Let's Do Lunch Series

Personal Development

Fall 2020

Let's Do Lunch: Zoom Basic
You got a Zoom invite? Enjoy your lunch and learn about how to use Zoom to chat with friends and family, near and far.

Falls City Chamber Members: Contact Amber, Falls City Chamber Director, at DirectorCCMS@sentco.net and take this class at a reduced cost.

Oct. 1
Th
Noon-1 p.m.
LIVE Online, Zoom
AREA-6665-TCFB

Let's Do Lunch: Host a Meeting on Zoom
Collaborate with your team virtually and learn how to host a meeting on Zoom.

Falls City Chamber Members: Email Amber, Falls City Chamber Director, at DirectorCCMS@sentco.net and take this class at a reduced cost.

Nov. 5
Th
Noon-1 p.m.
LIVE Online, Zoom
AREA-6665-TCFC

NEW! Let's Do Lunch: Video Chatting
Can't meet with family over the holidays? Find out ways to connect virtually.

Falls City Chamber Members: Contact Amber, Falls City Chamber Director, at DirectorCCMS@sentco.net and take this class at a reduced cost.

Dec. 3
Th
Noon-1 p.m.
LIVE Online, Zoom
AREA-6665-TCFD

Vision Board Venturing
A great way to achieve your goals is to document their direction and envision yourself completing them. So, come create a vision board that can help motivate you this year!

Bring to class an 11-inch by 14-inch board, with information on where to purchase available one week prior to class. There is a $10 supply fee payable to the instructor in class, which covers the cost of the “Self-Discovery Workbook” and supplies. Cash or check only for supplies.

Key: Vision

Living Your Best Life, Health & Wellness Vision Board
Sept. 10
Falls City, FCLC, 102
Th
5:30-7:30 p.m.
AREA-6689-FCFA
$19

Be Bold, Be Brave
Oct. 6
Falls City, FCLC, 102
T
5:30-7:30 p.m.
AREA-6689-FCFB
$19

Living Strong
Nov. 12
Falls City, FCLC, 102
Th
5:30-7:30 p.m.
AREA-6689-FCFC
$19

Life, Wellness and Life Balance
Coming Jan. 2021

NEW! Zoom: Everyone is Doing It!
Learn why Zoom is being used by millions to hold one to one meetings or group conversations! Zoom provides a fun and easy way to connect with family, friends or colleagues with the click of a button. You can see them and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!

Key: Zoom

Oct. 12 & 19
Falls City, FCLC, 102
M
6-8 p.m.
AREA-0934-FCFA
$39

Nov. 9 & 16
LIVE Online, Zoom
M
6-8 p.m.
AREA-0934-TCFA
$39

For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at https://bit.ly/sccceonlinecourses.

Check out all classes offered at www.southeast.edu/FallsCityLC
Find us on Facebook at www.facebook.com/SCCLearningCenteratFallsCity

Location Key
Falls City, FCLC........... Learning Center at Falls City, 3200 Bill Schock Blvd.

For more information, contact Holly Carr at 800-828-0072, ext. 3396, or hcarr@southeast.edu

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.
Introduction to Podcasting

If you are interested in podcasting as a marketing tool for you or your business, join us for this information-packed class. Discussion will include the mechanics behind the finished product (recording, editing, up/down loading, etc.), establishing an idea/approach, and boosting your brand with relevant content to drive your audience to subscribe.

**Keyword: Podcasting**

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Speechcraft

Develop your public speaking ability and gain experience, knowledge and poise in making presentations. Learn communication skills including written speeches, impromptu speaking, the use of body language, and effective listening.

Co-sponsored and taught by local Toastmasters International.

**Keyword: Speechcraft**

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NEW! **iPhone or Android?**

The rivalry continues, but which one is ideal for you? Shopping for phones has changed and it's hard to know which one is the best fit. We will cover the pros and cons of each platform so you can feel confident in your next phone purchase.

