

# Human Services

Associate of Applied Science Degree

## TYPES OF JOBS AVAILABLE:

- Mental health, developmental disabilities, and alcohol and drug counseling areas
- Long-term care administration
- Assisted living manager
- Social services and activities worker
- Areas related to working with youth

## PROGRAM OVERVIEW

This program is available only at the Lincoln Campus, though clinical placements for students are available in a variety of communities.

## FOR MORE INFORMATION CONTACT:

Program Chair

402-437-2748, 800-642-4075

Carrie Rocco Healy, Clinical Education Coordinator

402-437-2746, 800-642-4075 x2746, chealy@southeast.edu

Rebecca Shacklett, Alcohol and Drug Advisor

402-437-2745, 800-642-4075 x2745, rshacklett@southeast.edu

Theresa Parker, Long-Term Care Advisor

402-437-2750, 800-642-4075 x2750, tparker@southeast.edu

or the College Admissions Office

Lincoln 402-437-2600, 800-642-4075 x2600

## LINCOLN CAMPUS

This program is accredited by the Council for Standards in Human Services Education, John Heapes, President, Harrisburg Area Community College, Human Services Program, One HACC Drive, Harrisburg, PA 12110-2999, (717) 780-2518

**Credit Hours Required for Graduation: 117.5**

## HMRS CORE COURSES:

COURSE #	COURSE TITLE	CREDIT HRS
HMRS1101	Human Services Concepts	4.5
+HMRS1102	Counseling Theories and Techniques	4.5
HMRS1201	Health Foundations (CNA/EMT/Nurse may credit HMRS1201 by waiver)	4.5
HMRS1320	Multicultural Competency	4.5
+HMRS1357	Multicultural Counseling	4.5
+HMRS1402	Group Theory and Process	4.5
+HMRS1403	Assessment, Case Planning/Management & Professional Ethics for A & D <b>or</b>	
HMRS1405	Case Management & Ethics for Human Services	4.5
+PSYC2960	Lifespan Human Development	4.5
		<b>36.0 hours</b>

+Required for A & D licensure.

## HUMAN SERVICES FOCUS COURSES:

(Select 5 courses from the following list 22.5 credits)

COURSE #	COURSE TITLE	CREDIT HRS
HMRS1202	Behavior Therapy	4.5
HMRS1302	Crisis Intervention	4.5
HMRS2360	Women's Issues in Human Services	4.5
HMRS2363	Death, Dying, Grieving, & Loss	4.5
HMRS2501	Developmental Disabilities	4.5
HMRS2502	Activities and Recreation in Human Services	4.5
HMRS2504	Intellectual Disabilities	4.5
HMRS2510	Clinical Education and Seminar 5	4.5
HMRS2511	Clinical Education A & D and Seminar 3	4.5
HMRS2516	Co-Dependency & Dysfunctional Families	4.5
+HMRS2517	Medical & Psychosocial Aspects of Alcohol/ Drug Use, Abuse & Addiction	4.5
+HMRS2518	Clinical Treatment Issues in Chemical Dependency	4.5
HMRS2521	Applied Behavior Analysis	4.5
HMRS2523	Human Sexuality	4.5
HMRS2524	Advanced Counseling	4.5
HMRS2610	Clinical Education and Seminar 6	4.5
HMRS2611	Clinical Education A & D and Seminar 4	4.5
		<b>22.5 hours</b>

## GENERAL EDUCATION REQUIREMENTS:

Contact your program advisor to select general education course/s from each category which will meet your program's graduation requirements. See page 65 for complete list.

(One class from each area below.)

ORAL COMMUNICATIONS	4.5
WRITTEN COMMUNICATIONS	4.5
SOCIAL SCIENCE	
PSYC1810 Introduction to Psychology	4.5

(Plus two classes from the four areas below; no two classes from the same area.)

