NEW! Parent/Child Darling Puppy Flower Arrangement
Bring your 6- to 12-year-old child, grandchild or neighbor and go home with a darling puppy. Less commitment than a trip to the pound!
All materials supplied. Only the adult needs to register and pay cost.


Keyword: Puppy

Nov. 7, NCF  S  1:30-3 p.m.  $69
NE City, NCF  Crom  AREA-6122-NCFA

NEW! Entertaining with Appetizers
Time to get ready for those holiday parties. Learn how to impress your guests with creative presentations using make ahead time saving tips all while staying on budget. You will be able to enjoy the party too!
Limited hands-on/demonstration/tasting. There is a $20 fee associated with this course payable in class. Cash or check only for supplies.

Keyword: Appetizers

Nov. 10, WPBB  T  6:30-9 p.m.  $29
NE City, WPBB  Stavas  AREA-4495-NCFA

NEW! Go Crazy with Crepes
Discover how to master whipping, pouring and swirling the classic French Crepe! They are fantastic to support both savory and sweet dishes. And, they're way easier to make then you think. Really!

Limited hands-on/demonstration/tasting. There is a $15 fee associated with this course payable in class. Cash or check only for supplies.

Keyword: Crepe

Nov. 7, WPBB  S  11 a.m.-1 p.m.  $39
NE City, WPBB  Stavas  AREA-4459-NCFA

NEW! Cardio Circuit
Combine continuous cardio with full-body strength training. This workout will burn serious calories and tone you up!
Wear comfortable clothing, suitable for working out.

Keyword: Cardio

Oct. 12-Nov. 2  M, W, F  8:30-9:30 a.m.  $59
NE City, AWC, Group X  DeBuhr  AREA-8726-NCFB
Nov. 4-25  M, W, F  8:30-9:30 a.m.  $59
NE City, AWC, Group X  DeBuhr  AREA-8726-NCFA

Pet Massage
Learn hands-on massage techniques to relax muscles, stimulate circulation, improve mood and flexibility and enhance the range of motion for your four-legged family members. The benefits pets get from a massage is very similar to the benefits that humans experience.
You may bring your pet to the class if you wish. Please have dogs on a leash. (Cost $29 + Sales Tax $2.18)

Keyword: Pet

Oct. 17  S  9-11 a.m.  $31.18
NE City, NCLC, 101  Kreifels  AREA-3975-NCFA

Create Your Own Sushi
Discover the secret of making sushi rice and be introduced to the four main types of sushi rolls: cucumber, California Roll, Shrimp or Tuna, and Veg/Seafood medley. History, etiquette and prizes for the best rolls.
Supply fee paid in class will be determined by market price of seafood at the time of class and you will be notified of that cost prior to the class.

Keyword: Sushi

Oct. 27  T  6-8:30 p.m.  $29
NE City, WPBB  Stavas  AREA-4564-NCFB
Nov. 18  W  6-8:30 p.m.  $29
NE City, WPBB  Stavas  AREA-4564-NCFA

Location Key
NE City, AWC  Ambassador Wellness Center, 1240 N. 19th
NE City, NCF  Nebraska City Florist, 109 S. Ninth St.
NE City, NCLC  Learning Center at Nebraska City, 819 Central Ave.
NE City, WPBB  Whispering Pines B&B, 2018 Sixth Ave.

Check out all classes offered at www.southeast.edu/NebraskaCityLC
Find us on Facebook at www.facebook.com/SCCLearningCenteratNebraskaCity

For more information, contact Cindy Meyer at 800-828-0072, ext. 3636, or cmeyer@southeast.edu
Spinning/Indoor Cycling

This is a fast-paced high-intensity calorie-burning workout. Build endurance and strength.

Bring a water bottle and appropriate attire. Equipment provided.

| Oct. 6-Nov. 12 | T, Th | Stukenholtz | 5:30-6 p.m. | AREA-8592-NCFA | $39 |
| Oct. 13-Dec. 8 | T    | Barr        | 12:10-12:50 p.m. | AREA-8592-NCFB | $39 |
| Nov. 17-Dec. 24 | T, Th | Stukenholtz | 5:30-6 p.m. | AREA-8592-NCFC | $39 |

Buying, Selling & Evaluating Antiques, Coins & Collectibles

Join the fun! Learn about the “art” of making good buys and/or getting fair prices as a seller, where to learn more about collectibles, what’s hot and what’s not, and how to sell your antiques and coins.

