Co-Parenting: Working Together for Your Children
This workshop meets the requirements of the Nebraska Parenting Act. Topics include: stages of adjustment to parental separation/divorce for parents and children, conflict resolution and stress management. The following topic areas that meet the requirements of the Nebraska Parenting Act (LB544) also are included: stages of adjustment for parents, family parenting plan, communication skills regarding conflict resolution, stages of adjustment and their implications for children, recognition and management of stress, and transitioning between parental homes.

Email continuinged@southeast.edu or call 402-437-2700 or 800-828-0072 for a detailed brochure.

Level 2 Co-Parenting: Working Together for Your Children
This workshop meets the requirements of the Nebraska Parenting Act. Topics include: stages of adjustment to parental separation/divorce for parents and children, conflict resolution and stress management. Included in this course are the following topic areas that meet the requirements of the Nebraska Parenting Act (LB544): safety and transition plans, impact of unresolved parental conflict on the child, effective communication skills, and resources and referral information.

Preregistration is required. All students will be required to show photo ID at class check-in. Email continuinged@southeast.edu or call 402-437-2700 or 800-828-0072 for a detailed brochure.

Welcome to Medicare
The Nebraska Senior Health Insurance Information Program, a division of the Nebraska Department of Insurance, is pleased to host “Welcome to Medicare” classes. As you or a family member approach Medicare eligibility, the tasks of understanding the program can be daunting. “Welcome to Medicare” will explain the basics of the Medicare system and is being offered in person or by webinar (watch from your computer). Anyone new to Medicare or is a family member/caregiver of an individual approaching Medicare eligibility is invited to attend.

Nebraska SHIP will cover the cost. To register for in-person or webinar presentations, please visit www.doi.ne.gov/ship. For questions, please call 402-471-2841.

For registration and log-in instructions for the online class, go to www.southeast.edu/Continuing/CoParenting

For more information, contact us at 800-828-0072 or continuinged@southeast.edu
**AARP Lunch & Learn: Frauds & Scams in Nebraska**

What frauds and scams are affecting Nebraska today? Come hear from a Nebraska State Trooper about current schemes that target Nebraskans and learn ways to protect yourself and your loved ones. From auto fraud, robo-scams, identity theft, and investment fraud, it is important to know how to safeguard against these threats.

Cost and light lunch provided by AARP. Call AARP for reservations at 402-323-5427 or neaarp@aarp.org. Reservation deadline April 7. April 14, Noon-1 p.m. Lincoln, CEC, 302

**NEW! Long Term Care Cost Planning**

What are the differences among the types of long term care such as assisted living, nursing home, home health, and hospice care? Discussion will include what each type of care encompasses and approximate cost. How do people pay for this care today? Learn about insurance options available in the market and strategies used to help pay for care costs. This class will enable students to assess their individual risk of care needs, make cost estimates, and how to plan today to ensure they can pay for care into the future.

**Beginning Genealogy: Start Your Family History**

Have you watched Finding Your Roots and wondered about your own family stories? This is the best time to trace your family tree. Bring what you know about your family to the first class and learn the basics. Discover how to organize, where to look for clues and how to find good information.

**Intermediate Genealogy**

Boost your genealogy research. Find out if your family homesteaded or fought in the Revolutionary War. This class introduces sources such as land records, military papers, immigration/naturalization documents, newspapers, and courthouse resources. Learn where to find the clues and break through your brick walls. Laptops are welcome.

**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703 for additional information.

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

For more information, contact us at 800-828-0072 or continuings@southeast.edu

**Location Key**

Lincoln, CEC .............................. Jack H. Huck Continuing Education Center, 301 S. 68th St. Place

Check out all classes offered at www.southeast.edu/continuing Find us on Facebook* at www.facebook.com/SCCNeBCE

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Check out all classes offered at www.southeast.edu/continuing Find us on Facebook* at www.facebook.com/SCCNeBCE
You must have an email account to register online.


2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
   - Key Word Example: Driver
   - Course Number Example: TRAN-3398

3. **Select the course** for which you wish to register. Click **Submit**.

4. Enter your **personal information, certify your identification** and click **Submit**.
   * You must provide your Social Security Number.

5. **Optional**: Enter your **Additional Registration Information** and click **Submit**.

6. If you want to register for additional classes, select **Search for more classes** under “Choose one of the following.” If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.

7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number**, **SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

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*The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.*