NEW! Gratitude, Gimmicks & Going the Extra Mile
The real joy is in the giving. In this session, you will gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, we will explore many options. Attendees will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others!

Keyword: Gratitude
July 29
LIVE Online, Zoom
W Van Winkle
6-7:30 p.m.
LLXX-1237-TCUA
$19

NEW! Treasure Hunting 101
Discovering lost and hidden treasures probably appeals to the adventurer in you, but you don’t have to fly off to distant countries, in fact you don’t have to leave the Midwest or even your home town. Treasure Hunter Nathan Schwenke will lead this interesting and fun class as you discover how to determine locations to hunt, types of treasures and how to care for them, types of equipment used to hunt treasure, and what to do with your found treasures. This class will fill quickly, so don’t wait to sign up!

Keyword: Treasure
Sept. 26
LIVE Online, Zoom
S Schwenke
9 a.m.-Noon
LLXX-0855-CETA
$29

The Bakeshoppe
In the bakeshoppe we will make everyone’s bakery favorites. Zoom bake with us from your kitchen! Welcome to bakers of every level. Register for each class individually or register for both and save!

Keyword: Bakeshoppe
NEW! Shortcake
Shortcake is a summer favorite! You will make sweet shortcake with a fresh cooked fruit topping and finish with whipped cream. YUM!
Supplies list sent approximately one week prior to class. Zoom bake with us from your kitchen.

July 14
LIVE Online, Zoom
T Harper
6-8:30 p.m.
LLXX-2052-TCUA
$39

NEW! Pound Cake
Discover how to take a basic quick pound cake recipe and transform it into lemon, spice, peanut butter and chocolate pound cake.
Supplies list sent approximately one week prior to class. Zoom bake with us from your kitchen.

Aug. 4
LIVE Online, Zoom
T Harper
6-8:30 p.m.
LLXX-2052-TCUB
$39

Register for Both & Save!
The Bakeshoppe: Shortcake & Pound Cake
Keyword: Bakeshoppe
July 14 & Aug. 4
LIVE Online, Zoom
T Harper
6-8:30 p.m.
LLXX-2050-TCUA
$60

For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at https://bit.ly/sccceonlinecourses.

Location Key
Lincoln, CEC..............................Jack J. Huck Continuing Education Center,
301 S. 68th St. Place

For more information, contact us at 800-828-0072 or continuinged@southeast.edu
**NEW! Junk Journal: File Folder**

Let’s make a fun, fast junk journal (out of a file folder)! These shabby little friends are a fun and green way to repurpose some of the “useless” or not-so-useless paper that accumulates in our lives.

Upon registration, you will receive an email with a supply list (scissors, ruler, adhesive) and suggestions/ideas of things for you to save for your pages in your journal. There is a $5 supply fee payable in class. Cash only for supplies.

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<tr>
<td>Sept. 28</td>
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<td>6-8:30 p.m.</td>
<td>Lincoln, CEC, 102</td>
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**NEW! Summertime Tarts**

Summer means lighter desserts featuring fresh fruit. In this class you will make a bright and sunny lemon tart topped with fresh fruit and whipped cream. You will learn techniques that can be used year round, with many different combinations of flavors.

Supply list sent approximately one week prior to class. Zoom bake with us from your kitchen.

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**NEW! Truly Mexican: Mexican with Summer Garden Goodness**

Enjoy the goodness of the summer garden with Lupe as you explore Calabacitas (zucchini, tomatoes, corn, and pork), Mexican corn on the cob and green patties in red sauce.

Supply list sent approximately one week prior to class. Zoom cook with us from your kitchen.

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**NEW! Whether You Knead It or Not: Puff Pastry**

Puff pastry can be part of a dessert or main course and is great for making appetizers. Discover a quick method of making your own pastry and turn it into sweet and savory items. While your dough is chilling we will make flaky buttermilk biscuits.

Supply list sent approximately one week prior to class. Zoom bake with us from your kitchen.

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**Show Your Door Some Love**

Be the talk of the neighborhood! Grab your friends and join this great make and take class. Come and get inspired to paint your own fun and unique door sign.

There are many themes to choose from and you will need to preselect your sign two weeks prior to class then show up ready to have fun.

Some theme options are: school, camper, fall, Valentine, Winter, Husker/Nebraska, Spring (tulips, watering can etc.), initials, mason jar, flowers, fruit, etc.

You will receive an email around July 18 with theme options and sample signs. You will be using paint so dress appropriately.

Doors & More will provide all materials, guidance and inspiration for the day.

