

Foods

Fall 2021

Sourdough Bread 101

Sourdough is a treasured part of many kitchens. Some flour, water and a little bit of patience will have your very own bubbly, active starter ready to make your incredible sourdough bread. Get tips, tricks and some tasty recipes.



Keyword: Bread

Oct. 27	W	6:30-7:30 p.m.	Kreikemeier	\$15
Hebron, HNLC, 101				
LIVE Online, Zoom				
Class is live-streamed from Lincoln.				

Nov. 8	M	6-7 p.m.		\$15
LIVE Online, Zoom				
Kreikemeier LLLX-0474-TCFCA				

Air Fryer 101

Did you know the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices, and yummy recipes that you can make in your air fryer.

Keyword: Fryer

Oct. 12	T	6-7:30 p.m.		\$19
Hebron, HNLC, 101				
Norder AREA-4396-HNFA				

NEW! Bread Basics: White, Rye, Cinnamon Raisin, & Houska

The ingredients are simple, but oh such wonderful results. Bake along with us as you discover the secrets to making white, rye, cinnamon raisin bread, and Houska, a traditional Christmas Czech bread. Learn variations on a basic dough with such varied results.

Class will be LIVE online via Zoom so you can bake from your own kitchen. Supply list will be emailed one week prior to class.



Keyword: Bread

Dec. 4	S	9-11:30 a.m.		\$29
LIVE Online, Zoom				
Brunkow AREA-4417-TCFYA				

NEW! Make Your Own Salsa

Learn how to make your own homemade salsa. From picking the tomatoes in the garden to storage, this class will explore the entire process.



Keyword: Salsa

Sept. 11	S	10 a.m.-Noon		\$19
LIVE Online, Zoom				
AREA-4462-TCFFA				

Cinnamon Rolls & Crescents

Don't you just love the smell of fresh baked cinnamon rolls and flakey crescent rolls? Learn how to make cinnamon rolls like grandma used to and fill your kitchen with the warm spicy smell. Use the same versatile dough to make delicious crescent rolls and master the art of sweet roll dough.

A supply list will be emailed one week prior to class so that you can bake along with us.



Keyword: Rolls

Oct. 23	S	9-11:30 a.m.		\$29
LIVE Online, Zoom				
Brunkow AREA-4502-TCFYA				

Location Key

Hebron, HNLC.....Learning Center at Hebron, 610 Jefferson Ave.

Make Ahead: Freezer Meals, Tips & Tricks

Freezer meals are super handy whether you're looking for convenience, trying to eat healthy, or planning ahead.

A variety of freezer meal recipes will be provided along with additional resources.



Keyword: Freezer

Nov. 10	W	6-8 p.m.		\$24
LIVE Online, Zoom				
Goltz AREA-4420-TCFFB				

Instant Pot Cooking Basics

If you already have one or have your eyes on the perfect instant pot, this class is for you! Are you a bit apprehensive about using one? Learn how easy it can be and you may discover that this appliance is your favorite cooking tool.



Keyword: Instant

Nov. 15	M	6:30-7:30 p.m.		\$29
LIVE Online, Zoom				
Kreikemeier AREA-4441-TCFNA				

Food Protection Manager Online Class

This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

Receive your assignments online through SCC's online learning platform. Upon completion of each assignment, you will complete an online quiz. The ServSafe exam is taken online at various SCC locations.

Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access. After you register online, purchase the textbook "ServSafe Manager" at the SCC Campus Store, 8800 O St., Lincoln, or at www.sccbookstore.com. For registration and log-in information, go to <http://bit.ly/scfoodprotectionmanagerclass>.

To register and pay, go to <http://bit.ly/RegisterCE>.

Class will be active now through June 24, 2022. All course work needs to be completed by June 30, 2022.

Keyword: Protection

Online	Muhlbach	\$65	FSDT-3000-WBUA
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For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

Check out all classes offered at
www.southeast.edu/HebronLC

Find us on Facebook at
www.facebook.com/SCCLearningCenteratHebron

For more information, contact **Crystal Fangmeier** at 800-828-0072, ext. 5591, or cfangmeier@southeast.edu

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> X (Gender variant/Non-binary)		<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American	

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver	()
TOTAL DUE	

FOR OFFICE USE ONLY

ID# _____

DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.