

Spring 2022 Culinary Classes

with the Great Plains Culinary Institute



NEW! Cooking 101: The Course for Absolute Beginners

We assume you know nothing about cooking and will take it from there. You will learn about basic cooking equipment, how to make a salad and vinaigrette, roast root vegetable, prepare a delicious meal complete with a protein, starch, and vegetable, and make an easy dessert.

Bring to class: apron and hair restraint such as pony tail holder, chef's knife, acrylic cutting board, notepad, pen, and container. Wear closed-toe shoes.

Keyword: Cooking

April 30	S	10 a.m.-1 p.m.	\$59
Lincoln, LNK, D-5		Skinner	LLLX-0473-LNSA



Be Your Own Butcher: Steak Cutting

Be your own butcher and discover how to cut steaks from large beef subprimals that are commonly sold in Sam's, Costco and supermarkets. Buying these items and see how cutting them yourself is a great way to save money and enjoy more great steaks at home. You will learn how to cut Ribeyes, New York Strips and fillets, how to portion ready-to-cook cuts and meat grinding.

Bring apron, a boning knife (if you have one) and wear closed-toe shoes.

Keyword: Butcher

April 9	S	1-3 p.m.	\$99
Lincoln, LNK, D-5		Harpster	LLLX-2043-LNSB

Be Your Own Butcher: Poultry

Embrace the whole chicken and then cut it into pieces. Save money by cutting up a whole chicken into portioned ready-to-use pieces.

Bring to class: boning knife (if you have one), apron and tote bag to take home vacuum-packaged chicken. Wear closed-toe shoes.

Keyword: Butcher

April 30	S	1-3 p.m.	\$49
Lincoln, LNK, D-5		Harpster	LLLX-2047-LNSB

Be Your Own Butcher: Whole Hog

Learn the fundamentals of whole animal butchery on a half hog with SCC Executive Chef Brandon Harpster. Understanding the process can easily translate to any other small game animal. Topics include primal cuts, portioned ready-to-cook cuts, meat grinding, and sausage making.

You will leave with approximately 25-30 pounds of pork. Wear closed-toe shoes and bring your apron and a boning knife if you have one.

Keyword: Butcher

May 7	S	Noon-4 p.m.	\$229
Lincoln, LNK, D-5		Harpster	LLLX-2042-LNSB



Cocktail Creations

Discover how you can be the bartender and impress your family and guests. Create four traditional cocktails from scratch using fresh premium ingredients. Learn how to create homemade-infused simple syrups to create your own cocktail creations.

You must be at least 21 to register for this class, and be prepared to show ID when you arrive to class. Bring your apron, too.

Keyword: Cocktail

April 1	F	4-6 p.m.	\$59
Lincoln, LNK, D-2		Cheever	LLLX-1960-LNSB

Knife Skills

Knife skills are the key to making cooking more enjoyable and safer. Learn about the different types of knives and how to chop, slice and dice a variety of vegetables.

Bring to class: a chef's knife and apron. Wear closed-toe shoes.

Keyword: Knife

April 23	S	1-3 p.m.	\$49
Lincoln, LNK, D-5		Harpster	LLLX-2046-LNSB

Katie's Cooking Class: The Incredible Egg

Katie's back in the kitchen to show you how enormously versatile eggs are beyond breakfast.

Bring to class a knife. Please wear closed-toe shoes and hair restraint.

Keyword: Cooking

April 9	S	10 a.m.-1 p.m.	\$39
Lincoln, LNK, D-5		Skinner	LLLX-0463-LNSB



NEW! Homemade Baby Foods

Join our registered dietitian as she walks you through the ins and outs of safely making and storing your own homemade baby foods.

Recipes will be demonstrated and you will leave with a small sample to take home along with additional recipes. Wear closed-toe shoes and feel free to bring your baby along!

Keyword: Baby

April 9	S	8-10 a.m.	\$39
Lincoln, LNK, D-2		Stark	LLLX-1945-LNSA

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

**All classes will be held at
Southeast Community College,
Lincoln Campus, 8800 O St., Lincoln.**

Check out all classes offered at www.southeast.edu/continuing

Find us on Facebook® at www.facebook.com/SCCNebCE



REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON



Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit www.southeast.edu/collegecatalog for additional information.

Social Security Number OR SCC Student ID Number		Birth Date	Name: Last		First	Middle Initial
Residence Mailing Address			City	State	Zip	County #
Email Address			Cell Phone		<input type="checkbox"/> Home <input type="checkbox"/> Business Phone	
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> X (Gender variant/Non-binary)		<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino		Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Black/African-American	

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

SIGNATURE

Check Cash Mastercard AMEX Discover VISA V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?
 Yes No

SCC Staff Tuition Waiver ()

TOTAL DUE

FOR OFFICE USE ONLY

ID# _____

DE _____

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. www.southeast.edu/diversity * The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.