WHERE WILL YOU GO NEXT?

CPR & First Aid
p. 2

Electrical Fundamentals
p. 5

16th Annual Nebraska Cyber Security Conference
p. 9
WHAT ARE NON-CREDIT COURSES?
These are designed to enhance your current workforce skills, upgrade your job skills, or for personal pleasure. Each quarter, new specialty classes appear, and new academic and technical courses are added. Classes are small, and instructors understand the needs of adult learners.

WHAT ARE CREDIT COURSES?
Program credit courses may be taken without being admitted to an SCC degree program. If you would like to pursue a particular Program of Study and earn a college degree, contact the Admissions Office. You can request program information by calling 402-437-2600 or visiting www.southeast.edu.

At SCC, you can take classes for non-credit or credit. For college updates, visit www.southeast.edu/covid-19

The SCC Continuing Education USPS 024-108 (Volume 18, Number 1) class schedule is published 4 times per year (one in February, one in May, one in August, and one in November). The SCC Continuing Education class schedule is produced by the SCC Continuing Education Division, in cooperation with the SCC’s Public Information Office, 301 S. 68th Street Place, Lincoln, NE 68510. Application to mail at periodical postage rate has been approved at Lincoln, Neb. POSTMASTER: Send address changes to SCC Continuing Education, 301 S. 68th Street Place, Lincoln, NE 68510.
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<td>31. Mind &amp; Body</td>
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<td>33. Sports, Recreation &amp; Fitness</td>
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<td>34. Youth</td>
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<tr>
<td>12. Accounting &amp; Financials</td>
<td>35. Motorcycle Safety</td>
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<tr>
<td>12. Social Media for Business</td>
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<td>14. Real Estate/Pre-Licensure Preparation</td>
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<td></td>
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Questions?
Email continuinged@southeast.edu
Call 402-437-2700 or 800-828-0072

This class schedule is printed on recycled paper.
CPR/BasIC lIfe support/ fIrst aId

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and developed instructional materials for this purpose. Use of these materials in an education course does not represent course sponsorship by the AHA. Any fees charged for such a course, except a portion of the fees needed for AHA course material, do not represent income to the AHA.

The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and the class meets the requirements from your employer, licensing agency, or school. Cost includes book and card, where applicable. Students will receive the CPR/First Aid card within 14 business days of successful course completion. AHA cards expire two years from the end of the month of the issue date.

Students are required to attend the entire class you have enrolled in to receive a card. If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours’ notice before the first day of class to drop or change any CPR or First Aid class.

Heartsaver® First Aid Online + Skills Session
This AHA Heartsaver® First Aid course is offered in a convenient online format you can take in the comfort of your home. You only need to meet in person once for the skills session after you complete the online portion of the class.

When registering, include your email address. Once you’ve completed the online portion, you will print your Online Course Completion Certificate. For admission into the Skills Session, you must have this certificate with you.

This class meets the First Aid requirements for day cares.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Key Code</th>
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<tbody>
<tr>
<td>Sept. 8</td>
<td>W</td>
<td>7-7:45 p.m.</td>
<td>Lincoln, CEC, 109B</td>
<td>HLTH-3205-HBFCB</td>
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<tr>
<td>Oct. 5</td>
<td>T</td>
<td>6:30-7:15 p.m.</td>
<td>York, YKLC, K</td>
<td>HLTH-3205-HBFYA</td>
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<td>Nov. 3</td>
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<td>HLTH-3205-HBFCB</td>
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</tbody>
</table>

Heartsaver® First Aid
If you respond to first aid emergencies in the workplace, this class is perfect for you. Learn how to manage illness and injuries in the first few minutes until the arrival of medical professionals.

This class meets the first aid requirement for day cares.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Key Code</th>
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<td>M</td>
<td>6-9:30 p.m.</td>
<td>Lincoln, CEC, 109B</td>
<td>HLTH-3204-CEF0</td>
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</table>

CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)
Need your professional certification in AHA CPR Basic Life Support and want a convenient way of getting it? This online class is for you! You will only need to meet in person once for the Skills Session after you complete the online portion of the class.

When registering, include your email address. Once you’ve completed the online portion, you will print your AHA Online Course Completion Certificate. For admission into the Skill Session, you must have this certificate with you.

This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Key Code</th>
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<tbody>
<tr>
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<td>HLTH-3253-HBFCB</td>
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<td>HLTH-3253-HBFCC</td>
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<td>Lincoln, CEC, 109B</td>
<td>HLTH-3253-HBFCD</td>
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<td>Lincoln, CEC, 109B</td>
<td>HLTH-3253-HBFCE</td>
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<td>Lincoln, CEC, 109B</td>
<td>HLTH-3253-HBFCH</td>
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</tbody>
</table>

Space is limited. Register today!
CPR Basic Life Support (for Health Care Professionals)

Sign up for this CPR BLS training, and learn all that you need to know in performing CPR and using an AED and responding to foreign-body airway obstruction.

Course cost does not include BLS Provider Manual. You may purchase the manual through the AHA website or the SCC Campus Store. The book is NOT required.

(0.45 CEUs) This course is for healthcare providers: nurses, EMTs, doctors, lifeguards, etc.

Keyword: CPR

<table>
<thead>
<tr>
<th>Course</th>
<th>Times</th>
<th>Location</th>
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<td>Sept. 13 M</td>
<td>5:30-10 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CEEF</td>
</tr>
<tr>
<td>Sept. 16 Th</td>
<td>5:30-10 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CEDG</td>
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<tr>
<td>Sept. 22 W</td>
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<tr>
<td>Sept. 25 L</td>
<td>9 a.m.-1:30 p.m.</td>
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<td>Sept. 30 Th</td>
<td>5:30-10 p.m.</td>
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<td>Oct. 5 L</td>
<td>5:30-10 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CEK</td>
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<td>Oct. 14 Th</td>
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<td>9 a.m.-1:30 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CFEM</td>
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<td>Oct. 18 M</td>
<td>5:30-10 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CEFM</td>
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<td>Oct. 28 Th</td>
<td>5:30-10 p.m.</td>
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<td>9 a.m.-1:30 p.m.</td>
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<td>5:30-10 p.m.</td>
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<td>9 a.m.-1:30 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CEFM</td>
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<td>Nov. 15 M</td>
<td>5:30-10 p.m.</td>
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<td>Nov. 18 Th</td>
<td>5:30-10 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CEFT</td>
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<tr>
<td>Nov. 22 M</td>
<td>5:30-10 p.m.</td>
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<td>Dec. 1 W</td>
<td>5:30-10 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CETF</td>
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<td>5:30-10 p.m.</td>
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<td>Dec. 22 W</td>
<td>5:30-10 p.m.</td>
<td>Lincoln, CEC, 109B HLTH-3251-CEFB</td>
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CPR AED & Heartsaver® First Aid

Learn the skills needed to respond to emergency situations regarding illness, injury and CPR for adults, children and infants.

This class meets requirements for day cares.

Keyword: Aid

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<tr>
<th>Course</th>
<th>Times</th>
<th>Location</th>
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<tbody>
<tr>
<td>Dec. 11 S</td>
<td>9 a.m.-3:30 p.m.</td>
<td>Falls City, FCLC, 102 HLTH-3209-FCF</td>
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</table>
EMS Instructor Course
This 48-hour EMS instructor Course focuses on the methodologies of preparation, presentation and evaluation in the classroom. Upon completion of this course the student will develop a topic for presentation using appropriate methods and tools.

To become a Nebraska licensed EMS Instructor, you are required to have a valid EMT license or higher for a minimum of three years. For more information, contact Jennifer Keitges at jkeitges@southeast.edu or 402-437-2705.

Health Care Providers

Southeast Community College is an approved provider of nursing continuing professional development by Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

For a full list of continuing education courses, visit http://bit.ly/ecnursingprofessionals. For questions, email continuinged@southeast.edu.

RN/LPN Refresher
Do you want to get back into nursing and need to reinstate or reactivate your RN or LPN License? This class is meets the requirements for a refresher course as outlined by the Nebraska Board of Nursing. This course updates the nurse’s knowledge and clinical skills required for the delivery of professional nursing care in today’s health care system. This course provides interactive learning experiences that enable you to expand knowledge and skills as you prepare for re-entry into nursing practice.

This course consists of 60 contact hours of online learning and 90 hours of skills/lab and clinical work is required. It will run approximately 16 weeks. To use this course to reinstate your nursing license, you must successfully complete the lecture, lab and clinical portions of the course. It will include the mandatory eight-hour IV training that all LPNs are required to have.


Abuse & Neglect Prevention for Nursing Assistants
Do you need the Abuse & Neglect Prevention course to be placed on the Nebraska Nurse Aide Registry? Register for this course at any time and take it in the comfort of your own home.

(0.1 CEU) Once you have completed the one-hour online in-service, the state is notified by email that you have completed the course. NOTE: For successful completion, you must spend an hour online and get 100% on the quiz which is over the material you have read and the videos you have watched. You can take the quiz as many times as needed. To register and pay, go to http://bit.ly/RegisterCE.

Intravenous Therapy: Current Standards of Practice 1 & 2
ATTENTION LPNs: If you graduated before May 2016 or have not successfully completed the LPNC course, you must complete an approved eight-hour didactic course on IV therapy by August 2022! RNs are welcome to take these classes, also.

Intravenous Therapy: Current Standards of Practice 1 (Online Course)
This eight-hour course meets the requirement for all LPNs. Topics covered will be legal aspects of IV therapy, peripheral IVs and central lines. You can work at your own pace in the comfort of your own home with several weeks to finish this class.

(8.0 contact hours) You must have access to a computer and the internet. The hands-on skills portion of this course will occur on Saturday and Sunday. To successfully complete this course, you must complete the online component and attend a four-hour lab session. Certificates will be mailed after the last day of class.

Intravenous Therapy: Current Standards of Practice 2 Skills
Prerequisite: You must take SCC’s Intravenous Therapy: Current Standards of Practice 1 course before or at the same time as this course or provide proof of completion of a similar course. This eight-hour course includes both online and face-to-face components. Successful completion of this course will meet the eight contact hours of IV therapy skills requirement for LPNs who wish to practice IV therapy.

Trauma Nursing Core Course
Do you want to become a Nebraska licensed EMS instructor? This course is designed for registered nurses who have at least six months of clinical nursing experience in an emergency care setting. This course consists of a combination of lecture and skills/lab components. Successful completion of the course requires 80% or greater on the multiple-choice exam and 70% or greater on the skill station evaluation. RN Candidates with successful completion will receive the EMT TNCC four-year provider verification card. All attendees will be awarded 18.3 contact hour certificate for course completion. The Emergency Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Courses are subject to change.

Intravenous Therapy: Current Standards of Practice 2 Skills (Hybrid Course)
Prerequisite: You must take SCC’s Intravenous Therapy: Current Standards of Practice 1 course before or at the same time as this course or provide proof of completion of a similar course. This eight-hour course includes both online and face-to-face components. Successful completion of this course will meet the eight contact hours of IV therapy skills requirement for LPNs who wish to practice IV therapy.

(8.0 contact hours) You must have access to a computer and the internet. The hands-on skills portion of this course will occur on Saturday and Sunday. To successfully complete this course, you must complete the online component and attend a four-hour lab session. Certificates will be mailed after the last day of class.
**AUTOMOTIVE**

**Troubleshooting Automotive Electrical System**
Covers basic principles and applications of electronic circuits, electromagnetism and the safe use of a Digital Multi-meter when measuring Volts, Amperes and Ohms. Includes circuit theory to understand Ohm’s Law for Series, Parallel, and Series Parallel circuits; the Design, safe operation and testing of lead acid storage batteries; troubleshooting electrical problems; read wiring schematics. (0.6 CEUs) Training consists of three hours lecture and three hours lab. Safety glasses must be worn at all times by students while in the shop, and loose clothing and jewelry are not allowed in the shop.

**Automotive Restoration & Collision Repair**
This is a 15-hour open lab/shop course designed to teach the basics of dent repair, metal fabrication and the use of plastic fillers. First-time students are required to complete safety/shop orientation at the first session. Goggles, earplugs and dust masks are required.

**Electrical Fundamentals**
Covers basic principles and applications of electrical systems from a troubleshooting perspective. Learn what to expect in operational series, parallel and combination circuits through measuring voltage, resistance and current flow with digital multimeters. Topics include electrical terminology, Ohm’s Law, schematic reading, components, wiring, operational series, parallel and combination perspectives. Learn what to expect in fundamentals from a troubleshooting perspective. (0.6 CEUs) Training consists of three hours lecture and three hours lab. Safety glasses must be worn at all times by students while in the shop, and loose clothing and jewelry are not allowed in the shop.

**Electrical Troubleshooting**
Prerequisite: Electrical Fundamentals (ELEC-6075) and Motor Controls & Relay Logic (ELEC-6076) or equivalent
Use training equipment with industry-standard devices to improve electrical troubleshooting skills. Includes proven tips and techniques for experts and beginners. (2.4 CEUs) **Gap Assistance is available for those who qualify.** For more information, visit www.southeast.edu/gap. **Key Word: Electrical**

**Motor Controls for Electricians**
Prerequisite: basic electrical knowledge
Training consists of six hours (three hours lecture/three hours lab) that covers Motor Controls applicable to the Electrical trade. This is an excellent opportunity for individuals to apply theory to hands-on lab projects that reflect problems that may be encountered in one’s daily work. (0.6 CEUs) This training can be used to fulfill a portion of the bi-annual, non-code recertification as prescribed by the Nebraska State Electrical Division. **Key Word: Motor**

**Basic RS LOGIX 500, Allen-Bradley PLCs**
Prerequisite: Knowledge of industrial machine controls
This three-day session will provide general background theory, applications information and programming practice for mechanics, technicians and engineers who specify or maintain PLC-based systems using RS Logix 500. (2.4 CEUs) Class size limited to 12 to permit hands-on practice using Allen-Bradley PLCs and RSLogix 500 and RSLogix on training work stations. **Gap Assistance is available for those who qualify.** For more information, visit www.southeast.edu/gap. SCC staff tuition waiver doesn’t apply. **Key Word: Logix**

**Advanced RS LOGIX 500, Allen-Bradley PLCs**
Prerequisite: Basic RS LOGIX 500, Allen-Bradley PLCs (ELEC-6078) or equivalent
This course is intended to provide the skills needed to write, enter and test ladder logic programs (RS LOGIX 500) using advanced programming instructions such as: comparison, move, program control, shift registers, data handling, sequences, indirect addressing, interrupts and other topics. (2.4 CEUs) **Gap Assistance is available for those who qualify.** For more information, visit www.southeast.edu/gap. SCC staff tuition waiver doesn’t apply. **Key Word: PLC**

**Location Key** is on page 37.

**Space is limited. Register today!**

**Payment is due at time of registration for all non-credit classes.**
Variable Frequency Drives
This course gives maintenance technicians, specifiers and supervisors insights to basic theory, installation considerations, control wiring, and programming of parameters to utilize VFDs in industrial and commercial applications. An excellent opportunity for individuals to apply theory to hands-on lab projects that reflect problems that may be encountered in one’s daily work.

(1.6 CEUs) The class is approximately 50% hands-on utilizing actual industry devices. Gap Assistance is available for those who qualify. For more information, visit www.southeast.edu/gap. SCC staff tuition waiver doesn’t apply.

Variable Frequency Drives (VFD) for Electricians
Prerequisite: basic understanding of three-phase motors
Training consists of six hours (three hours lecture/three hours lab) that covers Variable Speed Motor Controls applicable to the Electrical trade. This is an excellent opportunity for individuals to apply theory to hands-on lab projects that reflect problems that may be encountered in one’s daily work.

(0.6 CEUs) This training can be used to fulfill a portion of the bi-annual, non-code recertification as prescribed by the Nebraska State Electrical Division.

Industrial Measurement, Sensors & Controls
This course is designed to increase skill levels for engineers, technicians, sales representatives, and anyone involved with manufacturing, process controls, energy generation or automation. Training includes lecture and hands-on usage of actual devices such as photo-electric, inductive, capacitive, and temperature sensors. Interface to PLCs and control techniques will be covered using Automation Direct Software. Topics covered include keyboarding, basic logic, Timers, Counters, number comparison and basic Math instructions.

(2.4 CEUs) Gap Assistance is available for those who qualify. For more information, visit www.southeast.edu/gap.

Basic Automation Direct PLC
Prerequisite: Basic familiarity with industrial machine controls
This class will provide general background theory, applications information and programming practice for DirectSoft PLC software. Topics covered include keyboarding, basic logic, Timers, Counters, number comparison and basic Math instructions.

(2.4 CEUs) Approximately 50% of class time is hands-on programming using the training equipment. Class size is limited to 12 to permit hands-on practice using Automation Direct software and simulator workstations. Gap Assistance is available for those who qualify.

For more information, visit www.southeast.edu/gap.

Keyword: PLC
Oct. 26-28 T, W, Th 8 a.m.-5 p.m. $659
Lincoln, CEC, 406 Aden ELEC-6331-CEFA

Fiber Optics

Certified Fiber Optics Boot Camp (CFOT, CFOS/S, CFOS/T)
This five-day boot camp includes three certified fiber optic courses (Certified Fiber Optics Technician, Certified Fiber Optics Specialist/Splicing, and Certified Fiber Optics Specialist/Testing & Maintenance). For full descriptions, visit www.southeast.edu/certfiberoptics.

Cost includes study materials, exam fees and textbooks for all three courses. Gap Assistance program is available to those who qualify. For more information, visit www.southeast.edu/gap. SCC staff tuition waiver does not apply. Canceling this Boot Camp requires a minimum of eight days advance notice to receive a full refund.

Keyword: Fiber
Oct. 18-22 M, T, W, Th, F 8 a.m.-6 p.m. $2,200
Lincoln, CEC, 403 ELEC-6065-CEFA

Forklift Operator
This course, designed for all operators, includes safety inspections; design restriction; lifting, moving, and placing loads; driving speeds; directions; and ramps. Students will perform a pre-start safety inspection and operate a forklift.

Students are required to purchase and bring textbook to class. It can be purchased at the SCC Campus Store in Lincoln (8800 O St., 402-437-2560) or Milford (600 State St.) or online at www.sccbookstore.com. Please allow 7-10 days if requesting delivery. SCC Certificate of completion will be given following the examination and completion of the course.