MATHEMATICS	
SCIENCE	
HUMANITIES	
COMPUTER TECHNOLOGY	9.0
<b>22.5 hours</b>	

## HUMAN SERVICES CLINICAL COURSES:

COURSE #	COURSE TITLE	CREDIT HRS
HMRS1109	Pre-Clinical Education 1	4.5
HMRS1110*	Clinical Education and Seminar 1	4.5
HMRS1210	Clinical Education and Seminar 2	4.5
HMRS1310	Clinical Education and Seminar 3	4.5
HMRS1410	Clinical Education and Seminar 4	4.5
		<b>22.5 hours</b>

## ALCOHOL & DRUG CLINICAL COURSES:

HMRS1109	Pre-Clinical Education 1	4.5
HMRS1110*	Clinical Education and Seminar 1	4.5
HMRS1210	Clinical Education and Seminar 2	4.5
HMRS1311	Clinical Education A & D and Seminar 1	4.5
HMRS1411	Clinical Education A & D and Seminar 2	4.5
		<b>22.5 hours</b>

\*Please note: Students need to obtain a First Aid and CPR card before progressing into HMRS1110 Clinical Education and Seminar 1.

Students may also choose electives from the Human Services Focus courses which were not used as part of the 22.5 hours.)

**ELECTIVES:**

<b>COURSE #</b>	<b>COURSE TITLE</b>	<b>CREDIT HRS</b>
HMRS1355	Strategies for Relaxation	4.5
HMRS2361	Domestic Violence	4.5
HMRS2362	Child Abuse	4.5
HMRS2364	Adult Survivors of Childhood Sexual Abuse	4.5
HMRS2365	Mental Illness & Family Issues	4.5
HMRS2710	Clinical Education and Seminar 7	5.0
HMRS2711	Clinical Education A & D and Seminar 5	6.0
HMRS2811	Clinical Education A & D and Seminar 6	6.0
<b>Total Electives:</b>		<b>9.0 hours</b>

**SPECIAL PROGRAM REQUIREMENT:**

A criminal background check (CBC) will be required of each student in this program. Based on the outcome of the background check, a student may be prevented from taking certain courses, accessing certain laboratory experiences, or completing the program. A non-refundable fee of \$45 will be assessed for this background check.

**FOR STUDENTS INTERESTED IN PURSUING ALCOHOL & DRUG (A & D) COUNSELING:**

+Required for A & D licensure.

1. A minimum of 300 clinical hours of clinical performance with a LADAC counselor. (At least 10 hours in each of the 12 core competencies/functions.
2. Hours supervised at 1:10 ratio by supervisor.
- 3-9. HMRS1102, HMRS1357, PSYC2960 (not online), HMRS1402, HMRS1403, HMRS2517, and HMRS2518.

**For more information, please contact:**

Rebecca Shacklett, Alcohol and Drug Advisor  
402-437-2745, 800-642-4075 x2745,  
rshacklett@southeast.edu

**LONG-TERM CARE/ASSISTED LIVING COURSES**

<b>COURSE #</b>	<b>COURSE TITLE</b>	<b>CREDIT HRS</b>
•HMRS2541	Social Services for Long-Term Care Facilities	4.5
•HMRS2542	Financial Management for Long-Term Care	4.5
•HMRS2544	Patient Care & Services	4.5
•HMRS2547	Administration for Long-Term Care Facilities	4.5
•HMRS2549	Rules, Regulations and Standards Relating to the Operation of a Health Care Facility	4.5
HMRS2550	Introduction to Assisted Living	4.5

(•=Approved Long-Term Care Administration licensure courses)

For students interested in pursuing Long-Term Care Administration and Assisted Living courses are also offered through the Business Administration program. Students would receive a degree in Business Administration with a focus in Long-Term Care Administration. After earning an Associate of Applied Science degree, students would need to pass and complete:

1. The five "•Approved Long-Term Care Administration licensure courses" in the Advisor Approved Electives listing
2. 640 hours of Administrator-in-Training (AIT) or another mentoring program (through and determined by the State of Nebraska.)
3. The NAB (National Association Boards of Examiners for Long-Term Care Administration) exam. Additional fees would be applicable for the NAB and the state of Nebraska.

**For more information, please contact:**

Theresa Parker, LTC Advisor  
402-437-2750, 800-642-4075 x2750, tparker@southeast.edu

