

Explore

Fall 2020



NEW! Palmistry

Discover the elements of a basic palm read. We will discuss hand shape, skin texture, finger prints, major and minor lines, and more. The first half hour of class you will make a print of your hands using water soluble ink.

Bring a magnifying glass and ruler. Please Note: This is not a predictive or fortune-telling class. You will have opportunities to work with your print, and/or with a partner's hands if you desire.

Keyword: Palmistry

Oct. 22	Th	6-8 p.m.	\$29
Lincoln, CEC, 102	Karas	LLLX-2115-CEFA	

NEW! Treasure Hunting 101

Discovering lost and hidden treasures probably appeals to the adventurer in you, but you don't have to fly off to distant countries, in fact you don't have to leave the midwest or even your home town. Treasure Hunter Nathan Schwenke will lead this interesting and fun class as you discover how to determine locations to hunt, types of treasures and how to care for them, types of equipment used to hunt treasure, and what to do with your found treasures. This class will fill quickly, so don't wait to sign up!

Keyword: Treasure

Sept. 26	S	9 a.m.-Noon	\$29
Lincoln, CEC, 404	Schwenke	LLLX-0855-CEFA	

NEW! Junk Journal: File Folder

Let's make a fun, fast junk journal (out of a file folder)! These shabby little friends are a fun and green way to repurpose some of the "useless" or not-so-useless paper that accumulates in our lives.

Upon registration, you will receive an email with a supply list (scissors, ruler, adhesive) and suggestions/ideas of things for you to save for your pages in your journal. There is a \$5 supply fee payable in class. Cash only for supplies.

Keyword: Journal

Sept. 28	M	6-8 p.m.	\$19
Lincoln, CEC, 406		LLLX-1346-CEFA	



NEW! 4 Craft Combo

Let's try something new. Join our craft combo LIVE Online Zoom classes for an introductory taste of four crafts that are just for this stay at home time. Our craft guru Nikki Roseberry will lead these classes for each of the crafts shown. Supplies are limited so register early before we run out!



Once registration is closed, you will receive email notification to drive by the Continuing Education Center to pick up your craft bag of supplies. More details on the pick-up process to come in your email. On the night of class, join the Zoom classroom and craft away with Nikki. This will be such fun! Registration deadline Oct. 20.

Keyword: Craft

Oct. 27-Nov. 5	T, Th	6-7 p.m.	\$49
LIVE Online, Zoom	Roseberry	LLLX-0086-TCFA	
Oct. 27-Nov. 5	T, Th	7:15-8:15 p.m.	\$49
LIVE Online, Zoom	Roseberry	LLLX-0086-TCFB	

NEW! The Great Mystery Bake Off – Nailed It Edition

Recruit the sous chefs in your family, clear the counters and join us for a bake-off via Zoom. Only amateurs need apply, no professionals here. Your team can consist of your household members or you can compete by yourself.



Each team needs to have two round cake layers baked and cooled by the challenge. These should be made ahead of time. Bonus points if you don't use a mix, but hey, who'll know? We'll give you the challenge at the start of the event and you will use the cake layers to assemble it. We also suggest that you have ingredients for your favorite chocolate frosting on hand.

We are all about friendly competition and laughs. No big money winners here just bragging rights for next year. Our team of judges will be checking in with you throughout the competition, so make sure your laptop/computer/device is set up so they can see how you're progressing and chat while you work. Space is limited so don't be left out.

Registration deadline is Oct. 15.

Keyword: Mystery

Oct. 17	S	9-10 a.m.	\$10
LIVE Online, Zoom		LLLX-0464-TCFA	

Location Key

Lincoln, CECJack J. Huck Continuing Education Center, 301 S. 68th St. Place

For more information, contact us at
800-828-0072 or continuinged@southeast.edu



For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

NEW! Gingerbread House & More



A fun class where adult and child (age 4+) work together to create a gingerbread masterpiece of their own. No kits here! You will create your gingerbread house that looks great and also tastes delicious. Celebrate with us at the Great Plains Culinary Institute.

Bring a container to transport your gingerbread creation home. Class is designed for one adult and one child. Only the adult needs to register and pay cost. Wear non-slip shoes and bring your aprons. Please Note: Parents/guardians are responsible for the supervision and behavior of minors while on campus or in a continuing education adult/child class.