Keyword: Forklift
Oct. 2 S 8:30 a.m.-1:30 p.m. $99
Milford, CCDW, 119 Breidenstein TRAN-3928-MLEA
Nov. 6 S 8:30 a.m.-1:30 p.m. $99
Lincoln, LNK, M-8 Breidenstein TRAN-3928-LNFB
Nov. 13 S 8:30 a.m.-1:30 p.m. $99
Beatrice, FOR, 109 Breidenstein TRAN-3928-BEFA
Registration Deadline: Nov. 5
Dec. 11 S 9 a.m.-3 p.m. $99
Lincoln, LNK, M-8 Breidenstein TRAN-3928-LNFC
Fort Dodge, FDO, 107 Breidenstein TRAN-3928-FDFA
Half hour for lunch on your own. TRAN-3928-FCFA

Forklift

Manufacturer

Nebraska Finishing Technologies Certification Program
This class uses state-of-the-art virtual reality technology to provide hands-on training on increasing transfer efficiencies, decreasing material usage, spray booth maintenance, safety procedures, and environmental regulations. This technology shows each finisher how well they do within 1% for transfer efficiency and .5 mil for finish thickness.

(0.6 CEUs) Participants completing this training by passing an exam will earn a five-year certification that can be used as an option to satisfy the federal certification standard and the Nebraska hazardous air pollutant best available control technology requirements.

Keyword: Finishing
Oct. 16 S 8 a.m.-3 p.m. $239
Lincoln, CEC, 302 Jeravich AUTB-6101-CEFA

More information can be found on our website at www.southeast.edu/continuing.
**Welding**

**Gas Metal Arc Welding**

This is basic instruction in Gas Metal Arc Welding (MIG) for manufacturing.

(6.0 CEUs) Personal safety gear is required and can be purchased at your local farm store: welding gloves, safety glasses, helmet, pliers, burn jacket, boots, and vise grip. For full description, visit [www.southeast.edu/FallsCityLC](http://www.southeast.edu/FallsCityLC) under Business and Workforce Development.

**Gap Assistance program is available to those who qualify.** For more information, visit [www.southeast.edu/gap](http://www.southeast.edu/gap). SCC staff tuition waiver does not apply. Half-hour lunch on your own on Fridays.

**Keyword: Welding**

**Basic Welding**

This is an opportunity to learn basic welding skills and for experienced welders to enhance their skills. Classes include safe operation of stick, Mig, Tig and Oxyacetylene welders and related shop equipment through hands-on practical welding experiences.

(2.4 CEUs) Students will need to provide safety glasses, leather gloves, arc-welding helmet, and pliers. They must pass the shop safety test and wear leather boots, cotton pants/jeans (no shorts) and long-sleeve cotton shirt to remain in this class. Supplies can be purchased from the SCC Welding Technology program. **Gap Assistance program is available to those who qualify.** For more information, visit [www.southeast.edu/gap](http://www.southeast.edu/gap).

**Keyword: Welding**

**Customized Welding Training Offered for Your Company**

Looking to improve welding skills and techniques for your employees? SCC’s Workforce Solutions can work with your company to customize training for your business.

Contact Caleb Berg, Workforce Solutions, at 402-437-2508; 800-828-0072, ext. 2508; or cberg@southeast.edu. For welding courses for individuals, please see the Basic Welding class.

**Course Opportunities in**

- Ag Management
- Automotive
- Biotechnology
- Construction
- Design and Drafting Technology
- Electronics
- Energy Generation Operations
- Geographic Information Systems
- Horticulture
- Livestock Management
- Powersports Technology
- Professional
- Truck Driver Training

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**SHORT-TERM EDUCATION. LONG-TERM CAREER PATHS.**

Did you know that SCC offers credit courses without the need to pursue a degree?

Whether you are an individual looking for a new career or an employer needing to train current or prospective team members to fill in-demand positions, these courses could be your pathway to success!

For full list of classes available and to register, visit [www.southeast.edu/cesshorttermcredit](http://www.southeast.edu/cesshorttermcredit)
Computers & Technology

GETTING STARTED

INTRODUCTORY CLASSES

One-on-One Computer Training: 3 Hours
Three hours of personalized instruction on the computer topic that meets your need! Training is scheduled at an SCC facility at a time convenient for you and the instructor. Instructors are available for, but not limited to, the following topics: Windows, MS Office, Word, Excel, Access, Outlook, QuickBooks, social media, basic computer assistance, etc.

Intermediate Computer
Prerequisite: Basic Computer (OFFT-3502)
Maximize your computer knowledge! Take an in-depth look at managing files and folders and grow your computer skills. This class builds on skills learned in Basic Computer (OFFT-3502).

How Not to Get a Computer Virus
Learn how to detect and remove computer viruses. Even better, how to avoid them! This class also will cover cleaning up the computer, maintenance to keep it running smoothly, keeping components clean, as well as safe handling.

Computer Basics 101
This is a hands-on class in a non-threatening and fun environment for the person who did not grow up in a technology world but wants to learn to use the computer. Topics include components of the computer, including hardware and software; using the Windows desktop, menus and toolbars; creating and saving documents, managing files and folders, and navigating the internet.

Basic Computer
Begin learning computer terminology necessary in the 21st Century. You will learn how to use the internet, email, and word processing and spreadsheet applications. No experience needed!

Computer Basics 101
This is a hands-on class in a non-threatening and fun environment for the person who did not grow up in a technology world but wants to learn to use the computer. Topics include components of the computer, including hardware and software; using the Windows desktop, menus and toolbars; creating and saving documents, managing files and folders, and navigating the internet.

Class size is limited, and pre-registration is required.

Macintosh Basics
Prerequisite: Mac for the Beginner (GDMA-3612) or equivalent experience (Some mouse, typing and navigational skills are needed for this course.) Already know the basics of Mac OS but need help on the basics? Learn how to manage files and folders, customize your preferences, connect accessories, troubleshooting, and more. We will customize the topics to your needs.

Each class session is customized to the students’ needs.

Macintosh Classes

Intermediate Computer
Prerequisite: Basic Computer (OFFT-3502)
Maximize your computer knowledge! Take an in-depth look at managing files and folders and grow your computer skills. This class builds on skills learned in Basic Computer (OFFT-3502).

How Not to Get a Computer Virus
Learn how to detect and remove computer viruses. Even better, how to avoid them! This class also will cover cleaning up the computer, maintenance to keep it running smoothly, keeping components clean, as well as safe handling.

Classes for Seniors

Introduction to Personal Computers for the Senior Citizen II
This class is open to anyone looking to learn how to use a computer at a comfortable pace. This is a hands-on course with instructor guidance. No prior computer skills needed.

Let’s Do Lunch: Exploring Apps (Savvy Seniors!)
See page 32 for more information.

Location Key is on page 37.

Space is limited. Register today!
Courses are subject to change.

Register Today!  Go to Index

www.southeast.edu/continuing
Using the Cloud
What is “the cloud” and why do you need it? The cloud storage allows you to access a remote hard drive as if it were your own. If your personal hard drive should ever fail, you can access your files using “the cloud.” Find out about the various providers, pros, cons, and more.

Keyword: Cloud
Sept. 30 Th 6-8 p.m. $19
Live Online, Zoom Toma AREA-0901-TCFWA
Nov. 11 Th 6-8 p.m. $19
Live Online, Zoom Toma AREA-0901-TCFWB

Online Buying & Selling
Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook© and eBay®) and how selling on these sites really works. We will talk about “gotchas” and types of payment processing.

This class is for personal sales ONLY. Business interest is welcome but it won’t be the focus of the class.

Keyword: Selling
Oct. 18 M 6-8 p.m. $29
Live Online, Zoom T. Jensen LLLX-0531-TCFCA

Passwords, Logins, IDs, OH MY!
In this age of electronic information and security concerns, password management is a must. Discover best practices to keeping your passwords and private information secure. We’ll cover both mobile and home data security.

You will want to watch Zoom on a desktop/laptop and have your mobile device fully charged.

Keyword: Passwords
Oct. 20 W 6-8 p.m. $29
Live Online, Zoom T. Jensen LLLX-0531-TCFCA

Let’s Do Lunch: Basic Zoom
See page 32 for more information.

Digitizing Memories
See page 33 for more information.

Social Media
Facebook: Tips & Tricks
Class is designed for anyone who is interested in Facebook© and all of its features. Come and explore this interesting social networking tool.

NOTE: This is a personal Facebook© class, not a business focus. Very important: Bring your Facebook© account and password information or mobile device that you can use to reset your password.

Keyword: Facebook
Oct. 5 T 4-6:30 p.m. $24
Hebron, HNLC, 101 AREA-1397-HNFA

Introduction to Marketing Skills
See page 12 for more information.

Let’s Do Lunch: Basic Zoom
See page 32 for more information.

Programming & Networking
16th Annual Nebraska Cyber Security Conference
Tuesday, Oct. 19 • 8 a.m.-4 p.m.
Southeast Community College
8800 O St., Lincoln
OR Virtually through Zoom
Join us for the 16th Annual Nebraska Cyber Security Conference. Learn from cyber security experts from across the country. Seats are limited so register today.

Visit www.southeast.edu/ncsc for updates or contact Lora Ives, Training Solutions, at 402-437-2714; 800-828-0072, ext. 2714; or lives@southeast.edu for more information.

Back End Developer Bootcamp
This 18-week program will give you the skills to enter the industry as a Back End Software Developer.

Take our assessment and learn more information at www.southeast.edu/coding-bootcamp. The assessment is free and optional for anyone interested in this program.

Gap Assistance program is available to those who qualify. For more information, visit www.southeast.edu/gap.

Keyword: Bootcamp
Nov. 18-April 7 Th 7-8:30 p.m. $3,999
Live Online, Zoom Promineo INFO-7550-TCFCB

Front End Software Developer Bootcamp
In this 18-week Front End Software Developer bootcamp, students learn the skills and technologies necessary to enter the industry as a Front End Software Developer.

Skills and technologies include JavaScript, ES6, Algorithms, OOP, Design Patterns, Unit Testing, HTML, CSS, Bootstrap, JQuery, AJAX, Responsive Web Design, ReactJS, JSX, NPM, Redux, AWS, and more.

Take our assessment and learn more information at www.southeast.edu/coding-bootcamp. The assessment is free and optional for anyone interested in this program.

Gap Assistance program is available to those who qualify. For more information, visit www.southeast.edu/gap.

Keyword: Bootcamp
Oct. 21-March 10 Th 7-8:30 p.m. $3,999
Live Online, Zoom Promineo INFO-7551-TCFA
Dec. 15-April 27 Th 7-8:30 p.m. $3,999
Live Online, Zoom Promineo INFO-7551-TCFB

Adobe Creative Cloud Training Opportunities!
Want to bring the latest updates to Photoshop, InDesign or Illustrator to your workplace? Contact us to learn more about customized training opportunities either at your location or at the Jack H. Huck Continuing Education Center in Lincoln.

Contact Workforce Solutions at continuinged@southeast.edu or 402-437-2700.

Adobe Acrobat DC Pro
Prerequisite: Word Basic or equivalent experience
Learn how to create functional PDF forms out of almost any document. This is a great class for anyone in charge of creating and modifying documents in a workplace.

Keyword: Adobe
Oct. 15 F 8:30 a.m.-4:30 p.m. $199
Lincoln, CEC, 402 Beck GDMA-7034-CEFA

Introduction to InDesign CC
Prerequisite: Windows Operating System experience and knowledge of Adobe CC software
Learn the fundamentals of InDesign. In this hands-on class you will learn core features and start to create your own projects. This class is for the beginner or anyone looking to brush up on their skills.

While taught in a Windows environment, the skills learned in this class are easily transferred to a Macintosh environment.

Keyword: InDesign
Nov. 13 S 8:30 a.m.-Noon $199
Lincoln, CEC, 402 Beck GDMA-3697-CEFA

Payment is due at time of registration for all non-credit classes.
Adobe Creative Cloud: Introduction to Premiere Pro
Prerequisite: Experience navigating in Mac or PC environment
Learn the fundamentals of Adobe Premier Pro Creative Cloud. It will focus on key skills to take a project from the beginning to end, including the basics on things like organizing media, using audio, creating transitions, producing titles, and adding effects.

Nov. 20 S 8:30 a.m.-4:30 p.m. $799
Lincoln, CEC, 402 Beck
GDMA-3653-CEFA

Photography Classes
See pages 32-33 for more information.

Microsoft Office
SCC offers a series of concentrated computer software training classes. Full course descriptions can be found at www.southeast.edu/cemosoffice.

Excel 2016: Basic
Prerequisite: Basic Computer Class (OFFT-3502) or equivalent experience
Book provided for in-class use only. You may purchase your own copy from the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com.

Oct. 19-21 T, Th 5:30-9 p.m. $159
Falls City, FCLC, Main White OFFT-7166-FCFA
Nov. 18 Th 8:30 a.m.-4:30 p.m. $159
NE City, NCLC, 102 Deremer OFFT-7166-NCFA

Tips & Tricks: Excel
Prerequisite: Basic Computer
Welcome to the world of Microsoft Excel 2016! If you are looking to enhance on your basic skills, this hands-on, “tips and tricks” class is ideal. You will cover and expand on the basic functions.

Nov. 4 Th 5:30-9 p.m. $79
Falls City, FCLC, 102 Jordon OFFT-7235-FCFA

Does your organization need computer training?
Let SCC Workforce Solutions help you develop a training program that fits your needs. Classes may be offered at your workplace or at any of our SCC locations (Lincoln, Beatrice, Milford, and all six of our Learning Centers). We offer flexible solutions for today’s workforce.

Classes we offer:
• Microsoft Office (Excel, Word, PowerPoint, OneNote, Outlook, Access)
• QuickBooks
• Adobe Creative Cloud Suite (Acrobat DC Pro, Illustrator, InDesign)
• Plus more

For more information, contact Lora Ives, Workforce Solutions, at 402-437-2714; 800-828-0072, ext. 2714; or lives@southeast.edu.
Outlook 2019: Basic
Prerequisite: Basic Computer Class (OFFT-3502) or equivalent experience
Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. Note: Students must log in to their SCC-issued user account before class. Bring log-in information (user ID and Password) to class to access Outlook in the computer lab. Instructor will not have access to this information.

Keyword: Outlook
Dec. 10 F 8:30 a.m.-12:30 p.m. $69
Lincoln, CEC, 402 Massey OFFT-3914-CEFA

NEW! PowerPoint 2019
Prerequisite: Basic Computer Class (OFFT-3502) or equivalent experience
Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. Lunch is on your own.

Keyword: PowerPoint
Nov. 19 F 8:30 a.m.-4:30 p.m. $159
Lincoln, CEC, 407 Massey OFFT-3915-CEFA

QuickBooks

QuickBooks 2020 Desktop: Basic
Prerequisite: Windows experience
Learn how to use the basic features and functions of QuickBooks Pro software. You will create a company, set up preferences, set up and invoice customers, manage vendors and pay bills, work with banking transactions (deposits, transfer funds, etc.) and perform reconciliations, and review basic financial and other system reports.

This course does not configure or customize the software for your business.

Keyword: QuickBooks
Oct. 13 W 8:30 a.m.-4:30 p.m. $159
Lincoln, CEC, 402 Johnson OFFT-7282-CEFA

QuickBooks 2020 Desktop: Advanced
Prerequisite: QuickBooks Basic or equivalent experience
Expand your understanding of QuickBooks Pro through learning how to manage inventory, setup and manage sales taxes, prepare estimates, perform job costing, work with Balance Sheet accounts, set up budgets, process payroll and related reporting, and advanced customization options. A portion of this course allows for discussion and or tailoring of software for your organization’s needs. If personalized assistance is desired during the course, please bring your own documents and/or laptop.

Keyword: QuickBooks
Oct. 20 W 8:30 a.m.-4:30 p.m. $159
Lincoln, CEC, 402 Johnson OFFT-7283-CEFA

Working with QuickBooks Online
Prerequisite: Microsoft Windows experience
Learn about the features of QuickBooks online and how these can be used to manage the accounting for your small business or organization. You will learn how to navigate the application, set up a company file, setup and invoice customers, manage vendors and pay bills, work with banking and credit card transactions, and utilize reports from the system.

This course does not configure or customize the software for your business or organization.

Keyword: QuickBooks
Nov. 17 W 8:30 a.m.-4:30 p.m. $159
Lincoln, CEC, 402 Johnson OFFT-7284-CEFA

WEB DEVELOPMENT & DESIGN

SharePoint
If you are looking for basic SharePoint training to help your employees better understand the most common tasks associated with updating/editing your SharePoint environment, or if you want to expand your knowledge and use of specific features of SharePoint, SCC can assist you.

For more information on customized SharePoint training, contact Lora Ives, Workforce Solutions, at 402-437-2714; 800-828-0072, ext. 2714; or lives@southeast.edu.

Keyword: Web
Oct. 19-21 T, Th 8:30 a.m.-Noon $159
Lincoln, CEC, 402 Johnson INFO-3862-CEFA

Back End Developer Bootcamp / Front End Software Developer Bootcamp
See page 9 for more information.

JOB ENHANCEMENT SCHOLARSHIP AVAILABLE
(For selected courses)
Attention: Nebraska City Residents
Are you looking for a scholarship for training that could:
• Make a difference in your career/job?
• Help you reach your professional goals?
• Potentially advance your position or pay?
• Have a positive impact on your employer?

For more information, visit http://www.southeast.edu/nebraskacitylc or contact Cindy at 402-323-3636 or cmeyer@southeast.edu.

Connect with Us!
SCCNebCE
sccbeatricece
SCCLearningCenteratFallsCity
SCCLearningCenterHebron
SCCLearningCenterNebraskaCity
SCCLearningCenterPlattsmouth
SCCLearningCenterWahoo
SCCLearningCenterYork
SCC_Eship

SCCNebCE
S C C _ E s h i p

LOCATION KEY is on page 37.
Courses are subject to change.
The Focus Suites is a professional and comfortable place to do business, for real. Business owners in the Focus Suites community are passionate about their work. Some are just starting their entrepreneurial journey while others have celebrated many milestones.

**Services**
- Focus Suites Memberships (With & Without Office Rental Space)
- Focus Coaching
- Perk Up Thursday Weekly Coffee & Networking

For more information on the Focus Suites opportunities, visit [www.southeast.edu/entrepreneurship](http://www.southeast.edu/entrepreneurship) or follow the Focus Suites on Facebook and Twitter.

---

**Small-Business Essentials**

SCC is pleased to present classes designed to assist current and prospective small-business owners and managers to enhance their businesses’ success. We offer classes based on recommendations from the area business community and SCC Focus Suites.

For more information about the SCC Focus Suites, call 402-323-3629 or visit [www.southeast.edu/entrepreneurship](http://www.southeast.edu/entrepreneurship).

**Business Plan Basics**

Your boss wants you to work on a business plan to expand the business. Or, you want to start your own business. Wherever you are, this class is one you need. Learn how to take your business idea and write up a complete business plan ready to present. Discussion will include topics like identifying your product and customers, marketing your business, identifying your start up and ongoing costs, how to obtain funding, and putting it all in a final business plan.

Scc staff tuition waiver does not apply.

