

# DRUG-FREE SCHOOLS & COMMUNITIES ACT

*The decision to use or not to use drugs or alcohol is yours to make. However, when facing the choice, certain facts should be considered.*

*This brochure is produced for students, their families, and employees at Southeast Community College to inform them of the potential consequences related to substance use and abuse.*



## **THIS INFORMATIONAL BROCHURE INCLUDES:**

- Information about substance abuse and amnesty ..... Page 2
- Nebraska Law ..... Page 2
- SCC Drug and Alcohol Policy & Testing ..... Page 3
- Student Policies, Conduct and Disciplinary Sanctions..... Page 4
- Counseling, Referral and Treatment Options ..... Page 5
- Federal Penalty Chart..... Page 6
- Health Risk Chart..... Page 7
- SCC Contact Information ..... Page 8



## SUBSTANCE ABUSE

Substance use/abuse can be unwise medically, can hurt you economically, can endanger your safety and the safety of others, can lead to chemical dependency, and is illegal for many substances.

SCC encourages employees and students to seek help with substance/use problems or concerns. Amnesty may be available for students who bring their own use, addiction, or dependency to the attention of College officials, independent of the threat of drug tests or conduct sanctions, and who will agree to seek assistance.

Additional information about SCC's Student Amnesty Policy can be found at: [www.southeast.edu/studentconductamnesty/](http://www.southeast.edu/studentconductamnesty/)

## IT'S THE LAW

Nebraska laws prohibit the possession and use of controlled substances, illegal drugs and alcoholic beverages on public property. Any changes to state law regarding the possession or use of marijuana or other controlled substances does not negate applicable federal statutes or applicable College policy.

Students and employees are reminded that unlawful possession, distribution, or use of illicit drugs or alcohol may subject individuals to criminal prosecution. The College will refer violations of proscribed conduct to appropriate authorities for possible prosecution.

Federal regulations and state laws provide penalties of fines and imprisonment for violations of the criminal statutes which include possessing, offering for sale, possessing with the intent to offer for sale, distributing or manufacturing controlled substances such as opiates, narcotics, depressants, stimulants, or hallucinogenic drugs. Information regarding the federal penalties and sanctions may be found at [https://www.dea.gov/sites/default/files/drug\\_of\\_abuse.pdf](https://www.dea.gov/sites/default/files/drug_of_abuse.pdf).

Relevant Nebraska laws pertaining to drugs and alcohol may be found at <http://nebraskalegislature.gov/laws/browse-statutes.php>.



## SCC'S DRUG & ALCOHOL POLICY

It is the policy of the Southeast Community College Area to control and monitor the use/abuse of drugs, alcohol and other chemicals and controlled substances on college premises and at College-sanctioned events, and to educate students and employees about the use, abuse, and effects of drugs, alcohol and illegal/controlled substances. The College will implement procedures which will ensure to monitor and pursue compliance with laws relating to drugs, alcohol, and other chemicals and controlled substances including: the Drug-Free Workplace Act and the Omnibus Transportation Employee Testing Act of 1991, the Drug-Free Schools and Communities Act Amendments of 1989, and all related regulations and rules promulgated pursuant thereto.

**Exception:** The use of alcoholic beverages may be permitted on college premises or at College-sanctioned activities in accordance with all College policies and procedures, as well as local, state and federal laws as follows:

- In limited circumstances approved by the President or designee, and/or
- Pursuant to the Class C liquor license currently held by Southeast Community College's Great Plains Culinary Institute.

***NOTE: SCC guests and visitors suspected of being under the influence of a controlled substance may be asked to leave College property or any officially recognized activity.***

***Failure to comply may result in law enforcement intervention.***

## DRUG AND ALCOHOL USE TESTING

Pursuant to the Drug-Free Workplace Act and the Drug-Free Schools and Communities Act, Southeast Community College will require drug and alcohol tests for employees and students in circumstances where reasonable suspicion exists.

## EMPLOYEES

The College's Human Resources Office has administrative responsibility for implementing and monitoring the drug and alcohol testing procedures for employees. Inquiries related to these procedures should be directed to the Vice President for Human Resources, 301 S. 68th St. Place, Lincoln NE 68510; 402-323-3408; or [btangeman@southeast.edu](mailto:btangeman@southeast.edu).

***NOTE: On an annual basis, SCC employees and students subject to the College's Criminal Background Check requirements are expected to self-disclose any drug/alcohol related convictions that arise during the course of their active status with the College.***

## STUDENTS

**Health Programs** - In accordance with all local, state and federal regulations, and College policy, all students admitted to a Health Sciences program requiring a clinical rotation with a contracted healthcare facility will be required to submit to an initial drug and alcohol test prior to the first clinical rotation.

**Note:** Some programs may require specific Criminal Background Checks and drug testing based on specific requirements for that profession. Check with Admissions or the Program of Study if you have further questions.

