

Explore

Oct.-Dec. 2019



The Art of Kimono

Enter the world of silk and brocade! Learn the history of the kimono, the ancient motifs, color coordinating and how to wear and display the garments.

The instructor has one of the largest private collections of kimono in the Midwest, with more than 100 antique and modern pieces spanning over 125 years of history.

Keyword: Kimono

Dec. 14	S	1-3 p.m.	\$29
Lincoln, CEC, 302		Armstrong	LLLX-0896-CEFA

Fanfiction: Familiar Faces, New Adventures

Have you ever found yourself at the end of a book, movie or a TV series and wished that the story wasn't over? Dreamed of new adventures for your favorite heroes to embark on? This writing workshop-style class, will help you discover the phenomenon of Fanfiction: what is it, where did it come from, and most important of all, how to write it!

Instructor Katie Armstrong has been writing fanfiction for more than 15 years, and will be leading this class.

Keyword: Fanfiction

Sept. 7-28	S	10 a.m.-Noon	\$59
Lincoln, CEC, 406		Armstrong	LLLX-1782-CEFA



NEW! Sneaker Marbling

You have got to try this! Arrange your colors on a floating medium to make the perfect design for your white canvas shoe dipping. You will learn how to set the color once they are dry.

Everything is provided in class, and depending on availability your sneakers may be white lace-up or a slip-on shoe with elastic. Your shoes will be sent home in a double leak-proof bag. Email nholman@southeast.edu with the size of shoe needed (whole size only) and style, laces or slip-on.

Keyword: Marbling

Oct. 11	F	3-5 p.m.	\$39
Lincoln, CEC, 102		Maple	LLLX-0740-CEFA

NEW! Scarf Marbling

Drip colors onto a floating medium, watch the color spread, and rake or pull to make your perfect design which becomes a part of your 100 percent silk scarf.

Keyword: Marbling

Nov. 8	F	3-5 p.m.	\$39
Lincoln, CEC, 102		Maple	LLLX-0741-CEFA

Basic Palm Reading

Discover the elements of a basic palm read. We will discuss hand shape, skin texture, finger prints, major and minor lines, and more. The first half hour of class you will make a print of your hands using water-soluble ink.

Bring a magnifying glass and ruler. Please note: This not a predictive or fortune telling class. You will have opportunities to work with your print, and/or with a partner's hands if you desire.

Keyword: Palm

Oct. 10	Th	6-8 p.m.	\$29
Lincoln, CEC, 102		Karas	LLLX-2115-CEFA

Improv 101

Improv is the ability to create a scene, spontaneously, in the moment, based on a suggestion. Join us and discover the basic rules of Improvisation and make the most of your creativity.

Your seasoned improvisational instructor, Tim Mittan, brings professional experience to the classroom so don't miss this great opportunity!

Keyword: Improv

Oct. 8-Nov. 19	T	6:30-8:30 p.m.	\$89
Lincoln, CEC, 214		Mittan	LLLX-1667-CEFA

Location Key

Lincoln, CEC..... Jack J. Huck Continuing Education Center, 301 S. 68th St. Place

Check out all classes offered at www.southeast.edu/continuing

Find us on Facebook® at www.facebook.com/SCCNebCE

For more information, contact us at 800-828-0072 or continuing@southeast.edu

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



Healthy Harmonica

We will take simple pop, folk and blues melodies and rhythms and invigorate them with easy, but powerful breathing techniques to make any song deeply expressive. No previous ability to play or read music, only a desire to have fun while learning something new!

You will need a "C" major diatonic harmonica. You may purchase from the instructor for \$12.50 (cash please) if you do not have one.

Keyword: Harmonica

Oct. 8	T	6-7:30 p.m.	\$35
Lincoln, CEC, Aud	Broida	LLLX-0931-CEFA	

Beginning Blues Harmonica

This class will get you jammin' the blues immediately! We will focus on having fun as we learn all the tricks and techniques to make the harmonica cry, laugh, moan and wail! No previous harmonica experience required—only a love of the blues.

You will need a "C" major diatonic harmonica. You may purchase from the instructor for \$12.50 (cash please) if you do not have one.

Keyword: Harmonica

Oct. 8	T	7:45-9:30 p.m.	\$40
Lincoln, CEC, Aud	Broida	LLLX-0932-CEFA	

Register for Both & Save \$10!

Keyword: Harmonica

Oct. 8	T	6-9:30 p.m.	\$65
Lincoln, CEC, Aud	Broida	LLLX-0933-CEFA	



NEW! Small Scale Hemp Farming

Hemp is the belle of the crop ball in 2020, with gardeners and farmers lined up for a chance to dance—but desire does not necessarily translate to know-how. From seed to harvest to processing, acreage owners and home gardeners are asking a lot of hemp questions. Since the 2019 Legislature passed into law the farm bill which would allow hemp farming in Nebraska, it is time to learn what all is involved in this process for the small producer. Dave Sanders will lead this class that will cover licenses/permits, seed sources/seed sexing, soil types, growing cycle, sexing plants, identification of the parts of the plant, insects/prevention, harvest time/drying and lab tests required to comply with the law.

Disclaimer: This class and its contents are solely intended for the purpose of preparing potential small scale producers to become more familiar with the challenges and rewards of growing hemp with no more than 0.03% THC, as permitted by law.

Absolutely **NO** questions will be discussed or answered in regards to the growing or using of any illegal products or plants. If you feel you must ask these types of questions, you may be asked to leave the class. There will be a break for lunch on your own.

Keyword: Hemp

Oct. 26	S	10 a.m.-3 p.m.	\$89
Lincoln, CEC, 214	Sanders	LLLX-2000-CEFA	

NEW! Forest Bathing

Forest Bathing, or Shinrin-yoku, is the Japanese practice of going to the forest to receive mental and physical healing. It has been shown to reduce anger, anxiety, depression, and sleeplessness. Forest plants emit essential wood oils and airborne chemicals to protect themselves from insects and decay. These aromas benefit humans as well. Join us to participate in gently guided activities that engage your five senses and connect you to the energy of the natural world.

This is not a hike.

Keyword: Forest

Oct. 5	S	1:30-3 p.m.	\$19
Lincoln, PPNP	Butler	LLLX-1342-OCFA	

NEW! Downsizing: Keep, Sell or Donate

Tom Bassett, antique appraiser and former auctioneer shares his decades of experience helping people downsize and handle personal property in an estate. You will learn the right and wrong way to approach decision making in the downsizing process. A fun and informative interactive class.

Keyword: Downsizing

Oct. 17	Th	6:30-8:30 p.m.	\$29
Lincoln, CEC, 406	Bassett	LLLX-0109-CEFA	

Location Key

Lincoln, CEC..... Jack J. Huck Continuing Education Center, 301 S. 68th St. Place
 Lincoln, PPNP..... Prairie Pines Nature Preserve, 112th & Adams

For more information, contact us at 800-828-0072 or continuing@southeast.edu



www.ed2go.com/scce



<http://bit.ly/SCC-UGotClass>

BROWSE COURSES IN

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical

Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing

BROWSE CERTIFICATES & COURSES IN

Business
Business Communication
Health
Human Resources
Leadership
LEED Green Workplace Management

New Media Marketing
Personal Development
Social Media for Business
Technology Skills
Training and Education
Training for K12 Teachers



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino		<input type="checkbox"/> Not Hispanic or Latino	Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American	

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____

DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.