<table>
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<th>Keyword: Business</th>
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<td>Nov. 18 York, YKLC, K Th 6-9 p.m.</td>
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<td>Nov. 29 Lincoln, CEC, 403 Th 6-9 p.m.</td>
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**Let’s Do Lunch: Basic Zoom**

See page 32 for more information.

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**Focus Suites**

Building a business requires drive and focus. In a culture that celebrates the process, business owners can avoid getting overwhelmed and face change alongside others who have similar challenges.

- Individual office suites with 24/7 access
- Supportive, collaborative community culture
- Flexible leases & affordable rental rates
- Free parking & high-speed Internet
- Shared Collaboration Room

**Focus Coaching**

Focus Coaching is a customizable coaching experience designed to help entrepreneurs identify their strengths and vulnerabilities. Participants are introduced to tools for informed decision making. The first session is free so we can learn about your unique business situation, determine if Focus Coaching is a fit, or if there is another resource we can recommend.

---

**Perk Up Thursday Weekly Coffee**

*Thursdays, 10 a.m.*

Free coffee, donuts, and networking!

Each week we feature a spotlight speaker who shares real stories about their business experiences and entrepreneurial journey. These stories can include biggest business wins, a founder’s most hair-raising risk, or what keeps them perked up and passionate about what they do!

---

**Accounting & Financials**

**Accounting for Business Owners**

This course is taught by a CPA and is intended for business owners, managers and others looking to gain a basic understanding of accounting used in small businesses or organizations. We will explore the various types of business entities, basic business registration and compliance requirements, general bookkeeping and accounting concepts, components of financial statements, budgeting and basic income tax accounting.

Keyword: Accounting

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<td>Dec. 8</td>
<td>Lincoln, CEC, 403</td>
<td>8:30 a.m.-Noon</td>
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**QuickBooks Training**

See page 11 for more information.

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**Social Media for Business**

**Introduction to Marketing Skills**

See page 12 for more information.

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**Space is limited. Register today!**
Leadership Communication Boot Camp

As a supervisor or manager, you invest at least a third of your day communicating, so it's no wonder that 40% or more of your overall success is determined by your communication skills. Guarantee your long-term success by learning how to overcome communication barriers while building rapport and credibility with your team.

A certificate and 0.7 CEUs will be awarded for successfully completing this class. One hour for lunch on your own. Class will be live-streamed from Lincoln.

Keyword: Leadership

Dec. 9 Th 8:30 a.m.-4:30 p.m. Dechant $229
Lincoln, CEC, 302 BSAD-7330-CEFA
LIVE Online, Zoom BSAD-7330-TCFCA
Registration Deadline: Nov. 2 BSAD-7330-PLFA

Leadership Communication Boot Camp

Team Playership: Helping Work Teams Play Well Together

You can create a high-performing team environment, even if you aren't the leader. Learn the secrets of great Team Players—propelling you, your team and your organization to the next level and beyond!

A certificate of professional development and 0.6 CEUs will be awarded for successfully completing this class. One hour for lunch on your own.

Keyword: Teams

Nov. 9 T 8:30 a.m.-3:30 p.m. $229
Lincoln, CEC, 302 BSAD-7255-CEFA
Registration Deadline: Nov. 2 Moeller

Managing People & Projects

Your Role as a Supervisor

Do you have what it takes to be an effective supervisor and lead your team to success? Build your skills and confidence by learning specific tools and techniques to empower others to act, develop operational excellence, build trust and foster team commitment.

A certificate of professional development and 0.7 CEUs will be awarded for successfully completing this class. One hour for lunch on your own. Class will be live-streamed from Lincoln.

Keyword: Supervisor

Nov. 18 Th 8:30 a.m.-4:30 p.m. Dechant $229
Lincoln, CEC, 302 BSAD-7758-CEFA
LIVE Online, Zoom BSAD-7758-TCFCA
NE City, NCLC, 103 BSAD-7758-NCFCA
Plattsmouth, PLLC, 102 BSAD-7758-PLFA
Registration Deadline: Nov. 11 Platte

Leadership & Professional Development

Community Leadership Program

This course will outline the knowledge, skills and resources required for success as a community leader. Lecture, resource hunting and practical table-top exercises prepare students for their role as a leader in elected, appointed or volunteer positions. Community groups, benevolent organizations, local governing bodies and special-purpose districts are in constant need of new ideas to overcome various issues.

Keyword: Community

Nov. 8-22 M 6:30-8:30 p.m. Tilson $59
LIVE Online, Zoom AREA-6834-TCFPA
Plattsmouth, PLLC, 102 AREA-6834-PLFA

Innovative Leadership

The quality of leadership can determine the culture, success and overall fate of an organization. Effective leadership is one of the most valuable training topics for those in a management role. This course is an interactive workshop that will focus on the following topics:

- The role of trust and transparency in creating high-performing teams that manage organizational changes effectively
- Four primary communication styles and how to master communicating with each style
- Coaching using a proven framework for providing feedback that motivates people to change
- Investing in your team’s professional development and what employees want out of their development program

A certificate of professional development and 0.6 CEUs will be awarded for successfully completing this class.

Keyword: Innovative

Oct. 21 Th 8:30 a.m.-12:30 p.m. $149
Lincoln, CEC, 214 BSAD-3039-CEFA
Hansen/Slagle Registration Deadline: Oct. 14

How to Thrive in a VUCA World

In times of heightened uncertainty, many people are just hoping to survive until the storms pass, and the smooth sailing happens again. But what if life is one storm of uncertainty after another with no realistic end in sight? This course provides the necessary navigation skills for travel through the storms and for turning them into opportunities for growth, change, innovation, excitement, and fulfillment. Students will be introduced to the latest findings in Interpersonal Neurobiology, a multidisciplinary framework for awareness and growth both personally and professionally.

A certificate of professional development and 0.6 CEUs will be awarded for successfully completing this class. One hour for lunch on your own.

Keyword: VUCA

Dec. 2 Th 8:30 a.m.-3:30 p.m. $229
Lincoln, CEC, 302 BSAD-3038-CEFA
Matacio
Registration Deadline: Nov. 25

Creative Thinking

Got a “wicked” problem you can’t solve? A fresh approach may be the solution. Your ability to be a creative and innovative thinker may be the most important job skill you can have. Learn how to release, harness and leverage the energy you have to think beyond the status quo and spark new ideas and perspectives.

A certificate of professional development and 0.6 CEUs will be awarded for successfully completing this class.

Keyword: Thinking

Oct. 7 Th 8:30 a.m.-3:30 p.m. $229
Lincoln, CEC, 304 BSAD-3345-CEFA
Deems Registration Deadline: Sept. 30

Food Protection Manager Online Class Online

See page 28 for more information.

Food Protection Manager Online Class Online

See page 28 for more information.
REAL ESTATE/PRE-LICENSE PREPARATION

BOOT CAMP
Get 24 hours of Continuing Education in just four days!

Boot Camp is October 11th – 14th
Classes Run: 9:00a - 12:00p & 1:00p - 4:00p

Enlist today!
Boot Camp prepares you with all the necessary requirements to renew your license.

LARABEE
School of Real Estate
781 Pioneers Blvd #200, Lincoln, NE 68506 • 402-436-3308

THIS IS THE YEAR TO START YOUR NEW CAREER

We offer courses in:
- Principles + Practice
- Nebraska License Law
- Developing Professional Conduct + Ethical Practices
- Real Estate Post-Licensing

Check out our Pre-License Real Estate courses today.

FREE TRAINING
SCC utilizes the Gap Assistance Program to provide financial assistance for tuition and other eligible costs to participants.

Depending on your financial eligibility, you may receive full or partial assistance with your direct training costs, including tuition, books, required fees, and equipment.

Are You Eligible?
This program provides need-based financial support for tuition and other eligible costs for approved, short-term non-credit training opportunities and select credit courses focused on employment.

To qualify, you must meet the income criteria and be eligible to work in the United States. Criteria includes: financial need, Nebraska resident and high school diploma or GED®. Talk to our Gap Specialist to see if you qualify.

For more information, visit www.southeast.edu/gap or contact us at 402-323-3394 or hbloomquist@southeast.edu

VISIT SCC VIRTUALLY!
The virtual campus tour is an opportunity to see our campuses and learn more about our programs of study as you explore what SCC has to offer! After viewing the virtual tour, we encourage you to schedule an individual campus visit—either in person or virtually—for a personalized experience!

Check out our campuses at www.southeast.edu/visitssc
Beekeeping for Beginners: Practical Hands-On!
Success in beekeeping requires an intimate knowledge of the honeybee and management practices based on colony habits and bee behavior. This class is an excellent opportunity to learn and practice beekeeping. Buzz Vance, with 40 years of beekeeping experience will lead this informative class. Whether you are just interested in beekeeping as a hobby or for financial reasons, the benefits that humans experience. 

Please bring your own dog for the hands-on portion. **DIRECTIONS TO TRAINING SITE:** See page 37 for class location. (Cost $55 + Sales & Use Tax $2.48) SCC staff tuition waiver does not apply. 

**Keyword: Dog**

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<tr>
<td>Dec. 7</td>
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Dog Grooming: Advanced
You can give your dog a haircut and it CAN look good! This class will show you how to use the clippers and/or scissors to get that professional finished look.

Beginning Grooming is NOT a prerequisite. Do NOT bring your own dog to this class. Kenl Inn will provide a demo dog. **DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. 

**Keyword: Dog**

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Daytime Fun: Dog Obedience
Greeting other dogs and people, structured walking, come when called, door manners, sit down and stay, and more! **DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $70 + Sales Tax $2.75) 

**Keyword: Dog**

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Daytime Fun: Just for Puppies 8-16 Weeks Old
Ever wonder why your puppy bites? Is your puppy playing too rough? How do I teach my puppy not to bite at the wrong time? This is a fun and relaxed class where everything is puppy playing, learning and teaching. **DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $70 + Sales Tax $2.75) 

**Keyword: Dog**

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Greater Lincoln Obedience Club Classes
Go to www.glcdogs.org for complete class descriptions, welcome letter and items to bring to class.

Good Dog Class: Obedience Level 1
Basic behavior and manners, socialization, bonding games and much more.

**DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $3.80) 

**Keyword: Dog**

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<th>Date</th>
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<td>Nov. 22-26</td>
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Pet Massage
Learn hands-on massage techniques to relax muscles, stimulate circulation, improve mood, flexibility and enhance the range of motion for your four-legged family members. The benefits that pets get from a massage is very similar to the benefits that humans experience.

You may bring your pet to the class if you wish. Please have dogs on a leash. (Cost $39 + Sales Tax $2.93)

**Keyword: Pet**

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Kemin Inn Classes
Bring a leash, treats and your dog vaccination records to class.

Sport Sampler of Dog Activities
Try a little bit of everything! Obedience, rally, agility, scent work and canine good citizen. Four weeks of learning and fun with your dog. **DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $90 + Sales Tax $3.85) 

**Keyword: Dog**

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Space is limited. Register today!

Courses are subject to change.
**Puppy Manners**
Socialization, beginning obedience and general care for 8-20 week old puppies.

**DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $5.80)

**Keyword:** Puppy

Oct. 6-Nov. 10 W 6-6:50 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Oct. 1 LLLX-1725-DCFA
Nov. 17-Dec. 22 W 6-6:50 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Nov. 12 LLLX-1725-DCFB

**Agility 101**
Prerequisite: Dog must be at least 9 months old. Foundation skills covered will make your future agility training and sequencing much more enjoyable!

**DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $5.80)

**Keyword:** Agility

Oct. 4-Nov. 8 M 6:30-7:20 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Oct. 1 LLLX-1754-DCFA

**Agility 102**
Prerequisite: Agility 101
Simple handling skills to prepare your dog to negotiate difficult skills with more confidence.

**DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $5.80)

**Keyword:** Agility

Oct. 4-Nov. 8 M 8-8:50 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Oct. 1 LLLX-2106-DCFA
Nov. 16-Dec. 21 T 8-8:50 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Nov. 12 LLLX-2106-DCFB

**Agility 103**
Prerequisite: Agility 102 (LLLX-2106)
Basic handling techniques to teach your dog how to negotiate sequences and simple patterns. Various agility styles and their rules will be discussed.

**DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $5.80)

**Keyword:** Agility

Oct. 5-Nov. 9 T 7:30-8:20 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Oct. 1 LLLX-0096-DCFA
Nov. 16-Dec. 21 T 6:30-7:20 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Nov. 12 LLLX-0096-DCFB

**Intro to SCENT Work**
Teach your dog how to find an odor and communicate the location. All breeds benefit from this fun way to increase mental stimulation. Dogs love this class as they are the stars!

**DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $5.80)

**Keyword:** Scents

Oct. 5-Nov. 9 T 5:30-6:20 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Oct. 1 LLLX-0070-DCFA

**SCENT Work Continuing Skills**
Continuing scent work for your dog.

**DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $5.80)

**Keyword:** Scents

Oct. 5-Nov. 9 T 6:30-7:20 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Oct. 1 LLLX-0071-DCFA
Nov. 15-Dec. 20 M 7-7:50 p.m. $85.80
Lincoln, GRLN
Registration Deadline: Nov. 12 LLLX-0071-DCFB

**Tracking**
Prerequisite: Good Dog Class: Obedience Level 1 (LLLX-2105) or equivalent
Bond with your dog while doing what comes naturally to them. Tracking is something all breeds can do. Let us introduce you and your furry partner to this fun game while learning how to earn AKC tracking dog titles.

First class will meet at Pioneers Park sled ramp area. Bring your dog. **DIRECTIONS TO TRAINING SITE:** See page 37 for class location. SCC staff tuition waiver does not apply. (Cost $80 + Sales Tax $5.80)

**Keyword:** Tracking

Oct. 9-Nov. 13 S 9-10:30 a.m. $85.80
Lincoln, GRLN
Registration Deadline: Oct. 1 LLLX-1760-DCFA

**NEW! Paper Clay Ornaments**
Discover the fun of paper clay as you create snowmen and snowflake holiday ornaments. Sculpt, design and embellish these sweet designs.

**Keyword:** Ornaments

Nov. 20 S 2-4 p.m. $35
Louisville, SHSH
Area: 3318-PLFA
Dec. 9 Th LIVE Online, Zoom $35
Wolcott, AREA: 3318-TPFA
Supply list will be emailed prior to class.

**NEW! Glitter House Ornaments or Décor**
Use as holiday décor or as ornaments, each of these charming little houses is unique. Embellish and decorate two houses in class.

**Keyword:** Ornaments

Nov. 13 S 10 a.m.-Noon $35
Louisville, SHSH
Area: 2183-PLFA

**NEW! Rock Painting**
Join us to explore the hot new trend of rock painting! You will design and paint your own rock provided in class, with design instructions to make it your own: sports teams, family name, seasonal, etc.

All supplies are furnished.

**Keyword:** Rock

Oct. 7 Th 5:30-7:30 p.m. $19
Falls City, FCC, 102
Area: 8100-FCFA

**Handmade Greeting Cards**
Do you want to create fabulous cards without buying a ton of new materials? Get inspired as we create six new cards with techniques that will spice up your favorite supplies. These are all NEW cards from previous classes.

Suggested supplies include: glue dots, tape runners or double-sided tape, pop dots, scissors, glue pen, and piercing tool. There is a $14 supply fee payable to the instructor in class. Cash only for supplies.

**Keyword:** Cards

Oct. 6 W 6-8 p.m. $20
Lincoln, CEC, 406
Van Winkle, AREA: 0029-CEFCC
Oct. 11 W 6-8 p.m. $20
Lincoln, CEC, 406
Van Winkle, AREA: 0029-CEFED

**NEW! Winter Birch Tree Note Cards**
(Ages 7-12 & Adults)
See page 21 for more information.

**Keyword:** Cards

Oct. 7 Th 10 a.m.-Noon $29
Louisville, FCC, 102
Area: 3318-PLFA

**NEW! Mixed Media Holiday Cards & Tags**
See page 20 for more information.

**Keyword:** Cards

Oct. 13 S 1-3 p.m. $29
Lincoln, GRLN Area: 1760-FCFA

**Location Key** is on page 37.
Going the Extra Mile
Gratitude, Gimmicks & Digitizing Memories

We have many solutions to offer. Are you dealing with a dreaded box of photos buried in the closet? What do you do with memories? Also, what do you do with the memories? So, you have thousands of photos, Pictures Galore, which vendor do you choose? Invite a friend and bring your project with you to enjoy the evening scrapbooking with others.

Scrapfest Workshop
Enjoy the evening scrapbooking with others. New-student instruction will be available from 5-6 p.m. (digital or traditional) before each workshop.

Scrapfest Classes
Scrapfest classes are optional. You will register and pay $10 per class the day of Scrapfest. Cash or check please. We are really busy designing the great class options for July and September so you will have to wait for the picture reveal.

Scrapbook Retreat
Harvesting Memories
Fri. & Sat., Oct. 15 & 16
Take advantage of some fun uninterrupted time to catch up on your scrapbooks, cards and craft projects. Two full days of crop time. Get inspiration from others and if you need something special to complete a layout or project, we have vendors on-site ready to share new and innovative techniques. What will you get:
- 6-foot table for each person
- Electricity and Wi-Fi
- Daily drawings for change to win GREAT prizes
Email continuinged@southeast.edu who you prefer to be seated next to at this event. Cannot make this event? Get on our email list by contacting continuinged@southeast.edu and get information on this semi-annual event.

Treasure Hunting 101
Discovering lost and hidden treasures may appeal to the adventurer in you, but you don’t have to fly off to distant locations. In fact, you don’t have to leave your hometown. Discovering lost and hidden treasures may appeal to the adventurer in you, but you don’t have to fly off to distant locations. In fact, you don’t have to leave your hometown. Treasure Hunter Nathan Schwenke will lead this interesting and fun class as you discover treasure hunting, equipment, types of treasure you might find and what to do with them. This class will fill quickly, so don’t wait to sign up!

Printmaking
You will discover different methods to create your own designs on fabric and paper. Block and relief methods will be explored. All materials provided.

Personal Interest
Farmhouse Tea Towels: Intro to Screen Printing
Create a few trendy farmhouse style tea towels for your home. We will learn a fun way to do screen printing.

There is a $10 supply fee payable to the instructor in class. Cash or check only for supplies.

**Keyword: Farmhouse**

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<td>10 a.m.</td>
<td>Louisville, SHSH</td>
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Cozy up to a New Craft
Join our craft guru Nikki Roseberry for an introduction to four unique paper crafts.

- Bring to class scissors and a bottle of tacky brand glue (gold bottle).

**Keyword: Craft**

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<td>Lincoln, CEC, 403</td>
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5th Annual Jigsaw Puzzle Derby
Grab your friends, neighbors and family for a fun day of puzzling and friendly competition! The Puzzle Derby is our fifth jigsaw puzzle race. Register as a four-person team, two-person team or individual (must be 16 years or older to participate). The first team in each division to complete their puzzle will get “bragging rights.”

