Nutrient Dense Foods: Grass-Fed Meat, Pastured Poultry, Eggs, & Bone Broth
Learn the difference between grass-fed and grain-fed meat as well as the benefits of pastured poultry, eggs and pork. We also will look at bone broth and why we want to re-introduce this nutrient-dense food into our diet.

Keyword: Nutrient
March 31
Beatrice, KEN, 334
T 6-8 p.m.
Weichel
BBBX-1251-BESC
$19

Nutrient Dense Foods: Fats & Oils
Learn why fats are essential to our health. Fats play a critical role in our mental wellbeing and are linked to weight loss. Learn about their importance as well as how to recognize counterfeits.

Keyword: Nutrient
April 14
Beatrice, KEN, 334
T 6-8 p.m.
Weichel
BBBX-1251-BESD
$19

Food Protection Manager Online Class
This class is accepted by the Lincoln Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

Students receive their assignments online through SCC’s online learning platform. Upon completion of each reading assignment, students will complete an online quiz. A minimum grade of 80 percent is required on each quiz to qualify the student to take the final ServSafe exam.

The ServSafe exam is taken online in the SCC Testing Center in Beatrice.

Students need: computer with high-speed Internet connection, working knowledge of computer and Internet experience. Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access.

You may register at any time for this class. After you register online, purchase the book “ServSafe Manager” at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. For registration and log-in information, go to http://bit.ly/SCCFoodProtectionManagerClass.

To register and pay, go to http://bit.ly/RegisterCE.

Keyword: Protection
Online
FSDT-3000-WBSA
$65
REGISTER ONLINE

You must have an email account to register online.

2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
   Key Word Example: Driver
   Course Number Example: TRAN-3398
3. Select the course for which you wish to register. Click Submit.
4. Enter your personal information, certify your identification and click Submit.
   * You must provide your Social Security Number.
5. Optional: Enter your Additional Registration Information and click Submit.

* The College requires a student’s Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON

Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

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Social Security Number OR SCC Student ID Number
Birth Date
Name: Last
State
City
Zip
County #
Email Address
Cell Phone
I identify as:
   Male
   Female
   Nebraska Resident
   Non-Resident
   Hispanic or Latino
   Not Hispanic or Latino
   White
   Asian
   Native Hawaiian/Other Pacific Islander
   American Indian/Alaska Native
   Black/African-American
   Asian
   Native Hawaiian/Other Pacific Islander
   American Indian/Alaska Native
   Black/African-American

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COURSE NUMBER
TITLE
START DATE
COST

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$ 

$ 

$ 

$ 

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$ 

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$ 

TOTAL DUE

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Would you like a receipt mailed to you? 
Yes
No

SCC Staff Tuition Waiver

FOR OFFICE USE ONLY

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Name as it appears on card: ____________________________
User ID ____________________________
Password ____________________________

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301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703
www.southeast.edu/continuing