**Woven Paper Collage**

Join this unique art experience where you will create a small woven paper collage. There are no rules, you will be using a tried and true art technique, and you will need to deconstruct before you can reconstruct. Come and join the fun!

Bring to class: scissors, ruler, and if you have them, a set of watercolors and brush. Any kind of watercolors from kids set to artist level. If you don’t have any watercolors, we will provide for class use.

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For more information, contact us at 800-828-0072 or continuinged@southeast.edu

**Location Key**

Lincoln, CEC 301 S. 68th St. Place
NEW! Bake a Better Cake
A beautifully decorated cake is even more memorable if it also tastes great. We will explore different types of cakes and mixing methods. You will make two different cakes and, as a class, we will review our results and discuss which cake is best used for different purposes.

Supply list sent approximately one week prior to class. Zoom bake with us from your kitchen.

<table>
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<th>Keyword: Cake</th>
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NEW! Air Fryer 101
Did you know that the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices and yummy recipes that you can make in your air fryer. Join the fun!

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<th>Keyword: Fryer</th>
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<td>July 13</td>
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<td>LIVE Online, Zoom</td>
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NEW! Industrial Hemp Day Camp
Since the 2019 Legislature passed into law the farm bill which would allow hemp farming in Nebraska, acreage owners and home gardeners are asking a lot of questions. This day camp will provide an overview of what is now legal to grow and provide a comprehensive understanding of how to start growing hemp and overview of the labor involved. Topics covered will include plant diseases, pests, growing healthy plants, viewing of seedlings and plants in different stages, grow shelters, water and fertilizer, seed choices for Nebraska, soil and health amendments, harvesting/drying and potential markets.

Upon registration you will be sent a map and driving directions to Bohemian Hills CBD, LLC. Plan on bringing a sack lunch (refrigerator will be available for your use). Dress appropriately for outdoors.

**No questions will be discussed or answered regarding the growing or use of any illegal products or plants. If you feel you must ask these types of questions, you may be asked to leave the class.

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NEW! Sign Exact English: Medical Focus
Learning to use SEE (Sign Exact English) sign language to communicate with others with hearing and/or other challenges within a medical or emergency setting. Students will learn to sign basic medical terms and information that include allergic, blood, pain, ambulance, hospital, fire, 911, and more.

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Forest Bathing
Forest Bathing, or Shinrin-yoku, is the Japanese practice of going to the forest to receive mental and physical healing. It has been shown to reduce anger, anxiety, depression and sleeplessness. Forest plants emit essential wood oils and airborne chemicals to protect themselves from insects and decay. These aromas benefit humans as well. Join us at Prairie Pines Nature Preserve to participate in gently guided activities that engage your five senses and connect you to the energy of the natural world.

This is not a hike.

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NEW! Quarantine Quick Bits
We are hosting some instructional 30-minute mini-Zoom sessions for you:
- Ways to Use Your Washi Tape
- Getting Punny
- DIY Embellishments
- A Few of My Favorite Things
- Cricut Design Space Hacks

Register once for any/all of the 30-minute mini-sessions. You can pop on for one that interests you or stay on the whole morning if it works! Get ready for lots of information and useful tips! Our instructor, Jen Van Winkle, will share her ideas and information with you in a casual Zoom online classroom.


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Have an idea for a class that could be offered live online? Please submit your idea at https://bit.ly/sccceonlinecourses.

For more information, contact us at 800-828-0072 or continuinged@southeast.edu
NEW! Tired of Cable TV, Dish or Direct TV? Cut the Cord!
If you’ve been thinking about changing how you watch TV, or just interested in a new option, this class is for you. We’ll look at all of the streaming services available to you to help you make a choice if you want to move to this new era of watching “TV” and other media content. We will cover Hulu Live, YouTube TV, Apple TV+, Sony Vue, Netflix, and others.

Do you love to write but don’t know where to start when it comes to getting your work published? Learn some simple steps to getting your written works out for the world to see. This class is offered LIVE Online connection information will be emailed five days prior to class.

Awakening to Your Dreams
Curious about your dreams and what they mean? In this class you’ll explore the language of your own dreams to understand their messages for you and how they can help guide you in your daily waking life.

Bring at least one dream that you would be willing to share, no matter how long or short, to the first class.

Beginner Self-Publishing
Do you love to write but don’t know where to start when it comes to getting your work published? Learn some simple steps to getting your written works out for the world to see. This class is offered LIVE Online connection information will be emailed five days prior to class.

