

Family Matters

Winter 2021

Welcome to Medicare

The Nebraska Senior Health Insurance Information Program, a division of the Nebraska Department of Insurance, is pleased to host "Welcome to Medicare" classes. As you or a family member approach Medicare eligibility, the tasks of understanding the program can be daunting. "Welcome to Medicare" will explain the basics of the Medicare system and is being offered in person or by webinar (watch from your computer). Anyone new to Medicare or who is a family member/caregiver of an individual approaching Medicare eligibility is invited to attend.

Nebraska SHIP will cover the cost. **To register for in-person or webinar presentations, please visit www.doi.ne.gov/ship.** For questions, please call 402-471-2841.

In-person presentation is available on:

May 20	Th	5:30-7 p.m.	Beatrice, AEC, 215
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Webinar presentations are available on:

Jan. 28	Th	6 p.m.	
Feb. 22	M	6 p.m.	
March 25	Th	5:30 p.m.	

NEW! Navigating Medicare.gov

Medicare drug coverage is confusing. Each year Medicare drug plans can make changes to the cost and coverage you can receive. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will arm you with the knowledge to navigate Medicare's plan finder tool to make an informed decision. Navigating Medicare.gov will provide you a step-by-step guide to using Medicare.gov to address these questions:

- How much will my prescriptions cost?
- Which Medicare drug plan will cover my prescriptions?
- Where can I get the best prices for my prescriptions?

You are invited to attend Navigating Medicare.gov to learn the answers to these questions and view a demonstration of how to use the plan finder tool on Medicare.gov.

This course is provided by Nebraska SHIP a member of the national SHIP network and a division of the Nebraska Department of Insurance.

To register, please visit www.doi.ne.gov/ship. For questions, please call 402-471-2841.

May 27	Th	5:30-7 p.m.	Beatrice, AEC, 215
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NEW! Understanding Learning Styles & Tools for a Successful Student

Understanding your child's learning style and supporting them on how to use learning strategies is just as important as purchasing their school supplies. Participants will learn about different learning styles along with strategies and tools to effectively tailor the student's instruction and study habits.

Prior to class, participants will receive instructions on how to complete their own learning style assessment, to be used as discussion.

Keyword: Learning

Jan. 13	W	6-8 p.m.	\$19
LIVE Online, Zoom	Homes	AREA-5059-TCSA	



NEW! Online Grocery Shopping

Ordering groceries online is all the craze in 2020. Learn how to set up an account and use your Smartphone or computer to order your groceries online to pick up or be delivered to your home.



Keyword: Grocery

Jan. 26	T	6-8 p.m.	\$19
LIVE Online, Zoom		AREA-5058-TCSA	

Human Trafficking: Slavery Today

The one-hour lecture will provide an overview of human trafficking, the multibillion dollar criminal industry sustained by demand. Trafficking is slavery, treating persons as commodities to be bought, sold, and traded. It happens throughout the world and is happening in NEBRASKA.



Keyword: Trafficking

March 8	M	7-8 p.m.	\$15
LIVE Online, Zoom	Nacke	AREA-6668-TCSA	

Location Key

Beatrice, AEC..... Southeast Community College, Beatrice Campus
Academic Excellence Center, 4771 W. Scott Road



For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home.

Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/sccceonlinecourses>.

For more information, contact us at 800-828-0072 or continuing@southeast.edu

Check out all classes offered at www.southeast.edu/BeatriceCE

Find us on Facebook® at www.facebook.com/sccbeatrice



Co-Parenting: Working Together for Your Children (Online)

This workshop meets the requirements of the Nebraska Parenting Act. Topics include stages of adjustment to parental separation/divorce for parents and children,

conflict resolution, stress management and other co-parenting issues. This course is delivered entirely online and facilitated by SCC faculty and takes a minimum of three hours to complete.

Students will need:

- Computer with high speed internet connection
- Speaker/sound capability
- Working knowledge of computer and internet experience

NOTE: Firefox or Chrome browser recommended. You cannot access the course using an iPad or Droid tablet.

Sliding fee/waiver not available. There is a six-hour waiting period between online registration for the class and class access.

\$49 per-person.

For registration and log-in instructions for the online class, go to www.southeast.edu/Continuing/CoParenting

Level 2 Co-Parenting: Working Together for Your Children

This workshop has been developed and approved by the Supreme Court office of Dispute Resolution, on behalf of the State Court Administrator, to educate parties about the impact of pending court action on children. Included in this course are the following topic areas that meet the requirements of the *Nebraska Parenting Act (LB554): safety and transition plans, impact of unresolved parental conflict on the child, effective communication skills, and resources and referral information.

Preregistration is required. All students will be required to show photo ID at class check-in. Written completion letter will be mailed (U.S. postal service) to student at the successful completion of the course. It will be mailed to the address on the student's registration information.

* Separate classes provided for men and women.

Keyword: Parenting

Men

Jan. 16 LIVE Online, Zoom	S	Arranged LLLX-2401-TCSA	\$69
Feb. 20 LIVE Online, Zoom	S	Arranged LLLX-2401-TCSB	\$69
March 20 LIVE Online, Zoom	S	Arranged LLLX-2401-TCSA	\$69

Women

Jan. 9 LIVE Online, Zoom	S	Arranged LLLX-2401-TCSM	\$69
Feb. 13 LIVE Online, Zoom	S	Arranged LLLX-2401-TCSN	\$69
March 13 LIVE Online, Zoom	S	Arranged LLLX-2401-TCSO	\$69



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Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/sccconlinecourses>.