Each team category will compete using identical puzzles, provided by SCC. All details of the Puzzle Derby (rules, registration forms, deadlines, and more) are available online at [https://bit.ly/2022sccppuzzletournament](https://bit.ly/2022sccppuzzletournament).

You can stop by the Continuing Education office at 301 S. 68th St. Place, Lincoln, and pick up a set. Check-in begins at 12:30 p.m. Registration deadline is Jan. 25 or until the room is full (whichever comes first).

**Four-Person Team: 1,000-Piece**

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**Four-Person Team: 750-Piece**

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**Two-Person Team: 500-Piece**

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**Individual: 400-Piece**

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**Registration**
Reg. Deadline: Nov. 12

**Fee**
$19/person

**Show Your Door Some Love**
Grab your friends and join this great “make-and-take” class. Come and get inspired to paint your own fun and unique door sign.

There are many themes to choose from and you will need to preselect your sign two weeks prior to class then show up ready to have fun. Honestly, these are too cute!

You will receive an email approximately two weeks before class with theme options and sample signs. Doors & More will provide all materials, guidance and inspiration for the day. You will be using paint so dress appropriately.

**Keyword: Door**

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<td>Lincoln, CEC, 102</td>
<td>Bonneuo, REG. Deadline: Nov. 12, LLLX-1143-CEFE</td>
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**Porch Board Welcome Sign**
Do you love that farmhouse look? Make your very own painted Huskers, Welcome, Home, or Family Name sign. We will use a piece of 100-year-old barn wood which will be perfect for your front porch or decorator piece.

Wear paint clothes and bring a hair dryer. There is a $10 supply fee payable in class. Check or cash only for supplies. Bring to class: apron.

**Keyword: Porch**

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**Holiday & Seasonal Signs**
Create your personalized door sign. Choose from a variety of paint colors and stain colors to match your decor perfectly!

All supplies included.

**Keyword: Holiday**

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**Gourd Art**
Create works of art using hard-shelled gourds as an art medium. Gourd surfaces may be carved, painted, sanded, burned, dyed, and polished. We will create an array of art pieces, bowls, sculpture, or wall art. Beginners to advanced students welcome.

Plan on additional supplies, which will be discussed at the first class. Gourd costs vary depending on the size. However, plan to spend between $10 and $45 on your gourd. Cash or check only for supplies. Bring to class: apron.

Class will meet at the instructor’s wood shop.

**Keyword: Gourd**

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<td>Lincoln, VWSP</td>
<td>Vang, LLLL-0033-OCFA</td>
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**Space is limited. Register today!**
NEW! Barn Quilts

Barn quilts are no longer just for rural barns. Painted in bold and vivid colors you will see them in the city on garages, sheds and fences for all to see and love. Many of your favorite quilt block grids from which to choose. Best of all, no artistic talent needed!

You can choose either the popular 2-foot by 2-foot size or the larger 3-foot by 3-foot size. Bring to class: yellow FrogTape, scissors and a hair/blow dryer.

**Key Word: Barn**

**NEW! Introduction to Woodworking**

Learn the basic principles of hand-tools and machine woodworking. Proper and safe operation of each tool is stressed.

Projects are determined by the instructor in order to make certain each student learns the desired processes, but allowance is made for students to do design work.

**Key Word: Woodworking**

**NEW! Basic Woodworking: Footstool**

Check out our first-class woodshop! Safe and proper use of band saws, drill press, table saw, jointer, doweling jigs, and sanders will be taught. The entire family will want to relax their feet on your new handmade footstool.

Cost includes materials and equipment fee. You will provide your finish of choice and stool cushion materials.

**Key Word: Woodworking**

**NEW! Woodshop Open Workshop**

Prerequisite: Some experience with power and hand tools.

Have you ever dreamt of owning a laser cutter, planer, computer pneumatic controlled router, large saw, or a door machine, but can't justify the cost for your woodworking hobby? You will have access to some amazing woodworking equipment and an experienced instructor to guide you during these open workshop sessions.

Your self-selected project needs to be one that can reasonably be finished within the six-week timeframe. You will supply all your own materials.

**Key Word: Woodshop**

**Clay Sculpture**

An introduction for beginning students to the fundamentals of building sculptures out of clay. More advanced students will have time to hone their own style and skills.

All clay, glazes, tools, and firing provided. You will have access to studio during open hours throughout the four-week class.

**Key Word: Clay**

**Payment is due at time of registration for all non-credit classes.**

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<td>Sept. 17</td>
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<td>Lincoln, OEC, 102</td>
<td>5-8 p.m.</td>
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<td>Nov. 18</td>
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<td>Falls City, FCCC, 121</td>
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<td>Nov. 19</td>
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<td>Nov. 20</td>
<td>S</td>
<td>NE City, NCLC, 105</td>
<td>1-4 p.m.</td>
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**Beginning Wood Carving**

Perfect for the beginner enthusiast to gain a solid foundation in wood carving! Sharpening, wood carving techniques, design skills and safety are a few of the skills you will learn in this class.

You will need a wood carving knife, mesh glove and apron. You will receive an email with additional information regarding supplies and wood.

**Key Word: Wood**

**Advanced Wood Carving**

An opportunity for students who have completed a beginner course or have some carving experience. You will be working on two important carved face study sticks. How to carve eyes and how to carve noses for faces.

Bring your carving tools and safety equipment to the first class.

**Key Word: Wood**

**Location Key** is on page 37.

Courses are subject to change.
NEW! Mixed Media Holiday Cards & Tags
Create unique holiday cards and tags that are full of color and texture. You will discover mixed media techniques and tricks while creating three finished cards and tags.

**Keyword: Mixed**
Oct. 18 M 6:30-8:30 p.m. $29
LIVE Online, Zoom Wolcott AREA-3139-TCFPA
Supply list will be emailed prior to class.
Nov. 20 S 10 a.m.-Noon $29
Wolcott AREA-3139-PLFA

Drawing 1: You Can Draw
If you want to draw, you can! Learn to put what you see onto paper. Exercises are designed to help you draw, or draw better, and grasp essential skills and techniques to achieve your desired results.
Bring a #2 pencil, pencil sharpener and a pad of drawing paper to the first class.

**Keyword: Drawing**
Oct. 9-Nov. 13 S 8:30-10 a.m. $80
Lincoln, CEC, 405 Plants LLLX-0012-CEFA

ZenDoodle
ZenDoodling is a style of drawing that allows you to unwind from stress, focus your thoughts and explore your creative side, even if you have no artistic talent! You will learn a variety of drawing patterns, styles and techniques to create abstract art.
Bring to class: sketch pad (8 inch by 10 inch or larger), one fine and one medium-tip sharpie marker.

**Keyword: ZenDoodle**
Oct. 12 T 5:30-7:30 p.m. $19
Falls City, FALM AREA-7651-FCFA
Class supplies are optional.
Nov. 6 S 10 a.m.-Noon $19
Plattsmouth, PLLC, Comm Leonard AREA-7651-PLFA

NEW! Alcohol Ink Art
Be creative with alcohol inks! With vibrant colors and many uses, experiment and create a beautiful pendant or mini works of art. Learn about the endless design and color possibilities of alcohol ink.

**Keyword: Ink**
Oct. 14 Th 6:30-8:30 p.m. $25
LIVE Online, Zoom Wolcott AREA-8101-TCFPA
Supply list will be emailed prior to class.
Nov. 8 M 6:30-8:30 p.m. $25
Plattsmouth, PLLC, 103 Wolcott AREA-8101-PLFA

NEW! Painting Studio
You will experience individualized instruction using oil, acrylic, or watercolor to explore concepts, techniques, and skills for painting. You will enjoy opportunities to expand and develop your ability and skill in your chosen medium...and to exchange information, critical discussion, and creative ideas with other students and the instructor.
You may choose to bring paintings in progress to the first session. Come to class ready to paint. Bring pencil, eraser, sketchpad, canvas or watercolor pad, basic kit of paints (oils, acrylics, or watercolors), brushes, low-odor thinner, medium and easel as appropriate.

**Keyword: Painting**
Oct. 9-Nov. 13 S 1-4 p.m. $89
Lincoln, CEC, 405 Plants LLLX-0790-CEFA

EXPLORE COLORED PENCIL
You will explore various techniques and applications of the colored pencils with individualized instruction according to your skill level and pursue weekly drawing challenges in colored pencil.
Bring a set of 12 or more quality colored pencils such as Prismacolor Premier, plus a colorless blending pencil, pencil sharpener and a tablet of heavy weight drawing paper (8 inch by 10 inch or 9 inch by 12 inch). Additional materials discussed in class.
Experienced students may bring a colored pencil project in progress to the first class. You also may choose to explore mixed media with colored pencils.

**Keyword: Pencil**
Oct. 9-Nov. 13 S 11:30 a.m.-1 p.m. $80
Lincoln, CEC, 405 Plants LLLX-0775-CEFA

Homeschool Art Class (Ages 6-16)
See page 34 for more information.

**Keyword: Ross**
Oct. 9 S 10 a.m.-3:30 p.m. $45
Lincoln, CEC, 102 Belik AREA-1067-CEFA
Dec. 4 S 10 a.m.-3:30 p.m. $45
Plattsmouth, PLLC, 103 Belik AREA-7830-PLFB

Acrylic Fluid Art
Learn 16+ techniques of acrylic fluid art! You may have seen this abstract form of art on social media—learn how to get the cells to pop! It is not as messy as it sounds, but do wear painting clothes to class. Watch a demonstration of each technique and then it is your turn to have some fun.
All supplies are provided but you will need to bring cardboard in to transport your two 10-inch by 11-inch boards home.

**Keyword: Acrylic**
Sept. 16 Th 3-5 p.m. $49
Hebron, HNLC, 101 Mapel AREA-7656-HNFB
Nov. 17 W 3-5 p.m. $49
Hebron, HNLC, 101 Mapel AREA-7656-HNFB

Bob Ross: The Wishing Tree
A wishing tree sits alone in a fairy tail forest.
There is a $25 fee associated with this course payable in class. Check or cash only for supplies. A 30-minute lunch break on your own. A sack lunch and beverage are recommended.

**Keyword: Ross**
Oct. 9 S 10 a.m.-3:30 p.m. $45
Lincoln, CEC, 102 Belik AREA-1067-CEFA
Dec. 4 S 10 a.m.-3:30 p.m. $45
Plattsmouth, PLLC, 103 Belik AREA-7830-PLFB

Bob Ross Painting: Boardwalk
A pathway leads to an open ocean scene.
There is a $25 fee associated with this course payable in class. Check or cash only for supplies. A 30-minute lunch break on your own. A sack lunch and beverage are recommended.

**Keyword: Ross**
Oct. 23 S 10 a.m.-3:30 p.m. $45
NE City, NCLC, 105 Belik AREA-7830-NCTA
Acrylic Painting: Pumpkins
Celebrate the season with a 12-inch by 16-inch textured acrylic painting!

There is a $25 fee associated with this course payable in class. Check or cash only for supplies.

Keyword: Acrylic
Oct. 2  S  10 a.m.-Noon $24
Louisville, SHSH Wolcott AREA-7676-PLFA

Homeschool Art Class (Ages 6-16)
See page 34 for more information.

Watercolor Painting
Beginning students will be introduced to the fundamentals of painting with watercolors and allow more advanced students time to hone their skills.

All paints, brushes and materials provided.

Keyword: Watercolor
Oct. 13-Nov. 3  W  9-11:30 a.m. $125
Lincoln, LUXC LLLLX-1260-OCEFA
Oct. 14-Nov. 4  Th  6:30-9 p.m. $125
Lincoln, LUXC LLLLX-1260-OCEFC
Nov. 11-Dec. 9  Th  6:30-9 p.m. $125
Lincoln, LUXC No class Nov. 25 LLLLX-1260-OCDF

NEW! Winter Birch Tree Note Cards
Discover simple watercolor techniques as you create unique notecards. Winter birch trees contrasting against a snowy background will be the image on your cards.

There is a $15 supply fee payable to instructor at class. Cash or check only for supplies.

Keyword: Winter

Ages 7-12
Dec. 4  S  10 a.m.-Noon $19
Wahoo, WHLC, 101 Scott O’Hare LLLLX-1024-OCFA

Adults
Dec. 4  S  1-3 p.m. $19
Wahoo, WHLC, 101 Scott O’Hare AREA-7690-WHFA

Watercolor for the Holidays
Enjoy the beauty of watercolor. Let the season show itself in its many colors.

There is an $18 fee associated with this class, payable to the instructor in class. Cash or check only for fee.

Keyword: Watercolor
Oct. 7  Th  6:30-8:30 p.m. $19
Louisville, SHSH Wolcott AREA-7707-PLFA
Dec. 4  S  10 a.m.-Noon $19
Louisville, SHSH Wolcott AREA-7707-PLFA

Glass Crafting
Stained Glass Two Ways
Explore the basics of cutting and assembling stained glass windows in the Tiffany style as well as with traditional leaded techniques.

No experience necessary. Supplies provided.

Keyword: Glass
Oct. 14-Nov. 11  Th  6-8 p.m. $75
Lincoln, ARCH Scott LLLLX-0249-OCEFA

Christmas Tree Candy Dish
Decorate and create a family heirloom candy dish shaped like a tree.

All materials and tools are provided. The dish has to be fired twice before it will be available for pickup.

Keyword: Dish
Nov. 20  S  10 a.m.-Noon $55
Lincoln, ARCH Scott LLLLX-0198-OCEFA

Fused Glass Snowflakes
Create two fused glass snowflakes perfect for ornaments or gifts. Great family activity.

All participants must register and pay. Age 6-14 must be registered with an adult. Additional snowflakes can be made in class for additional fee.

Keyword: Glass
Nov. 18  Th  6-8 p.m. $10
Lincoln, ARCH Scott LLLLX-0211-OCEFA
Nov. 27  S  1-3 p.m. $10
Lincoln, ARCH Scott LLLLX-0211-OCEFB

Fused Glass Mosaic Plate
Explore the world of fused glass. Create an 8-inch fused glass mosaic plate. You will be using mosaic nippers and glass cutting tools.

Supplies provided. Plate available for pick up after two firings.

Keyword: Glass
Oct. 9  S  10 a.m.-Noon $85
Lincoln, ARCH Scott LLLLX-0246-OCEFA

Jewelry
Stone Setting
Build your own sterling silver pendant! You will learn how to bezel set a cabochon stone and take home your own wearable art.

All supplies and tools provided. This is an intermediate class, and you must have soldering experience.

Keyword: Stone
Oct. 12-Nov. 2  Th  6:30-9 p.m. $150
Lincoln, LUXC LLLLX-1013-OCEFB

Metal Clay & Enameling
Explore the versatility of metalsmithing and make your own jewelry! Casting using bronze metal clay as well as using colorful enamels on copper, will be explored.

No experience necessary. All supplies provided.

Keyword: Metal
Sept. 16-Oct. 7  Th  6:30-9 p.m. $150
Lincoln, LUXC LLLLX-1013-OCEFA
Nov. 11-Dec. 9  Th  6:30-9 p.m. $150
Lincoln, LUXC No class Nov. 25 LLLLX-1013-OCEFB

Lost Wax Casting
Create your own small jewelry or art piece by carving it in wax then casting in sterling silver. No prior metalsmithing experience is needed.

All supplies and tools provided.

Keyword: Casting
Sept. 14-Oct. 5  T  6:30–9 p.m. $150
Lincoln, LUXC LLLLX-0272-OCEFA

Beginning/Intermediate Metalsmithing
See page 17 for more information.

Needle Arts & Sewing
NEW! “Learning Curve” Ruler Fun
Your friends will be amazed at your piecing skills! The secret is a unique ruler which makes sewing curves easy. Explore the possible blocks and borders that you can make using this ruler. Find out how you can take the basic block and expand on it to make something fantastic.

If you have the LEARNING CURVE ruler, bring it to class or you can purchase in class for $16 cash. Bring to class: 1-yard light background fabric, assorted scraps that are at least 5½ inch square or larger, basic sewing supplies, sewing machine and extension cord, neutral thread, and 4½-inch or smaller rotary cutter.

Keyword: Ruler
Oct. 19-26  T  6:30-9 p.m. $39
Lincoln, CEC, 406 Scott O’Hare LLLLX-1380-OCEFA

Prepared Edge Applique: Too Busy to Bake Table Topper
Applique is a sewing/quilting technique in which fabric designs are layered on a foundation fabric and stitched in place by hand. Learn the basics as you create your own plate of cookies 15-inch table topper.

Kit purchased in class for $25. Check or cash only for kit. Bring to class fabric scissors, all-purpose scissors and a thimble/needle. All other supplies furnished.

Keyword: Applique
Nov. 16  T  6-9 p.m. $29
Wahoo, WHLC, 101 McKee-Neill AREA-2639-WHFA

Prepared Edge Applique: Oh Hal-whoa-ween!
Applique is a sewing/quilting technique in which fabric designs are layered on a foundation fabric and stitched in place by hand. Discover the basics of this decorative technique as you create this Halloween 11-inch by 14-inch wall-hanging.

Kit purchased in class for $25. Check or cash only for kit. Bring to class fabric scissors, all-purpose scissors and a thimble/needle. All other supplies furnished.

Keyword: Applique
Oct. 7  Th  6-9 p.m. $29
Wahoo, WHLC, 101 McKee-Neill AREA-2651-WHFA

Payment is due at time of registration for all non-credit classes.

Courses are subject to change.

Location Key is on page 37.

Space is limited. Register today!
T-shirt Block Interfacing
Do you want to make a T-shirt quilt but don’t know where to start? Interfacing your T-shirts is an essential step in creating a durable T-shirt quilt. We will cover cutting blocks, interfacing, layouts, and borders. Leave class with a “can-do” confidence to start your project at home.

**Keyword: Quilt**
Nov. 2 T 6-7:30 p.m. Norder $19
Hebron, HNLC, 101 AREA-2591-HNFA
LIVE Online, Zoom AREA-2591-TCHA

T-shirt Quilt Tops
Cutting into your T-shirts can be stressful, but the finished quilt top is worth it! Bring your shirts to class so you can cut and interface them in preparation for sewing. We will discuss layouts, basic designs and how to add borders.

Bring to class: 12 T-shirts, rotary cutter, 12-inch square quilting template, cutting mat, iron, and extension cord. There is a $10 supply fee payable in class. Cash or check only for supplies.

**Keyword: Quilt**
Nov. 16 T 6-8 p.m. Norder $24
Hebron, HNLC, 101 AREA-2621-HNFA

**NEW! Stitch Bits: The Work of Your Hands**
The past two years have taken a toll on all of us. Some found refuge in books, crafts or yard work. Others found comfort in needle and thread. Easy to do and relaxing, this simple stitching project can carry you away.

