

DRUG-FREE SCHOOLS & COMMUNITIES ACT

Southeast Community College believes that comprehensive environmental approaches are the most effective way to reduce alcohol use and alcohol-related problems.

This brochure provides students, their families, and employees with resources for early intervention and the potential consequences related to substance use and abuse.

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INFORMATION ON SUBSTANCE ABUSE & AMNESTY

Employees and students are encouraged to seek help with substance/use problems or concerns. Amnesty may be available for students who bring their own use, addiction, or dependency to the attention of College officials – independent of the threat of drug tests or conduct sanctions – and who will agree to seek assistance.

Additional information about SCC's Student Amnesty Policy can be found at:

www.southeast.edu/studentconductamnesty

FEDERAL & NEBRASKA LAW

Students and employees are reminded that unlawful possession, distribution, or use of illicit drugs or alcohol may subject individuals to criminal prosecution. The College will refer violations of proscribed conduct to appropriate authorities for possible prosecution.

Federal regulations and state laws provide penalties of fines and imprisonment for violations of the criminal statutes which include possessing, offering for sale, possessing with the intent to offer for sale, distributing or manufacturing controlled substances such as opiates, narcotics, depressants, stimulants, or hallucinogenic drugs.

Nebraska Laws prohibits the possession and use of controlled substances, illegal drugs, and alcoholic beverages on public property. Any changes to state law regarding the possession or use of marijuana or other controlled substances does not negate applicable federal statutes or applicable College policy.

- Relevant Nebraska laws pertaining to drugs and alcohol may be found at <http://nebraskalegislature.gov/laws/browse-statutes.php>.
- Information about federal penalties and sanctions may be found at https://www.dea.gov/sites/default/files/drug_of_abuse.pdf.

SCC'S DRUG & ALCOHOL POLICY & TESTING

SCC policy E-2i(1-2) outlines the College's commitment to controlling and monitoring the use or abuse of drugs, alcohol and other chemicals and controlled substances on college premises and at College-sanctioned events. The College strives to educate students and employees about the use, abuse, and effects of drugs, alcohol and illegal/controlled substances.

The College has established procedures to monitor and pursue compliance with applicable laws relating to drugs, alcohol, and other chemicals and controlled substances including:

- The Drug-Free Workplace Act
- The Omnibus Transportation Employee Testing Act of 1991
- The Drug-Free Schools and Communities Act Amendments of 1989
- All related regulations and rules.

STUDENT-ATHLETES

All student-athletes must consent to random drug testing for drugs/alcohol before participating in any athletic competition or event. Student athletes also must complete and sign the consent form prior to the first athletic event of the Fall semester. Random drug testing may occur at any time throughout the course of the academic year, or during the period in which athletic events are occurring.

For procedures related to drug testing of SCC student-athletes please refer to the SCC **Student-Athlete Handbook**.

EXCEPTION

The use and possession of alcoholic beverages may be permitted on college premises or at College-sanctioned activities as follows:

- In limited circumstances approved by the President or designee, and/or
- At activities and events covered by the Class C liquor license currently held by Southeast Community College's Great Plains Culinary Institute.

NOTE: SCC guests and visitors suspected of being under the influence of a controlled substance will be asked to leave College property or any officially recognized activity.

Failure to comply will result in law enforcement intervention.

DRUG AND ALCOHOL USE TESTING

Southeast Community College will require drug and alcohol tests for employees and students in circumstances where reasonable suspicion exists of drug and/or alcohol use while on College property or at an SCC sanctioned event.

EMPLOYEES

The College's Human Resources Office has administrative responsibility for implementing and monitoring the drug and alcohol testing procedures for employees. Inquiries related to these procedures should be directed to the Vice President for Human Resources, 301 S. 68th St. Place, Lincoln NE 68510; 402-323-3408.

NOTE: On an annual basis, SCC employees and students subject to the College's Criminal Background Check requirements are expected to self-disclose any drug/alcohol related convictions that arise during the course of their active status with the College.

STUDENTS

Health Programs - All students admitted to the health sciences program requiring a clinical rotation with a contracted healthcare facility will be required to take a drug and alcohol test prior to the first clinical rotation.

