Backyard Chickens
This class will provide individuals with the knowledge they’ll need to start their own backyard poultry flock. We’ll discuss caring for your baby chicks and what to do as they grow older and start laying eggs.

NOTE: Class is live-streamed from Hebron.

CPR AED (Community)
This AHA Heartsaver® course teaches CPR, AED, foreign body airway obstruction, and barrier devices for adults, children and infants. This course is recommended for those who want to be prepared for an emergency in any setting.

This class meets day care CPR requirement.

CPR - Basic Life Support
(formerly known as CPR for Health Care Providers)
This AHA CPR-Basic Life Support course teaches high-quality CPR, use of an AED, foreign-body airway obstruction, high-performing team dynamics and barrier devices for adults, children and infants.

(0.45 CEUs) This course is for health care providers (nurses, EMTs, doctors, lifeguards, etc.).

Video Chatting
Prerequisites: One of these apps (FaceTime or Facebook Messenger) already installed on your phone or tablet.

Do you live hours from your grandchildren? Do you want to be able to see the friend or family member you’re talking to on the phone? Video chatting apps give us the ability to feel close to those who are far away. With just a little help, you’ll be video chatting tomorrow!

NOTE: Class is live-streamed from Hebron.

NEW! Drawing: Country Barn, Charcoal
This is a fun drawing done with charcoal on grey paper which is a really different and interesting experience. Come learn some new techniques and leave with your own beautiful masterpiece.

There is a $10 fee associated with this class, payable to the instructor in class. Cash or check only for supplies.

Pet Massage
Learn hands-on massage techniques to relax muscles, stimulate circulation, improve mood, flexibility and enhance the range of motion for your four-legged family members. The benefits that pets get from a massage is very similar to the benefits that humans experience.

You may bring your pet to the class if you wish. Please have dogs on a leash. (Cost $29 + Sales Tax $2.18)

Buying, Selling & Evaluating Antiques, Coins & Collectibles
Join the fun! Learn about the “art” of making good buys and/or getting fair prices as a seller, where to learn more about collectibles, what’s hot and what’s not, and how to sell your antiques and coins. Bring several items (or a mystery piece) for class discussion and a free appraisal.

Tom is from Lincoln, a former president of Nebraska and Lincoln Coin Clubs and is a member of the New England Appraiser’s Association. He has had more than 30 years of experience in appraising antiques and coins. In 1983, he conducted what is believed to be the largest antique appraisal in state history at the Pioneer Village in Minden.

Location Key
NE City, NCLC.........Learning Center at Nebraska City, 819 Central Ave.
Syracuse, SPL.....................Syracuse Public Library, 480 Fifth St.

For more information, contact Cindy Meyer at 800-828-0072, ext. 3636, or cmeyer@southeast.edu

Check out all classes offered at www.southeast.edu/NebraskaCityLC
Find us on Facebook at www.facebook.com/SCCLearningCenteratNebraskaCity
Let’s Get Saucy!
There are five “mother” sauces: Veloute, Bechamel, espagnole (sauce brown), hollandaise, and tomato. From these sauces, there are endless variations so there’s no limit to the sauce making possibilities. We’ll learn about “roux”, “mise en place” and deglazing. Come hungry as we’ll taste the fruits of our labor!

There is a $20 fee associated with this course payable to the instructor in class. Cash or check only for supplies.

Meet, Eat & Learn: The Not So Sweet Truth
Got a sweet tooth? Empower yourself to control sugar cravings and habits by learning about all things sugar. Discussion will include effects of sugar on the brain and body, reading nutrition labels, daily recommended amounts, and debunking natural sugars versus refined sugars versus artificial sweeteners myths. Learn tips to tame sugar cravings and change habits.

Provided by Nikki Lightner, LIMHP, LADC, Wellness Specialist at Bryan Health. A light lunch is included!

Water Aerobics
Why exercise in water? Water offers more resistance than air, allowing for a terrific cardiovascular workout, enhancing flexibility, strengthening and toning.

Swimming suits are required, while water shoes are recommended.

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Mac for Beginners
This introductory course assumes little or no previous computer experience and teaches skills to get students up and running. It will familiarize the user with the basic operation of the Apple Macintosh operating system. Subjects covered include introducing the Mac interface, using and navigating with the mouse (click, doubleclick, and click and drag), using the keyboard, creating folders, organizing files, and introducing menus and buttons.

Each class is customized to the students’ needs. No book required. Students will need to bring your Mac computer.

The Best of Breakfast
We’ll share our secrets and favorite recipes to get breakfast (or brunch) on the table for a crowd. You’ll prepare our signature French baked pancakes, create varieties of egg frittatas, discover many uses of granola and breads, and favorite breakfast sauces. Eating breakfast like a King is the way to start the day!

There is a $25 fee associated with this course payable to the instructor in class. Cash or check only for supplies.

Babysitting 101
Ages 10-14
This interactive one-session class will help you become a great babysitter. You will learn about the business of babysitting, child development, safety, and fun ways to keep children entertained.

NOTE: Class is live-streamed from Wahoo.

The Best of Breakfast
We’ll share our secrets and favorite recipes to get breakfast (or brunch) on the table for a crowd. You’ll prepare our signature French baked pancakes, create varieties of egg frittatas, discover many uses of granola and breads, and favorite breakfast sauces. Eating breakfast like a King is the way to start the day!

There is a $25 fee associated with this course payable to the instructor in class. Cash or check only for supplies.

Cancelation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-628-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.
You must have an email account to register online.

2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
   
   Key Word Example: Driver
   
   Course Number Example: TRAN-3398
3. Select the course for which you wish to register. Click Submit.
4. Enter your personal information, certify your identification and click Submit. * You must provide your Social Security Number.
5. Optional: Enter your Additional Registration Information and click Submit.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number Birth Date Name: Last First Middle Initial

Residence Mailing Address City State Zip County #

Email Address Cell Phone 

I identify as: Male Female Nebraska Resident Non-Resident Ethnicity (Select one): Hispanic or Latino Not Hispanic or Latino Race (Select one or more): White Asian American Indian/Alaska Native Native Hawaiian/Other Pacific Islander Black/African-American

Optional: Enter your Additional Registration Information and click Submit.

COURSE NUMBER TITLE START DATE COST

________________________________________

________________________________________

________________________________________

________________________________________

________________________________________

________________________________________

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code ______ Name as it appears on card: ____________________________ Exp.Date __/____/____ CC # ____________________________

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

If you want to register for additional classes, select Search for more classes under "Choose one of the following," if you are finished selecting the class(es) for which you want to register, select Register now (check out). Select your Payment Type. Click Submit.

7. Enter your payment information. Click Submit.

You will see your class acknowledgement with information about your SCC Student ID Number, SCC User ID and password. You will also receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

301 S. 68th St. Place, Lincoln, NE  68510

402-437-2700 • 800-828-0072 • FAX 402-437-2703

www.southeast.edu/continuing