses spend more time with patients who are facing the end of life than any other member of the health care team. Studies have shown that many nurses feel inadequately prepared to provide the comprehensive care so important to end-of-life. End-of-life care is not just performed by "hospice nurses." Nurses in every health care setting provide care for patients who are dealing with end of life issues.



The End-of-Life Nursing Education Consortium was established to help nurses become better prepared to provide end-of-life care. The ELNEC project is administered by the American Association of Colleges of Nursing and the City of Hope National Medical Center of Los Angeles. The esteemed faculty includes a national cadre of nurse leaders.

The curriculum was developed through the work of nationally recognized palliative care experts, with extensive input from the advisory board and reviewers. The curriculum is revised regularly based on participant recommendations and new advances in the field, and is modified for each distinct audience. The curriculum focuses on core areas in end-of-life care reflecting AACN's 1998 publication "Peaceful Death: Recommended Competencies and Curricular Guidelines for End-of-Life Nursing Care."

ELNEC Core content is divided into eight modules: Nursing Care at the End of Life; Pain Management; Symptom Management; Ethical/Legal Issues; Cultural Considerations in End-of-Life Care; Communication; Loss, Grief and Bereavement; and Final Hours.

You can find more information about the ELNEC project at its Web site [www.aacn.nche.edu/ELNEC](http://www.aacn.nche.edu/ELNEC).

You may register for any or all of these sessions. After completing all of these sessions, nurses can add to their credentials "ELNEC trained."

The ELNEC series is an opportunity to view the Spring 2009 presentations at your convenience. The videotaped modules will be available for check out. These sessions are for nurses currently working in hospitals, hospices, palliative care facilities, clinics, long-term care facilities, assisted living and home care agencies, also nurse educators, nurse case managers and any others in the field where end-of-life issues occur.

## PRESENTERS

SCC teamed with Tabitha's and St. Elizabeth's Hospice staff who are experts in end-of-life care and have presented many seminars on these topics. These experts in end-of-life care bring great insight and experience to this excellent curriculum approved by the American Association of Colleges of Nursing

## DETAILED OBJECTIVES

A more detailed list of each module objectives is available on our Web site at [www.southeast.edu](http://www.southeast.edu). Click on **Continuing Education** and then **Health**.

## CONTINUING EDUCATION CREDIT

You will receive 3.5 contact hours of continuing education credit for each session you complete, in addition to receiving a certificate declaring you "ELNEC trained" once you complete all seven sessions.

For other health care professionals, check with your licensing agencies to verify that this workshop will count as continuing education in your field.

Southeast Community College's Continuing Education Division is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center Commission on Accreditation.

## COST

\$35 for each session.

## DATES

**Available from  
Aug. 1 – Dec. 1, 2009**  
You must complete any session you register for by December 21, 2009, to receive credit.



**For more information, please contact:**

**Jeanette Walsh**  
Health Director, Continuing Education  
402-437-2706  
1-800-828-0072, ext. 2706  
[jwalsh@southeast.edu](mailto:jwalsh@southeast.edu)









## Module 7

### Loss, Grief & Bereavement

#### Module Overview

This module addresses the challenging aspects of grief, loss and bereavement of patients and families as well as the loss experiences of health care professionals.

#### Key Messages

Even with the provision of excellent palliative care, the loss of one's own life, or that of a loved one, creates intense grief.

Palliative care can facilitate adaptation to loss and greatly relieve distress and suffering.

Nurses also require support for their own grief in caring for the terminally ill.

#### Objectives

Upon completion of this module, the participant will be able to:

1. Define loss, mourning, grief and bereavement.
2. Distinguish between anticipatory grief, normal grief, complicated grief and disenfranchised grief.
3. Describe three tasks of grief and list five factors that may significantly affect the grief process.
4. Provide three interventions that may be appropriate to facilitate normal grief.
5. Verbalize an understanding of grief and loss issues as they relate to complex or traumatic circumstances.
6. Define personal death awareness and cumulative loss associated with professional caregiving.
7. Identify four systems of support the nurse can access to assist in coping with death anxiety and loss

## Module 8

### Final Hours

#### Module Overview

This module focuses on care at the actual time of death, emphasizing the preparation necessary to insure the best care at this critical event in the trajectory of illness.

#### Key Messages

The actual time of death creates unique issues beyond those encountered during the course of illness.

Care at this time demands attention to physical, psychological, social and spiritual needs of patients across life's span and the special needs of their families.

Assessment by professionals of their own experiences caring for patients at the time of death is helpful to strengthen professional effectiveness.

#### Objectives

Upon completion of this module, the participant will be able to:

1. Assess an imminently dying patient and list five physical signs and symptoms of the dying process and three signs of death.
2. Assess physical, psychological, social, and spiritual care needs and interventions for an imminently dying patient and their family.
3. Discuss the role of the palliative care nurse surrounding the death of a patient