Note: Some programs may require specific criminal background checks and drug testing based on specific requirements for that profession. Check with Admissions or the Program of Study if you have further questions.

Other Students - The College's Student Affairs Division has administrative responsibility for implementing and monitoring the drug and alcohol testing procedures for students. Inquiries related to these procedures should be directed to the Vice President for Student Affairs, SCC-Lincoln, 8800 O Street, Lincoln NE 68510; 402-437-2554.

CONDUCT SANCTIONS

Student and employees who violate the established policies will be subject to disciplinary procedures.

See the SCC Student Code of Conduct (www.southeast.edu/philosophyofstudentconduct) for further information regarding the conduct review/sanctioning process.

Actions that may be taken include, but are not limited to, one or a combination of the following disciplinary sanctions:

- Verbal Warning/Written Disciplinary Warning
- Disciplinary Probation or Suspension
- Expulsion or Eviction from on-campus facilities/ programs
- Referral to an appropriate drug/alcohol treatment program
- College Service or Behavioral Requirements
- Loss of Privileges
- Confiscation of Prohibited Property
- Educational Program
- Restitution
- Fines
- Housing Reassignment
- Housing Suspension or Expulsion
- Eligibility Restriction
- Other Sanctions

DRUG & ALCOHOL COUNSELING, TREATMENT AND REHABILITATION

Southeast Community College makes no representation or endorsement as to the quality, effectiveness, or appropriateness of any of these services. The directory below is provided as an informational service only.

COMMUNITY RESOURCES & TREATMENT OPTIONS

Numerous drug and alcohol counseling, treatment and rehabilitation centers are located within the 15-county area served by SCC. These services can provide information and assessment relating to drug and alcohol abuse as well as information about and referral to treatment options. Both inpatient and outpatient providers offer help for the entire family.

AREA AGENCIES AND SERVICES

- **Blue Valley Behavioral Health** serves sixteen counties in Southeast Nebraska. More information about services provided and office location can be found at www.bvbh.net or 402-261-4017. For after-hour emergencies call 1-877-409-6600.
- **CenterPointe** provides treatment for people suffering from mental health and substance use disorders. More information about services provided can be found at www.centerpointe.org or 402-475-8717. A 24-hour Crisis Line can be reached at 402-475-6695.
- **Lutheran Family Services (LFS)** provides assistance in identifying and treating abusive and addictive behaviors as well as information, support and coping skills. For more information go to www.lfsneb.org or call Toll Free: 855-659-2706.
 - LFS also operates the **Health 360 Integrated Care Clinic** which integrates mental health, substance use and primary care services to produce the best outcomes for clients. For more information or to schedule an appointment call 402-441-6642.

These agencies can also provide schedules for local and area meetings of Alcoholics Anonymous, Narcotics Anonymous, Alanon, Adult Children of Alcoholics and Alatot.

SERVICES AVAILABLE THROUGH SCC

The SCC Counseling Assistance Program (CAPS) provides students with access to counseling and referrals free of charge through a partnership with masters-level counseling students from area universities. Additional information is available at each campus' Student Success Office (www.southeast.edu/caps).

The **Year One College Behavioral Profile (Y1CBP)** a web-based program designed using the principles of BMI and personalized normative feedback to reduce high-risk drinking, marijuana use and related harms among college students. However, the Y1CBP is intended to be used as a pre-matriculation prevention program with entering first-year students to help correct the misconceptions that students have about the prevalence of alcohol and marijuana use before they begin their college career.

Continuum EAP is available at no cost to full-time SCC employees. Counseling assistance is available via face-to-face meetings, telephone, and email. All Continuum assistance is confidential. Employees may obtain information about the EAP through the Human Resource Office, and/or contacting them directly at 402-476-0186 or www.4continuum.com.

APPS

MyLink App provides a free one-stop guide of resources. The app makes it easy for students, faculty & staff to learn about, connect, and utilize services in the community. Available online at <https://lincolne.mylnk.app/home> or in the App Store or on Google Play.