**Keyword: iPhone**

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NEW! **Let Me Share My Story with You: Writing My Memories**

Have you ever thought of sharing your story but don't know where to begin? Let us help you discover how to record the events for family and friends. We will provide tips on intriguing topics to write about, tricks to jog your memory, and ways to capture stories on paper without getting bogged down.

**Keyword: Story**

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The Core of the Story

Give your readers a perfect escape by taking them on a journey. Your plot is the vehicle that brings them from point A to point B. This class will teach you how to create the roadmap your story needs, limit your loose ends and include all the expected beats and tropes in both romance and fantasy genres. Learn how to plot your character's journey.

The instructor has published works under various pen names in both romance and fantasy genres. She writes full time and is eager to share tips for writers to succeed.

**Keyword: Story**

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Welcome to Medicare

The Nebraska Senior Health Insurance Information Program, a division of the Nebraska Department of Insurance, is pleased to host "Welcome to Medicare" classes. As you or a family member approach Medicare eligibility, the tasks of understanding the program can be daunting. “Welcome to Medicare” will explain the basics of the Medicare system and is being offered in person or by webinar (watch from your computer). Anyone new to Medicare or is a family member/caregiver of an individual approaching Medicare eligibility is invited to attend.

Nebraska SHIIP will cover the cost. To register for in-person or webinar presentations, please visit www.doi.ne.gov/shiip. For questions, please call 402-471-2841.

**Keyword: Medicare**

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Pick the Right Medicare Drug Plan

Medicare drug coverage can be confusing. Each year Medicare drug plans make changes to the cost and coverage you can receive. Knowing what those changes are and where to get information about your alternatives is important to ensure you get the best coverage at the lowest price. This class will teach you the basics of Medicare prescription drug plans, how they work, and what questions you should be asking when evaluating your options.

To register, please visit www.doi.ne.gov/shiip. For questions, please call 402-471-2841.

**Keyword: Medicare Drug Plan**

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Have an idea for a class that could be offered live online? Please submit your idea at https://bit.ly/scceonlinecourses.

For more information, contact Holly Carr at 800-828-0072, ext. 3396, or hcarr@southeast.edu
REGISTER ONLINE

You must have an email account to register online.

2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
   
   Key Word Example: Driver
   Course Number Example: TRAN-3398

3. Select the course for which you wish to register. Click Submit.

4. Enter your personal information, certify your identification and click Submit.
   * You must provide your Social Security Number.

5. Optional: Enter your Additional Registration Information and click Submit.

* The College requires a student’s Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON

**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [www.southeast.edu/collegecatalog](http://www.southeast.edu/collegecatalog) for additional information.

Social Security Number OR SCC Student ID Number | Birth Date | Name: Last | State | Zip | County #
--- | --- | --- | --- | --- | ---
Residence Mailing Address | City | Cell Phone | Email Address | Business Phone

1. I identify as:  
   - Male
   - Female
   - Nebraska Resident
   - Non-Resident
   - Hispanic or Latino
   - Not Hispanic or Latino
   - White
   - Asian
   - Native Hawaiian/Other Pacific Islander
   - Black/African-American
   - American Indian/Alaska Native

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SIGNATURE  
[ ] Check  [ ] Cash  [ ] Mastercard  [ ] AMEX  [ ] Discover  [ ] Visa  [ ] V Code ________

Name as it appears on card: ____________________________

Exp.Date ______/______/______  CC #: __________

Billing agency: (include letter of authorization on company letterhead)

FOR OFFICE USE ONLY

Today's Date

Would you like a receipt mailed to you?  [ ] Yes  [ ] No

SCC Staff Tuition Waiver ( )

TOTAL DUE $ ________

DE __________________

TRA-C ( )

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses I audit; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit the form; 3) that my signature constitutes an “educational record” under FERPA; 4) any changes to SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog; it is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, creed, national origin, or ancestry, sex, age, marital status, physical or mental disability, or other factors prohibited by law or College policy. Requests concerning the application of SCC’s policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510.