Bring to class: assorted embroidery floss and threads, hand sewing needles and scissors. You will be able to choose one of three project ideas.

**Keyword: Stitch**
Nov. 8-15 M 6:30-9 p.m. $39
Lincoln, CEC, 404 LLLX-1289-CEFA

**NEW! Plarn Market Tote**
Transform plastic shopping bags into a reusable market tote perfect for the farmer’s market. We will turn our bags into “plarn” and crochet our tote.

Must know basic crochet technique. Bring 30 shopping (grocery bags), scissors and a size H crochet hook.

**Keyword: Tote**
Oct. 8-15 F 6:30-8 p.m. $29
Lincoln, CEC, 404 LLLX-1009-CEFA

**NEW! Crochet a Snowman Pouch**
Crochet this cute snowman using basic stitches. It has a drawstring close and can be used as party favors or held small special gifts, toys or candies.

Bring to class two skeins of size 4 or 5 yarn, one white and one in a color of your choice and a size H hook.

**Keyword: Crochet**
Nov. 4 Th 6-8:30 p.m. $19
Lincoln, WHLC, 101 AREA-2634-WHFA

**Beginning Weaving / Knot Your Momma’s Macrame**
See page 19 for more information.

**Printmaking**
See page 17 for more information.

**Farmhouse Tea Towels: Intro to Screen Printing**
See page 18 for more information.

**DANCE**
Please register each student for couples’ classes. Please note that any refunds for a dropped couple’s class will be issued to each student equally.

**Two Step & Waltz**
These dances are used and liked no matter what type of music you enjoy. You’ll be introduced to the Country and Ballroom Two-Step and Waltz. Learn more!

This class will meet with the jitterbug & East Coast Swing class. Please put both partners’ names and information on the registration form.

**Keyword: Waltz**
Oct. 5-Nov. 23 Th 7-8 p.m. $19
Lincoln, 4211 Doeden LLLX-1510-OCFA

**Jitterbug & East Coast Swing**
Learn leading and hand positions, the six-count basic swing, arch, tuck and loop turns, free spins, arm slides, waist wraps, and the jitterbug. Dance to Country Music and Big Band. Learn more!

This class will meet with the Two Step & Waltz class. Please put both partners’ names and information on the registration form.

**Keyword: Swing**
Oct. 5-Nov. 23 Th 7-8 p.m. $19
Lincoln, 4211 Doeden LLLX-1541-OCFA

**Country Swing**
This is a flashy dance with lots of turns and no footwork.

Please put both partners’ names and information on the registration form.

**Keyword: Swing**
Oct. 5-Nov. 23 T 8-9 p.m. $89/couple
Lincoln, 4211 Doeden LLLX-1542-OCFA

**Beginning Line Dance**
How would you like to get fit and dance a bit?! Line dances are a great way to start your dancing adventure. They’re fun to learn and easy to remember. Any level of skill, from novice to experienced, will enjoy this class. You will learn at least one new line dance each session with time for review and practice. Register early!

**Keyword: Dance**
Oct. 4-Nov. 22 M 7-8 p.m. $45/person
Lincoln, 4211 Doeden LLLX-1527-OCFA

**Intermediate Line Dance**
Fun and energetic, this class is recommended for students with some line dance experience.

**Keyword: Dance**
Oct. 4-Nov. 22 M 8-9 p.m. $45/person
Lincoln, 4211 Doeden LLLX-1522-OCFA

**Belly Dance for Beginners**
Shake and shimmy while having fun, improving core strength and increasing muscle tone. We will cover basic belly dance movements in a safe and comfortable environment.

**Keyword: Dance**
Oct. 5-Nov. 23 M 6:30-7:30 p.m. $49
Lincoln, CEC, 111 Gregg LLLX-0360-CEFEB
Nov. 3-Dec. 15 W 6:30-7:30 p.m. $49
Lincoln, CEC, 111 Gregg LLLX-0371-OCFA
No class Nov. 24 $39
Lincoln, CEC, 111 Gregg LLLX-0360-CEFEB

**Irish Social Dance**
Prerequisite: 12 years old or instructor permission
Irish Social Dance is done in groups for those who can move freely and want to learn a new way to move to music. This style of dance is the inspiration for square dancing but not done as “couples” so individuals can easily participate.

**Keyword: Dance**
Nov. 1-Dec. 6 M 7-8 p.m. $42
Lincoln, EPCH Howe LLLX-0371-OCFA

**Irish Step Dance**
Irish Step Dancing is the solo dance style (not done in groups), for those age 7 and older who can move freely and want to learn a new way to move to music. You will learn the basics of beginning step dance and then easy reel and jig step combinations. This is a great way to exercise in a friendly environment.

**Keyword: Dance**
Nov. 1-Dec. 6 M 6:30-7 p.m. $39
Lincoln, EPCH Howe LLLX-0370-OCFA

LOCATION KEY is on page 37.
NEW! Let’s Do Lunch: Happiness is Traveling
See page 32 for more information.

EXPLORE
NEW! Put the Tech in Traveling
Interested in planning your own road trip, cross country or just using technology on-the-go while vacationing? We will look at technologies that help you learn the places to go and places to avoid. Curious about airline e-tickets, virtual wallet, Lyft, Uber, Air B&B? Join us for an informative Zoom class.

Required: iPad or iPhone, preferably purchased within the last two years and the operating system updated to the most recent release.

Keyword: Traveling
Oct. 25 M 6-8 p.m. $29
LIVE Online, Zoom T. Jensen LLLX-1353-TCTCA

NEW! Herbal Support in Cold & Flu Season
Let’s focus on healing herbs (four) and a medicinal mushroom to help keep you and yours healthy through the cold and flu season. We will focus on prairie plants that can be cultivated or found locally to emphasize a connection to the ecosystem in which we live.

Recipes and information will be shared to support you in expanding your home apothecary.

Keyword: Herbal
Oct. 4-6 M, W 6:30-8 p.m. $29
Lincoln, CEC, 102 Srovoda LLLX-1673-CFCA

5th Annual Jigsaw Puzzle Derby
See page 18 for more information.

Online Buying & Selling / Passwords, Logins, IDs, OH MY!
See page 9 for more information.

Escape Room
An escape room is a physical adventure game in which players solve a series of puzzles and riddles using clues, hints and strategy to complete the objectives at hand. Players are given a set time limit to unveil the secret plot which is hidden within the room. This year’s room themes are “Heist of the Century” (difficult) and “Panic in Space” (intermediate). Up to five players in a group.

To register, call 402-323-5590 to select from available times.

Heist of the Century OR Panic in Space
Arranged F, S $49/group
Hebron, HNLC, Arranged

Register for BOTH Escape Rooms & Save $19!
Arranged F, S $79/group
Hebron, HNLC, Arranged

Treasure Hunting 101
See page 17 for more information.
Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. In this session, you will gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, we will explore many options. Attendees will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others!

**Keyword: Gratitude**

Nov. 17  W  6-7:30 p.m.  $19

LIVE Online, Zoom  Van Winkle  LLLX-1127-TCFDB

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**Sour Dough Bread 101**

**See page 26 for more information.**

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**Improv Level 1 & 2 / Tired of Cable TV, Dish or Direct TV? Cut the Cord!**

**See page 31 for more information.**

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**Downsizing: Keep, Sell or Donate**

**See page 29 for more information.**

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**FAMILY MATTERS**

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**Here Comes Baby! How to Prepare**

Make sure you buy this . . . make sure to have that . . . you really should have him in sleeves . . . is that a rash? So many things to buy and so much to learn. Get a head start on preparing for your upcoming child. Learn about basic care needs, from bathing to diaper changes to how to dress your infant for weather. We’ll discuss those essential things to have ready before baby comes and prepare your home for the new family member.

**Keyword: Baby**

Oct. 4  M  6:30-9:30 p.m.  $29

Falls City, FCLC, 102  AREA-5082-FCFA

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**So, You're Having a Baby:**

**A Complete Birth**

What do you picture when you think about birth classes? Sitting on a yoga mat with your partner, practicing your breathing until you fall asleep? Uncomfortably intimate discussions about your perineum? Think again! This complete birth class covers all facets of having a baby, engaging new moms and dads through fun games, activities and on-point discussions. All mothers (and partners!) are welcome, whether planning for a natural, epidural or cesarean birth. Join us!

You will register as a couple and both will need to fill out a registration form.

**Keyword: Baby**

Oct. 23  S  9:30 a.m.-3:30 p.m.

Falls City, FCLC, 102  AREA-5190-FCFA

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**Co-Parenting: Working Together for Your Children (Online)**

This workshop meets the requirements of the Nebraska Parenting Act. Topics include stages of adjustment to parental separation/divorce for parents and children, conflict resolution, stress management, safety and transition plans, impact of unresolved parental conflict on the child, effective communication skills, and resources and referral information.

Preregistration is required. Registration deadline is Wednesday prior to class date. For more information or to register, email continuinged@southeast.edu or call 402-437-2700.

**Keyword: Parenting**

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**Medicare Annual Enrollment**

Every year Medicare Part D and Medicare Advantage plans can make changes. These changes may affect your premiums, copays, drug coverage, and/or health care benefits. Because of this, you are encouraged to compare your plan options during Medicare’s Open Enrollment, Oct. 15-Dec. 7, every year.

Nebraska State Health Insurance Program (SHIP) counselors are trained to provide confidential and unbiased one-on-one support to help you determine your plan options for 2022.

**Nebraska City**

You may schedule your session with a SHIP counselor at the Learning Center at Nebraska City by calling Nebraska SHIP at 402-471-2841 or toll-free at 800-234-7119.

**Plattsmouth**

You may schedule your session with a SHIP counselor from Volunteers Assisting Seniors by calling 402-444-6617.

**NEW! Herbal Support in Cold & Flu Season**

See page 23 for more information.

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**DNA Tells A Story**

See page 28 for more information.

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Welcome to Medicare

Medicare can be a complicated topic. Worse yet, there is a lot of misinformation that can lead to decisions that may result in penalty and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider when you are approaching Medicare eligibility. You will be provided comprehensive information about Medicare and address these questions:
- What does Medicare cost and cover?
- When should I enroll in Medicare, and what rules do I need to know?
- What is the difference between Medicare with a supplement versus Medicare Advantage?

Navigating Medicare.gov will arm you with the knowledge how to pick the right plan to meet the cost and coverage you can receive.

Year Medicare drug plans can make changes to the cost and coverage you can receive.

Are you a tea drinker? If not, you should be. Discover how to brew tea correctly, sample some tasty teas, hot and iced, and discover the benefits of incorporating tea in your life.

It's a Wrap! Thai Asian Spring Rolls

Thai Night will explore the unique flavor combinations of this delicious cuisine and teach you to prepare an entire menu that is fun for a group or family and gets everyone involved. From pot stickers to spring rolls, we'll prepare all the filling ingredients and sauces. You will learn how to roll up your own personal delicious spring roll using rice papers.

Vietnamese Pho

The Vietnamese soup known as pho (pronounced "fuhr") served in big bowls with funny-looking spoons, doesn't seem like any soup you've ever seen (or tasted). So, what's the deal? What is pho? Discover how to make the classic version and the short-cuts to this culinary delight.

Grilled Pizza: Classic

Make a basic pizza crust from scratch and learn the technique of rolling the crust thin and slipping it on the grill to get that perfect crisp crust. We'll make a variety of pizza sauces and toppings and a dessert pizza, too! You'll take home pizza dough and recipes. You'll never call for take-out pizza again!

Tea Chat: Tea 101

Are you a tea drinker? If not, you should be. Discover how to brew tea correctly, sample some tasty teas, hot and iced, and discover the benefits of incorporating tea in your life.

NEW! Make Your Own Salsa

Learn how to make your own homemade salsa. From picking the tomatoes in the garden to storage, this class will explore the entire process.

NEW! On Boards: Casually Chic Spreads Anyone Can Make

The charcuterie board is the essence of easy entertaining: a go-to for hosts and a fan favorite! Extremely flexible to create and requiring zero culinary skills. Not only will you discover lots of ideas and tricks, but you also will get to keep the wood hand-crafted charcuterie board that is provided in class.

NEW! Bread Basics: White, Rye, Cinnamon Raisin, & Houska

The ingredients are simple, but oh so much wonderful results. Bake along with us as you discover the secrets to making white, rye, cinnamon raisin bread, and Houska, a traditional Christmas Czech bread. Learn variations on a basic dough with such varied results.

NEW! Veggie Carving Bouquet

"Wow" your friends and family by bringing elegance and fun to your table with a unique floral veggie creation. You will gain tips and tricks for easy vegetable flower carving in this beginning-level class. Your veggie creations will be arranged in a coffee mug bouquet.

Class will be LIVE online via Zoom so you can bake from your own kitchen. Supply list will be emailed one week prior to class.

Charcuterie: What Did You Say?

It's all the rage! The "char-cu-tie-rie board can be a starter course or a light meal for a casual gathering. Discuss foods that complement each other and learn how to balance your board because it's not only what you eat, it's also what people see and how the components are arranged.

**NEW!** Make Your Own Salsa

Learn how to make your own homemade salsa. From picking the tomatoes in the garden to storage, this class will explore the entire process.

**Keyword: Salsa**

- **Sept. 11**
  - 5:30-7:30 p.m.
  - LIVE Online, Zoom
  - AREA-4462-TCFFA

**Keyword: Bread**

- **Dec. 4**
  - 9-11:30 a.m.
  - LIVE Online, Zoom
  - AREA-4417-TCFFA

**Keyword: Charcuterie**

- **Oct. 12**
  - 6:30-8:30 p.m.
  - AREA-4453-NCFA

**Keyword: Pizza**

- **Oct. 4**
  - 6-8:30 p.m.
  - AREA-4594-NCFA

**Keyword: Tea**

- **Sept. 15**
  - 6:30-8 p.m.
  - Lincoln, GLCT
  - Rieke Hefley
  - LLLX-0144-OCFA

- **Oct. 23**
  - 6-8 p.m.
  - Lincoln, CEC, 104
  - Michel
  - LLLX-1656-CEFA

**Keyword: Vietnamese Pho**

- **Oct. 23**
  - 6-8:30 p.m.
  - Lincoln, CEC, 104
  - Michel
  - LLLX-1654-CEFA

**Keyword: Grilled Pizza**

- **Oct. 4**
  - 6-8:30 p.m.
  - NE City, WPBB
  - Stavas
  - AREA-4594-NCFA

**Keyword: Tea Chat: Tea 101**

- **Sept. 15**
  - 6:30-8 p.m.
  - Lincoln, GLCT
  - Rieke Hefley
  - LLLX-0144-OCFA

**Keyword: Charcuterie**

- **Oct. 12**
  - 6:30-8:30 p.m.
  - Stavas
  - AREA-4453-NCFA
**Personal Interest**

**Grilled Pizza Advanced**
Now that you’ve mastered the classic grilled pizza dough and sauces, it’s time to share new sauces and topping combinations, discover the secrets to herb-flavored and stuffed crusts and how to get pizza on the breakfast table!

This is a hands-on demonstration class.
You’ll take home pizza dough and recipes. Supply fee of $25 payable in cash. Class check only for supplies.

**Keyword: Pizza**

Nov. 1  
6-8:30 p.m.  
$39

NE City, WPBB  
Stavas  
AREA-4516-NCFB

**NEW! Whether You Knead It or Not: On a Roll**
Prepare for those holiday gatherings by learning how to make pretzel rolls, honey wheat rolls and rosemary focaccia dinner rolls. Can’t you just smell the goodness?

Bring to class: 2-cup liquid measuring cup, large spatula, two baking sheets, spatula and box to take rolls home in. Optional but helpful: stand mixer with dough hook. Wear closed-toe shoes and a hair restraint.

**Keyword: Knead**

Nov. 6  
9 a.m.-Noon  
$39

Lincoln, CEC, 104  
Harper  
LLLX-0157-CFEA

**Sourdough Bread 101**
Sourdough is a treasured part of many kitchens. Some flour, water and a little bit of patience will have your very own bubbly, active starter ready to make your incredible sourdough bread. Get tips, tricks and some tasty recipes.

**Keyword: Bread**

Oct. 27  
W  
6:30-7:30 p.m.  
$15

Kreikemeier  
15S

Falls City, FCLC, 102  
AREA-4378-FCFA  
Hebron, HNLC, 101  
AREA-4378-HNFA  
LINX Online, Zoom  
AREA-4378-TCFA  
NE City, NCIC, 103  
AREA-4378-NCFA

Class is live-streamed from Lincoln.

Nov. 8  
6-7 p.m.  
$15

Kreikemeier  
LLLX-0474-TCFA

**Biscotti & Rugelach Cookies**
Get a head start on unique cookies that can be made early and successfully stored until the holidays. Discover Biscotti, the Italian favorite designed for dunking and Rugelach, the rolled cookie filled with yummy goodness.

Bring to class: 8 oz. package cream cheese, 12 oz. package mini chocolate chips, 1 cup each of chopped raisins or other dried fruits and finely chopped nuts of your choice, one orange, a rolling pin, two wooden spoons, two cookie sheets, a cooling rack, and containers in which to take your cookies home.

**Keyword: Cookies**

Dec. 4  
9 a.m.-Noon  
$39

Lincoln, CEC, 104  
Michel  
LLLX-0542-CFEA

**Confections**
Making your own confections is easy and fun! This is an introduction to candy making. You will learn to make caramels, nougat, marshmallows, and taffy. Grab your apron, wear closed-toe shoes and come for a new adventure.

Brig to class: two 8-inch square metal cake pans, one 9-inch by 11-inch or 13-inch pan, 4- or 5-quart sauce pan, high heat spatula, and a candy thermometer. Optional: digital scale.

**Keyword: Confection**

Nov. 20  
9 a.m.-Noon  
$39

Lincoln, CEC, 104  
Harper  
LLLX-2056-CFEA

**Beginning Cake Decorating**
Do you admire beautiful bakery cakes? Want to save money and decorate your own special-occasion cakes? Ready to apply your creative skills in a new way? No matter your goal, this course will help you develop the skills to create beautiful cakes with borders, writing, decorations, flowers, and much more.

No specific skill is needed, just a willingness to learn and have fun.

A supply list and frosting recipe will be emailed to you upon registration so BE SURE TO INCLUDE YOUR EMAIL ADDRESS.

**Keyword: Cake**

Oct. 4-25  
6-8 p.m.  
$69

Lincoln, CEC, 104  
Kreikemeier  
FSDT-3001-CFEA

**Basic Art of Cookie Decorating**
Decorate like a pro, including how to prepare a cookie for decorating, how to color and create different icing consistencies, and how to find and use cookie-decorating tools and special techniques to give your cookies that “wow”

**Keyword: Cookie**

Oct. 23  
10 a.m.-Noon  
$71

Plattsmouth, PLLC, 103  
Wolcott  
AREA-4423-PLFA

**Sugar Cookie Fun**
Basic, but never boring, the sugar cookie has an invitation to almost any celebration. It will make and share chocolate ganache, butter French and fussy, macrons have a reputation for very impressive decorating.