FEDERAL PENALTY CHART

Making students and employees aware of all federal and state penalties and sanctions assists in ensuring a safe learning environment.

FEDERAL TRAFFICKING PENALTIES

DRUG/SCHEDULE	QUANTITY	PENALTIES	QUANTITY	PENALTIES
Cocaine (Schedule II)	500 - 4999 gms mixture	First Offense: Not less than 5 yrs., and not more than 40 yrs. If death or serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual. Second Offense: Not less than 10 yrs., and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.	5 kgs or more mixture	First Offense: Not less than 10 yrs., and not more than life. If death or serious injury, not less than 20 or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual. Second Offense: Not less than 20 yrs., and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual. 2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
Cocaine Base (Schedule II)	28-279 gms mixture		280 gms or more mixture	
Fentanyl (Schedule II)	40 - 399 gms mixture		400 gms or more mixture	
Fentanyl Analogue (Schedule I)	10 - 99 gms mixture		100 gms or more mixture	
Heroin (Schedule I)	100 - 999 gms mixture		1 kg or more mixture	
LSD (Schedule I)	1 - 9 gms mixture		10 gms or more mixture	
Methamphetamine (Schedule II)	5 - 49 gms pure or 50 - 499 gms mixture	50 gms or more pure or 500 gms or more mixture	100 gm or more pure or 1 kg or more mixture	
PCP (Schedule II)	10 - 99 gms pure or 100 - 999 gms mixture			

FEDERAL TRAFFICKING PENALTIES - MARIJUANA

DRUG	QUANTITY	1st OFFENSE	2nd OFFENSE
Marijuana	1,000 kg or more mixture; or 1,000 or more plants	Not less than 10 years, not more than life. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual.	Not less than 20 years, not more than life. If death or serious injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.
Marijuana	100 kg to 999 kg mixture; or 100 to 999 plants	Not less than 5 years, not more than 40 years. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.	Not less than 10 years, not more than life. If death or serious injury, life imprisonment. Fine not more than \$8 million if an individual, \$50 million if other than an individual.
Marijuana	50 to 99 kilograms marijuana mixture, 0 to 99 marijuana plants	Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual.	Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.
Hashish	More than 10 kg		
Hashish Oil	More than 1 kg		
Marijuana	1 to 49 plants; less than 50 kg mixture (but does not include 50 or more marijuana plants regardless of eight	Not more than 5 years. Fine not more than \$250,000, \$1 million other than individual.	Not more than 10 years. Fine \$500,000 if an individual, \$2 million if other than individual.
Hashish	10 kg or less		
Hashish Oil	1 Kg or less		

Note: These are only federal penalties and sanctions. Additional state penalties and sanctions may apply. The charts were taken from United States Department of Justice, Drug Enforcement Administration, and Drugs of Abuse. Retrieved May 2021. These charts summarize trafficking penalties under federal law for various types of drugs.

