

Explore

Summer 2021



NEW! What are Cannabinoids?

Increasing market awareness of cannabinoids creates a fast-moving and exciting segment of the marijuana and hemp industry. Product manufacturers, researchers and regulatory bodies are all racing to sort out how to address the fact that everyone from PTSD sufferers to soccer moms to cancer communities to mental health practitioners all want these cannabinoids now for their health and wellness, medicinal and lifestyle attributes. Let's sort out fact from fiction, talk about the existing scientific and clinical data, and cover some of the challenges to continued market development.

Leading this class is Dr. Andrea Holmes, Director of Cannabis Studies and Professor of Chemistry at Doane University.

Keyword: Cannabinoids

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|-------------------|--------|----------------|------|
| July 17 | S | 9 a.m.-Noon | \$39 |
| Lincoln, CEC, 302 | Holmes | LLLX-1999-CEUA | |

NEW! One if by Land, Two if by TEA

Enjoy history? This Zoom class may just be your cup of tea! Discover the events leading up to the Boston Tea Party, the expansion of the 18th Century tea industry and which teas were involved. Maybe you are enjoying a cup of history. Join us for a revolutionary good time.



Keyword: Land

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|-------------------|--------|-----------------|------|
| Sept. 22 | W | 6:30-8 p.m. | \$15 |
| LIVE Online, Zoom | Hefley | LLLX-0143-TCFCA | |

Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. In this session, you will gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, we will explore many options. Attendees will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others!



Keyword: Gratitude

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| Sept. 1 | W | 6-7:30 p.m. | \$19 |
| LIVE Online, Zoom | Van Winkle | LLLX-1127-TCFCA | |

Online Buying & Selling

Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook® marketplace and eBay®) and how selling on these sites really works. We will talk about "gotchas" and types of payment processing.

This class is for personal sales ONLY. Business interest is welcome but it won't be the focus of the class.

Keyword: Selling

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| Sept. 15 | W | 6-8 p.m. | \$29 |
| Lincoln, CEC, 404 | T. Jensen | LLLX-0531-CEFA | |

Passwords, Logins, IDs, OH MY!

In this age of electronic information and security concerns, password management is a must. Discover best practices to keeping your passwords and private information secure. We'll cover both mobile and home data security.



You will want to watch Zoom on a desktop/laptop and have your mobile device fully charged.

Keyword: Passwords

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| Sept. 16 | Th | 6-8 p.m. | \$29 |
| LIVE Online, Zoom | T. Jensen | LLLX-0673-TCFCA | |

Beginning Handweaving

Weave a "Sampler" on a four-harness table loom. Learn the terminology, how to measure warp and weft, thread a loom and WEAVE!

All supplies will be furnished. This is a three-Saturday class, and you must be able to attend all three sessions. Please bring a sack lunch. There is a \$40 supply fee payable at the first class to the Handweavers Guild. Check or cash only for supplies.

Keyword: Handweaving

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| July 24-Aug. 7 | S | 9 a.m.-2:30 p.m. | \$45 |
| Lincoln, WEAV | Hand Weavers Guild | LLLX-1005-OCUA | |



For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

Location Key

Lincoln, CEC.....Jack J. Huck Continuing Education Center, 301 S. 68th St. Place
 Lincoln, WEAV..... The Weavers Studio, 3843 S. 48th St., Lower Level (West of 48th on Cooper Avenue) Follow the sidewalk to the lower level entrance at the back of the building. On street parking ONLY.)

Treasure Hunting 101

Discovering lost and hidden treasures may appeal to the adventurer in you, but you don't have to fly off to distant locations. In fact you don't have to leave your hometown. Treasure Hunter Nathan Schwenke will lead this interesting and fun class as you discover hunting, equipment, types of treasure you might find and what to do with them. This class will fill quickly, so don't wait to sign up!

Keyword: Treasure

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| July 17 Lincoln, CEC, 302 | S Schwenke | 9 a.m.-Noon LLLX-0855-CEUB | \$29 |
| Sept. 25 Lincoln, CEC, 214 | S Schwenke | 9 a.m.-Noon LLLX-0855-CEFA | \$29 |

Improv 102

Join the fun in Improv 102 as we build on basic improvisation skills. Using a variety of games and formats, we will focus on building relationships, developing characters and refining performance skills to help you develop the playful improviser within yourself. We will be showing off our skills at the last class.

Improv 101 is not a prerequisite for this course. However, some experience with improvisation would be helpful.

Keyword: Improv

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| July 13-Aug. 3 Lincoln, CEC, Aud | T Mittan | 7-8:30 p.m. LLLX-1668-CEUA | \$49 |
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Tired of Cable TV, Dish or Direct TV? Cut the Cord!



If you've been thinking about changing how you watch TV, or are just interested in a new option, this class is for you. We'll look at all of the streaming services available to you to help you make a choice if you want to move to this new era of watching television and other media content. We will cover Hulu Live, YouTubeTV, AppleTV+, Sony Vue, Netflix, and others.

Keyword: Cable

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| Sept. 20 LIVE Online, Zoom | M T. Jensen | 6-8 p.m. LLLX-1154-TCFCA | \$29 |
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Downsizing: Keep, Sell or Donate

Whether downsizing to a smaller home or dispersing the contents of a loved one's estate, collectibles expert and professional appraiser Tom Bassett helps to simplify the process. With practical, down-to-earth advice, discover how to determine what to sell, keep or toss.

Keyword: Downsizing

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| July 12 Lincoln, CEC, Aud | M Bassett | 6:30-8:30 p.m. LLLX-0109-CEUA | \$39 |
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For more information, contact us at
800-828-0072 or continuinged@southeast.edu

Location Key

Lincoln, CECJack J. Huck Continuing Education Center,
301 S. 68th St. Place

Check out all classes offered at www.southeast.edu/continuing
Find us on Facebook® at www.facebook.com/SCCNebCE

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

| | | | | | | |
|--|---|---|------------|--|-------|----------------|
| Social Security Number OR SCC Student ID Number | | Birth Date | Name: Last | | First | Middle Initial |
| Residence Mailing Address | | | City | State | Zip | County # |
| Email Address | | Cell Phone | | <input type="checkbox"/> Home <input type="checkbox"/> Business Phone | | |
| I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female | <input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident | Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino | | Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American | | |

| COURSE NUMBER | TITLE | START DATE | COST |
|---------------|-------|------------|------|
| - | - | - | \$ |
| - | - | - | \$ |
| - | - | - | \$ |
| - | - | - | \$ |

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp.Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____
DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.

Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>.
2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
5. *Optional*: Enter your **Additional Registration Information** and click **Submit**.
6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.



301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703
www.southeast.edu/continuing

* The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.