Bring to class: 8 oz. package cream cheese, two 2-cup liquid measuring cups, one 12 oz. package mini chocolate chips, 1 cup finely chopped nuts of your choice, one orange, a rolling pin, two large cookie sheets, spatula and 1 cup liquid measuring cup, and to prepare beautifully smooth royal icing instructions will be provided along with additional resources.

**Keyword: Confection**

Oct. 16  
9 a.m.-Noon  
$39

Lincoln, CEC, 104  
Harper  
LLLX-2053-CFEA

**Macarons**
French and fussy, macrons have a reputation for being challenging to make. Discover techniques to make beautiful and delicious macarons. We will make and share chocolate ganache, butter cream and pastry cream filings.

Bring to class: two heavy/sturdy cookie sheets, spatula and 1 cup liquid measuring cup. Optional: mixer powerful enough to whip egg whites into meringue. Wear hair restraint and closed-toe shoes.

**Keyword: Macarons**

Oct. 30  
9 a.m.-Noon  
$39

Lincoln, CEC, 104  
Harper  
LLLX-0159-CFEA

**Cinnamon Rolls & Crescents**
Don’t you just love the smell of fresh baked cinnamon rolls and flakey crescent rolls? Learn how to make cinnamon rolls like grandma used to and fill your kitchen with the warm spicy smell. Use the same versatile dough to make delicious crescent rolls and master the art of sweet roll dough.

A supply list will be emailed one week prior to class so that you can bake along with us.

**Keyword: Rolls**

Oct. 23  
9-11:30 a.m.  
$29

Lincoln, CEC, 104  
Harper  
LLLX-1613-CFEA

**Kolaches & Cinnamon Twists**
Learn the art of Czech baking, including how to make kolaches and cinnamon twists from a state fair first-place winner. You will learn how to make yeast dough as well as many ways to twist the dough. As a bonus, you will learn the basics of dumplings and sauerkraut.

Bring to class: one (three-quart) large bowl, hand mixer, one large mixing spoon to stir dough, paring knife, two or three large cookie sheets, and a container to transport kolaches home. Please wear closed-toe shoes.

**Keyword: Kolaches**

Sept. 25  
12:15-3:15 p.m.  
$39

Lincoln, CEC, 104  
Niemann  
LLLX-1613-CFEA

**Make Ahead: Freezer Meals, Tips & Tricks**
Freezer meals are super handy whether you’re looking for convenience, trying to eat healthy, or planning ahead.

A variety of freezer meal recipes will be provided along with additional resources.

**Keyword: Freezer**

Nov. 10  
6-8 p.m.  
$24

Lincoln, CEC, 104  
Niemann  
LLLX-1613-CFEA

**Instant Pot Cooking Basics**
If you already have one or have your eyes on the perfect instant pot, this class is for you! Are you a bit apprehensive about using one? Learn how easy it can be and you may discover that this appliance is your favorite cooking tool.

**Keyword: Instant**

**Face-to-Face**
Supply fee of $10 payable to instructor in class. Cash or check only for supplies.

Oct. 18  
6:30-8:30 p.m.  
$29

Plattsmouth, PLLC, 103  
Whitehead  
AREA-4455-PLFA

Nov. 1  
6:30-8:30 p.m.  
$29

Ne City, NCLC, 105  
Whitehead  
AREA-4455-NCFA

**Live Online**

Nov. 15  
6:30-7:30 p.m.  
$29

Lincoln, CEC, 104  
Kreikemeier  
AREA-4441-TCFA

**LOCATION KEY is on page 37.**

Courses are subject to change.

www.southeast.edu/continuing
NEW! Risotto
Discover the traditional Italian rice dish made from Arborio rice. If you give risotto your attention, it will turn into a bowl of deliciousness. You will use various ingredients as you discover how to make proper creamy risotto and use the leftovers for risotto cakes.

Sept. 18  S  10 a.m.-Noon  $49
Lincoln, LNK, D-4  Rawlings  LLLX-1633-LNFA

NEW! Oktoberfest
It doesn’t have to be Oktoberfest to enjoy German food. However, it can’t hurt! Experience some of the classic German dishes such as pork schnitzel, warm German potato salad and, of course, German apple cake.

Bring to class your apron, chef’s knife and remember long pants (no shorts) and closed-toe shoes.

Oct. 9  S  10 a.m.-Noon  $49
Lincoln, LNK, D-4  Rawlings  LLLX-0548-LNFA

Be Your Own Butcher: Steak Cutting
Be your own butcher and discover how to cut steaks from large beef subprimals that are commonly sold in Sam's, Costco and supermarkets. Buying these items and cutting them yourself is a great way to save money and enjoy more great steaks at home. You will learn how to cut ribeyes, New York strips and filets, how to portion ready to cook cuts and meat grinding.

You will leave with approximately 15 steaks. Bring to class: boning knife (if you have one), containers or wrap for the meat and apron. Wear closed-toe shoes.

Keyword: Butcher

Be Your Own Butcher: Poultry
Embrace the whole chicken, and then cut it into pieces. Save money by cutting up a whole chicken into portioned ready-to-use pieces.

Bring to class: boning knife (if you have one), apron and tote bag to take home vacuum-packaged chicken. Wear closed-toe shoes.

Keyword: Butcher

Coffee Brewing Methods
Discover the basics behind the brewing of coffee. You will experience a variety of ways to prepare coffee, examine the pros and cons of different brew methods and, of course, sample along the way.

Keyword: Coffee

Pan Sauces
Pan sauces, as the name suggests, are made in the exact same skillet you've used to sauté meat, poultry, or fish. Utilize all of those leftover browned bits stuck to the bottom of the pan, and with a few ingredients, create a smooth sauce that looks and tastes as rich as a time-consuming French sauce in a matter of minutes.

Bring to class: chef's knife, apron, vegetable peeler, pen, paper, and containers for leftovers.

Keyword: Sauces

Classes listed below are offered through the Great Plains Culinary Institute located at 8800 O St., Lincoln.

Coffee Roasting
Discover the magic behind roasting coffee and join us for an introductory roastng experience. There are lots of things to consider when roasting: air and conductive temperature, rate of rise, profiles, origin and blends, storage and tracking.

You will leave with at least one pound of roasted coffee. Bring to class: pen and paper and wear closed-toe shoes.

Keyword: Coffee

Knife Skills
Knife skills are the key to making cooking more enjoyable and safer. Learn about the different types of knives and how to chop, slice and dice a variety of vegetables.

Bring to class a chef’s knife and apron. Wear closed-toe shoes.

Keyword: Knife

Katie’s Cooking Class: Soups
Soup is goooooood food, so find out how to prepare different soups from scratch. Each of our soups will begin with basic aromatic ingredients. However, each will have their own unique flavors. A broth, a pureed soup and a creamy thick soup are on the menu.

Bring to class: knife, vegetable peeler, pen, paper, container for your leftovers, and your apron. Wear closed-toe shoes.

Keyword: Soups

Pan Sauces
Pan sauces, as the name suggests, are made in the exact same skillet you've used to sauté meat, poultry, or fish. Utilize all of those leftover browned bits stuck to the bottom of the pan, and with a few ingredients, create a smooth sauce that looks and tastes as rich as a time-consuming French sauce in a matter of minutes.

Bring to class: chef’s knife, apron, vegetable peeler, pen, paper, and containers for leftovers.

Keyword: Sauces
INTEREST

Air Fryer 101
Did you know the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices, and yummy recipes that you can make in your air fryer.

**Keyword: Air Fryer**

**Oct. 12**
**T**
**6-7:30 p.m.**
**$29**
**Hebron, HNLC, 101**
**Norder**
**AREA-4396-HNFA**

Food Protection Manager Online Class
This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

Receive your assignments online through SCC’s online learning platform. Upon completion of each assignment, you will complete an online quiz. The ServSafe exam is taken online at various SCC locations.

Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access. After you register online, purchase the textbook “ServSafe Manager” at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. For registration and log-in information, go to http://bit.ly/SCCFoodProtectionManagerClass.

To register and pay, go to http://bit.ly/RegisterCE.

Class will be active now through June 24, 2022. All course work needs to be completed by June 30, 2022.

**Keyword: Protection**

**Online**
**Muhlbach**
**$65**
**FSDT-3000-WBBA**

Genealogy

DNA Tells a Story
Whether you’ve taken a DNA test or are considering one, DNA can help you with your genealogy when the paper trail ends. Find out how genetic genealogy can enhance traditional research methods, solve family mysteries and take you on the next steps in your genealogical journey. When a lack of records or uncertainty about ancestral lineage has you stumped, DNA always tells the truth. DNA testing is the tool that belongs in every genealogist’s toolkit.

**Keyword: DNA**

**Nov. 6**
**5 10 a.m.-Noon**
**Callahan**
**$29**
**LIVE Online, Zoom**
**NE City, NCCL, 102**
**Area-6361-TCFNA**
**NE City, NCCL, 102**
**Area-6361-NCFCA**

Beginning Genealogy
Have you watched “Finding Your Roots” and wondered about your own family stories? This is the best time to trace your family tree. Bring what you know about your family to the first class and learn the basics. Discover how to organize, where to look for clues and how to find good information.

**Keyword: Genealogy**

**Oct. 12-26**
**T**
**6:30-8:30 p.m.**
**$49**
**Lincoln, CEC, 404**
**Stewart**
**LLXX-0939-CFA**

Intermediate Genealogy
Boost your genealogy research. Find out if your family homesteaded or fought in the Revolutionary War. This class introduces sources such as land records, military papers, immigration/naturalization documents, newspapers, and courthouse resources. Learn where to find the clues and break through your brick walls.

**Keyword: Genealogy**

**Nov. 9-16**
**T**
**6:30-8:30 p.m.**
**$39**
**Lincoln, CEC, 404**
**Stewart**
**LLXX-0938-CFA**

From Theory to Discovery: Breaking Down Your Brick Wall with Timelines
Use a timeline in your genealogical research to reveal gaps. Learn how to build a theory, pinpoint research questions and focus your family history search to find answers in unexpected places.

**Keyword: Discovery**

**Oct. 12**
**T**
**6:30-8:30 p.m.**
**Callahan**
**$29**
**LIVE Online, Zoom**
**NE City, NCCL, 103**
**Area-5025-TCPFA**
**Ne-5052-NCFCA**

**Nov. 3**
**W**
**10 a.m.-Noon**
**Callahan**
**$29**
**LIVE Online, Zoom**
**Plattsmouth, PLLC, 102**
**Area-5052-TCPFNA**
**Area-5052-PLFA**

Finding Your Ancestors
Discover various ways to research your deceased ancestors. Some things work better than others. Each class will dig deep to answer your questions.

**Keyword: Discovery**

**Oct. 18**
**M**
**7-8 p.m.**
**Reouple**
**$15**
**Plattsmouth, PLLC, 102**
**Area-5026-PLFA**

**Oct. 25**
**M**
**7-8 p.m.**
**Reouple**
**$15**
**Hebron, HNLC, 101**
**Wahoo, WHLC, 101**
**Area-5026-HNFA**
**Area-5026-WHFA**

**Nov. 1**
**W**
**7-8 p.m.**
**Reouple**
**$15**
**Hebron, HNLC, 101**
**Wahoo, WHLC, 101**
**Area-5026-HNFA**
**Area-5026-WHFA**

FYA: Genealogy Wikis
Genealogical Wikis are not all the same. Learn about the different types.

**Keyword: Research**

**Oct. 27**
**W**
**7-8 p.m.**
**Reouple**
**$15**
**Hebron, HNLC, 101**
**Wahoo, WHLC, 101**
**Area-5027-HNFA**
**Area-5027-WHFA**

**Class is live-streamed from Hebron.**

FYA: Google
If you only search the "big" databases for records, you are missing out. The majority of records aren’t on them. Learn how to use Google and its programs to further your research.

**Keyword: Genealogy**

**Nov. 1**
**M**
**7-8 p.m.**
**Reouple**
**$15**
**Plattsmouth, PLLC, 102**
**Area-5028-PLFA**

**Nov. 3**
**W**
**7-8 p.m.**
**Reouple**
**$15**
**Hebron, HNLC, 101**
**Area-5028-HNFA**

**Class is live-streamed from Hebron.**

FYA: Graveyards & Obituaries
Learn about Find-a-Grave, Billion Graves, etc. You’ll find more than just names and dates on these sites.

**Keyword: Graveyards**

**Nov. 8**
**M**
**7-8 p.m.**
**Reouple**
**$15**
**Plattsmouth, PLLC, 102**
**Area-5029-PLFA**

**Nov. 10**
**W**
**7-8 p.m.**
**Reouple**
**$15**
**Hebron, HNLC, 101**
**Wahoo, WHLC, 101**
**Area-5029-HNFA**
**Area-5029-WHFA**

**Class is live-streamed from Hebron.**

FYA: Societies, Libraries & Archives
Learn about the hidden gems in state and county society sites, library databases and state archives.

**Keyword: Societies**

**Nov. 15**
**M**
**7-8 p.m.**
**$15**
**Plattsmouth, PLLC, 102**
**Area-5030-PLFA**

**Nov. 17**
**W**
**7-8 p.m.**
**$15**
**Hebron, HNLC, 101**
**Wahoo, WHLC, 101**
**Area-5030-HNFA**
**Area-5030-WHFA**

**Class is live-streamed from Hebron.**

FYA: Social Media
Learn how to share your research and collaborate with others on social media (Facebook®, Pinterest, Cyndi’s list).

**Keyword: Social**

**Nov. 22**
**M**
**7-8 p.m.**
**$15**
**Plattsmouth, PLLC, 102**
**Area-5031-PLFA**

**Dec. 1**
**W**
**7-8 p.m.**
**$15**
**Hebron, HNLC, 101**
**Wahoo, WHLC, 101**
**Area-5031-HNFA**

FYA: U.S. Censuses
Find hidden information about your ancestors by studying the U.S. Censuses.

**Keyword: Censuses**

**Nov. 29**
**M**
**7-8 p.m.**
**$15**
**Plattsmouth, PLLC, 102**
**Area-5032-PLFA**

**Dec. 8**
**W**
**7-8 p.m.**
**$15**
**Hebron, HNLC, 101**

FYA: Engage Your Family
Learn ways to engage your family in genealogy research (from young children on up).

**Keyword: Engage**

**Dec. 6**
**M**
**7-8 p.m.**
**$15**
**Plattsmouth, PLLC, 102**
**Area-5033-PLFA**

**Dec. 15**
**W**
**7-8 p.m.**
**$15**
**Hebron, HNLC, 101**
**Wahoo, WHLC, 101**
**Area-5033-HNFA**
**Area-5033-WHFA**

History

History of Lincoln: Part 1
Lincoln historian Jim McKee will lead you through a slide-illustrated history of Lincoln, beginning when Lincoln was known as Lancaster and entirely owned by the Methodist Church, through the building of the first capitol, the University and the depression of 1893.

**Keyword: Lincoln**

**Oct. 13-Nov. 3**
**3 7:30-9 p.m.**
**$59**
**Lincoln, LEMF, 121**
**McKee**
**LLXX-0412-CFA**
Finding Joy in Putting Your Garden to Bed

Getting your beds ready for winter holds many quiet and hidden joys. Discover which seeds you can sow now for blooming next year, plants to cut back and plants to leave intact to help local birds through the winter, how to help pollinators survive and starting to make plans for next year.

Class will meet at Jessie’s “Little bit of Heaven” in northeast Lincoln. Be prepared for a garden walk. Bring lawn chair, water bottle and garden clothing for the weather. Location and details will be sent via email prior to class.

**Keyword: Garden**

**Starting a New Compost Pile**

Fall is an ideal time to try your hand at starting a new compost pile. You can make good use of plants you have pulled from your garden, leaves from your trees, small branches from bushes, and of course your own vegetable and fruit scraps. It’s a recycler’s dream come true! We’ll discuss multiple methods of starting a compost to help you find a style that seems easiest for you.

**Keyword: Compost**

**Working in the Dark: A Guide to Landscaping in the Shade & Designing Unique Outdoor Spaces**

Many of our home landscapes have matured over the years and become shady. This class examines the problems and opportunities a shady yard can present. We’ll discuss the design of unique outdoor spaces and which plants will do the best in the shade garden.

**Keyword: Landscaping**

**Prolific Hanging Baskets & Planters**

This is a look at planting and planting eye-catching, unique accents to our landscapes. We’ll examine the many available plant choices, from shrubs to perennial and annual flowers, grasses and succulents.

Placing a hanging basket also will be demonstrated.

**Keyword: Baskets**

**Landscaping Your Front Yard**

Using basic design and planting concepts, this class will provide insight into the successful landscaping of new front yards or existing sites needing renovation.

**Keyword: Landscaping**

**Upholstery 101**

This is a beginning hands-on class where you will learn to reupholster a chair.

The additional cost of your project will be determined by the size of the project and the type of material and supplies needed. Upholstery materials may be expensive. Upon registration, you will receive a list of the upholstery tools needed for class. You may purchase tools and fabric on your own or through the instructor. Bring your project to the first class. Call 402-613-1947 with questions.

**Keyword: Upholstery**

**Upholstery 102**

You will work on the couch or loveseat in this class.

The additional cost of your project will be determined by the size of the project and the type of material and supplies needed. Upholstery materials may be expensive. Students must provide their own hand tools. Bring your project to the first class. Call 402-613-1947 with questions.

**Keyword: Upholstery**

**Downsizing: Keep, Sell or Donate**

Whether downsizing to a smaller home or dispersing the contents of a loved one’s estate, collectsibles expert and professional appraiser Tom Bassett helps simplify the process. With practical, down-to-earth advice, discover how to determine what to sell, keep or toss.

**Keyword: Downsizing**

**Show Your Door Some Love**

See page 18 for more information.

**Barn Quilts / NEW! Introduction to Woodworking / NEW! Basic Woodworking: Footstool / NEW! Woodshop Open Workshop**

See page 19 for more information.

Space is limited. Register today!

Courses are subject to change.
**Personal Interest**

### Personal Interest

#### Languages

**Beginning French Conversation I**
Begin speaking and listening in French via French culture, seasonal topics and student-defined interests. Work toward engaging in brief conversations in French while incorporating basic grammatical concepts and vocabulary. You will have an opportunity for experiential learning that may include watching a movie, cooking/tasting French food, going to a restaurant, and shopping at a grocery store.

Books will be discussed at the first class.

**Keyword: French**
Oct. 6-Dec. 15  W  6-8 p.m.  $80
Lincoln, CEC, 405  Plants
No class Nov. 24  LLLX-1834-CEFA

**Beginning French Conversation II**
This course is a continuation of conversations in French, speaking and listening in French employing French culture and seasonal topics. Carry on conversations in French while you continue to grasp advancing grammatical concepts and vocabulary. You will engage in conversations derived from class-directed topics, exploring everyday culture and language in French, while expanding your grasp of basic grammar.

