

Explore

Fall 2020



NEW! Parent/Child Darling Puppy Flower Arrangement

Bring your 6- to 12-year-old child, grandchild or neighbor and go home with a darling puppy. Less commitment than a trip to the pound!

All materials supplied. Only the adult needs to register and pay cost.

Keyword: Puppy

Nov. 7	S	1-3:30 p.m.	\$69
NE City, NCF	Crom	AREA-6122-NCFA	

NEW! Entertaining with Appetizers

Time to get ready for those holiday parties. Learn how to impress your guests with creative presentations using make ahead time saving tips all while staying on budget. You will be able to enjoy the party too!

Limited hands-on/demonstration/tasting. There is a \$20 fee associated with this course payable in class. Cash or check only for supplies.

Keyword: Appetizers

Nov. 10	T	6:30-9 p.m.	\$29
NE City, WPBB	Stavas	AREA-4495-NCFA	

NEW! Go Crazy with Crepes

Discover how to master whipping, pouring and swirling the classic French Crepe! They are fantastic to support both savory and sweet dishes. And, they're way easier to make than you think. Really!

Limited hands-on/demonstration/tasting. There is a \$15 fee associated with this course payable in class. Cash or check only for supplies.

Keyword: Crepe

Nov. 7	S	11 a.m.-1 p.m.	\$39
NE City, WPBB	Stavas	AREA-4459-NCFA	

Location Key

NE City, AWC Ambassador Wellness Center, 1240 N. 19th
 NE City, NCF Nebraska City Florist, 109 S. Ninth St.
 NE City, NCLC Learning Center at Nebraska City, 819 Central Ave.
 NE City, WPBB Whispering Pines B&B, 2018 Sixth Ave.

NEW! Cardio Circuit

Combine continuous cardio with full-body strength training. This workout will burn serious calories and tone you up!

Wear comfortable clothing, suitable for working out.

Keyword: Cardio

Oct. 12-Nov. 2	M, W, F	8:30-9:30 a.m.	\$59
NE City, AWC, Group X	DeBuhr	AREA-8726-NCFB	
Nov. 4-25	M, W, F	8:30-9:30 a.m.	\$59
NE City, AWC, Group X	DeBuhr	AREA-8726-NCFC	



Pet Massage

Learn hands-on massage techniques to relax muscles, stimulate circulation, improve mood and flexibility and enhance the range of motion for your four-legged family members. The benefits pets get from a massage is very similar to the benefits that humans experience.

You may bring your pet to the class if you wish. Please have dogs on a leash. (Cost \$29 + Sales Tax \$2.18)

Keyword: Pet

Oct. 17	S	9-11 a.m.	\$31.18
NE City, NCLC, 101	Kreifels	AREA-3975-NCFA	

Create Your Own Sushi

Discover the secret of making sushi rice and be introduced to the four main types of sushi rolls: cucumber, California Roll, Shrimp or Tuna, and Veg/Seafood medley. History, etiquette and prizes for the best rolls.



Supply fee paid in class will be determined by market price of seafood at the time of class and you will be notified of that cost prior to the class.

Keyword: Sushi

Oct. 27	T	6-8:30 p.m.	\$29
NE City, WPBB	Stavas	AREA-4564-NCFA	
Nov. 18	W	6-8:30 p.m.	\$29
NE City, WPBB	Stavas	AREA-4564-NCFB	

Check out all classes offered at www.southeast.edu/NebraskaCityLC
 Find us on Facebook at www.facebook.com/SCCLearningCenteratNebraskaCity



Spinning/Indoor Cycling

This is a fast-paced high-intensity calorie-burning workout. Build endurance and strength.

Bring a water bottle and appropriate attire. Equipment provided.

Keyword: Cycling

Oct. 6-Nov. 12 NE City, AWC, BSMT	T, Th Stukenholtz	5:30-6 p.m. AREA-8592-NCFA	\$39
Oct. 13-Dec. 8 NE City, AWC, BSMT	T Barr	12:10-12:50 p.m. AREA-8592-NCFB	\$39
Nov. 17-Dec. 24 NE City, AWC, BSMT	T, Th Stukenholtz	5:30-6 p.m. AREA-8592-NCFC	\$39

Buying, Selling & Evaluating Antiques, Coins & Collectibles

Join the fun! Learn about the “art” of making good buys and/or getting fair prices as a seller, where to learn more about collectibles, what’s hot and what’s not, and how to sell your antiques and coins.

