Nutrient Dense Foods: Grass-Fed Meat, Pastured Poultry, Eggs, & Bone Broth
Learn the difference between grass-fed and grain-fed meat as well as the benefits of pastured poultry, eggs and pork. We also will look at bone broth and why we want to re-introduce this nutrient-dense food into our diet.

March 31
Beatrice, KEN, 334
Weichel
BBBX-1251-BESC
6-8 p.m.
$19

Food Protection Manager Online Class
This class is accepted by the Lincoln Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.
Students receive their assignments online through SCC’s online learning platform. Upon completion of each reading assignment, students will complete an online quiz. A minimum grade of 80 percent is required on each quiz to qualify the student to take the final ServSafe exam.

The ServSafe exam is taken online in the SCC Testing Center in Beatrice.
Students need: computer with high-speed Internet connection, working knowledge of computer and Internet experience. Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access.

You may register at any time for this class. After you register online, purchase the book “ServSafe Manager” at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. For registration and log-in information, go to http://bit.ly/SCCFoodProtectionManagerClass.
To register and pay, go to http://bit.ly/RegisterCE.

Nutrient Dense Foods: Fats & Oils
Learn why fats are essential to our health. Fats play a critical role in our mental wellbeing and are linked to weight loss. Learn about their importance as well as how to recognize counterfeits.

April 14
Beatrice, KEN, 334
Weichel
BBBX-1251-BESC
6-8 p.m.
$19
**REGISTER ONLINE**

You must have an email account to register online.


2. **Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
   - Key Word Example: Driver
   - Course Number Example: TRAN-3398

3. **Select the course** for which you wish to register. Click **Submit**.

4. Enter your **personal information**, **certify your identification** and click **Submit**.
   - *You must provide your Social Security Number.*

5. Optional: Enter your **Additional Registration Information** and click **Submit**.

*The College requires a student’s Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.*

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**OR REGISTER BY MAIL, FAX OR IN PERSON**

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**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [www.southeast.edu/collegenet](http://www.southeast.edu/collegenet) for additional information.

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**Social Security Number OR SCC Student ID Number**

<table>
<thead>
<tr>
<th>Residence Mailing Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
<th>County #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Email Address</td>
<td>Cell Phone</td>
<td>Home</td>
<td>Business Phone</td>
<td></td>
</tr>
<tr>
<td>Identify as: Male Female</td>
<td>Nebraska Resident Non-Resident</td>
<td>Hispanic or Latino Not Hispanic or Latino</td>
<td>Race (Select one or more): White Asian American Indian/Alaska Native American Indian/Alaska Native Native Hawaiian/Other Pacific Islander Black/Mixed-American</td>
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**Course Number**

<table>
<thead>
<tr>
<th>Title</th>
<th>Start Date</th>
<th>Cost</th>
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<tbody>
<tr>
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</tbody>
</table>

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**Signature**

- Check
- Cash
- Mastercard
- American Express
- Discover
- Visa
- V Code

Name as it appears on card: ____________________________

Exp. Date ____________

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

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Submit this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

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**SCC Staff Tuition Waiver (I) FOR OFFICE USE ONLY**

Name ___________________

ID# ___________________

Date ____________

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Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit the withdrawal request; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information I enter our system must be accurate and complete, and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Requests concerning the application of SCC’s policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC, Area Office, 301 S. 68th St, Plain, Lincoln, NE 68510, or email [access@scce.edu](mailto:access@scce.edu).

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301 S. 68th St. Place, Lincoln, NE 68510

402-437-2700 • 800-828-0072 • FAX 402-437-2703

[www.southeast.edu/continuing](http://www.southeast.edu/continuing)