Extreme Retirement Planning
Learn how to determine when you can afford to quit working and what your sources of income will be in retirement. This practical course will emphasize planning for your future with hands-on, in-class assignments using real-life examples of life-after-work situations.

Beginning Handbells
This is a hands-on class for the beginning bell ringer. Discover how to read music and ring a variety of basic ringing techniques. We will put it all together to polish a song to performance quality. No prior experience with hand bells or music is necessary. Ringing level 1 and 2 music.

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Golf for You!
Golfers of all skill levels welcome. If you need a little tune-up on your game or are brand new to the game, this is a great class for you. We will cover everything from putting and chipping all the way to full swing. Personal golf clubs are not needed to participate.

What Do Quarterbacks Say at the Scrimmage Line?
Nebraska means football. Whether you are cheering on your favorite high school team or the Cornhuskers, be in the know! Gain insight from Coach Darlington as you discover the fundamentals of football and everything that surrounds it. Be ready when your favorite team hits the field this year. You will be able to cheer them on with new appreciation and knowledge.

Class series will end with a “graduation” dinner on Oct. 29.

Check out all classes offered at www.southeast.edu/continuing
Find us on Facebook at www.facebook.com/SCCNebCE

Register Today!

Location Key
Lincoln, CEC.........................Jack J. Huck Continuing Education Center, 301 S. 68th St. Place
Lincoln, MGC.........................Mahoney Golf Course, 7900 Adams St.
Lincoln, PIED..........................Piedmont Church, 4801 A St.

Keyword: Cable
July 29
LIVE Online, Zoom
W
T. Jensen
6-8 p.m.
LLXL-1154-TCUA
$29

Keyword: Retire
Sept. 14 & 21
Lincoln, CEC, 302
M
6-8 p.m.
LLXL-0802-CEFA
$49/person

Sept. 14 & 21
Lincoln, CEC, 302
M
6-8 p.m.
LLXL-0802-CFB
$89/couple

Keyword: Golf
Sept. 1-22
Lincoln, MGC
T
6-7:15 p.m.
Benson
LLXL-1702-OCFA
$89

Sept. 2-23
Lincoln, MGC
W
6-7:15 p.m.
Benson
LLXL-1702-OCFB
$89

Keyword: Dream
Aug. 26-Sept. 9
Lincoln, CEC, 404
M
6-7:30 p.m.
LLXL-2020-CEFA
$69

Aug. 26-Sept. 9
Lincoln, CEC, 404
M
6-7:30 p.m.
LLXL-2020-CEFB
$69

Keyword: Handbells
Sept. 14-28
Lincoln, PIED
M
6:30-8 p.m.
Hawkins
LLXL-1398-OCFA
$49

Keyword: Quarterbacks
Sept. 17-Oct. 29
Lincoln, CEC, 302
Th
6:30-8:30 p.m.
Darlington
LLXL-0185-CEFA
$99

Keyword: Publishing
Aug. 13
Lincoln, MGC
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12:30-2 p.m.
Mapel
LLXL-1830-TCUA
$49

Keyword: Handbells
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Check out all classes offered at www.southeast.edu/continuing
Find us on Facebook at www.facebook.com/SCCNebCE
**REGISTER ONLINE**

You must have an email account to register online.

2. **Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**.
   (Enter information in only one field for broader results.
   Key Word Example: Driver
   Course Number Example: TRAN-3398
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information**, **certify your identification** and click **Submit**.
   * You must provide your Social Security Number.
5. **Optional**: Enter your **Additional Registration Information** and click **Submit**.

*The College requires a student’s Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.*

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**OR REGISTER BY MAIL, FAX OR IN PERSON**

**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [www.southeast.edu/collegecatalog](http://www.southeast.edu/collegecatalog) for additional information.

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**SIGNATURE**

- [ ] Check
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- [ ] Mastercard
- [ ] AMEX
- [ ] Discover
- [ ] VISA
- [ ] V Code ______

Name as it appears on card: ____________________________

Exp.Date ____________________   CC # _____________________

Billing agency **(INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)**

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

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 Submission of this form indicates that I understand: (1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the course(s) listed; (2) that I automatically drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit this form to SCC, majoring in the course(s) listed; (3) that by entering the course(s) listed, the tuition and fees listed are correct and all changes in tuition and fees are as listed; (4) that the information contained herein is correct as stated, and if any changes in S.A.S., legal name, address, residence, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. (5) the application of SCC’s policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

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402-437-2700 • 800-828-0072 • FAX 402-437-2703
[www.southeast.edu/continuing](http://www.southeast.edu/continuing)