**Keyword: French**
Oct. 5-Dec. 7  T  6-8 p.m.  $80
Lincoln, CEC, 405  Plants
No class Nov. 24  LLLX-1845-CEFA

**Conversation Française Avancée: Conversations Continuées en Français** (Advanced French Conversations)
Ce cours se déroulera principalement en français. Les élèves participeront à des conversations sur des événements, la culture, et des expériences quotidiens et des sujets dirigés par les élèves; on va explorer la culture et la langue de tous les jours en français, tout en élargissant leur maîtrise de la grammaire. Les élèves apprendront à discuter de petits contes, de nouvelles, d’actualités et de réalités culturelles. Des activités supplémentaires peuvent inclure un film, de la cuisine / dégustation de recettes françaises, dîner au restaurant, et shopping au supermarché.

**Keyword: French**
Oct. 4-Nov. 1  M  6:30-8 p.m.  $75
Plattsmouth, PLCC, 103  Cinnabar  SIGN-3000-PLFA

### Mind & Body

**NEW! Meditative Mandalas**
Discover the geometric doodels of the circular mandala designs as you practice mindfulness skills, breathing exercises and expressions of gratitude.

Bring to class a fine-tip marker and paper.

**Keyword: Mandalas**
Oct. 12-19  T  6-7:30 p.m.  $29
Lincoln, CEC, 403  Arends  AREA-6744-CEFA

**NEW! Herbal Support in Cold & Flu Season**
See page 23 for more information.

**Keyword: Herbs**
Oct. 12-Nov. 30  T  6:30-8:30 p.m.  $80
Lincoln, CEC, 414  Matteson  LLLX-2277-CEFA

**Yoga Classes**
See page 34 for more information.

**Location Key** is on page 37.

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**Sign Exact English**
Learning to use SEE (Sign Exact English) sign language to communicate with others with hearing and/or other challenges is the focus of this class. Students will learn skills to express and receive SEE as well as read the alphabet, learn basic survival signs and express likes and dislikes in SEE sign language.

**Sign Exact English 1**
(0.75 CEUs)
**Keyword: Sign**
Oct. 4-Nov. 1  M  6:30-8 p.m.  $75
Plattsmouth, PLCC, 103  Cinnabar  SIGN-3000-PLFA

**Sign Exact English 1.5**
(0.75 CEUs)
**Keyword: Sign**
Nov. 8-Dec. 6  M  6:30-8 p.m.  $75
Plattsmouth, PLCC, 103  Cinnabar  SIGN-3001-PLFA

**Sign Exact English: Medical Focus**
You will learn to use SEE (Sign Exact English) sign language to communicate with others with hearing and/or other challenges within a medical or emergency setting. Students will learn to sign basic medical terms and information that include allergic, blood, pain, ambulance, hospital, fire, 911, and more!

(0.75 CEUs)
**Keyword: Sign**
Nov. 3-Dec. 8  W  6:30-7:30 p.m.  $99
LIVE Online, Zoom  Cinnabar  SIGN-3031-TCFPB

**Basic Conversational Sign Language**
Learn sign language vocabulary and practice expressive and receptive skills. Learn more about the beauty of this totally visual language and deaf culture.

Required text book “Talking with Your Hands, Hearing with your Eyes,” may be purchased at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com prior to first class.

**Keyword: Sign**
Oct. 7-Nov. 11  Th  6-7:30 p.m.  $59
NE City, NCLC, 102  Howe  SIGN-3051-NCF

**Swedish on the Plains 2**
Learn Swedish and Nebraska’s Swedish immigrants.

A textbook, CD and exercises will help you learn. Celebrating your success at the last class.

**Keyword: Swedish**
Oct. 12-Nov. 30  T  6:30-8:30 p.m.  $80
Lincoln, CEC, 414  Matteson  LLLX-2277-CEFA

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**Register for Both & Save $25!**

**Sign Exact English 1**
(0.75 CEUs)
**Keyword: Sign**
Oct. 4-Nov. 1  M  6:30-8 p.m.  $62.50
Plattsmouth, PLCC, 103  Cinnabar  SIGN-3000-PLFA

**Sign Exact English 1.5**
(0.75 CEUs)
**Keyword: Sign**
Nov. 8-Dec. 6  M  6:30-8 p.m.  $62.50
Plattsmouth, PLCC, 103  Cinnabar  SIGN-3001-PLFA

See page 34 for more information.

**Space is limited. Register today!**

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**Spanish L-B” ISBN: 978-1-260-45349-2** can be purchased at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com prior to first class.

**Keyword: Sign**
Oct. 7-Nov. 2  T  5:30-7:30 p.m.  $80
Lincoln, LNK, U-109  Howe  LLLX-1806-LNFA1

Oct. 14-Dec. 9  Th  1-3 p.m.  $80
Lincoln, CEC, 404  Propp  LLLX-1806-CEFA

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**Basic Conversational Sign Language**
Learn sign language vocabulary and practice expressive and receptive skills. Learn more about the beauty of this totally visual language and deaf culture.

Required text book “Talking with Your Hands, Hearing with your Eyes,” may be purchased at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com prior to first class.

**Keyword: Sign**
Oct. 7-Nov. 11  Th  6-7:30 p.m.  $59
NE City, NCLC, 102  Howe  SIGN-3051-NCF

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**Sign Language I**
This is an introductory course for adults who want to learn American Sign Language at a conversational level. This course includes information on deaf culture, an integral component of ASL.

Required book to be purchased from SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com prior to first class.

**Keyword: Sign**
Oct. 7-Nov. 2  T  5:30-7:30 p.m.  $80
Lincoln, LNK, U-109  Howe  LLLX-1806-LNFA1

Oct. 14-Dec. 9  Th  1-3 p.m.  $80
Lincoln, CEC, 404  Propp  LLLX-1806-CEFA

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Oct. 12-Nov. 30  T  6:30-8:30 p.m.  $80
Lincoln, CEC, 414  Matteson  LLLX-2277-CEFA

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**Beginning Spanish**
This is a class for the beginner who has little or no prior knowledge of the Spanish language.


**Keyword: Spanish**
Oct. 13-Dec. 8  W  6-8 p.m.  $80
LIVE Online, Zoom  Granados
No class Nov. 24  LLLX-1836-TCFCA

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**NOTE**: These classes are conversational in nature. These are non-credit and will not transfer to any credit program.
Understanding Investing

It's never too early (or late) to learn how to make your money work for you. Topics will include stocks, bonds, mutual funds, and the various types of accounts in which you can invest. If you want to learn more about investing and how you can use investments as a tool to reach your goals, this is your class.

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<th>Individuals</th>
<th>Oct. 5-12</th>
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Taxes in Retirement

Don't be caught off guard by your tax bills in retirement. Learn how your Social Security, Individual Retirement Accounts and other retirement accounts are taxed, as well as strategies on how to potentially reduce those taxes.

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<th>Individuals</th>
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Social Security 101: Understanding This Retirement Benefit

Understanding Social Security is critical to your long-term financial well-being and retirement. This is an overview of Social Security and how it works, including eligibility and Primary Insurance Amount, filing options, the importance of timing (delayed retirement credits), and spousal benefits. Discover the implications of working after a person begins collecting benefits and how that affects your decision making.

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Medicare Classes

See pages 24-25 for more information.

Tired of Cable TV, Dish or Direct TV? Cut the Cord!

If you've been thinking about changing how you watch TV, or are just interested in a new option, this class is for you. We'll look at all of the streaming services available to you to help you make a choice if you want to move to this new era of watching television and other media content. We will cover Hulu Live, YouTube TV, Apple TV+, Sony Vue, Netflix, and others.

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Payment is due at time of registration for all non-credit classes.

Courses are subject to change.
### Personal Interest

#### Community Chorus
Do you have the desire to sing loud and proud? Chorus members will receive guidance on vocal and choral rehearsal techniques and performance practice. This is a great opportunity to enjoy singing with friends.

Class includes vocal technique instruction and event rehearsals. Contact Dr. Jon Gruett at 909-913-7284 with questions.

**Keyword: Chorus**

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#### Personal Development

#### Effortlessly Manage Paperwork in 10 Minutes a Week
Do you have endless piles of paperwork and need to find a solution? Find out the five items you need to set up a successful filing system and learn the three steps for processing paperwork and tasks. Plus, tips for reducing paperwork and a take-home retention schedule for common documents.

Now is the perfect time to organize your files to be ready for taxes next year!

**Keyword: Paperwork**

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#### How to Tame Your (Unruly) Dragon: Learning to Use Coping Skills to Manage & Regulate Your Emotions
Some days we all feel like a dragon. Yes, a genuine fire-breathing, killing machine. But that’s OK so long as you know how to put yourself back on a leash. The different types of coping skills will be explored, along with their triggers. Management strategies, techniques and tools will be presented and discussed.

**Keyword: Learning**

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#### You Have a Life Story to Share
Get a jump start on writing your life story with guidance from the instructor, along with multiple handouts. Instructor will lead you in a fun, supportive process.

Bring pen and paper and start writing your story for your family and friends.

**Keyword: Story**

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#### Introduction to Marketing Skills
See page 12 for more information.

#### Driver Education Instructor Training
See page 35 for more information.

#### Publish Your Writing
If you want to make a living as a writer, you need to treat it as a business. This includes your public persona, use of a pen name, etiquette, social media, managing time, discipline of writing, covers and editing, and genre/niche analysis. Discussion of querying agents and publishers will be included.

**Keyword: Writing**

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#### Medicare Classes
See pages 24-25 for more information.

#### Let’s Do Lunch Series
Spend your lunch hour learning something new! Check out this series featuring something for everyone!

#### LDL: Exploring Apps (Savvy Seniors!)
Seniors with Smartphones: Want to learn about new applications on your phone? Join us for “Exploring Applications” over lunch!

**Keyword: Apps**

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#### LDL: Basic Zoom
Find out more about all the fun things you can do with Zoom!

**Keyword: Zoom**

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#### LDL: Online Black Friday Shopping
Discover where you can find the best deals for Black Friday without leaving your house. We’ll also talk about other special online shopping days that continue the savings of Black Friday.

**Keyword: Online**

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#### LDL: How to Set Up Grocery Pick Up
We’ll walk you through the steps of ordering and picking up your first online grocery order. Then we’ll discuss all the advantages of this new, easy and safe way to purchase your groceries.

**Keyword: Grocery**

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#### LDL: Happiness is Traveling
Learn tips and tricks about getting ready for your next adventure!

**Keyword: Happiness**

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#### NEW! Sports Photography
Discover how to set up your camera to capture sharp, detailed photos full of excitement and drama. A combination of classroom and location shooting will provide you a good basis for action photography, as well as hands-on practical experience.

Registered students will receive details of the sporting event and cost to attend. Bring your DSLR camera to capture the best action.

**Keyword: Photography**

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#### NEW! Travel Photography
Do you return home from your travels and find that you are disappointed in the pictures you have taken? Let’s explore different ways to make your photographs tell the story and have an impact on the viewer. We also will talk about different ways to show your vacation pictures, such as slide shows or coffee table books that you can be proud of for years to come.

**Keyword: Photography**

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#### NEW! Improve Your Photos with Photoshop
Discover how seemingly small edits can make a big difference in your photos. Never opened Photoshop before? This class is designed to take you from ordinary citizen photographer to Photoshop superhero. Crop, color, edit, paint, retouch, filters, oh my.

**Keyword: Photoshop**

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#### NEW! Improve Your Skills with Photoshop
So, you know enough about Photoshop to make your pictures look good, now take things a step farther and let those creative juices flow. Learn how to use advanced techniques to create exciting effects in a fraction of the time.

Bring to class: three digital images in which you want to work.

**Keyword: Photoshop**

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#### Introduction to Adobe Lightroom
See page 10 for more information.

**Location Key** is on page 37.

Courses are subject to change.
Action Photography
Action and sports photography is challenging but very exciting. Discover how to set up your camera to capture sharp, detailed photos full of excitement and drama.

A combination of classroom and location shooting will provide you a good basis for action photography, as well as hands-on practical experience. Registered students will receive details of the sporting event and cost to attend. Bring your DSLR camera to capture the best action.

Photography I
Discover the craft and creativity of photography in this beginning class. Learn to use your digital camera with basic principles such as exposure, metering modes, shutter speeds, aperture and depth of field, focal length, and more.

Bring a camera with exposure controls to class.

Photography II
Continue your exploration of photography with the intermediate class. More complex techniques and concepts will be addressed and weekly assignments given.

Your work will be critiqued in a fun and positive manner. Bring your camera to class.

Photography III
This is a continuation of Photography II with an emphasis on photographing people and the use of electronic flash. Flash techniques such as direct, slow-sync and fill-in and other lighting concepts will be taught.

Photography IV
Photography IV focuses on a project of the student’s choice. This advanced photography class will continue the weekly critiques, and a presentation and exhibition of student’s work will also be addressed.

Night Photography Techniques
Prerequisite: Photography I and preferred Photography II
Learn more about night photography techniques for landscape or cityscape. Discussion will include slow shutter speed and manual settings, including bulb and ISO.

Plan on assignment given in first class, critique in second class. Bring your camera to class.

In-Camera Black & White Photography Techniques
Prerequisite: Photography I and preferred Photography II
Discover more about in-camera black and white photography without the need for post-production.

Plan on assignment given in first class, critique in second class. Bring your camera to class.

Close Up & Macro Photography Techniques
Prerequisite: Photography I and preferred Photography II
Close up filters, macro lenses, and other photographic techniques will be discussed.

Plan on assignment given in first class, critique in second class. Bring your camera to class.

Understanding White Balance (Color Correction)
Prerequisite: Photography I and preferred Photography II
Learn about color temperature and white balance settings on your camera and how to use them.

Plan on assignment given in first class, critique in second class. Bring your camera to class.

Let’s Make Photographs Instead of Snapshots
We will explore how you can take better pictures and become more creative with your photography. We will discuss the different modes of your camera and how to use them for different photographic opportunities.

Whether you use a cell phone or a camera with interchangeable lenses, learn to take those “wow” photographs instead of just snapshots.

Bring your camera and instruction manual.

Digital Photography
You will gain greater proficiency in your photography and camera use as we review the basic principles of photography, along with more sophisticated digital operations, hardware options and software.

Digital Scrapfest: Get Your Groove On! / Friday Night Crop / Pictures Galore, Organizing & More!
See page 17 for more information.

Digitizing Memories
Do you have envelopes full of negatives and slides or boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software “VueScan.”

Photography with Your Mobile Device
Photography using your phone or tablet is the focus of this class. Techniques in photography, useful apps for photography and editing, along with super-handy gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free. Have your mobile device handy as you log into this Zoom class from your desktop or laptop.

It’s Time for Football
Nebraska means football. Whether you are cheering on your favorite team or the Cornhuskers, be in the know! Gain insight from Coach Darlington as you discover the fundamentals of football and everything that surrounds it. Be ready when your favorite team hits the field this year. You will be able to cheer them on with new appreciation and knowledge.

Learn to Play Pinochle
Pinochle is a classic card game which can be played with a single deck or double deck. Fun terminology: meld, marriages, runs, hundred aces, and pinochles, what do they all mean? Pinochle is hard to spell, but soon this will become your family “go-to” game!!

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Prerequisite: Photography I and preferred Photography II
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Photography using your phone or tablet is the focus of this class. Techniques in photography, useful apps for photography and editing, along with super-handy gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free. Have your mobile device handy as you log into this Zoom class from your desktop or laptop.

It’s Time for Football
Nebraska means football. Whether you are cheering on your favorite team or the Cornhuskers, be in the know! Gain insight from Coach Darlington as you discover the fundamentals of football and everything that surrounds it. Be ready when your favorite team hits the field this year. You will be able to cheer them on with new appreciation and knowledge.

Learn to Play Pinochle
Pinochle is a classic card game which can be played with a single deck or double deck. Fun terminology: meld, marriages, runs, hundred aces, and pinochles, what do they all mean? Pinochle is hard to spell, but soon this will become your family “go-to” game!!
Archer Introduction
Have fun and build self-confidence with a sport that has been popular for years. Learn archery in a self-paced class. This is a great course for those who want to try archery as a sport or recreationally. Classes meet indoors, and equipment is provided to use for the class. You are welcome to use your own equipment pending club approval. Instructors are certified with USA Archery. Minimum age 8.

Keyword: Archery
Oct. 26-Dec. 28 T 6-7 p.m. Lincoln, PBAC Prairie Bowman LXL-0584-OCFA
Oct. 26-Dec. 28 T 7:30-8:30 p.m. Lincoln, PBAC Prairie Bowman LXL-0584-OCFB

Treasure Hunting 101
See page 17 for more information.

Yoga Classes
It's time to roll out your yoga mat and discover the combination of physical and mental exercises. Whether you are young or old, yoga has the power to calm the mind and strengthen the body. Don't be intimidated by yoga terminology, fancy yoga studios and complicated poses. Yoga is for everyone.

Wear comfortable clothing. Bring a yoga mat to class. Choose a location and class to fit your needs.

Yoga Basics
New to yoga or want a basic practice? This is perfect for you!

Keyword: Yoga
Oct. 4-Nov. 29 M 7-8:15 p.m. Lincoln, CEC, 111 Georgeson
No class Nov. 1
LLXL-1701-CEFA

Yoga Styles
Learn the different forms of yoga, from yoga nidra to flow and everything in between.

We'll practice a different style each week.

Keyword: Yoga
Oct. 5-Nov. 30 T 7-8:15 p.m. Lincoln, CEC, 111 Georgeson LLLX-2012-CEFA

Gentle Yoga
Chair, standing or mat positions.

Keyword: Yoga
Sept. 13-Oct. 11 M 4:30-5 p.m. Beatrice, FLOW
Scholar BBX-1538-BFBA
Oct. 25-Nov. 22 M 4:30-5 p.m. Beatrice, FLOW
Scholar BBX-1538-BFBB

Yoga & Pilates
All experience levels welcome.

Keyword: Yoga
Sept. 13-Oct. 11 M 5:30-6:30 p.m. Beatrice, AEC, 134 Scholar BBX-1537-BFBA
Oct. 25-Nov. 22 M 5:30-6:30 p.m. Beatrice, AEC, 134 Scholar BBX-1537-BFBB

Body Sculpting: Butts & Guts
Join our special-focus class just for your lower body! The belly and buttocks muscles are the focus for shaping, along with increasing lower-body strength, burning fat and building lean muscle. How to utilize proper form to avoid injury and gain results also are discussed.

Wear comfortable, loose clothes.

