Kayak Fishing
Fishing from a kayak? You bet! Enjoy the up-close and extreme experience of kayak fishing. We will provide professional instruction for the complete novice as well as the more advanced kayak anglers. Catch largemouth bass, panfish and catfish in some of the most scenic waters in southeast Nebraska.

Fishing equipment, paddles and personal floating devices will be provided. Park permits will be necessary to enter the recreation area.

Keyword: Fishing
July 12-26
Auburn, DCL
M 6-9 p.m.
Hughes
AREA-8699-NCUA

Adult Swim Lessons
Would you like to gain confidence in the water? It’s never too late to learn to enjoy swimming and other water activities. Lessons will include safe entry/exit, floating, rotary breathing, flutter kicking, treading water, submersion, and survival techniques.

Keyword: Swim
July 14-30
NE City, SAC
T, Th 11-11:45 a.m.
Ward
AREA-8522-NCUA

Effective No-Equipment Exercises
Have you wanted to exercise but always felt like you needed special gym or home equipment to do so? You will be introduced to exercises that do not require equipment. Different variations of exercise will be explored and discussed so you can find what works best for your time and lifestyle.

Wear comfortable clothes and shoes.

Keyword: Exercises
July 31-Aug. 28
LIVE Online, Zoom
S 9-10 a.m.
Waters
AREA-8553-TCUWA

Body Sculpting: Butts & Guts
Join our special focus class just for your lower body! The belly and buttocks muscles are the focus for shaping, along with increasing lower-body strength, burning fat and building lean muscle. How to utilize proper form to avoid injury and gain results are discussed.

Wear comfortable loose clothes.

Keyword: Sculpting
July 13-Aug. 3
LIVE Online, Zoom
T 6-7 p.m.
Waters
AREA-8505-TCUWB

For more information, contact Cindy Meyer at 800-828-0072, ext. 3636, or cmeyer@southeast.edu

Location Key
Auburn, DCL.......................................................... Duck Creek Lake, 736 Road
(6 miles north of Auburn, 2 miles east of Hwy 75 on 736 Road)
NE City, SAC..............Steinhart Aquatic Center, 121 S. Steinhart Park Road

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.
You must have an email account to register online.

2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
   Key Word Example: Driver
   Course Number Example: TRAN-3398
3. Select the course for which you wish to register. Click Submit.
4. Enter your personal information, certify your identification and click Submit.
   * You must provide your Social Security Number.
5. Optional: Enter your Additional Registration Information and click Submit.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

You will see your class acknowledgement with information about your SCC Student ID Number, SCC User ID and password. Print this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

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**Registration Form - Non-Credit Course**

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number | Birth Date | Name: Last | State | Zip | County #
--------------------------------------------------|----------|--------------|-------|-----|------------------

Residence Mailing Address | City | Cell Phone | Home | Business Phone
--------------------------|------|------------|------|-------------

Email Address

I identify as: ☐ Male ☐ Female ☐ X (Gender variant/Non-binary)
☐ Nebraska Resident ☐ Non-Resident
Ethnicity (select one): ☐ Hispanic or Latino ☐ Not Hispanic or Latino
Race (Select one or more): ☐ White ☐ Asian ☐ American Indian/Alaska Native ☐ Native Hawaiian/Other Pacific Islander ☐ Black/African-American

COURSE NUMBER | TITLE | START DATE | COST
---------------|-------|------------|--------
               |       |            | $      |
               |       |            | $      |
               |       |            | $      |
               |       |            | $      |

TOTAL DUE

Would you like a receipt mailed to you? ☐ Yes ☐ No

SCC Staff Tuition Waiver ( )

FOR OFFICE USE ONLY

ID# __________________

Submit your application for review at www.southeast.edu/continuing/registration.

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For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

**Register Online**

You must have an email account to register online.

2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
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