Foods
Winter 2020

Meatball Madness
Let’s get creative with the meatball and get you ready to host your March Madness parties! In addition to the ever-popular classic Italian sausage, we’ll make a variety of combinations, like our Asian pork, shrimp puff, holiday turkey, and even vegetarian falafel. Learn make-ahead options and the different methods of preparation such as slow cooking, sautéing, baking, and broiling. From appetizers to a main course, we’ll pair them with a complimenting sauce or dip and suggest what would be a good perch for your flavor-filled pillow.

Supplies purchased in class (cash or check) for $15, payable to instructor.

Keyword: Meatballs
March 2 M 6:30-9:30 p.m. $29
NE City, WPBB Stavas AREA-4275-NCSA

Thai Night: It’s a Wrap!
Thai Night will explore the unique flavor combinations of this delicious cuisine and teach you to prepare an entire menu that’s fun for a group or family and gets everyone involved. From pot stickers to spring rolls, we'll prepare all the filling ingredients and sauces. You will learn how to roll up your own personal delicious spring roll, using rice papers to dip it in your favorite sauce.

This is a hands-on demonstration. Supplies purchased in class (cash or check) for $15 payable to instructor.

Keyword: Thai
Feb. 3 M 6:30-9 p.m. $29
NE City, WPBB Stavas AREA-4504-NCSA

Healthy Bites
It’s the perfect time to start those new eating habits and we’ll get you headed in the right direction. You’ll learn healthy food preparation methods like bamboo steaming, smart ways to snack and easy and healthy winter comfort foods. Join us to kick-start your new year.

This is a hands-on demonstration. Supplies purchased in class (cash or check) for $10 payable to instructor.

Keyword: Healthy
Jan. 27 M 6:30-9 p.m. $29
NE City, WPBB Stavas AREA-4513-NCSA

Location Key
NE City, WPBB …………………………Whispering Pines B&B, 2018 Sixth Ave.

Check out all classes offered at www.southeast.edu/NebraskaCityLC
Find us on Facebook at www.facebook.com/SCCLearningCenteratNebraskaCity

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-3700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.
### Register Online

You must have an email account to register online.


2. **Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**.  
   (Enter information in only one field for broader results.)  
   Key Word Example: **Driver**  
   Course Number Example: **TRAN-3398**

3. **Select the course** for which you wish to register. Click **Submit**.

4. Enter your **personal information**, certify your identification and click **Submit**.  
   * You must provide your Social Security Number.

5. Optional: Enter your **Additional Registration Information** and click **Submit**.

*The College requires a student’s Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.*

### OR Register by Mail, Fax or In Person

#### Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [www.southeast.edu/collegecatalog](http://www.southeast.edu/collegecatalog) for additional information.

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<th>Social Security Number OR SCC Student ID Number</th>
<th>Birth Date</th>
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**I identify as:**  
- Male  
- Female

- Nebraska Resident  
- Non-Resident

**Ethnicity (select one):**  
- Hispanic or Latino  
- Not Hispanic or Latino

**Race (Select one or more):**  
- White  
- Asian  
- Native Hawaiian/Other Pacific Islander  
- American Indian/Alaska Native  
- Black/African-American

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