Bring several items (or a mystery piece) for class discussion and a free appraisal. Tom, from Lincoln, is a former president of Nebraska and Lincoln coin clubs and is a member of the New England Appraiser’s Association. He has had more than 30 years of experience in appraising antiques and coins. In 1983, he conducted what is believed to be the largest antique appraisal in state history at the Pioneer Village in Minden.

Keyword: Buying

Nov. 5 NE City, NCLC, 104	Th Basset	6:30-9 p.m. AREA-7040-NCFA	\$35
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Air Fryer 101

Did you know that the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices and yummy recipes that you can make in your air fryer.



Keyword: Fryer

Oct. 22 NE City, NCLC, 101	Th Bueth	6:45-8:45 p.m. AREA-4457-NCFA	\$25
Oct. 24 LIVE Online, Zoom	S Bueth	9-11 a.m. LLLX-0547-TCFA	\$25



For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/sccceonlinecourses>.



Beginning Spanish

This is a class for the beginner who has little or no prior knowledge of the Spanish language.

Required book (“Practice Makes Perfect Basic Spanish L-B” ISBN: 978-07-184921-0) can be purchased at the SCC Campus Store, 8800 O St., Lincoln, or online at www.sccbookstore.com. NOTE: Sec. CEFA: No class Nov. 26.



Keyword: Spanish

Oct. 5-Nov. 23 NE City, NCLC, 106	M Davis	6:30-8:30 p.m. AREA-6500-NCFA	\$80
Oct. 20-Dec. 15 LIVE Online, Zoom	T Clay	6:30-8:30 p.m. BBB-1002-TCFA	\$80

Omaha Community Playhouse “A Christmas Carol” Bus Trip

Sun., Dec. 6 TRIP-1086-FCFA \$89

It just isn’t Christmas without “A Christmas Carol.” Experience Omaha Community Playhouse’s favorite holiday tradition as Ebenezer Scrooge takes us on a lifechanging journey filled with lovely costumes, exquisite music, beautifully crafted sets, and special effects second to none! Tickets are limited so don’t wait to register!

This trip will involve considerable amount of walking. Cost includes transportation, all-you-can-eat lunch at Spaghetti Works and admission to the play. Registration deadline is Nov. 6 or when the enrollment limit has been met. No refunds after Nov. 6. If you need to request reasonable accommodations based on a disability, you must register and contact your Learning Center to discuss your needs no later than Nov. 6. SCC reserves the right to cancel any pick-up stops that do not meet the minimum enrollment. A confirmation letter will be mailed to each student approximately two weeks before the trip with exact pickup times, locations and RSVP information. SCC staff tuition waiver does not apply.

Keyword: Trip

Bus Schedule

(Time is approximate and subject to change)

Please plan to arrive 10 minutes before departure time.

	Depart	Return
Falls City	9:20 a.m.	6:30 p.m.
NE City.....	10:30 a.m.	5:30 p.m.

The Power You Have, The Power You Give

If you have power of attorney for someone, or if you have given someone your power of attorney, do you fully understand what that means? Join us as we discuss the advantages/disadvantages of a financial power of attorney, health care power of attorney, living wills, advanced medical directives, guardianship, and conservatorship. This is important information to understand regardless of your age or life situation.

Class is live-streamed from York.

Keyword: Power

Oct. 15 NE City, NCLC, 102	Th Rauert	6:30-8:30 p.m. AREA-5057-NCFA	\$25
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Location Key

NE City, AWC Ambassador Wellness Center, 1240 N. 19th
NE City, NCLC..... Learning Center at Nebraska City, 819 Central Ave.

For more information, contact **Cindy Meyer** at 800-828-0072, ext. 3636, or cmeyer@southeast.edu

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino		<input type="checkbox"/> Not Hispanic or Latino	Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American	

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____

DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

301 S. 68th St. Place, Lincoln, NE 68510
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www.southeast.edu/continuing

