

# Health Care

Fall 2022

## CPR/BASIC LIFE SUPPORT/FIRST AID

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an education course does not represent course sponsorship by the AHA. Any fees charged for such a course, except a portion of the fees needed for AHA course material, do not represent income to the AHA.



The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and the class meets the requirements from your employer, licensing agency, or school. Cost includes book and card, where applicable. Students will receive the CPR/First Aid card within 14 business days, of successful course completion. AHA cards expire two years from the end of the month of the issue date.

Students are required to attend entire class you have enrolled in to receive a card. **If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before the first day of class to drop or change any CPR or First Aid class.**

### Heartsaver® First Aid Online + Skills Session

This AHA Heartsaver® First Aid course is offered in a convenient online format you can take in the comfort of your home. You only need to meet in person once for the skills session after you complete the online portion of the class.

You will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- ♥ *When registering, include your email address.*
- ♥ *Once you've completed the online portion, you will print your Online Course Completion Certificate. For admission into the Skills Session, you must have this certificate with you.*

This class meets the First Aid requirements for day cares.

**Keyword: Aid**

Sept. 14 Lincoln, CEC, 109B	W	7-7:45 p.m. HLTH-3506-HBFCA	\$59
Nov. 16 Lincoln, CEC, 109B	W	7-7:45 p.m. HLTH-3506-HBFCA	\$59

### Location Key

Lincoln, CEC .....Jack J. Huck Continuing Education Center,  
301 S. 68th St. Place

For more information, contact us at 800-828-0072 or  
continuing@seaside.edu

## CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)

Need your professional certification in AHA CPR Basic Life Support and want a convenient way of getting it? This online class is for you! You will only need to meet in person once for the Skills Session after you complete the online portion of the class.

You will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- ♥ *When registering, include your email address.*
- ♥ *Once you've completed the online portion, you will print your AHA Online Course Completion Certificate. For admission into the Skills Session, you must have this certificate with you.*

This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.

**Keyword: CPR**

Sept. 28 Lincoln, CEC, 109B	W	6-7:30 p.m. HLTH-3253-HBFCE	\$65.50
Oct. 11 Lincoln, CEC, 109B	T	6-7:30 p.m. HLTH-3253-HBFCE	\$65.50
Oct. 13 Lincoln, CEC, 109B	Th	1-2:30 p.m. HLTH-3253-HBFCG	\$65.50
Oct. 22 Lincoln, CEC, 109B	S	9-10:30 a.m. HLTH-3253-HBFCH	\$65.50
Oct. 25 Lincoln, CEC, 109B	T	6-7:30 p.m. HLTH-3253-HBFCE	\$65.50
Nov. 10 Lincoln, CEC, 109B	Th	6-7:30 p.m. HLTH-3253-HBFCE	\$65.50
Nov. 12 Lincoln, CEC, 109B	S	9-10:30 a.m. HLTH-3253-HBFCE	\$65.50
Nov. 22 Lincoln, CEC, 109B	T	1-2:30 p.m. HLTH-3253-HBFCE	\$65.50
Dec. 6 Lincoln, CEC, 109B	T	1-2:30 p.m. HLTH-3253-HBFCE	\$65.50
Dec. 10 Lincoln, CEC, 109B	S	9-10:30 a.m. HLTH-3253-HBFCE	\$65.50
Dec. 15 Lincoln, CEC, 109B	Th	6-7:30 p.m. HLTH-3253-HBFCE	\$65.50

## Heartsaver® CPR AED Online + Skills Session (Community)

Offered now in a convenient online format, receive your professional CPR AED certification easily on your own time and in the comfort of your home. You will only need to meet in person once for the skills session after you complete the online portion of the class.

You will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- ♥ *When registering, include your email address.*
- ♥ *Once you've completed the online portion, you will print your Online Course Completion Certificate. For admission into the Skills Session, you must have this certificate with you.*

This class meets the CPR AED requirements for day cares.

**Keyword: CPR**

Sept. 14 Lincoln, CEC, 109B	W	6-6:45 p.m. HLTH-3501-HBFCA	\$59
Nov. 16 Lincoln, CEC, 109B	W	6-6:45 p.m. HLTH-3501-HBFCA	\$59

## HEALTH CARE PROVIDERS CEUs

Southeast Community College is an approved provider of nursing continuing professional development by Midwest Multistate Division, an accredited with distinction as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

For a full list of continuing education courses, please visit <http://bit.ly/cenursingprofessionals>. For questions, email [continuinged@southeast.edu](mailto:continuinged@southeast.edu).

