

## Personal Development

Oct.-Dec. 2019



### NEW! Introduction to Podcasting

If you are interested in podcasting as a marketing tool for you or your business, join us for this information packed class about podcasting. Discussion will include the mechanics behind the finished product (recording, editing, up/down loading, etc.), establishing an idea/approach, and boosting your brand with relevant content to drive your audience to subscribe.

This class is offered via distance technology from York.

**Keyword: Podcasting**

Nov. 12	T	6-9 p.m.	\$39
Falls City, FCLC	Roush		AREA-1405-FCFA

### Welcome to Medicare

The Nebraska Senior Health Insurance Information Program, a division of the Nebraska Department of Insurance, is pleased to host "Welcome to Medicare" classes. As you or a family member approach Medicare eligibility, the tasks of understanding the program can be daunting. "Welcome to Medicare" will explain the basics of the Medicare system and is being offered in person or by webinar (watch from your computer). Anyone new to Medicare or is a family member/caregiver of an individual approaching Medicare eligibility is invited to attend.

Nebraska SHIIP will cover the cost. **To register for in-person or webinar presentations, please visit [www.doi.ne.gov/shiip](http://www.doi.ne.gov/shiip).** For questions, please call 402-471-2841.

#### In-person presentations are available on:

Sept. 19	Th	6-8 p.m.	Falls City, FCLC
Oct. 23	W	5:30-7:30 p.m.	Falls City, FCLC

#### Webinar presentations are available on:

Oct. 29	T	6 p.m.	
Nov. 19	Th	6 p.m.	
Dec. 19	Th	6 p.m.	

### Enhance Your Public Speaking

One of the most valuable skills is one of the hardest. Through discussion, peer reviews and hands on experience, you will leave this class with an enhanced comfort to take on your next public speaking event.

Class meets Dec. 9 from 6-9 p.m. and Dec. 16 from 6-8 p.m. This class is offered via distance technology from York.

**Keyword: Speaking**



Dec. 9-16	M	See Desc.	\$89
Falls City, FCLC	Roush		BSAD-7328-FCFA

### Pick the Right Medicare Drug Plan

Each year, Medicare drug plans make changes to the cost and coverage you can receive. Knowing what those changes are and where to get information on alternatives is important in ensuring you get the best price and drug coverage available to you.

The Nebraska Senior Health Insurance Information Program (SHIIP), a division of the Nebraska Department of Insurance, is pleased to host "Pick the Right Medicare Drug Plan." This class will cover many topics including plan changes, available resources and what to consider when comparing different options. Nebraska SHIIP will cover cost. **To register, please visit [www.doi.ne.gov/shiip](http://www.doi.ne.gov/shiip).** For questions, please call 402-471-2841.

#### In-person presentations are available on:

Sept. 10	T	9-11 a.m.	Falls City, FCLC, Main
Sept. 26	Th	1-3 p.m.	Johnson, JCOM, Main

#### Webinar presentation is available on:

Sept. 18	W	1 p.m.	
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### Medicare Update

Medicare can be a complex subject. Each year Medicare may make changes to prescription drug coverage, premiums and deductibles. Not knowing about these changes can result in shock in the New Year. You are invited to attend our class Medicare Update to learn what changes are coming in 2020 and what you can do to ensure you are getting the most out of your Medicare coverage.

This class will provide:

- Recap/Overview of Medicare Part A, B, C, and D as well as Medicare Supplements
- Enrollment and Eligibility Deadlines
- 2020 Part D and Part C Options

**To register, please visit [www.doi.ne.gov/shiip](http://www.doi.ne.gov/shiip).** For questions, please call 402-471-2841.

Dec. 3	T	10 a.m.-Noon	Falls City, FCLC	SHIIP
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### Location Key

Falls City, FCLC..... Learning Center at Falls City, 3200 Bill Schock Blvd.  
Johnson, JCOM..... Johnson Community Center & Library, 203 Main St.

## FREE TRAINING

For information on financial assistance options, visit [www.southeast.edu/cefnassist](http://www.southeast.edu/cefnassist)

For more information, contact **Holly Carr** at 800-828-0072, ext. 3396, or [hcarr@southeast.edu](mailto:hcarr@southeast.edu)

Check out all classes offered at [www.southeast.edu/FallsCityLC](http://www.southeast.edu/FallsCityLC)  
Find us on Facebook at [www.facebook.com/SCCLearningCenteratFallsCity](http://www.facebook.com/SCCLearningCenteratFallsCity)