HEALTH RISK CHART

Information may be found at

<https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts>

Drug Type	Common/Street Name	Health Risks
Alcohol	Booze, beer, wine, coolers, liquor	High blood pressure, higher risk of sexually transmitted diseases & unplanned pregnancy, depression, lowered resistance to disease, insomnia
Marijuana	Grass, reefer, pot, weed	Slowed reaction time; problems with learning and memory; hallucinations; anxiety; panic attacks; psychosis; problems with balance and coordination; mental health problems, chronic cough, frequent respiratory infections
Over-the-counter Cough/Cold Medicines (Dextromethorphan or DMX)	Robotripping, Robo, Triple C	Increased heart rate, blood pressure, temperature; numbness; dizziness; nausea; vomiting; confusion; paranoia; altered visual perceptions; problems with movement; buildup of excess acid in body fluids
Steroids	Anabolic/Androgenic (roids, juice)	High blood pressure, liver damage; kidney damage or failure, enlarged heart; oily skin, yellowing of the skin and whites of the eyes, acne, shrunken testes, lowered sperm count, breast development in men, breast reduction in women, facial hair and deepening of voice in women, aggressiveness, extreme mood swings, extreme irritability, delusions, and impaired judgment
Solvents-Inhalants	Acetone, freons, nitrous oxide, whippets, laughing gas, spray paint, canned air	Confusion; nausea; slurred speech; lack of coordination; euphoria; dizziness; drowsiness; dis-inhibition, light-headedness, hallucinations/delusions; headaches; sudden sniffing death due to heart failure (from butane, propane, and other chemicals in aerosols); death from asphyxiation, suffocation, convulsions or seizures, coma, or choking; heart failure, respiratory arrest, liver and brain damage
Depressants	Alcohol, ludes, barbiturates	Liver damage, poor concentration, confusion, dizziness, problems with movement and memory, lowered blood pressure, slowed breathing convulsions, depression, disorientation and insomnia
Hallucinogens	PCP, LSD, angel dust, mushrooms	Agitation, extreme hyperactivity, reduced eating, flashbacks, persistent psychosis
Stimulants	Cocaine, methamphetamine, crank, crack, amphetamines, diet pills	Headaches, depression; malnutrition, anorexia, strokes, seizures, infection and death of bowel tissue from decreased blood flow; poor nutrition and weight loss from decreased appetite, abdominal pain and nausea; erratic and violent behavior, panic attacks, paranoia, psychosis; heart rhythm problems, heart attack; stroke, seizure, coma
Narcotics/Opioids	Smack, codeine, heroine, lords	Respiratory arrest, sleepiness, organ and lung damage, nausea; collapsed veins; abscesses (swollen tissue with pus); infection of the lining and valves in the heart; constipation and stomach cramps; liver or kidney disease; pneumonia; severe dental problems ("meth mouth"), intense itching leading to skin sores from scratching
Tobacco	Cigarettes, cigars, bidis, hookahs, smokeless tobacco (snuff, spit tobacco, chew)	Lung cancer, emphysema, chronic bronchitis; heart disease; leukemia; cataracts; oral cancer
Synthetic Cathinone (Bath Salts)	Cloud Nine, Cosmic Blast, Flakka, Ivory Wave, Lunar Wave, Scarface, White Lightning	Increased heart rate and blood pressure; paranoia, agitation, and hallucinations; psychotic and violent behavior; nosebleeds; sweating; nausea, vomiting; insomnia; irritability; dizziness; depression; suicidal thoughts; panic attacks; reduced motor control; cloudy thinking; breakdown of skeletal muscle tissue; kidney failure; death

If you need assistance or know someone who does, there is help.

SCC RESOURCES & PERSONNEL

Counseling Assistance Program for Students (CAPS) 402-228-8135 Ext. 1135

Director of Student Development & Enrichment 402-437-2628

Beatrice Residence Life 402-228-8291

Beatrice Dean of Students 402-228-8286

Lincoln Wellness Center. 402-437-2634

Lincoln Dean of Students 402-437-2559

Milford Residence Life.402-761-7398

Milford Dean of Students402-761-8270

INCIDENT & CONCERNS REPORTING

Southeast Community College values the safety and well-being of its students, employees and visitors. ***If you have a concern please complete an Incident & Concerns Report.***

To share your concerns or report anonymously, you can visit our website, www.southeast.edu, and click on the ICR icon.

This is not an emergency reporting system.

If this is an urgent matter, please immediately call 911.



2021 SCC Board of Governors

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Equal Opportunity/NonDiscrimination Policy - It is the policy of Southeast Community College to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of Southeast Community College's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, or jsoto@southeast.edu.

Declaración de política sobre equidad/antidiscriminación - La política publica de Southeast Community College es de proveer equidad, y prohíbe discriminación, en todos asuntos referentes a la admisión, participación, y empleo contra toda persona por motivo de raza, color, religión, sexo, edad, estado civil, origen nacional, etnia, condición de veterano, orientación sexual, incapacidad, u otros factores prohibidos por ley o política del Colegio. Preguntas relacionadas a la política sobre equidad/antidiscriminación de Southeast Community College deben dirigirse a: Vice President for Access/Equity/Diversity, SCC Area Office, 301 S 68 Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, o jsoto@southeast.edu.