### Breastfeeding Education for Providers



This interactive course provides a broad overview of the historical and cultural aspects of infant feeding, while reviewing best breastfeeding practices. Presented in a small group, live Zoom setting, the content focuses on breastfeeding from a psychosocial and a scientific perspective.

Ann Seacrest, RN, IBCLC, brings 35 years of experience as a clinical IBCLC, hospital-based postpartum and lactation nurse, certified ASPO childbirth educator, certified DONA doula and doula teacher, and co-founder and past Executive Director of MilkWorks.

(20.0 contact hours presented in five 3-hour live Zoom sessions; 15 live, in-person hours + 5 additional self-study hours.) You will need access to a computer with video and voice and be able to follow a PowerPoint presentation. A Zoom link will be emailed a week before class starts. Co-sponsored by SCC and Partnership for a Healthy Nebraska. Participants must attend 90% of the course, and your camera must be on to receive credit.

**Keyword: Breastfeeding**

#### CLCs & RNs

For contact hours to maintain your certificate or license.

Nov. 3-17	M, Th	9:30 a.m.-12:30 p.m.	\$325
LIVE Online, Zoom	Seacrest	HLTH-3265-TCFCA	

#### Family Support Specialists (doulas, peer counselors, etc.)

For a certificate of attendance. Scholarships are available. Please contact [annseacrest@ars-health.com](mailto:annseacrest@ars-health.com) for a scholarship application or additional information.

Nov. 3-17	M, Th	9:30 a.m.-12:30 p.m.	\$95
LIVE Online, Zoom	Seacrest	HLTH-3265-TCFCA	



### Nebraska Sleep Conference



The 2022 Nebraska Sleep Conference will provide continuing education for sleep technologists and others interested in the diagnosis, management and treatment of sleep disorders.

Continuing education credits will be specifically approved for those needing to maintain the RPSGT credential, but also will be eligible for maintaining a Respiratory Therapy license in Nebraska.

**Keyword: Sleep**

#### 6 Contact Hours

Oct. 28	F	TBA	\$109
LIVE Online, Zoom		RESP-3004-TCFCA	
Lincoln, CEC, 302		RESP-3004-CEFA	

#### 4 Contact Hours (Canvas Enduring Education)

A link to this training will be sent to registered participants prior to the start date.

Oct. 28-Nov. 11			\$49
Online, Canvas		RESP-3005-WBFCA	

### Abuse & Neglect Prevention for Nursing Assistants

Do you need the Abuse & Neglect Prevention course to be placed on the Nebraska Nurse Aide Registry? Register for this course at any time and take it in the comfort of your own home.

(0.1 CEU) Once you have completed the one-hour online in-service, the state is notified by email that you have completed the course. NOTE: For successful completion, you must spend an hour online and get 100% on the quiz which covers the material you have read and the videos you have watched. You can take the quiz as many times as needed. **To register and pay, go to <http://bit.ly/RegisterCE>.**

**Keyword: Abuse**

Online, Canvas		HLTH-3065-WBUCA	\$30
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[ed2go.com/scrne](http://ed2go.com/scrne)

### BROWSE COURSES IN

**Accounting and Finance**  
**Business**

**College Readiness**

**Computer Applications**

**Design and Composition**

**Health Care and Medical**

**Language and Arts**

**Law and Legal**

**Personal Development**

**Teaching and Education**

**Technology**

**Writing and Publishing**

For more information, contact us at 800-828-0072 or [continuinged@southeast.edu](mailto:continuinged@southeast.edu)



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

**Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues?** Contact your Learning Center to see if other options are available.

# Computers & Technology

Fall 2022

## GETTING STARTED

### MACINTOSH CLASSES

#### All Things Apple

Do you have a Mac computer, iPad, iPhone, Apple Watch or even a Home Pod? From editing photos to word processing to spreadsheets to turning on and off the lights in your home, these high-tech devices can be easy to use and fun. We will touch on some of the more useful features of Apple's amazing products, as well as demonstrate some practical features and apps to help make your life a bit easier.