**Student-Athletes** - In accordance with all National Junior College Athletic Association (NJCAA) and the National Collegiate Athletic Association (NCAA) Drug Testing Policy, all student-athletes must consent to random drug testing for drugs/alcohol before participating in any athletic competition or event. All student athletes must complete and sign the consent form prior to the first athletic event of the Fall semester and will be subject to random testing throughout the course of the Spring semester or the subsequent time period where athletic events of the school year are ongoing.

For procedures related to drug testing of SCC student-athletes, please refer to the SCC Athletic Handbook.

**Other Students** - The College's Student Affairs Division has administrative responsibility for implementing and monitoring the drug and alcohol testing procedures for students. Inquiries related to these procedures should be directed to the Vice President for Student Affairs, SCC-Lincoln, 8800 O Street, Lincoln NE 68510; 402-437-2554; or [bcummins@southeast.edu](mailto:bcummins@southeast.edu).

## CONDUCT SANCTIONS

Students and employees who violate the established policies will be subject to disciplinary procedures consistent with applicable federal, state, and local laws, rules, College policy, and collective bargaining agreements. See the SCC Student Code of Conduct ([www.southeast.edu/philosophyofstudentconduct](http://www.southeast.edu/philosophyofstudentconduct)) for further information regarding the conduct review/sanctioning process.

Actions that may be taken include, but are not limited to, one or a combination of the following disciplinary sanctions:

- Verbal Warning/Written Disciplinary Warning
- Disciplinary Probation or Suspension
- Expulsion or Eviction from on-campus facilities/ programs
- Referral to an appropriate drug/alcohol treatment program
- College Service or Behavioral Requirements
- Loss of Privileges
- Confiscation of Prohibited Property
- Educational Program
- Restitution
- Fines
- Housing Reassignment
- Housing Suspension or Expulsion
- Eligibility Restriction
- Other Sanctions

## DRUG & ALCOHOL COUNSELING, TREATMENT AND REHABILITATION

There are numerous drug and alcohol counseling, treatment and rehabilitation centers located within the 15-county area of southeast Nebraska.

The following resources can provide information and assessment relating to drug and alcohol abuse and additional referral to and information about treatment options. They can also provide schedules for local and area meetings of Alcoholics Anonymous, Narcotics Anonymous, Alanon, Adult Children of Alcoholics and Alatot.

Both inpatient and outpatient providers offer help for the entire family.

**NOTE:** Southeast Community College makes no representation or endorsement as to the quality, effectiveness, or appropriateness of any of these services. The following directory is provided as an informational service only.

## REFERRAL AND TREATMENT OPTIONS

A variety of treatment centers and agencies options are available upon request from the Student Services office or at Nebraska 211 (Dial 2-1-1) or **402-444-6666**, or at <http://www.ne211.org>.

- **Blue Valley Behavioral Health** serves sixteen counties in Southeast Nebraska. More information about services provided and office location can be found at [www.bvbh.net](http://www.bvbh.net) or **402-261-4017**. For after-hour emergencies call **1-877-409-6600**.
- **CenterPointe** provides treatment for people suffering from mental health and substance use disorders. More information about services provided can be found at [www.centerpointe.org](http://www.centerpointe.org) or **402-475-8717**. A 24-hour Crisis Line can be reached at **402-475-6695**.
- **Lutheran Family Services (LFS)** provides assistance in identifying and treating abusive and addictive behaviors as well as information, support and coping skills.

For more information go to [www.lfsneb.org](http://www.lfsneb.org) or call Toll Free: **855-659-2706**.

For Military & Veteran Services call **402-292-9105**.

LFS also operates the Health 360 Integrated Care Clinic which integrates mental health, substance use and primary care services to produce the best outcomes for clients. For more information or to schedule an appointment call **402-441-6642**.

**The SCC Counseling Assistance Program (CAPS)** provides students with access to counseling and referrals free of charge through a partnership with masters-level counseling students from area universities. Additional information is available at each campus' Student Success Office ([www.southeast.edu/caps](http://www.southeast.edu/caps)).

**The Year One College Alcohol Profile (Y1CAP)** is an online program that uses the principles of brief motivational interviewing to provide first year students with individual-level data on their drinking and tips for change. Y1CAP helps students identify risky behavior, providing brief interventions, or referring students for professional help. Information about how to access Y1CAP is available from the Student Life or Residence Life offices.

**Continuum EAP** is available at no cost to full-time SCC employees. Counseling assistance is available via face-to-face meetings, telephone, and email. All Continuum assistance is confidential. Employees may obtain information about the EAP through the Human Resource Office, and/or contacting them directly at **402-476-0186** or [www.4continuum.com](http://www.4continuum.com).

