

Annual American Heart Association
Nurses Conference

Navigating the Current AHA Cardiovascular Guidelines



**Saturday,
Feb. 16, 2019
8 a.m.-3:15 p.m.**

Southeast Community College
8800 O St., Room V-103
Lincoln, NE

Presented by
Southeast Community College and
American Heart Association



Southeast community college

www.southeast.edu/Continuing

SPEAKERS

Danae Dinkel, Ph.D., is an Assistant Professor at the University of Nebraska Omaha and Director of Physical Activity in Health Promotion lab within the School of Health and Kinesiology. Her teaching and research focuses on improving physical activity opportunities for children and families.

Andrew Gard, MD, Neurosurgeon, Assistant Professor of Surgery, University of Nebraska Medical Center

Amy Goldman, PT, DPT, is the Stroke Program Manager at Madonna Rehabilitation Hospitals. She is a physical therapist by training and has more than 17 years of experience in neurological rehabilitation, primarily adult stroke rehabilitation.

Heidi Kile, APRN-C, RN since 2002, Nurse Practitioner since 2003, has practiced in cardiology and vascular for nearly 20 years. Currently a nurse practitioner at Nebraska Heart Institute in both the hospital and clinic settings. She also manages complex lipid patients in the NHI Lipid Clinic.

Sarah E. Schroeder, ACNP-BC, MSN RN, AACC, Mechanical Circulatory Support Nurse Practitioner and Program Coordinator, Bryan Health

Pam Wollenburg, APRN, CDE, has been a diabetes educator for 35+ years working with children to adults and is the Diabetes Education Coordinator at CHI Health St. Elizabeth Diabetes Center.

WORKSHOP CREDIT

6.0 contact hours awarded. **Must attend entire seminar and complete an evaluation to receive certificate.** No partial credit given.

ADDITIONAL INFORMATION

Dress in layers because of temperature fluctuations in the conference room.

Attendees requiring special accommodations or having dietary restrictions must notify the College at 402-437-2700 in advance.

Confirmations will be emailed.

CANCELLATION/REFUNDS

You must call 402-437-2700 or 800-828-0072 and cancel before 5 p.m. the day before the workshop begins to receive 100 percent refund. NO refunds will be given after that.

COMMITTEE MEMBERS

Georgia Schroeder, LPN, Committee Chair
Denice Aten, RN
Nicole Cockerill, RN, BSN
Beth Malina, BSN, RN, CNRN, American Heart Association
Sharon Stewart, MS
Jeanette Walsh, RN, BSN
Kathy Ware, RNC, MEd, MSN
Linda Witte, RN

COURSE INFORMATION QUESTIONS

SCC Continuing Education
402-437-2700 • 800-828-0072
continuing@southeast.edu

Navigating the Current AHA Cardiovascular Guidelines



Join us at the 2019 AHA Nurses Conference for an overview of new/current American Heart Association guidelines for hypertension, diabetes, endovascular studies, exercise, cholesterol, and stroke rehabilitation. With this vital information in hand you will be able to provide the best care possible for your cardiovascular patients.

AGENDA

7:30 a.m. Sign in	12:15 p.m. Lunch (provided)
8 a.m. Stroke Rehabilitation: Current Guidelines, Treatments & Technologies by Amy J. Goldman, PT, DPT	1 p.m. Hypertensive Guidelines: Being “Normal” Just Got Harder by Sarah E. Schroeder, ACNP-BC, MSN RN, AACC
9 a.m. Review of the 2018 Lipid Management Guidelines by Heidi Kile, APRN-C	2 p.m. Break
10 a.m. Break	2:15 p.m. Move Your Way: Exploring the Updated Physical Activity Guidelines by Danae Dinkel, Ph.D.
10:15 a.m. Newest Guidelines for Endovascular Therapy by Andrew Gard, MD	3:15 p.m. Evaluations & Conclusion
11:15 a.m. Diabetes & Cardiovascular Complications: Is It High Blood Sugar or Inflammation by Pam Wollenburg, APRN, CDE	

SPACE IS LIMITED • REGISTER EARLY!

DATE: Saturday, Feb. 16, 2019
(Lunch will be provided)

LOCATION:
Southeast Community College,
8800 O St., Lincoln, NE Room V-103

TIME: 8 a.m.-3:15 p.m. (Must attend
entire seminar and complete an evaluation
to receive certificate.)

COST:
Early Bird: \$69 *(on/before Feb. 8)*
\$79 *(after Feb. 8)*

WHO SHOULD ATTEND

Nurses and other health care
professionals who provide care for
patients who have heart disease.

REGISTRATION FORM - NON-CREDIT COURSE

Southeast community college

Complete this form with payment information and send via FAX or mail to:

Southeast Community College, Continuing Education
301 S. 68th St. Place, Lincoln, NE 68510
FAX: 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

PLEASE PRINT

2019 QUARTER	
__ SUMMER	<input checked="" type="checkbox"/> WINTER
__ FALL	__ SPRING

Social Security Number OR SCC Student ID Number		Name: Last		First	Middle Initial	Email Address	
Residence Mailing Address			City	State	Zip	County #	<input type="checkbox"/> Cell <input type="checkbox"/> Business Phone
Birth Date	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino	Race (select one or more): <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> American Indian or Alaska Native		<input type="checkbox"/> Asian <input type="checkbox"/> Black or African American	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	
						Home Phone	

**AHA Conference: Navigating the
Current AHA Cardiovascular Guidelines • Feb. 16**

Please check	<input type="checkbox"/> Early Bird • \$69 (on or before Feb. 8)	<input type="checkbox"/> \$79 (after Feb. 8)
	NURS-3231-LNWA	NURS-3231-LNWB

SIGNATURE _____

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency **(INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)**

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you? <input type="checkbox"/> Yes <input type="checkbox"/> No	SCC Staff Tuition Waiver ()	FOR OFFICE USE ONLY ID# _____ DE _____
TOTAL DUE		

Submission of this form indicates that I understand: **1)** that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; **2)** that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; **3)** that failure to attend a course does not constitute an official drop/withdrawal; **4)** the personal information contained herein is correct as shown; and **5)** any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>.
2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
5. *Optional*: Enter your **Additional Registration Information** and click **Submit**.
6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

Southeast Community College

Jack J. Huck Continuing Education Center,
301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703

* The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.