

Dance

Winter 2021

Please note that any refunds for a dropped couples class will be issued to each student equally.



Beginning Tap Dance for Adults

Designed for the adult beginner, learn basic steps and short combinations in this fun class.

Shoes will be discussed at first class.

Jan. 26-March 16 Lincoln, HTCH	T Ogden	7:30-8:30 p.m. LLLX-1517-OCSEA	Keyword: Dance \$59
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Beginning Ballet for Adults

Did you want to take ballet when you were little? It's not too late! Come explore the world of classical ballet.

Wear comfortable clothes. Shoes will be discussed at the first class.

Jan. 27-March 17 Lincoln, HTCH	W Ogden	6:15-7:15 p.m. LLLX-0362-OCSEA	Keyword: Ballet \$59
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Hula in the Coola Day

Perception is a state of mind, and on this day no matter where your body is physically, your mind is telling you you're in the nice warmth of Hawaii. Come and learn to HULA! No grass skirt needed, just come and have fun!

Feb. 25 Lincoln, CEC, 304	Th Gregg	6:30-8:30 p.m. LLLX-1535-CESA	Keyword: Hula \$20
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Belly Dance for Beginners

Learn to shake and shimmy while having fun, improving core strength and increasing muscle tone. This class will cover basic belly dance movements in a safe and comfortable environment.

Wear comfortable clothing you can move in.

Jan. 13-March 3 Lincoln, CEC, 302	W Gregg	6:30-7:30 p.m. LLLX-1531-CESA	Keyword: Dance \$59
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Couples Dances

A time to try a variety of couples dances. Learn the Waltz, Swing, Polka, Fox Trot and other popular dances. Preparation for dancing to ballroom, night club or country western music.

Fill out a registration form for each partner.

Jan. 17-March 7 Lincoln, 4211	U Doeden	4-5 p.m. LLLX-1538-OCSEA	Keyword: Dance \$89/couple
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West Coast Swing: Dance to Country & Big Band

Bored with your current dances? This dance is a fun challenge. Learn the steps in small sections with practice in between and before you know it, you will be swinging around the dance floor. It is a dance you will fall in love with and use often with all types of music.

Fill out a registration form for each partner.

Jan. 12-March 2 Lincoln, 4211	T Doeden	8-9 p.m. LLLX-1525-OCSEA	Keyword: Swing \$80/couple
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Two Step & Waltz

These dances are used and liked no matter what type of music you enjoy. You'll be introduced to the Country and Ballroom Two-Step and Waltz.

Fill out a registration form for each partner.

Jan. 11-March 1 Lincoln, 4211	M Doeden	8-9 p.m. LLLX-1530-OCSEA	Keyword: Waltz \$89/couple
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Jitterbug & East Coast Swing

Learn leading and hand positions, the six-count basic swing, arch, tuck and loop turns, free spins, arm slides, waist wraps, and the jitterbug. Dance to Country music and big band.

Fill out a registration form for each partner.

Jan. 12-March 2 Lincoln, 4211	T Doeden	7-8 p.m. LLLX-1541-OCSEA	Keyword: Swing \$89/couple
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Beginning Line Dance

How would you like to get fit and dance a bit? Line dances are a great way to start your dancing adventure. They're fun to learn and easy to remember. Any level of skill, from novice to experienced, will enjoy this class. You will learn at least one new line dance each session with time for review and practice. Register early!

Jan. 11-March 1 Lincoln, 4211	M Doeden	7-8 p.m. LLLX-1527-OCSEA	Keyword: Dance \$45/person
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Location Key

Lincoln, 4211 Doeden's Dance Studio, 4211 LaSalle St.
 Lincoln, CEC Jack J. Huck Continuing Education Center,
 301 S. 68th St. Place
 Lincoln, HTCH Holy Trinity Church, 6001 A St.
 (Enter west parking lot at traffic signal, use south door and go to lower level.)

For more information, contact us at
 800-828-0072 or continuinged@southeast.edu

Irish Step Dance

Irish Step Dancing is the solo dance style for those age 7 and older who can move freely and want to learn a new way to move to music. You will learn the basics of beginning step dance and then easy reel and jig step combinations. This is a great way to exercise in a friendly environment.

Keyword: Dance

Jan. 4-Feb. 1 Lincoln, EPCH	M Howe	6:30-7 p.m. LLLX-0370-OCSA	\$35
Feb. 8-March 8 Lincoln, EPCH	M Howe	6:30-7 p.m. LLLX-0370-OCSE	\$35

Irish Social Dance

Prerequisite: 12 years and older or instructor permission

Irish Social Dance is done in groups for those who can move freely and want to learn a new way to move to music. This style of dance is the inspiration for square dancing but not done as "couples" so individuals can easily participate. This is a great way to exercise in a learner-friendly environment.

Keyword: Dance

Jan. 4-Feb. 1 Lincoln, EPCH	M Howe	7-8 p.m. LLLX-0371-OCSA	\$40
Feb. 8-March 8 Lincoln, EPCH	M Howe	7-8 p.m. LLLX-0371-OCSE	\$40

Location Key

Lincoln, EPCH Eastridge Presbyterian Church, 1135 Eastridge Drive



www.ed2go.com/scnc

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Technology
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<http://bit.ly/SCC-UGotClass>

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For more information, contact us at
800-828-0072 or continuing@southeast.edu

**Check out all classes offered at www.southeast.edu/continuing
Find us on Facebook® at www.facebook.com/SCCNebCE**

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial	
Residence Mailing Address			City	State	Zip	County #	
Email Address			Cell Phone		<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident		Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American	

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____
Name as it appears on card: _____
Exp. Date _____ CC # _____
Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)
For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____
DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>.
2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
5. *Optional*: Enter your **Additional Registration Information** and click **Submit**.
6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.



301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703
www.southeast.edu/continuing

* The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.