# FEDERAL PENALTIES AND SANCTIONS FOR ILLEGAL POSSESSION OF CONTROLLED SUBSTANCES

Making students and employees aware of all federal and state penalties and sanctions assists in ensuring a safe learning environment.

## FEDERAL TRAFFICKING PENALTIES

DRUG/SCHEDULE	QUANTITY	PENALTIES	QUANTITY	PENALTIES
Cocaine (Schedule II)	500 - 4999 gms mixture	First Offense: Not less than 5 yrs., and not more than 40 yrs. If death or serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual.  Second Offense: Not less than 10 yrs., and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.	5 kgs or more mixture	First Offense: Not less than 10 yrs., and not more than life. If death or serious injury, not less than 20 or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual.  Second Offense: Not less than 20 yrs., and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.  2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
Cocaine Base (Schedule II)	28-279 gms mixture		280 gms or more mixture	
Fentanyl (Schedule II)	40 - 399 gms mixture		400 gms or more mixture	
Fentanyl Analogue (Schedule I)	10 - 99 gms mixture		100 gms or more mixture	
Heroin (Schedule I)	100 - 999 gms mixture		1 kg or more mixture	
LSD (Schedule I)	1 - 9 gms mixture		10 gms or more mixture	
Methamphetamine (Schedule II)	5 - 49 gms pure or 50 - 499 gms mixture		50 gms or more pure or 500 gms or more mixture	
PCP (Schedule II)	10 - 99 gms pure or 100 - 999 gms mixture	100 gm or more pure or 1 kg or more mixture		

## FEDERAL TRAFFICKING PENALTIES - MARIJUANA

DRUG	QUANTITY	1st OFFENSE	2nd OFFENSE
Marijuana	1,000 kg or more mixture; or 1,000 or more plants	Not less than 10 years, not more than life. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual.	Not less than 20 years, not more than life. If death or serious injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.
Marijuana	100 kg to 999 kg mixture; or 100 to 999 plants	Not less than 5 years, not more than 40 years. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.	Not less than 10 years, not more than life. If death or serious injury, life imprisonment. Fine not more than \$8 million if an individual, \$50 million if other than an individual.
Marijuana	50 to 99 kilograms marijuana mixture, 0 to 99 marijuana plants	Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual.	Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.
Hashish	More than 10 kg		
Hashish Oil	More than 1 kg		
Marijuana	1 to 49 plants; less than 50 kg mixture (but does not include 50 or more marijuana plants regardless of eight	Not more than 5 years. Fine not more than \$250,000, \$1 million other than individual.	Not more than 10 years. Fine \$500,000 if an individual, \$2 million if other than individual.
Hashish	10 kg or less		
Hashish Oil	1 Kg or less		

Note: These are only federal penalties and sanctions. Additional state penalties and sanctions may apply. The charts were taken from United States Department of Justice, Drug Enforcement Administration, and Drugs of Abuse. Retrieved January 2017. These charts summarize trafficking penalties under federal law for various types of drugs.

