

## Foods

Fall 2021



### Instant Pot Cooking Basics

If you already have one or have your eyes on the perfect instant pot, this class is for you! Are you a bit apprehensive about using one? Learn how easy it can be and you may discover that this appliance is your favorite cooking tool.



**Keyword: Instant**

#### Face-to-Face

Supply fee of \$10 payable to instructor in class. Cash or check only for supplies.

Oct. 18	M	6:30-8:30 p.m.	\$29
Plattsmouth, PLLC, 102	Whitehead	AREA-4455-PLFA	

#### LIVE Online

Nov. 15	M	6:30-7:30 p.m.	\$29
LIVE Online, Zoom	Kreikemeier	AREA-4441-TCFNA	

### Basic Art of Cookie Decorating

Decorate like a pro, including how to prepare a cookie for decorating, how to color and create different icing consistencies, and how to find and use cookie-decorating tools and special techniques to give your cookies that "wow!"

**Keyword: Cookie**

Oct. 23	S	10 a.m.-Noon	\$71
Plattsmouth, PLLC, 103	Wolcott	AREA-4423-PLFA	

### NEW! Bread Basics:

#### White, Rye, Cinnamon Raisin, & Houska

The ingredients are simple, but oh such wonderful results. Bake along with us as you discover the secrets to making white, rye, cinnamon raisin bread, and Houska, a traditional Christmas Czech bread. Learn variations on a basic dough with such varied results.

Class will be LIVE online via Zoom so you can bake from your own kitchen. Supply list will be emailed one week prior to class.



**Keyword: Bread**

Dec. 4	S	9-11:30 a.m.	\$29
LIVE Online, Zoom	Brunkow	AREA-4417-TCFYA	

#### Location Key

Plattsmouth, PLLC..... Learning Center at Plattsmouth, 537 Main St.

For more information, contact **Lyn Belitz** at 800-828-0072, ext. 2298, or [lbelitz@southeast.edu](mailto:lbelitz@southeast.edu)

### NEW! Make Your Own Salsa

Learn how to make your own homemade salsa. From picking the tomatoes in the garden to storage, this class will explore the entire process.



**Keyword: Salsa**

Sept. 11	S	10 a.m.-Noon	\$19
LIVE Online, Zoom		AREA-4462-TCFFA	

### Sourdough Bread 101

Sourdough is a treasured part of many kitchens. Some flour, water and a little bit of patience will have your very own bubbly, active starter ready to make your incredible sourdough bread. Get tips, tricks and some tasty recipes.



**Keyword: Bread**

Oct. 27	W	6:30-7:30 p.m.	\$15
LIVE Online, Zoom	Kreikemeier	AREA-4378-TCFNA	

Nov. 8	M	6-7 p.m.	\$15
LIVE Online, Zoom	Kreikemeier	LLLX-0474-TCFFA	

### Cinnamon Rolls & Crescents

Don't you just love the smell of fresh baked cinnamon rolls and flakey crescent rolls? Learn how to make cinnamon rolls like grandma used to and fill your kitchen with the warm spicy smell. Use the same versatile dough to make delicious crescent rolls and master the art of sweet roll dough.

A supply list will be emailed one week prior to class so that you can bake along with us.



**Keyword: Rolls**

Oct. 23	S	9-11:30 a.m.	\$29
LIVE Online, Zoom	Brunkow	AREA-4502-TCFYA	

### Make Ahead: Freezer Meals, Tips & Tricks

Freezer meals are super handy whether you're looking for convenience, trying to eat healthy, or planning ahead.

A variety of freezer meal recipes will be provided along with additional resources.



**Keyword: Freezer**

Nov. 10	W	6-8 p.m.	\$24
LIVE Online, Zoom	Goltz	AREA-4420-TCFFB	



For your convenience, we are offering LIVE Online learning opportunities. These classes are delivered live via Zoom. They are not prerecorded videos. This allows you, the student, to participate from the comfort of your home. Look for the LIVE Online logo shown to the left to find these classes. As our learning environment changes, we look forward to offering additional classes live online. *Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.*

Check out all classes offered at [www.southeast.edu/PlattsmouthLC](http://www.southeast.edu/PlattsmouthLC)  
Find us on Facebook® at [www.facebook.com/SCCLearningCenteratPlattsmouth](https://www.facebook.com/SCCLearningCenteratPlattsmouth)



# REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)  
Key Word Example: *Driver*  
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.  
\* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

\* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

## OR REGISTER BY MAIL, FAX OR IN PERSON



### Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [www.southeast.edu/collegecatalog](http://www.southeast.edu/collegecatalog) for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone		
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> X (Gender variant/Non-binary)		<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American	

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

#### SIGNATURE

Check  Cash  Mastercard  AMEX  Discover  VISA V Code \_\_\_\_\_

Name as it appears on card: \_\_\_\_\_

Exp. Date \_\_\_\_\_ CC # \_\_\_\_\_

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?  
 Yes  No

SCC Staff Tuition Waiver ( )

**TOTAL DUE**

FOR OFFICE USE ONLY

ID# \_\_\_\_\_

DE \_\_\_\_\_

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or [jsoto@southeast.edu](mailto:jsoto@southeast.edu).

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[www.southeast.edu/continuing](http://www.southeast.edu/continuing)