Bring several items (or a mystery piece) for class discussion and a free appraisal. Tom, from Lincoln, is a former president of Nebraska and Lincoln coin clubs and is a member of the New England Appraiser’s Association. He has had more than 30 years of experience in appraising antiques and coins. In 1983, he conducted what is believed to be the largest antique appraisal in state history at the Pioneer Village in Minden.

Air Fryer 101

Did you know that the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices and yummy recipes that you can make in your air fryer.

| Oct. 22 | NE City, NCLC, 101 | T, Th | Buete | 6:45-8:45 p.m. | AREA-4457-NCFA | $25 |
| Oct. 24 | LIVE Online, Zoom | S | Buete | 9-11 a.m. | LLLX-0547-TCFA | $25 |

Beginning Spanish

This is a class for the beginner who has little or no prior knowledge of the Spanish language.

Required book (“Practice Makes Perfect Basic Spanish L-B” ISBN: 978-07-184921-0) can be purchased at the SCC Campus Store, 8880 O St., Lincoln, or online at www.sccbookstore.com.

NOTE: Sec. CEFA: No class Nov. 26.

| Oct. 5-Nov. 23 | M | Davis | 6:30-8:30 p.m. | AREA-6500-NCFA | $80 |
| Oct. 20-Dec. 15 | T | Clay | 6:30-8:30 p.m. | BBEB-1002-TCFA | $80 |

Omaha Community Playhouse “A Christmas Carol” Bus Trip

**Sun., Dec. 6**
**TRIP-1086-FCFA**
**$89**

It just isn’t Christmas without “A Christmas Carol.” Experience Omaha Community Playhouse’s favorite holiday tradition as Ebenezer Scrooge takes us on a life-changing journey filled with lovely costumes, exquisite music, beautifully crafted sets, and special effects second to none! Tickets are limited so don’t wait to register!

This trip will involve considerable amount of walking. Cost includes transportation, all-you-can-eat lunch at Spaghetti Works and admission to the play. Registration deadline is Nov. 6 or when the enrollment limit has been met. No refunds after Nov. 6. If you need to request reasonable accommodations based on a disability, you must register and contact your Learning Center to discuss your needs no later than Nov. 6. SCC reserves the right to cancel any pick-up stops that do not meet the minimum enrollment. A confirmation letter will be mailed to each student approximately two weeks before the trip with exact pickup times, locations and RSVP information. SCC staff tuition waiver does not apply.

Air Fryer 101

Spinning/Indoor Cycling

For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.


For more information, contact Cindy Meyer at 800-828-0072, ext. 3636, or cmeyer@southeast.edu

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is canceled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.
You must have an email account to register online.

2. Search for your class by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
   
   Key Word Example: **Driver**
   
   Course Number Example: **TRAN-3398**
3. Select the **course** for which you wish to register. Click **Submit**.
4. Enter your **personal information**, certify your **identification** and click **Submit**.
   
   * You must provide your Social Security Number.
5. Optional: Enter your **Additional Registration Information** and click **Submit**.

* The College requires a student's Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.

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## OR REGISTER BY MAIL, FAX OR IN PERSON

**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [www.southeast.edu/collegecatalog](http://www.southeast.edu/collegecatalog) for additional information.

Social Security Number OR SCC Student ID Number  Birth Date  Name: Last  First  Middle Initial

<table>
<thead>
<tr>
<th>Residence Mailing Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
<th>County #</th>
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<tbody>
<tr>
<td>Email Address</td>
<td>Cell Phone</td>
<td>Home</td>
<td>Business Phone</td>
<td></td>
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</tbody>
</table>

**Ethnicity (select one):**

- Male
- Female
- Nebraska Resident
- Non-Resident
- Hispanic or Latino
- Not Hispanic or Latino
- White
- Asian
- Native Hawaiian/ Other Pacific Islander
- American Indian/Alaska Native
- Black/Mixed/Other

**Additional Registration Information**

- I identify as:
- ethnicity (select one)
- Race (Select one or more):
- Check
- Cash
- Mastercard
- AMEX
- Discover
- VISA  V Code __________

Name as it appears on card: __________

Exp. Date __________

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

6. If you want to register for additional classes, select **Search for more classes** under “Choose one of the following,” if you are finished selecting the course(s) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.

7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.