# HEALTH RISKS ASSOCIATED WITH ALL SUBSTANCES

Information may be found at

<https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts>

Drug Type	Common/Street Name	Health Risks
<b>Alcohol</b>	Booze, beer, wine, coolers, liquor	High blood pressure, higher risk of sexually transmitted diseases & unplanned pregnancy, depression, lowered resistance to disease, insomnia
<b>Marijuana</b>	Grass, reefer, pot, weed	Slowed reaction time; problems with learning and memory; hallucinations; anxiety; panic attacks; psychosis; problems with balance and coordination; mental health problems, chronic cough, frequent respiratory infections
<b>Over-the-counter Cough/Cold Medicines (Dextromethorphan or DMX)</b>	Robotripping, Robo, Triple C	Increased heart rate, blood pressure, temperature; numbness; dizziness; nausea; vomiting; confusion; paranoia; altered visual perceptions; problems with movement; buildup of excess acid in body fluids
<b>Steroids</b>	Anabolic/Androgenic (roids, juice)	High blood pressure, liver damage; kidney damage or failure, enlarged heart; oily skin, yellowing of the skin and whites of the eyes, acne, shrunken testes, lowered sperm count, breast development in men, breast reduction in women, facial hair and deepening of voice in women, aggressiveness, extreme mood swings, extreme irritability, delusions, and impaired judgment
<b>Solvents-Inhalants</b>	Acetone, freons, nitrous oxide, whippets, laughing gas, spray paint, canned air	Confusion; nausea; slurred speech; lack of coordination; euphoria; dizziness; drowsiness; dis-inhibition, light-headedness, hallucinations/delusions; headaches; sudden sniffing death due to heart failure (from butane, propane, and other chemicals in aerosols); death from asphyxiation, suffocation, convulsions or seizures, coma, or choking; heart failure, respiratory arrest, liver and brain damage
<b>Depressants</b>	Alcohol, ludes, barbiturates	Liver damage, poor concentration, confusion, dizziness, problems with movement and memory, lowered blood pressure, slowed breathing convulsions, depression, disorientation and insomnia
<b>Hallucinogens</b>	PCP, LSD, angel dust, mushrooms	Agitation, extreme hyperactivity, reduced eating, flashbacks, persistent psychosis
<b>Stimulants</b>	Cocaine, methamphetamine, crank, crack, amphetamines, diet pills	Headaches, depression; malnutrition, anorexia, strokes, seizures, infection and death of bowel tissue from decreased blood flow; poor nutrition and weight loss from decreased appetite, abdominal pain and nausea; erratic and violent behavior, panic attacks, paranoia, psychosis; heart rhythm problems, heart attack; stroke, seizure, coma
<b>Narcotics/Opioids</b>	Smack, codeine, heroine, lords	Respiratory arrest, sleepiness, organ and lung damage, nausea; collapsed veins; abscesses (swollen tissue with pus); infection of the lining and valves in the heart; constipation and stomach cramps; liver or kidney disease; pneumonia; severe dental problems ("meth mouth"), intense itching leading to skin sores from scratching
<b>Tobacco</b>	Cigarettes, cigars, bidis, hookahs, smokeless tobacco (snuff, spit tobacco, chew)	Lung cancer, emphysema, chronic bronchitis; heart disease; leukemia; cataracts; oral cancer
<b>Synthetic Cathinone (Bath Salts)</b>	Cloud Nine, Cosmic Blast, Flakka, Ivory Wave, Lunar Wave, Scarface, White Lightning	Increased heart rate and blood pressure; paranoia, agitation, and hallucinations; psychotic and violent behavior; nosebleeds; sweating; nausea, vomiting; insomnia; irritability; dizziness; depression; suicidal thoughts; panic attacks; reduced motor control; cloudy thinking; breakdown of skeletal muscle tissue; kidney failure; death

**If you need assistance or know someone who does, there is help.**

## **SCC RESOURCES & PERSONNEL**

<b>Beatrice</b>	<b>Counseling Assistance Program for Students (CAPS) .....</b>	<b>402-228-3468, Ext. 1320</b>
	Student Success Specialist.....	402-228-3468, Ext. 1351
	Career Advising/Accommodations Resource Office.....	402-228-8242
	Residence Life.....	402-228-8291
	Dean of Students .....	402-228-8286
<b>Lincoln</b>	<b>Counseling Assistance Program for Students (CAPS) .....</b>	<b>402-437-2286</b>
	Student Success Specialist.....	402-437-2678
	Accommodations Resource Office .....	402-437-2620
	Wellness Center.....	402-437-2634
	Dean of Students .....	402-437-2559
<b>Milford</b>	<b>Counseling Assistance Program for Students (CAPS) .....</b>	<b>402-761-8451</b>
	Student Success Specialist.....	402-761-8416
	Career Advising/Accommodations Resource Office.....	402-761-8202
	Residence Life.....	402-761-7398
	Dean of Students .....	402-761-8270

**TIPS reporting: You could save a life. If you notice a concerning behavior, suspicious activity, or a social media comment, no matter how small, it could be the piece that helps save a life from violence or harm. This is not an emergency reporting system. If this is an urgent matter, please immediately call 911.**

**To confidentially and anonymously share your concerns, you can visit our website, [www.southeast.edu](http://www.southeast.edu), and click on one of these icons:**



Board of Governors: Kathy Boellstorff, Johnson; Robert J. Feit, Lincoln; James J. Garver, Lincoln; Keith Hammons, Weeping Water; Dale Kruse, Beatrice; Steven Ottmann, Dorchester; Edward C. Price, Lincoln; Lynn Schluckebier, Seward; Nancy A. Seim, Lincoln; Ellen Weissinger, Lincoln; Kristin Yates, Lincoln; Linda Hartman, Faculty Representative, Lincoln (Jan. 15, 2019)

**Equal Opportunity/NonDiscrimination Policy** - It is the policy of Southeast Community College to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of Southeast Community College's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, or [jsoto@southeast.edu](mailto:jsoto@southeast.edu).

**Declaración de política sobre equidad/antidiscriminación** - La política pública de Southeast Community College es de proveer equidad, y prohíbe discriminación, en todos asuntos referentes a la admisión, participación, y empleo contra toda persona por motivo de raza, color, religión, sexo, edad, estado civil, origen nacional, etnia, condición de veterano, orientación sexual, incapacidad, u otros factores prohibidos por ley o política del Colegio. Preguntas relacionadas a la política sobre equidad/antidiscriminación de Southeast Community College deben dirigirse a: Vice President for Access/Equity/Diversity, SCC Area Office, 301 S 68 Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, o [jsoto@southeast.edu](mailto:jsoto@southeast.edu).