Keyword: Gingerbread

Dec. 12 Lincoln, LNK, D-4	S Yates	9-11 a.m. LLLX-1616-LNFA	\$39
Dec. 12 Lincoln, LNK, D-4	S Yates	12:30-2:30 p.m. LLLX-1616-LNFB	\$39

NEW! Yule Log

The Buche de Noel cake is a French Christmas tradition that dates back to the 19th century. Join us to make a rolled and filled chocolate cake that is iced and completed with seasonal decorations.

Bring to class: a small box or container of red, green or white fondant, an offset spatula and a tray or cookie sheet to transport your completed cake. Optional: mixer, small seasonal cookie cutters, jelly roll pan, any other decorations for your cake. Wear non-slip shoes and a hair restraint, bring an apron.

Keyword: Yule

Nov. 14 Lincoln, CEC, 104	S Harper	9 a.m.-Noon LLLX-1653-CEFA	\$39
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NEW! Julia's Kitchen: Celebrating French Cooking

Celebrate the French Cuisine, Julia Child and her famous cookbook "Mastering the Art of French Cooking." We will be cooking some of Julia's favorites: French onion soup, Coq Au Van, and chocolate mousse. Bon Appetit!

You must wear non-slip shoes and bring your apron.

Keyword: Cooking

Oct. 17 Lincoln, LNK, D-4	S Yates	10 a.m.-1 p.m. LLLX-0477-LNFA	\$39
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NEW! Sourdough Bread 101

Sourdough is a treasured part of many kitchens. Flour, water and a little bit of patience you will have your very own bubbly, active starter ready to make your incredible sourdough bread. Get tips, tricks and some tasty recipes.



Keyword: Bread

Oct. 5 LIVE Online, Zoom	M Kreikemeier	6-7 p.m. LLLX-0474-TCFA	\$12
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Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

NEW! Yeast Bread

Your family's mouths will be watering from the great aroma of fresh bread that you will want to create after this class. Discover the basic techniques and procedures to create cinnamon rolls, foccacia and baguettes.

Wear non-slip shoes and bring your apron.

Keyword: Bread

Oct. 17 Lincoln, LNK, D-3	S Nenneman	8 a.m.-Noon LLLX-1630-LNFA	\$49
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NEW! Home Chocolatier

Take your holiday goodie trays to the next level with filled chocolate bon-bons. Discover the basics of tempering chocolate to use for decorations and filled bonbons.



Bring to class 1.5 or 2 quart microwaveable plastic bowl, thermometer suitable for chocolate, small spatula, hair dryer, wear slip resistant shoes and be sure to bring an apron. Chocolate is messy!

Keyword: Chocolatier

Oct. 31 Lincoln, CEC, 104	S Harper	9 a.m.-Noon LLLX-1654-CEFA	\$49
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NEW! Digital Photography

Gain greater proficiency in digital photography while using an advanced amateur camera (adjustable), mirrorless interchangeable lens camera (MILC) or digital single-lens reflex (DSLR) camera. We will provide you with the fundamentals as you practice with your own camera. Basic principles of photography will be reviewed and the more sophisticated digital camera operations along with hardware options and software will be discussed. A camera with adjustable shutter speeds, apertures and ISO is necessary for this class – e.g. – dSLR, mirrorless interchangeable lens camera and/or advanced amateur digital camera.

Weekly exercises will be given.



Keyword: Photography

Oct. 7-Nov. 11 LIVE Online, Zoom	W Keller	6:30-7:30 p.m. LLLX-0528-TCFA	\$69
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Location Key

Lincoln, CEC.....Jack J. Huck Continuing Education Center,
301 S. 68th St. Place
Lincoln, LNK.....Southeast Community College, Lincoln Campus
8800 O St.

For more information, contact us at
800-828-0072 or continuing@southeast.edu

NEW! Digital Photography Editing/Post Processing

This is an overview of editing digital images, both RAW and JPEG using the software you have on your laptop. You should have digital images with which to practice during the class. The recommend editing programs are: Photoshop CC, Affinity Photo, Luminar (up to Version 4) and DxO photolab. We will discuss noise reduction, sharpening, cropping and other techniques to enhance your masterworks.



