Register Online

You must have an email account to register online.

2. In the “Search for (Key Word)” field, type suicide. Click Submit.
3. Select the section for which you wish to register. Click Submit.
   - Early Bird Rate (on/before July 10): $109
     Course #: HLTH-3055-CEUA
   - Regular Rate (after July 10): $119
     Course #: HLTH-3055-CEUB
4. Enter your personal information, certify your identification and click Submit.
   * You must provide your Social Security Number and a valid email address.
5. From “Choose one of the following,” select Register now (check out).
   Select your Payment Type. Click Submit.
6. Enter your payment information. Click Submit.
7. You will receive an email confirmation.

If you have problems getting registered, please email continuinged@southeast.edu for assistance.

* The College requires a student’s Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.
Suicide Bereavement Clinician Training Program

with John R. Jordan, Ph.D.

Co-sponsored with the Mourning Hope Grief Center

The suicide of a loved one can have a profound and sometimes devastating impact on those left behind, called suicide loss survivors. Bereavement after suicide may entail high levels of disorientation, guilt, regret, anger, shame, and trauma. Survivors sometimes also find their relationships with other people changed, as they struggle with the social stigma often placed on suicide, and the altered family relationships that have been changed by the feelings of guilt, blame and failure that suicide may engender. Survivors also may be at risk for elevated rates of complicated grief and future suicidality themselves.

All of this makes surviving the suicide of a loved one potentially life-transforming ordeal that requires a level of support that goes beyond traditional grief counseling. Yet very few mental health training programs devote any time to training clinicians about the challenging work of suicide postvention—helping survivors cope with the tragic loss.

This workshop is designed specifically for mental health professionals who provide grief therapy for suicide loss survivors, but also is open to clergy, pastoral counselors, school personnel, and interested others.

It will provide a focused overview of the impact of suicide on survivors, and the clinical and support responses that are needed after a suicide occurs. The workshop will include didactic presentation, group discussion, case examples from the presenter’s practice, and video clips from grief therapy sessions.

Date: Friday, July 17, 2020
Location: Jack J. Huck Continuing Education Center, 301 S. 68th St. Place, Lincoln, NE • Room 302
(Lunch will be provided)
Time: 8:30 a.m.-4 p.m.
Check-in begins at 8 a.m.
(6.25 contact hours)
Cost: Early Bird (by July 10): $109
After July 10: $119

AGENDA

8 a.m. ...... Check-in begins
8:30 a.m. ...... Introduction, Suicide Survivors: Who are They?
• Who is a survivor?
• Are survivors at risk?
10 a.m. ...... Break
10:15 a.m. ...... Understanding the Impact of Suicide Loss
• Foundational concepts in thanatology (the study of death and bereavement)
• Common themes in suicide bereavement
• Post-traumatic growth after suicide
11:45 p.m. ...... Lunch (provided)
12:30 p.m. ...... What Can We Do to Help Survivors?
• Research on survivor needs
• The psychological tasks of loss integration and goals of postvention
• Postvention options for intervention
2 p.m. ...... Break
2:15 p.m. ...... Grief Therapy with Survivors
• A general framework for understanding the roles played by the grief therapist
• Specific techniques that may be of help in the work with survivors
• Summary: Guidelines for clinical work with survivors
3:45 p.m. ...... Wrap-up

Presented in collaboration with the Lincoln/Lancaster County LOSS Team, the Lincoln/Lancaster County Suicide Prevention Coalition and AFSP Nebraska.

About the Presenter

John (Jack) Jordan is a licensed psychologist in private practice in Pawtucket, RI, where he has specialized in work with survivors of suicide and other traumatic losses for more than 45 years. He is the Clinical Consultant for the Grief Support Services of the Samaritans in Boston, MA, and the Professional Advisor to the Loss and Healing Council of the American Foundation for Suicide Prevention (AFSP). He is Co-Chair of the Survivors of Suicide Loss Task Force of the National Action Alliance for Suicide Prevention. This task force recently released (2015) postvention guidelines for the United States, titled Responding to Grief, Trauma, and Distress After Suicide: U.S. National Guidelines.

For more than 45 years, Jack also has provided training nationally and internationally for professional caregivers, and has helped to lead many healing workshops for suicide loss survivors. He has published more than 50 clinical and research articles, chapters and full books in the areas of the practice of grief therapy, bereavement after suicide, support group models, the integration of research and practice in thanatology, and loss in family and larger social systems. He is the co-author of four books: “After Suicide Loss: Coping with Your Grief – 2nd Edition” (2015 – self-published); “Grief After Suicide: Understanding the Consequences and Caring for the Survivors” ( Routledge, 2011); “Devastating Losses: How Parents Cope With the Death of a Child to Suicide or Drugs” (Springer, 2012); and “Attachment Informed Grief Therapy: The Clinician’s Guide to Foundations and Applications” ( Routledge, 2016).

Workshop Credit

6.25 contact hours awarded by Southeast Community College. This workshop meets the criteria for continuing education for licensed mental health practitioners, social workers, clinical workers, alcohol and drug counselors, and nurses. All professionals should check with their licensing agencies to verify that this workshop will qualify as continuing education in their field. Participants must attend entire program to receive certificate.

Dress

Dress in layers because of temperature fluctuations in the room.

Lunch

Attendees requiring special accommodations or having dietary restrictions must notify jkeitges@southeast.edu by July 3.

Cancellation/Refunds

You must call the Continuing Education Office at 402-437-2700 or 800-828-0072 the day before the program begins in order to receive 100% refund. If you call the day the program begins or after, you will receive no refund.

Questions

Southeast Community College Continuing Education
402-437-2700 • 800-828-0072
continuinged@southeast.edu