**Keyword: Apple**

Nov. 2-16	W	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0663-TCFCA	

### SMART DEVICES

#### iPhone Tutorial: Apps, Messaging & More

Expand your understanding of what your iPhone can do for you. Discover all of the messaging features, texting and video capabilities. We'll dig deeper into the App Store to take advantage of all that your iPhone offers.



Plan on watching this Zoom class on your computer/laptop so that you can have your phone in hand to work with during class. Have your phone fully charged.

**Keyword: iPhone**

Oct. 25	T	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0666-TCFCA	

#### NEW! Learn the New Way to Pay: PayPal, Venmo & More . . .



Learn the very easy, safe and common ways to pay your way. Whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer. Discover Payday, Venmo, CashApp, ApplePay and more.

**Keyword: Pay**

Oct. 18	T	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1354-TCFCA	

#### All Things Apple

Do you have a Mac computer, iPad, iPhone, Apple Watch or even a Home Pod? From editing photos to word processing to spreadsheets to turning on and off the lights in your home, these high-tech devices can be easy to use and fun. We will touch on some of the more useful features of Apple's amazing products, as well as demonstrate some practical features and apps to help make your life a bit easier.



**Keyword: Apple**

Nov. 2-16	W	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0663-TCFCA	

These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

#### Passwords, Logins, IDs; OH MY!



In this age of electronic information and security concerns, password management is a must. Come discover best practices to keep your passwords and private information secure. We'll cover both mobile and home data security.

You will want to watch the Zoom on a desktop/laptop and have your mobile device fully charged.

**Keyword: Passwords**

Oct 12	W	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0673-TCFCA	

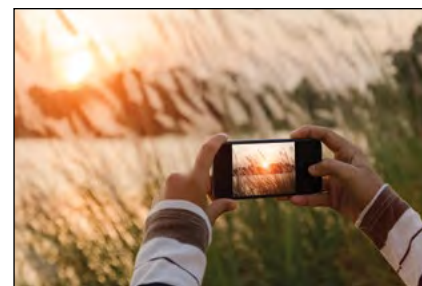
#### Put the Tech in Traveling



Interested in planning your own road trip, cross country, or just using technology on the go while vacationing? We will look at technologies that help you learn the places to go and places to avoid. Curious about Airline e-tickets, virtual wallet, Lyft, Uber, Air B&B? Join us for an informative Zoom class.

**Keyword: Travel**

Oct. 19	W	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1353-TCFCA	



#### Mobile Device Photography



Photography using your phone or tablet is the focus of this class. Techniques in photography, useful apps for photography and editing, along with super-handly gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free. Have your mobile device handy as you log into this Zoom class from your desktop or laptop.

**Keyword: Photography**

Oct. 20-27	Th	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0080-TCFCA	

## INTERNET

#### Passwords, Logins, IDs; OH MY!



In this age of electronic information and security concerns, password management is a must. Come discover best practices to keep your passwords and private information secure. We'll cover both mobile and home data security.

You will want to watch the Zoom on a desktop/laptop and have your mobile device fully charged.

**Keyword: Passwords**

Oct 12	W	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0673-TCFCA	

#### Online Buying & Selling



Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook® marketplace and eBay®) and how selling on these sites really works. We will talk about "gotchas" and types of payment processing.

This class is for personal sales ONLY. Business interest is welcome, but it won't be the focus of the class.

**Keyword: Selling**

Oct. 11	T	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0531-TCFCA	

For more information, contact us at 800-828-0072 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

## Tired of Cable TV, Dish or Direct TV? Cut the Cord!

Take a look at all of the streaming services available to you to help you make a choice if you want to move to this new era of watching "TV" and other media content. We will cover Hulu Live, YouTubeTV, AppleTV+, Sony Vue, Netflix, and others.



Oct. 26	W	7-9 p.m.	<b>Keyword: Cable</b>
LIVE Online, Zoom	Jensen	LLLX-1154-TCFCA	\$29

## Zoom: Everyone's Doing It!

Learn why Zoom is being used by millions to hold one-on-one meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!



Nov. 9-16	W	6-7:30 p.m.	<b>Keyword: Zoom</b>
LIVE Online, Zoom	Meyer	AREA-0934-TCFNA	\$39

## NEW! Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way. Whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer. Discover Payday, Venmo, CashApp, ApplePay and more.



