

Explore

Winter 2022

Community Chorus

Do you have the desire to sing loud and proud? Chorus members will receive guidance on vocal and choral rehearsal techniques and performance practice. This is a great opportunity to enjoy singing with friends. Class includes vocal technique instruction and event rehearsals.

Class will feature two concert performances in early March and early May. Contact Dr. Jon Gruett at 909-913-7284 with questions.

Keyword: Chorus

| | | | |
|--------------------|--------|----------------|------|
| Jan. 13-May 5 | Th | 7-8:30 p.m. | \$59 |
| Beatrice, AEC, 215 | Gruett | BBBX-2207-BESA | |

YOGA CLASSES



It's time to roll out your yoga mat and discover the combination of physical and mental exercises. Whether you are young or old, yoga has the power to calm the mind and strengthen the body. Don't be intimidated by yoga terminology, fancy yoga studios and complicated poses. Yoga is for everyone.

Wear comfortable clothing. Bring a yoga mat to class. Choose a location and class to fit your needs.

Gentle Yoga

Chair, standing or mat positions.

Keyword: Yoga

| | | | |
|-----------------|-----------|----------------|------|
| Jan. 24-Feb. 21 | M | 4:30-5 p.m. | \$19 |
| Beatrice, FLOW | Schroller | BBBX-1538-BESA | |

Yoga & Pilates

All experience levels welcome.

Keyword: Yoga

| | | | |
|-------------------------|-----------|----------------|------|
| Jan. 24-Feb. 21 | M | 5:30-6:30 p.m. | \$39 |
| Beatrice, JAC, Conf. Rm | Schroller | BBBX-1537-BESA | |

Semi-Annual "Spring Break" Retreat

Fri. & Sat., March 18 & 19

Enjoy uninterrupted crop time that will include vendors, your own table, electricity (you bring the extension cord), door prizes, and lots of fun.

Keyword: Retreat

Full Retreat

| | | | |
|--------------------|------|-----------------|------|
| March 18-19 | F, S | 9 a.m.-Midnight | \$59 |
| Beatrice, TRU, Gym | Dell | BBBX-1999-BESA | |

Single Day Options

| | | | |
|--------------------|------|-----------------|------|
| March 18 | F | 9 a.m.-Midnight | \$39 |
| Beatrice, TRU, Gym | Dell | BBBX-2000-BESA | |
| March 19 | S | 9 a.m.-Midnight | \$39 |
| Beatrice, TRU, Gym | Dell | BBBX-2000-BESB | |

Location Key

Beatrice, AEC..... Southeast Community College, Beatrice Campus
Academic Excellence Center, 4771 W. Scott Road
Beatrice, FLOW..... Flowing Springs, 2211 Sunset Drive
Beatrice, TRU..... Southeast Community College, Beatrice Campus
Truman Center, 4771 W. Scott Road

For more information, contact us at 800-828-0072 or continuing@southeast.edu

Check out all classes offered at www.southeast.edu/BeatriceCE
Find us on Facebook® at www.facebook.com/SCCnebCE

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

| | | | | | | |
|--|--|---|---|---|---|----------------|
| Social Security Number OR SCC Student ID Number | | Birth Date | Name: Last | | First | Middle Initial |
| Residence Mailing Address | | | City | State | Zip | County # |
| Email Address | | | Cell Phone | <input type="checkbox"/> Home <input type="checkbox"/> Business Phone | | |
| I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> X (Gender variant/Non-binary) | | <input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident | Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino | | Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American | |

| COURSE NUMBER | TITLE | START DATE | COST |
|---------------|-------|------------|------|
| - | - | - | \$ |
| - | - | - | \$ |
| - | - | - | \$ |
| - | - | - | \$ |

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp.Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____

DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. It is the policy of SCC to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of SCC's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th St. Place, Lincoln, NE 68510, or jsoto@southeast.edu.