Nutrient Dense Foods:
Grass-Fed Meat, Pastured Poultry, Eggs & Bone Broth
Learn the difference between grass-fed and grain-fed meat as well as the benefits of pastured poultry, eggs and pork. We also will look at bone broth and why we want to re-introduce this nutrient-dense food into our diet.

**Keyword: Nutrient**

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Registration Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 19</td>
<td>M</td>
<td>6:30-8 p.m.</td>
<td>Beatrice, AEC, 215</td>
<td>Weichel</td>
<td>BBBX-1251-BESA</td>
</tr>
</tbody>
</table>

**$24**

Cupcake Kids
Ages 6-12
Kids will learn the “fun”damentals of cake decorating and kitchen safety in this hands-on class. Learn how to frost and decorate cupcakes with seasonal themes.
Cost includes cupcakes, frosting and all supplies. Bring a rolling pin and an airtight container to take your finished cupcakes home.

**Keyword: Cupcake**

<table>
<thead>
<tr>
<th>Date</th>
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<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Registration Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 25</td>
<td>F</td>
<td>9-11 a.m.</td>
<td>Beatrice, SWTS</td>
<td>York</td>
<td>BBBX-1081-BEUA</td>
</tr>
</tbody>
</table>

**$29**

Sourdough Bread 101
Sourdough is a treasured part of many kitchens. With flour, water and a little bit of patience, you will have your very own bubbly, active starter ready to make your incredible sourdough bread. Get tips, tricks and some tasty recipes.

**Keyword: Bread**

<table>
<thead>
<tr>
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<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Registration Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 11</td>
<td>M</td>
<td>6:30-7:30 p.m.</td>
<td>LIVE Online, Zoom</td>
<td>Kreikemeier</td>
<td>AREA-4328-TCSA</td>
</tr>
<tr>
<td>May 13</td>
<td>Th</td>
<td>6:30-7:30 p.m.</td>
<td>LIVE Online, Zoom</td>
<td>Kreikemeier</td>
<td>BBBX-2032-TCSA</td>
</tr>
</tbody>
</table>

**$12**

Basic Art of Cookie Decorating
We will learn all the basics: how to prepare a cookie for decorating, how to color and create different icing consistencies, how to find and use cookie decorating tools and special techniques to give your cookies the professional look!
Students pick up cookie kits at Simply Home Sweet Home.

**Keyword: Cookie**

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Registration Code</th>
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</thead>
<tbody>
<tr>
<td>April 26</td>
<td>M</td>
<td>6:30-8:30 p.m.</td>
<td>LIVE Online, Zoom</td>
<td>Wolcott</td>
<td>AREA-4423-TCSA</td>
</tr>
<tr>
<td>May 25</td>
<td>T</td>
<td>6:30-8:30 p.m.</td>
<td>LIVE Online, Zoom</td>
<td>Wolcott</td>
<td>AREA-4423-TCUA</td>
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<td>June 21</td>
<td>M</td>
<td>6:30-8:30 p.m.</td>
<td>LIVE Online, Zoom</td>
<td>Wolcott</td>
<td>AREA-4423-TCUB</td>
</tr>
</tbody>
</table>

**$71**

For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.


For more information, contact us at 800-828-0072 or continuinged@southeast.edu

Check out all classes offered at [www.southeast.edu/BeatriceCE](http://www.southeast.edu/BeatriceCE)
Find us on Facebook® at [www.facebook.com/sccbeatricece](http://www.facebook.com/sccbeatricece)
Flowering Cupcakes
Learn the art of putting gorgeous designs on top of cupcakes. Basic borders, flowers and fondant skills will be taught. No experience necessary.

A supply list will be emailed one week prior to class.

**Keyword: Cupcakes**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 19</td>
<td>6:30-9:30 p.m.</td>
<td>M. Wolcott</td>
<td>AREA-4588-TCSB</td>
</tr>
<tr>
<td>May 18</td>
<td>6:30-9:30 p.m.</td>
<td>T. Wolcott</td>
<td>AREA-4588-TCSB</td>
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<td>June 14</td>
<td>6:30-9:30 p.m.</td>
<td>M. Wolcott</td>
<td>AREA-4588-TCSB</td>
</tr>
</tbody>
</table>

**Homemade Kolaches**
Entice any guest in your home with the sweet smell of home baked goods. Learn how to make the versatile dough that can be used to make Kolaches from a local expert. You will have the opportunity to make several Kolaches. Recipes for homemade fillings will be included with the Sweet Roll Dough recipe.

A supply list will be emailed one week prior to class.

**Keyword: Kolaches**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Instructor</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>May 8</td>
<td>9:30-11:30 a.m.</td>
<td>S. Brunkow</td>
<td>AREA-4503-TCSB</td>
</tr>
</tbody>
</table>

Food Protection Manager Online Class
This class is accepted by the Lincoln Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

Students receive their assignments online through SCC's online learning platform. Upon completion of each reading assignment, students will complete an online quiz. A minimum grade of 80% is required on each quiz to qualify the student to take the final ServSafe exam.

The ServSafe exam is taken online in the SCC Testing Center in Beatrice or Lincoln or at the Learning Center at Hebron or Nebraska City.

Students need: computer with high-speed internet connection, working knowledge of computer and internet experience. Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access.

You may register at any time for this class. After you register online, purchase the book “ServSafe Manager” at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. For registration and log-in information, go to http://bit.ly/sccfoodprotectionmanager.

To register and pay, go to http://bit.ly/RegisterCE.

**Keyword: Protection**

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

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**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home.

Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

*Have an idea for a class that could be offered live online? Please submit your idea at [https://bit.ly/sccceonlinecourses](https://bit.ly/sccceonlinecourses).*

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Register Online for
SCC Continuing Education Classes

You must have an email account to register online.


2. Search for your class by entering either a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
   - Key Word Example: Driver
   - Course Number Example: TRAN-3398

3. Select the course for which you wish to register. Click Submit.

4. Enter your personal information, certify your identification and click Submit.
   - * You must provide your Social Security Number.

5. Optional: Enter your Additional Registration Information and click Submit.

6. If you want to register for additional classes, select Search for more classes under “Choose one of the following.” If you are finished selecting the class(es) for which you want to register, select Register now (check out). Select your Payment Type. Click Submit.

7. Enter your payment information. Click Submit.

You will see your class acknowledgement with information about your SCC Student ID Number, SCC User ID and password. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.