Keyword: Photography

Dec. 2-16	W	6:30-7:30 p.m.	\$39
LIVE Online, Zoom	Keller	LLLX-0114-TCFA	

NEW! Advanced Techniques in Digital Photography

Using your MILC or DSLR camera discover more advanced techniques in the world of digital photography. This course is designed to provide you with fundamentals as you practice with your own personal camera in three areas: Nature, Architectural and Portraiture. We will meet every other class in a "field location" following social distancing guidelines and the following weeks will look at the photos and select the ones to edit (post-process). Basic principles of photography will be reviewed and then more sophisticated digital camera operations, such as controls, function and purpose, lighting, composition, hardware options and software will be discussed.



A camera with adjustable shutter speeds, apertures and ISO is necessary for this class (e.g. DSLR, mirrorless interchangeable lens camera and/or advanced amateur digital camera).

Keyword: Digital

Nov. 7-Dec. 12	S	11 a.m.-12:30 p.m.	\$69
LIVE Online, Zoom	Keller	LLLX-0124-TCFA	

NEW! Digitizing Memories

Do you have envelopes full of negatives and slides or boxes of photos? Discover how to preserve them in a more organized form by scanning. We will look at scanning techniques and some of the devices to make scanning easy to do. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software "VueScan". Have a negative, slide and/or print available to scan during the class and we will explore the process of scanning and saving those prints digitally so they will be memories forever.



Keyword: Memories

Oct. 27 & Nov. 3	T	6:30-7:30 p.m.	\$29
LIVE Online, Zoom	Keller	LLLX-0113-TCFA	

NEW! Photography & Editing Using Your Mobile Device

Are you interested in focusing on photography using your mobile devices and doing some limited post-processing of these photographs? Techniques in photography will be discussed, as well as an overview of many of the hundreds of useful apps for photography and editing, and also some very handy gadgets for your cellphones and tablets.



In preparation for the course, please download Snapseed for photo processing on your device(s) prior to the first class. Snapseed is a free app. If possible, participants should log in to LIVE Online classes with a laptop or other device and not from the cell or tablet they intend to use for photography, but this is not absolutely essential.

Keyword: Photography

Oct. 6-20	T	6:30-7:30 p.m.	\$39
LIVE Online, Zoom	Keller	LLLX-0080-TCFA	

For more information, contact us at
800-828-0072 or continuing@southeast.edu

NEW! Strength Training FUNdamentals: Strengthen & Tone

No matter your age or athletic ability, strength training is the key to flexibility and mobility. Anyone at any fitness level can strength train and it doesn't have to take hours in a gym. Join us for the FUNdamentals of strength training and discover the most effective strength training moves suitable for home- or gym-based workouts.



Keyword: Strength

Oct. 6	T	6-8 p.m.	\$29
Lincoln, CEC, 302	Stutzman	LLLX-2260-CEFA	
Oct. 24	S	9-11 a.m.	\$29
LIVE Online, Zoom	Stutzman	LLLX-2260-TCFB	

NEW! Strength Training FUNdamentals: Tone & Eat Right

Help boost your strength training moves with nutrition principles that help affect your metabolism and weight loss. Don't have any strength training moves? We do! See how some new moves and knowledge of what you eat is key to strength training benefits.



Keyword: Strength

Oct. 8	Th	6-8 p.m.	\$29
Lincoln, CEC, 214	Stutzman	LLLX-2261-CEFA	
Oct. 22	Th	9-11 a.m.	\$29
LIVE Online, Zoom	Stutzman	LLLX-2261-TCFB	

NEW! Anywhere Yoga Using a Chair

Discover how to stay active, healthy and alert—using just a chair! If you are a desk sitter most of the day, or have arthritis/conditions that hinder you from everyday movement? This is the class for you! You will learn different stretches and strengthening poses—all from a chair. Staying active, healthy and alert will be the goal of this class. Join us via ZOOM from anywhere!



NOTE: No class Nov. 26.

Keyword: Chair

Oct. 8-Dec. 3	Th	7-8 p.m.	\$69
LIVE Online, Zoom	Whittle	LLLX-1695-TCFA	

Location Key

Lincoln, CECJack J. Huck Continuing Education Center,
301 S. 68th St. Place



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Check out all classes offered at www.southeast.edu/continuing
Find us on Facebook® at www.facebook.com/SCCNebCE

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American		

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____

DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

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