SCC CAPS INFORMED CONSENT FOR TELEPSYCHOLOGICAL VS. IN PERSON SERVICES

Due to current standards of practice and for a temporary time period, access to CAPS at SCC is recommended via telehealth services. In person appointments are allowed; however, with some modifications for all parties’ safety. Prior to engaging in CAPS at SCC, here are key points discussed.

**ZOOM PRO Telehealth Appointments:**

- There are potential benefits and risks of telehealth (e.g. increase access to care and limits to confidentiality) that differ from in-person sessions. Please express questions and concerns as they arise with your counselor so issues can be addressed.
- Confidentiality still applies for telehealth services, though it is important to note that in any telehealth platform utilizing long distance communication, confidentiality cannot be guaranteed 100%. Please take all necessary steps to ensure your privacy.
- No recording of the sessions will occur without the permission of the other person(s). It is important to note that many sessions are performed by CAPS Interns and at times, the site supervisor, Director of CAPS, may observe sessions with prior notification to the SCC student.
- We agree to use ZOOM Pro for telehealth, a video-conferencing platform selected for our virtual sessions, and the CAPS representative will explain how to use it.
- You need to use a webcam or smartphone during the session. It is recommended to have a headset or equivalent to use for sessions to ensure quiet, privacy and less distractions.
- As these services will be utilizing your internet services, there may be technological problems and we need to discuss a way to contact each other in the event we lose touch.
- It is important to use a secure (password protected) internet connection rather than public/free Wi-Fi.
- As your therapist, I may determine that due to certain circumstances, telehealth is no longer appropriate and that in person sessions or a community referral for psychological services can be made for continuation of care.
- Any charges incurred as a result of the data usage for telehealth appointments are the responsibility of each SCC student.
• We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems:
  
  **SCC Student Phone Number: ________________________________**

• We need a safety plan that includes at least one emergency contact and the closest community resource to your location, in the event of a crisis situation.

  **Location during appointments (Address, City & County): ___________________________**
  **Emergency Contact (Name, relationship and phone #): ___________________________**

**IN PERSON Appointments:**

• Appointments are required ahead of time. If immediate assistance is needed, call/text **Kalika Jantzen at (402)413-6375** or your local crisis support line or emergency personnel.

• Appointments will be 30 minutes maximum to ensure safest practices for all parties related to shared physical spaces. More than one appointment each week is allowed.

• Face coverings (cloth mask, face shield, bandana, etc.) are required for the duration of the appointments for all parties.

• Recommended physical distancing is required.

• Please knock at office door and wait for staff to come out.

• Wash hands/use hand sanitizer following each appointment.

• All office spaces are disinfected before and after each appointment by staff.

• Positive COVID-19 reports are made via SCC’s TIPS reporting for necessary contact tracing. All information is maintained as confidential.

**ALL Appointment types:**

• I understand that CAPS services cannot be accessed 24/7, so in the event of needed crisis support or in the case of an emergency, I agree to call 911, go to the local emergency department and/or access appropriate crisis support management to protect myself/others from harm.

• If you are not an adult (18+), CAPS requires the written permission of your parent or legal guardian (and their contact information) for you to participate in CAPS sessions.
It is important to be on time. If you need to cancel or change your appointment, you must notify the therapist in advance by phone or email.

Please sign that you agree to the above and make a selection for preferred session type:

SCC Student Name and SCC ID number:______________________________________________________________

I choose: **ZOOM Pro Telehealth Sessions** _______ **In Person Modified Sessions** _______

Signature of SCC Student:________________________________________________________________________

Signature of SCC Student’s Legal Representative:____________________________________________________

SCC CAPS Therapist Signature:________________________________________________________________

Date: _________________________________________________________________________________________

SCC CAPS Supervisor Signature:_________________________________________________________________