Oct. 18	T	7-9 p.m.	<b>Keyword: Pay</b>
LIVE Online, Zoom	Jensen	LLLX-1354-TCFCA	\$29

## Digitizing Memories

Do you have envelopes full of negatives and slides or boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software "VueScan."



Oct. 25-Nov. 1	T	6:30-8 p.m.	<b>Keyword: Memories</b>
LIVE Online, Zoom	Keller	LLLX-0113-TCFCA	\$29



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For more information, contact us at 800-828-0072 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

## SOCIAL MEDIA

### Zoom: Everyone's Doing It!

Learn why Zoom is being used by millions to hold one-on-one meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!



Nov. 9-16	W	6-7:30 p.m.	<b>Keyword: Zoom</b>
LIVE Online, Zoom	Meyer	AREA-0934-TCFNA	\$39

### Let's Do Lunch: Promote Your Side Hustle

We'll spend the hour discussing ways to effectively promote your "side hustle" on social media.



Oct. 19	W	Noon-1 p.m.	<b>Keyword: Hustle</b>
LIVE Online, Zoom	Segner	AREA-6665-TCFHC	\$10

## PROGRAMMING & NETWORKING

### Back End Developer Bootcamp

This 18-week program will give you the skills to enter the industry as a Back End Software Developer.



Take our assessment and learn more information at [southeast.edu/coding-boot-camp](http://southeast.edu/coding-boot-camp). The assessment is free and optional for anyone interested in this program.

**Gap Assistance (financial) is available to those who qualify.** For more information, visit [southeast.edu/gap](http://southeast.edu/gap).

**Keyword: Bootcamp**

Oct. 26-March 15	W	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7750-TCFCB	
Dec. 15-April 27	Th	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7750-TCFCC	

### Data Engineer Bootcamp

This 26-week program will give you the skills you need in the high-demand area of data engineering.



Take our assessment and learn more information at [southeast.edu/coding-boot-camp](http://southeast.edu/coding-boot-camp). The assessment is free and optional for anyone interested in this program.

**Gap Assistance (financial) is available to those who qualify.** For more information, visit [southeast.edu/gap](http://southeast.edu/gap). NOTE: No class Nov. 23 or Dec. 28.

**Keyword: Bootcamp**

Nov. 17-June 1	Th	7-8:30 p.m.	\$5,400
LIVE Online, Zoom	Promineo	No class Nov. 23 or Dec. 28	INFO-7752-TCFCB

### Front End Software Developer Bootcamp

In this 18-week Front End Software Developer bootcamp, students learn the skills and technologies necessary to enter the industry as a Front End Software Developer. Skills and technologies include JavaScript, ES6, Algorithms, OOP, Design Patterns, Unit Testing, HTML, CSS, Bootstrap, JQuery, AJAX, Responsive Web Design, ReactJS, JSX, NPM, Redux, AWS, and more.



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**Keyword: Bootcamp**

Sept. 22-Feb. 9	Th	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7751-TCFCA	
Nov. 15-April 4	T	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7751-TCFCA	

Check out all classes offered at [southeast.edu/continuing](http://southeast.edu/continuing)  
Find us on Facebook® at [facebook.com/SCCNebCE](https://facebook.com/SCCNebCE)



## SOFTWARE APPLICATIONS



ed2go.com/sccne

### NEW! Microsoft OneNote

OneNote is an electronic version of a paper notebook, where you can capture notes, thoughts, ideas, scribbles, and reminders, share them with others, and sync with other devices. You will discover how to categorize your information, learn to create folders, format text, use drawing objects, work with graphics, use Instant Search, and how to share with other OneNote users.



Keyword: OneNote

Sept. 20 T 6-8 p.m. \$29  
LIVE Online, Zoom Toma AREA-0905-TCFWA

### All Things Apple

Do you have a Mac computer, iPad, iPhone, Apple Watch or even a Home Pod? From editing photos to word processing to spreadsheets to turning on and off the lights in your home, these high-tech devices can be easy to use and fun. We will touch on some of the more useful features of Apple's amazing products, as well as demonstrate some practical features and apps to help make your life a bit easier.



Keyword: Apple

Nov. 2-16 W 6:30-7:30 p.m. \$49  
LIVE Online, Zoom Keller LLLX-0663-TCFCA



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## JOB ENHANCEMENT SCHOLARSHIP AVAILABLE

(For selected courses)  
Attention: Nebraska City Residents

Are you looking for a scholarship for training that could:

- Make a difference in your career/job?
- Help you reach your professional goals?
- Potentially advance your position or pay?
- Have a positive impact on your employer?

