A Tool Box for Meditation
Would you like to be able to access more inner peace and maintain calm equilibrium through challenging or stressful times? Join us to discover the foundational techniques of meditation. Meditation is an easy skill to learn and holds the potential for lifelong benefits.

Participants can sit on chairs or mats on the floor.

Keyword: Meditation
Aug. 22 & 29
LIVE Online, Zoom
S Blackwell
10:30-11:30 a.m.
AREA-6685-TCUA
$19

Old Fashioned Soap Making
Discover how to make healthy handmade soap from scratch. You will learn basic soap-making and the chemistry behind it and how to make soap safely. We will cover everything you need to know about the soap-making supplies and ingredients.

Supply list sent approximately one week prior to class.
Product sales will not be a part of this class.

Keyword: Soap
July 11
LIVE Online, Zoom
S Wolcott
1-4 p.m.
AREA-5725-TCUA
$55
You must have an email account to register online.

2. **Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**.
   (Enter information in only one field for broader results.)
   Key Word Example: Driver
   Course Number Example: TRAN-3398
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information**, certify your **identification** and click **Submit**.
   * You must provide your Social Security Number.
5. **Optional**: Enter your **Additional Registration Information** and click **Submit**.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

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**OR REGISTER BY MAIL, FAX OR IN PERSON**

**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [www.southeast.edu/collegecatalog](http://www.southeast.edu/collegecatalog) for additional information.

<table>
<thead>
<tr>
<th>Social Security Number OR SCC Student ID Number</th>
<th>Birth Date</th>
<th>Name: Last</th>
<th>State</th>
<th>Zip</th>
<th>County #</th>
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I identify as:  
- Male  
- Female
- Nebraska Resident  
- Non-Resident  
- Hispanic or Latino  
- Not Hispanic or Latino
- Race (Select one or more):  
- White  
- Asian  
- Black  
- Native Hawaiian/Other Pacific Islander  
- American Indian/Alaska Native  
- Other

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<tr>
<th>COURSE NUMBER</th>
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**SIGNATURE**

- [Check]  
- [Cash]  
- [Mastercard]  
- [AMEX]  
- [Discover]  
- [VISA]  
- [V Code]  

Name as it appears on card:  
Exp.Date  
[CC #]

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

- [Check]  
- [Cash]  
- [Mastercard]  
- [AMEX]  
- [Discover]  
- [VISA]  
- [V Code]  

Would you like a receipt mailed to you?  
- [Yes]  
- [No]

**SCC Staff Tuition Waiver**

- [ ]

**FOR OFFICE USE ONLY**

- [ID#: ]  
- [DE: ]

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Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the course (audit, 2) that should I (officially) drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit withdrawal; 3) if I (officially) drop or withdraw, I agree that I am responsible for any fees and/or charges for the course or courses I am registering for; 4) if I fail to attend a course for which I am registered, my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as stated, and 6) any changes in SIA, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Requests concerning the application of SCC’s policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703
[www.southeast.edu/continuing](http://www.southeast.edu/continuing)