

Explore

Spring 2021



Adult Pottery

This class is appropriate for all pottery experience levels. Participants will work at their own pace with instructor assistance. If you are new to pottery, learn how to get started. If you are a seasoned potter, join the class and learn some new techniques.

We will get dirty, so come dressed appropriately. Cost includes approximately 25 pounds of clay, glaze and use of tools and supplies.

Keyword: Pottery

May 11-June 22	T	6:30-9 p.m.	\$79
Beatrice, TRU, 107	Steele	BBBX-1997-BESB	

Nutrient Dense Foods:

Grass-Fed Meat, Pastured Poultry, Eggs & Bone Broth

Learn the difference between grass-fed and grain-fed meat as well as the benefits of pastured poultry, eggs and pork. We also will look at bone broth and why we want to re-introduce this nutrient-dense food into our diet.

Keyword: Nutrient

April 19	M	6:30-8 p.m.	\$24
Beatrice, AEC, 215	Weichel	BBBX-1251-BESA	

Location Key

Beatrice, AEC..... Southeast Community College, Beatrice Campus
Academic Excellence Center, 4771 W. Scott Road
Beatrice, SWTS.....Sifted Sweets, 108 S. Sixth St.
Beatrice, TRU..... Southeast Community College, Beatrice Campus
Truman Center, 4771 W. Scott Road

Meet & Eat: Sleep Deprivation, Insomnia & the Solution

Find out why 70 million Americans have sleeping problems and what you can do to help them. No one wants sleeping pills or their side effects. Start understanding the circadian rhythm and how it can affect your heart, as your chances of a stroke quadruples with insomnia. Also, learn what environmental and behavioral solutions you can do to help your insomnia.

Lunch included.

Keyword: Eat

April 20	T	Noon-1 p.m.	\$24
Beatrice, AEC, 134	Southwick	BBBX-2238-BESA	

One-on-One Voice Lessons

Students will learn the basics of vocal technique, style, expression, artistry, performance, and audition preparation through one-on-one apprentice-style vocal instruction. All levels of music-lovers are welcome to come and improve their singing skills. Styles include classical, sacred, musical theater, and pop. Music reading skills will be offered, if needed, to help with the essentials of musicianship.

Repertoire selection will be made by student and instructor together. Dr. Jon Gruett has more than 35 years of experience as an instructor in academia and professional musical theater. After registration, a college representative will contact you to discuss your training needs. Training is scheduled at a time convenient for the student and instructor.

Keyword: Voice

Arranged			\$99
Beatrice, TRU, 207	Gruett	BBBX-1004-BESA	

Cupcake Kids

Ages 6-12

Kids will learn the “fun”amentals of cake decorating and kitchen safety in this hands-on class. Learn how to frost and decorate cupcakes with seasonal themes.

Cost includes cupcakes, frosting and all supplies. Bring a rolling pin and an airtight container to take your finished cupcakes home.

Keyword: Cupcake

Stars & Stripes Cupcakes

June 25	F	9-11 a.m.	\$29
Beatrice, SWTS	York	BBBX-1081-BEUA	



www.ed2go.com/scnc

BROWSE COURSES IN

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical

Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing

Check out all classes offered at
www.southeast.edu/BeatriceCE
Find us on Facebook® at
www.facebook.com/scbeatricece

For more information, contact us at
800-828-0072 or continuinged@southeast.edu



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American		

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____

DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

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