For more information, visit <http://southeast.edu/nebraskacitylc> or contact Cindy at 402-323-3636 or [cmeyer@southeast.edu](mailto:cmeyer@southeast.edu).



Funds are being provided by the Nebraska City Community Foundation Fund

# FREE TRAINING

SCC utilizes the **Gap Assistance Program** to provide financial assistance for tuition and other eligible costs to participants. Depending on your financial eligibility, you may receive full or partial assistance with your direct training costs, including tuition, books, required fees, and equipment.

### Are You Eligible?

This program provides need-based financial support for tuition and other eligible costs for approved, short-term non-credit training opportunities and select credit courses focused on employment. To qualify, you must meet the income criteria and be eligible to work in the United States. Criteria includes: financial need, Nebraska resident and high school diploma or GED®. Talk to our Gap Specialists to see if you qualify.

**For more information, visit [southeast.edu/gap](http://southeast.edu/gap) or contact us at 402-323-3394 or [hbloomquist@southeast.edu](mailto:hbloomquist@southeast.edu)**

### Approved Programs of Study are available in the following areas:

- Health Care
- Precision Metals Manufacturing
- Transportation
- Biotechnology
- Renewable Energy
- Precision Agriculture
- Business Management & Administrative Services
- Software & Computer Services
- Dietary & Hospitality
- Construction
- Early Childhood Education

For more information, contact us at 800-828-0072 or [continuinged@southeast.edu](mailto:continuinged@southeast.edu)

**Check out all classes offered at [southeast.edu/continuing](http://southeast.edu/continuing)  
Find us on Facebook® at [facebook.com/SCCNebCE](https://facebook.com/SCCNebCE)**

**Cancellation/Refund Policy:** You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

# Business Development

Fall 2022

## ACCOUNTING & FINANCIALS

### Accounting for Business Owners

This course is taught by a CPA and is intended for business owners, managers and others looking to gain a basic understanding of accounting used in small businesses or organizations. We will explore the various types of business entities, basic business registration and compliance requirements, general bookkeeping and accounting concepts, components of financial statements, budgeting and basic income tax accounting.



**Keyword: Accounting**

Nov. 8	T	8:30 a.m.-12:30 p.m.	\$79
LIVE Online, Zoom	Johnson	ACCT-3516-TCFNA	

### What It Takes to Pursue Grants

Is your nonprofit ready to pursue grant funding? Learn about types of grants, typical financial requirements to apply and the time investment to submit grants. Includes an overview of Nebraska's unique grantmaking landscape.



**Keyword: Grant**

Sept. 13	T	6-9 p.m.	\$95
LIVE Online, Zoom	Mealey	BSAD-7295-TCFPA	

### Introduction to Grant Writing

Successful grant writing takes skill, practice and a little luck. Learn the fundamentals of grant writing, including terminology, funding sources, reviewing grant applications, and the basics of preparing a grant proposal.



**Keyword: Grant**

Sept. 27	T	6-9 p.m.	\$49
LIVE Online, Zoom	Mealey	BSAD-7292-TCFPA	

### Let's Do Lunch: Side Hustle Payment Options

Square, Clover, Venmo, PayPal . . . find out which payment system best suits your "side hustle" and how to set them up to work for you.



**Keyword: Hustle**

Oct. 26	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHD	

## SMALL-BUSINESS ESSENTIALS

SCC is pleased to present classes designed to assist current and prospective small-business owners and managers to enhance their businesses' success. We offer classes based on recommendations from the area business community and SCC Focus Suites.

For more information about the SCC Focus Suites, call 402-323-3629 or visit [southeast.edu/entrepreneurship](http://southeast.edu/entrepreneurship).

### What It Takes to Pursue Grants

Is your nonprofit ready to pursue grant funding? Learn about types of grants, typical financial requirements to apply and the time investment to submit grants. Includes an overview of Nebraska's unique grantmaking landscape.



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**Keyword: Grant**

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LIVE Online, Zoom	Mealey	BSAD-7292-TCFPA	

### Let's Do Lunch: What is a Side Hustle?

Side hustle is a new term for a part-time job. Learn potential "side hustles" and how to turn your idea into one.



