Adult Pottery
This class is appropriate for all pottery experience levels. Participants will work at their own pace with instructor assistance. If you are new to pottery, learn how to get started. If you are a seasoned potter, join the class and learn some new techniques.

We will get dirty, so come dressed appropriately. Cost includes approximately 25 pounds of clay, glaze and use of tools and supplies.

Keyword: Pottery
May 11-June 22
Beatrice, TRU, 107
6:30-9 p.m.
BBB-1997-BESB
$79

Nutrient Dense Foods:
Grass-Fed Meat, Pastured Poultry, Eggs & Bone Broth
Learn the difference between grass-fed and grain-fed meat as well as the benefits of pastured poultry, eggs and pork. We also will look at bone broth and why we want to re-introduce this nutrient-dense food into our diet.

Keyword: Nutrient
April 19
Beatrice, AEC, 215
6:30-8 p.m.
BBB-1251-BESA
$24

Meet & Eat: Sleep Deprivation, Insomnia & the Solution
Find out why 70 million Americans have sleeping problems and what you can do to help them. No one wants sleeping pills or their side effects. Start understanding the circadian rhythm and how it can affect your heart, as your chances of a stroke quadruples with insomnia. Also, learn what environmental and behavioral solutions you can do to help your insomnia.

Lunch included.

Keyword: Eat
April 20
Beatrice, AEC, 134
T
Southwick
Noon-1 p.m.
BBB-2238-BESA
$24

One-on-One Voice Lessons
Students will learn the basics of vocal technique, style, expression, artistry, performance, and audition preparation through one-on-one apprentice-style vocal instruction. All levels of music-lovers are welcome to come and improve their singing skills. Styles include classical, sacred, musical theater, and pop. Music reading skills will be offered, if needed, to help with the essentials of musicianship.

Repertoire selection will be made by student and instructor together. Dr. Jon Gruett has more than 35 years of experience as an instructor in academia and professional musical theater. After registration, a college representative will contact you to discuss your training needs. Training is scheduled at a time convenient for the student and instructor.

Keyword: Voice
Arranged
Beatrice, TRU, 207
Gruett
BBB-1004-BESA
$99

Cupcake Kids
Ages 6-12
Kids will learn the “fun”damentals of cake decorating and kitchen safety in this hands-on class. Learn how to frost and decorate cupcakes with seasonal themes.

Cost includes cupcakes, frosting and all supplies. Bring a rolling pin and an airtight container to take your finished cupcakes home.

Keyword: Cupcake
Stars & Stripes Cupcakes
June 25
Beatrice, SWTS
9-11 a.m.
BBB-1081-BEUA
$29
You must have an email account to register online.

2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
   - Key Word Example: Driver
   - Course Number Example: TRAN-3398
3. Select the course for which you wish to register. Click Submit.
4. Enter your personal information, certify your identification and click Submit.
   - * You must provide your Social Security Number.
5. Optional: Enter your Additional Registration Information and click Submit.

* The College requires a student’s Social Security number as a condition for enrollment online. A student’s Social Security number information constitutes an “educational record” under FERPA.

---

**OR REGISTER BY MAIL, FAX OR IN PERSON**

**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student’s Social Security number during the admissions process. Visit [www.southeast.edu/collegecatalog](http://www.southeast.edu/collegecatalog) for additional information.

---

**Social Security Number OR SCC Student ID Number**

**First**

**Middle Initial**

**Last**

**Birth Date**

---

**Residence Mailing Address**

**City**

**State**

**Zip**

**County #**

**Email Address**

**Cell Phone**

---

**Ethnicity (select one):**

- Hispanic or Latino
- Not Hispanic or Latino

**Race (Select one or more):**

- White
- Asian
- Native Hawaiian/Other Pacific Islander
- Black/African-American

---

**COURSE NUMBER**

**TITLE**

**START DATE**

**COST**

---

**TOTAL DUE**

---

**SIGNATURE**

- Check
- Cash
- Mastercard
- American Express
- Discover
- VISA
- V Code

- Name as it appears on card:
- Exp.Date
- CC #

**Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)**

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

---

**FOR OFFICE USE ONLY**

- ID# __________________
- DE __________________
- Amount Received $ __________

---

**SCC Staff Tuition Waiver**

- [ ] Yes
- [ ] No

---

**Today’s Date**

---

**SCC Student ID Number**

---

For additional information, please visit the SCC Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Requests concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.