College Tuition Planning

It's college application time! Preparing for this journey should be fun, but then there is the financial reality. Average student debt is \$31,000. Discover the various ways to plan and pay for college. Gain an understanding of current college cost, future trends and discuss strategies on how to pay for college by exploring various types of accounts available in the market to use to save for college. Discussion of the Financial Aid application will be included.

Keyword: College

Jan. 21 LIVE Online, Zoom	Th Rauert	6-9 p.m. AREA-7078-TCSA	\$39
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Let's Do Lunch: Video Chatting with Family & Friends

Can't meet with family over the holidays? Find out ways to connect virtually.

Falls City Chamber Members: Email Amber, Falls City Chamber Director, at DirectorCCMS@sentco.net and take this class at a reduced cost.

Keyword: Video

March 3 LIVE Online, Zoom	W	Noon-1 p.m. AREA-6665-TCSE	\$10
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From Theory to Discovery: Breaking Down Your Brick Wall with Timelines

Use a timeline in your genealogical research to reveal gaps in your research. Learn how to build a theory, pinpoint research questions, and focus your family history search to find answers in unexpected places.

Keyword: Discovery

Feb. 3 LIVE Online, Zoom	W Callahan	10 a.m.-Noon AREA-5052-TCSA	\$25
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Beginning Genealogy: Start Your Family History

Take advantage of the winter to delve into your family history. Bring everything you know about your family to class and begin your journey. Learn the basics: pedigree charts, local resources, clues in the censuses, and internet treasures. Every family has interesting stories.

Keyword: Genealogy

Jan. 12-26 LIVE Online, Zoom	T Stewart	6:30-8:30 p.m. LLLX-0942-TCSA	\$49
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Intermediate Genealogy

Boost your genealogy research. Find out if your family homesteaded or fought in the Revolutionary War. This class introduces sources such as land records, military papers, immigration/naturalization documents, newspapers and courthouse resources. Learn where to find the clues and break through your brick walls.

Keyword: Genealogy

Feb. 9-16 LIVE Online, Zoom	T Stewart	6:30-8:30 p.m. LLLX-0938-TCSA	\$39
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For more information, contact us at
800-828-0072 or continuing@southeast.edu

DNA Tells a Story

Whether you've taken a DNA test or are considering one, DNA can help you with your genealogy when the paper trail ends. Learn more about how genetic genealogy can enhance traditional research methods, solve family mysteries and take you on the next steps in your genealogical journey. When a lack of records or uncertainty about ancestral lineage has you stumped, DNA always tells the truth. DNA testing is the tool that belongs in every genealogist's toolkit.



Keyword: DNA

Feb. 24 W 10-11:30 a.m. \$19
LIVE Online, Zoom Callahan AREA-6361-TCSA

FINDING YOUR ANCESTORS SERIES

NEW! FYA: FamilySearch

Learn all that FamilySearch has to offer. Search records and images, genealogies, books, the FamilySearch Catalog, and more.



Keyword: FYA

Feb. 2 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5026-TCSA

NEW! FYA: Genealogical Research Wikis

Genealogical Wikis are not all the same. Learn about the different types out there.



Keyword: FYA

Feb. 9 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5027-TCSA

NEW! FYA: Google

If you only search the "big" databases for records, you are missing out. The majority of records aren't on them. Learn how to use Google and its programs to further your research.



Keyword: FYA

Feb. 16 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5028-TCSA

NEW! FYA: Graveyards & Obituaries

Find-a-Grave, Billion Graves, etc. You'll find more than just names and dates on these sites.



Keyword: FYA

Feb. 23 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5029-TCSA

NEW! FYA: Societies, Libraries & Archives

Learn about the hidden gems in state and county society sites, library databases and state archives.



Keyword: FYA

March 2 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5030-TCSA

NEW! FYA: Social Media

Learn how to share your research and collaborate with others on social media (Facebook®, Pinterest, Cyndi's List).



Keyword: FYA

March 9 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5031-TCSA

NEW! FYA: U.S. Censuses

Find hidden information about your ancestors by studying the U.S. Censuses.



Keyword: FYA

March 16 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5032-TCSA

NEW! FYA: Engage Your Family

Ways to engage your family in genealogy research (from young children on up).



Keyword: FYA

March 23 T 7-8 p.m. \$15
LIVE Online Zoom Repouille AREA-5033-TCSA

For more information, contact us at
800-828-0072 or continuinged@southeast.edu



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www.ed2go.com/scce

BROWSE COURSES IN

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical

Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing



<http://bit.ly/SCC-UGotClass>

BROWSE CERTIFICATES & COURSES IN

Business
Business Communication
Health
Human Resources
Leadership
LEED Green Workplace
Management

New Media Marketing
Personal Development
Social Media for Business
Technology Skills
Training and Education
Training for K12 Teachers



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American		

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver	()
TOTAL DUE	

FOR OFFICE USE ONLY
ID# _____
DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

301 S. 68th St. Place, Lincoln, NE 68510
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www.southeast.edu/continuing

