Youth Archery League
Ages 10-14
Six week archery league for the young archery enthusiasts wanting to shoot in a more competitive setting.

Keyword: Archery
June 2-23
Hebron, HNAR
L Larson
10-11 a.m.
AREA-8481-HNUA
$29

Adult Archery League
Six-week adult archery league for archery enthusiasts wanting to shoot in a more competitive setting. This summer league is open to anyone who enjoys archery, beginner to expert levels welcome.

Must be 19 years of age. To allow for social distancing, shoot times will be arranged individually each week.

Keyword: Archery
June 7-28
Hebron, HNAR
L Norder
Arranged
AREA-8450-HNUA
$29

NEW! Cardio Boxing Class
Cardio Boxing offers a high intensity, cardiovascular workout that combines basic boxing techniques and dynamic conditioning exercises. It is similar to Cardio Kickboxing, but without the kicks. Help build stamina, improve flexibility and burn calories as you build lean muscle.

No equipment needed. Need to wear comfortable clothes and supportive shoes.

Keyword: Cardio
May 1-June 12
LIVE Online, Zoom
S Waters
9-9:45 a.m.
No class May 29
AREA-8523-TCSA
$25

Body Sculpting: Butts & Guts
Join our special focus class just for your lower body! This workout routine is designed to help shape and tone belly and buttocks muscles, along with increasing lower body strength, burning fat and building lean muscle. You will learn how to utilize proper form to avoid injury and gain results.

Students should wear workout attire (comfortable pants/shirt/tennis shoes) and bring water and a towel (optional.)

Keyword: Sculpting
June 1-22
LIVE Online, Zoom
T Waters
6-7 p.m.
AREA-8505-TCUA
$31

Location Key
Hebron, HNAR.................................Hebron Archery Range, S. Fourth St.

For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home.

Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at https://bit.ly/sccceonlinecourses.

BROWSE COURSES IN

Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical
Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing

For more information, contact Crystal Fangmeier at 800-828-0072, ext. 5591, or cfangmeier@southeast.edu

Check out all classes offered at www.southeast.edu/HebronLC
Find us on Facebook at www.facebook.com/SCCLearningCenteratHebron

Cancellation/Refund Policy: You must call the Continuing Education office at 402-427-2750 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.
REGISTER ONLINE

You must have an email account to register online.

2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
   - Key Word Example: Driver
   - Course Number Example: TRAN-3398
3. Select the course for which you wish to register. Click Submit.
4. Enter your personal information, certify your identification and click Submit.
   * You must provide your Social Security Number.
5. Optional: Enter your Additional Registration Information and click Submit.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an “educational record” under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON

Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number Birth Date Name: Last
First
Middle Initial
County #
City State Zip
Residence Mailing Address

Email Address

Cell Phone

Ethnicity (select one):
- Hispanic or Latino
- Not Hispanic or Latino

Race (Select one or more):
- White
- Asian
- American Indian/Alaska Native
- Native Hawaiian/Other Pacific Islander
- Black/African-American
- Other

I identify as:
- Male
- Female
- Nebraska Resident
- Non-Resident

COURSE NUMBER TITLE START DATE COST

________________________________________

________________________________________

________________________________________

________________________________________

________________________________________

________________________________________

TOTAL DUE

________________________________________

SIGNATURE

________________________________________

Would you like a receipt mailed to you? Yes No

SCC Staff Tuition Waiver

Today's Date

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the course(s) listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit this form; 3) that I must provide the College full and true information contained herein is correct as stated; and, 4) any changes in S.I.D., legal name, address, residence, etc. must follow the College procedures contained in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Requests concerning the application of SCC’s policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or via SCC email info.