Keyword: Sculpting
Oct. 6-Dec. 4 S 9-10 a.m. Live Online, Zoom
Waters No class Nov. 27
AREA-8505-TCFWA

Cardio Boxing Class
Cardio boxing offers a high-intensity, cardiovascular workout that combines basic boxing techniques and dynamic conditioning exercises. It helps to burn fat, improve flexibility and burn calories while building lean muscle.

No equipment needed. Need to wear comfortable clothes and supportive shoes.

Keyword: Cardio
Oct. 2-23 S 9-10 a.m. Live Online, Zoom
Waters
AREA-8523-TCFWA

Senior Stretch & Flex
Enjoy a morning workout and improve your health. This active-aging class will include stretching, cardio and core muscles. Strength and balance exercises are included. This class is perfect for seniors.

Keyword: Stretch
Oct. 1-Dec. 22 M, W, F 9-10 a.m. Plattsmouth, PLLC, Commons
Scanlan
AREA-8810-PLFA

Fit for Senior Living
Exercise is an essential part of life. Energize or enhance your health with this active-aging class that will help you stay physically fit, and mentally active. A high-intensity fitness class. A fun and challenging curriculum that teaches good nutrition for your lower body! The class will include stretching, cardio and core muscles. Strength and balance exercises are included. This class is perfect for seniors.

Keyword: Fit
Oct. 1-Dec. 22 M, W, F 9:30-10:30 a.m. Plattsmouth, PLLC, Commons
Scanlan
AREA-8810-PLFA

Youth

NEW! Winter Birch Tree Note Cards (Ages 7-12) / Fused Glass Snowflakes (Ages 6-14)
See page 21 for more information.

Irish Social Dance (Ages 12 & Up) / Irish Step Dance (Ages 7 & Up)
See page 22 for more information.

Homeschool Art Class
Ages 6-16
This visual art class introduces students to drawing, painting, pottery, printmaking, and sculpture. Students will build their skills and understanding of a wide range of age-appropriate art concepts. LUX Center for the Arts is a unique location for students to see original works of art, make their own art and visit the on-site studios of their instructors who are all professional artists.

Students will be placed into groups by age and grade level so please be sure to note that when registering. The instructor for these classes will change every three weeks to give students the opportunity to work with a variety of art mediums.

Keyword: Homeschool
Oct. 5-Nov. 30 T 12:30-2 p.m. Lincoln, LUXC
LLXL-0025-OFCF

Kid Food Hour
Ages 8-14
Get your kids to join us online for fun and to learn how to prepare tasty (and nutritious) food! Each week is a new food hour. With adult supervision, you can prepare along with us.

Each child who attends must be registered for the class.

Keyword: Food
KFH: Football Food Fun!
Oct. 2 S 10-11 a.m. Live Online, Zoom
Waters
AREA-6355-TCFA

KFH: Autumn Apples!
Nov. 6 S 10-11 a.m. Live Online, Zoom
Waters
AREA-6355-TCFBA

KFH: Gingerbread Houses
Dec. 4 S 10-11 a.m. Live Online, Zoom
Waters
AREA-6355-TCFCA

Babysitting 101
Ages 10-14
This interactive class will help you become a great babysitter. You will learn about the business of babysitting, child development, safety, and fun ways to keep children entertained.

Keyword: Babysitting
Oct. 2 S 8:30 a.m.-Noon Plattsmouth, PLLC
Segner
AREA-6399-WHFBA

Price is limited. Register today!
Driver Education & Safety

Driver Education
Instruction consists of online lecture and behind-the-wheel training (lab) that meets separately. Participation in an orientation is required before each class. Orientations will be held on dates listed below via Zoom. A Zoom link will be sent to the student’s email one week prior to the orientation. Student must have a school or learner’s permit and complete both the online lecture and driving to be eligible for documentation for the Provisional Operator’s Permit and/or insurance requirements.

(2.6 CEUs) For a detailed brochure, complete with Driver Education & Safety classes for 2021, contact us at continuined@southeast.edu, 402-437-2700 or 800-828-0072. NOTE: Attendance is critical to the student’s success. Each class and lab must be attended as scheduled. Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. Classes will be held during LPS Fall Break.

- **Required Orientation:** Oct. 4
  - **Keyword:** Driver

**Lincoln SCC**
(All lectures have an online option.)
Oct. 25-Dec. 11: M, W: 6:30-8:30 p.m. $295
Lincoln, LNK, 5-1: TRAN-3398-LNFE

**Lincoln High School**
(All lectures have an online option.)
Oct. 25-Dec. 11: M, W: 3:30-5:30 p.m. $295
Lincoln, LHS, 109: TRAN-3398-OCHT

**Lincoln Northeast High School**
(All lectures have an online option.)
Oct. 25-Dec. 11: M, W: 3:30-5:30 p.m. $295
Lincoln, LNE, 043: TRAN-3398-OCTH

**Lincoln Southeast High School**
(All lectures have an online option.)
Oct. 25-Dec. 11: M, W: 3:30-5:30 p.m. $295
Lincoln, LSE, 601: TRAN-3398-OCFH

**Lincoln Southwest High School**
(All lectures have an online option.)
Oct. 25-Dec. 11: M, W: 3:30-5:30 p.m. $295
Lincoln, LSW, A103: TRAN-3398-OCCF

**Lincoln Drive Lab Schedule**
Drive lab meets two hours once a week for six weeks, Monday through Friday, with a starting time of 3:30 p.m. or 5:45 p.m., or Saturday starting at 8 a.m., 10:15 a.m., 1 p.m., or 3:15 p.m. The student could possibly attend the first drive lab before the first lecture meets. The drive lab continues one week past the completion of lecture.

Four-Hour STOP Class
Diversions of minor traffic violations in Seward, Thayer and York counties.

Contact us at STOP@southeast.edu for scheduling details and cost.

Payment is due at time of registration for all non-credit classes.
Courses are subject to change.

Driver Education Instructor Training
Prerequisite: Must be at least 21 years of age, have a high school diploma or equivalent, valid operator’s license held in state of residence for two consecutive years, clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. You must have no suspensions or revocations on record within the last five years, including any convictions for DWI or any related alcohol or drug offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructor to teach driver education in a noncredit format. Focus is on fundamental driver education, curriculum development and presentation skills. The intent of this class is for those individuals who want to teach outside the K-12 system.

**Keyword:** Instructor
Oct. 4-Nov. 15: Online $429
Lincoln, LNK, Arranged: TRAN-3393-HBTA

Smart Drivers!
This is an eight-hour comprehensive course applying fundamental traffic laws and increasing driver awareness. Nebraska state law requires that driver improvement classes are eight hours.

(0.8 CEUs) This class is approved by the Nebraska Department of Motor Vehicles and can be applied toward: under-age 21, six-point accumulation, reinstatement of point revocation, employment driving permit, two-point credit to driving record. Participants will NOT be admitted into class 15 minutes after the scheduled start time or later. Participants must provide driver’s license number at class.

**Keyword:** Driver
Oct. 9: S 8 a.m.-4:30 p.m. $65
Lincoln, CEC, 404: TRAN-3363-CFEC

Oct. 13: S 8 a.m.-4:30 p.m. $65
Lincoln, CEC, 404: TRAN-3363-CFED

Nov. 6: S 8 a.m.-4:30 p.m. $65
Lincoln, CEC, 404: TRAN-3363-CFEC

Nov. 20: S 8 a.m.-4:30 p.m. $65
Lincoln, CEC, 404: TRAN-3363-CFEC

Dec. 4: S 8 a.m.-4:30 p.m. $65
Lincoln, CEC, 404: TRAN-3363-CFEC

Dec. 18: S 8 a.m.-4:30 p.m. $65
Lincoln, CEC, 404: TRAN-3363-CFEC

Motorcycle Safety: Beginning Riders Course
Prerequisites: You must be at least 16 and able to balance and ride a bicycle. If you are ages 16 or 17, a waiver must be signed by a parent or guardian.

Failure to provide will disqualify participation in class, and a refund will not be available.

This 18-hour course is intended for beginning riders 16 years and older and is designed to teach safe motorcycle operation.

For Credit Class Schedule, visit www.southeast.edu/classschedules

Credit Classes Offered at All Learning Centers
Are you thinking of starting or continuing college?
Credit classes are delivered via technology to the Learning Center classrooms. Students can participate in the class like any student in the originating classroom. Each class offered at the Learning Centers meets the requirement at SCC for general education classes for an Associate degree and/or a prerequisite class for a Health program. Check with your academic advisor on your degree plan.

Do you want to take a credit class that isn’t scheduled for your Learning Center?
SCC received a USDA rural development grant which included robots. The robots enable students in the Learning Center service area to attend class on one of the SCC campuses via robot. The robot is operated by the student via a computer using a few keys. Contact your Learning Center staff if you would like to register to take a class by robot.

For Credit Class Schedule, visit www.southeast.edu/classschedules
Providing opportunities for adult learners to strengthen their lives through educational experiences

Free Classes for Adults!
- English as a Second Language
- GED® Prep
- Adult Basic Education (including math, reading and writing)

We are dedicated to helping you build your skills for college and a career! Our FREE services can help you reach your educational and employment goals! Make your dreams a reality at Southeast Community College!

Volunteer opportunities available.
In Lincoln, contact Vicki Carper at vcarper@southeast.edu.
Outside of Lincoln, contact Elizabeth Williams at ewilliams@southeast.edu.

Classes available in:
- Beatrice
- Falls City
- Hebron
- Lincoln
- Nebraska City
- Plattsmouth
- Tecumseh
- Wahoo
- York

For more information about class offerings, contact: adultedu@southeast.edu
402-437-2840

www.southeast.edu/adulteducation
Ashland
ALRC ............ Ashland Library/Resource Center, 1324 Silver St.

Beatrice
FLOW .................. Flowing Springs, 2211 Sunset Drive

Southeast Community College,
Beatrice Campus, 4771 W. Scott Road
AEC............ Academic Excellence Center
FOR ....................... Ford Hall
JAC ..................... Jackson Hall
KEN ............... Kennedy Center
TRU .................. Truman Center

Falls City
FALH .......... Falls City High School, 1400 Fulton St.
FALM .......... Falls City Middle School, 1415 Morton St.
FCLC .......... Learning Center at Falls City, 3200 Bill Schock Blvd.

Hebron
HNLC ....... Learning Center at Hebron, 610 Jefferson Ave.

Lincoln
4211............. Doeden’s Dance Studio, 4211 LaSalle
ARCH ............ Architectural GlassArts, 4035 S. 48th St.
CEC ............. Jack J. Huck Continuing Education Center, 301 S. 68th St. Place
EHS .................... East High School, 1000 S. 70th St.
EPCH .......... Eastridge Presbyterian Church, 1135 Eastridge Drive
GLTC .......... Green Leaf Tea Company, 2917 Pine Lake Rd, #D
GRLN .......... Greater Lincoln Obedience Club, 5740 Johanna Road
(From Cornhusker Hwy, go north two blocks on Hwy 77 (56th St.).
Turn right onto Morton St. Go one block; turn left onto North 57 St.
Go one block; turn right onto Johanna Road. GLOC building
is one block on the left.)
KENL .................. Kenl Inn
10241 E. Old Cheney Road
(1.25 miles east of 84th and Old Cheney)
LEFM .......... Lefler Middle School, 1100 S. 48th St.
LHS .......... Lincoln High School, 2229 J St.
LNE .......... Lincoln Northeast High School, 2635 N. 63rd St.
LNK .......... Southeast Community College,
Lincoln Campus, 8800 O St.
LNS ... Lincoln North Star High School, 5801 N. 33rd St.
LSE .......... Lincoln Southeast High School, 2930 S. 37th
LSW .......... Lincoln Southwest High School, 7001 S. 14th
LUXC ............... Lux Center for the Arts,
2601 N. 48th St.
(Enter through the glass door on the west side of building off parking lot.)
NOTE: Ceramics classes are in the building directly west of the Lux Center. Look for the lime green yard sign.
OLER .......... Oler’s Family Upholstery, 5330 Custer Circle #4
(It is two blocks south of 70th and Cornhusker and one block east,
next to Big Red Storage; second tan building in the middle; 402-613-1947)
PBAC .......... Prairie Bowman Club, 1432 N. Cotner Ave.
VWSP .......... Vang Wood Shop, 6700 Francis St.
WEAV .......... The Weavers Studio,
3843 S. 48th St., Lower Level
(West of 48th on Cooper Avenue)
Follow the sidewalk to the lower level entrance at the back of the building. On street parking ONLY.

Louisville
SHSH ............ Simply Home Sweet Home
Studio, 8980 Raven Drive
(Class location is rural, three miles from Hwy 66)

Milford
CCDW .............. Crete Carrier Diesel Technology & Welding Center,
701 Trades City Drive

ETC ..........Southeast Community College,
Milford Campus, Eicher Technical Center, 600 State St.

Nebraska City
NCLC .......... Learning Center at Nebraska City, 1406 Central Ave. (NEW LOCATION!)

WPBB ............ Whispering Pines B&B,
2018 Sixth Ave.

Plattsmouth
PLL .......... Learning Center at Plattsmouth, 537 Main St.

Wahoo
WHLC .......... Learning Center at Wahoo,
536 N. Broadway St.

York
YFS .......... York Fire Department,
815 N. Grant Ave.

YKLC .......... Learning Center at York,
3130 Holen Ave. (Inside the Holthus Convention Center)

See Desc.......... The course description will give the class location
TBA ................. To Be Announced
4 Easy Ways to Register!

Register ONLINE Using WebAdvisor
1. You must have an email account in order to register online.
3. Search for Classes (Use the keyword at the end of the description)
4. Register for Classes
5. Pay for Classes
   a. You will not be officially registered until you submit your payment.
   b. You will see a confirmation screen. Print this for your records.

Register by FAX or MAIL
1. Complete the non-credit registration form. (Please Print) then either...
2. FAX the registration form with credit card number or letter of authorization to 402-437-2703 OR
3. MAIL the registration form with payment or letter of authorization to: Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510-2449

Register IN PERSON
WALK-IN to the Jack J. Huck Continuing Education Center Monday-Thursday, 7:30 a.m.-7:30 p.m.; Friday, 7:30 a.m.-5 p.m.; Saturday, 7:30-11:30 a.m.; SCC campuses and Learning Center locations during business hours.

Cancellation/Refund Policy
SCC reserves the right to cancel any credit/non-credit classes that do not have sufficient enrollment. A full refund will be processed and you are not required to submit a drop form.

The student is entitled to a 100% refund for any non-credit class if the class is dropped the day before class begins. If a student drops a class the day class begins or after, there will be no refund.

For Credit Classes cancellation/refund policy, visit www.southeast.edu/withdrawal-refunds-returns.

Failure to attend classes does not constitute a drop or withdrawal. “No Show” students will be billed and held responsible for full payment of the tuition and fees for the classes they are registered for because the “no show” student did not drop the class online using Web Advisor or with an “Official Drop/Add Form For Classes” within the designated refund period.

Accredited by the Higher Learning Commission.
Board of Governors: Chairman: Kathy Boellstorff, Johnson; Vice Chairman: James J. Garver, Lincoln; Secretary: Nancy A. Seim, Lincoln; Treasurer: Dale Kruse, Beatrice; Chuck Byers, McCook Junction; Keith Hammons, Weeping Water; Edward C. Price, Lincoln; Neal Steinberg, Lincoln; Arlyn Uhrmacher, Lincoln; Ellen Weissinger, Lincoln; Kristin Yates, Lincoln; Linda Hartman, Faculty Representative, Lincoln (rev. March 2021)

NOTE: The language of instruction at SCC is English. Outside of foreign language classes, classes at SCC are conducted in English. All prospective students should be sufficiently proficient in English to a) complete any initial assessment requirements (e.g., COMPASS, ASSET, TOEFL); b) benefit from and fully participate in the instructional process; and c) understand any safety requirements/alerts/directives related to classroom participation and/or safe use of machinery/equipment related to the class.

Confirmanations
All registered students must report to the first class session unless you are notified by the College that the class is full or has been cancelled. Paper confirmations are not mailed.

When registering online, print the last page of registration for your records.

General College Policies

ADA Reasonable Accommodations
SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

Social Security Number
The College requests, but does not require, a student provide their Social Security number during the admissions process. Students who do not provide a Social Security number during the admissions process will be required to provide one for Federal Student Aid.

Students who do not have a Social Security number or Tax Identification Number are eligible to take classes and be admitted to a Program of Study; however, students should be aware that they may not be able to complete specific courses.

A student’s Social Security number information constitutes an “educational record” under FERPA. The College will be privileged to re-disclose that information only with the consent of the student or in those very limited circumstances when consent is not required by FERPA. Questions regarding Social Security or tax ID numbers should be directed to the campus Registration and Records Office.

FERPA
SCC has developed policies and procedures in compliance with the Family Educational Rights and Privacy Act (FERPA) of 1974. The rights accorded students shall apply to all students 18 years of age or older, or no longer dependent upon their parents; students in a postsecondary education program, regardless of their age; and parents of eligible dependent students. All requests for student records and information must be in writing and directed to the campus Student Services Office. Questions relating to the release of records and information should be directed to the campus Student Services Office.

*Use of Photographs: For more information, visit www.southeast.edu/collegecatalog.
Registration Form - Non-Credit Course

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number Birth Date Name: Last First Middle Initial

Residence Mailing Address City State Zip County #

Email Address Cell Phone ☐ Home ☐ Business Phone

I identify as: ☐ Male ☐ Female ☐ Nebraska Resident ☐ Non-Resident ☐ Hispanic or Latino ☐ Not Hispanic or Latino ☐ Race (Select one or more): ☐ White ☐ Asian ☐ American Indian/Alaska Native ☐ Native Hawaiian/Other Pacific Islander ☐ Black/African-American

COURSE NUMBER TITLE START DATE COST

TOTAL DUE

Signature

Would you like a receipt mailed to you? ☐ Yes ☐ No

Name as it appears on card: ____________________________

Exp.Date _________  CC # ________________

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Today’s Date ___/___/___

V Code ________

ID# ______________________

DE ______________________

TOTAL DUE

FOR OFFICE USE ONLY

Today’s Date ___/___/___

V Code ________

ID# ______________________

DE ______________________

TOTAL DUE

FOR OFFICE USE ONLY
5 questions to ask today to prepare for tomorrow.

1. How has COVID-19 impacted your business short-term and potentially long-term?
2. What are your biggest concerns transitioning out of COVID-19?
3. What future actions will you need to take to handle the challenges of COVID-19?
4. What do you see is your main need in terms of skills for your current or future employees post-COVID-19?
5. What can SCC do to support your efforts going forward?

We are here to help.
Marguerite Himmelberg | mhimmelberg@southeast.edu

Your Path to Possible...

CERTIFICATE

DIPLOMA

DEGREE

CHOOSE YOU

www.southeast.edu
Fall 2021 SOC Course List

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