**Keyword: Hustle**

Oct. 5	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHB	

### NEW! Let's Do Lunch: How to Find an Online Side Hustle

Learn about side hustles you can do online that are not scams.



**Keyword: Online**

Oct. 12	W	Noon-1 p.m.	\$10
LIVE Online, Zoom		AREA-6665-TCFCC	

### Let's Do Lunch: Promote Your Side Hustle

We'll spend the hour discussing ways to effectively promote your "side hustle" on social media.



**Keyword: Hustle**

Oct. 19	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHC	

### Let's Do Lunch: Side Hustle Payment Options

Square, Clover, Venmo, PayPal . . . find out which payment system best suits your "side hustle" and how to set them up to work for you.



**Keyword: Hustle**

Oct. 26	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHD	



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For more information, contact us at 800-828-0072 or [continuinged@southeast.edu](mailto:continuinged@southeast.edu)

Check out all classes offered at [southeast.edu/continuing](http://southeast.edu/continuing)

Find us on Facebook® at [facebook.com/SCCNebCE](https://facebook.com/SCCNebCE)

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## NEW! Let's Do Lunch: Side Hustle Vendor Displays

Taking your "side hustle" to a craft/vendor fair? Discover ways to get the most from your display.

**Keyword: Hustle**

Nov. 2 W Noon-1 p.m. \$10  
LIVE Online, Zoom Segner AREA-6665-TCFHE



## NEW! Let's Do Lunch: How to Become a Rideshare Driver

Learn about how to set yourself up to drive for Uber or Lyft.

**Keyword: Drive**

Nov. 9 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFD



## NEW! Let's Do Lunch: How to Become a Food Delivery Driver

Interested in a side hustle like GrubHub or DoorDash? Learn how to get started in this class.

**Keyword: Driver**

Nov. 16 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFE



## Zoom: Everyone's Doing It!

Learn why Zoom is being used by millions to hold one-on-one meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!

**Keyword: Zoom**

Nov. 9-16 W 6-7:30 p.m. \$39  
LIVE Online, Zoom Meyer AREA-0934-TCFNA



## Vacation Rental Hosting

Want to turn your extra space into cash? This course shares tried and tested strategies to run a successful vacation rental business and earn extra money every month. You'll learn the difference between Vrbo, Airbnb and Bed and Breakfast options. In addition, you'll find tips to wow your guests and get 5-Star ratings!

**Keyword: Rental**

Oct. 25 T 7-8 p.m. \$19  
LIVE Online, Zoom AREA-7027-TCFHA



## Let Me Share My Story with You: Writing Your Memories

Have you ever thought of sharing your story but don't know where to begin? Let us help you discover how to record the events for family and friends. We will provide tips on intriguing topics to write about, tricks to jog your memory, and ways to capture stories on paper without getting bogged down.

**Keyword: Story**

Oct. 12-26 W 6-7 p.m. \$29  
LIVE Online, Zoom Wiebold AREA-9032-TCFWA



## SOCIAL MEDIA FOR BUSINESS

### Zoom: Everyone's Doing It!

Learn why Zoom is being used by millions to hold one-on-one meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!

**Keyword: Zoom**

Nov. 9-16 W 6-7:30 p.m. \$39  
LIVE Online, Zoom Meyer AREA-0934-TCFNA



### Let's Do Lunch: Promote Your Side Hustle

We'll spend the hour discussing ways to effectively promote your "side hustle" on social media.

**Keyword: Hustle**

Oct. 19 W Noon-1 p.m. \$10  
LIVE Online, Zoom Segner AREA-6665-TCFHC



[ed2go.com/scnce](https://ed2go.com/scnce)

### BROWSE COURSES IN

**Accounting and Finance**

**Business**

**College Readiness**

**Computer Applications**

**Design and Composition**

**Health Care and Medical**

**Language and Arts**

**Law and Legal**

**Personal Development**

**Teaching and Education**

**Technology**

**Writing and Publishing**



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Check out all classes offered at [southeast.edu/continuing](https://southeast.edu/continuing)

Find us on Facebook® at [facebook.com/SCCNebCE](https://facebook.com/SCCNebCE)

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# Leadership & Professional Development

Fall 2022

## Short-term learning. Long-term possibilities.

### **NEW!** Human Resource Certificate of Professional Development

The Human Resource Certificate of Professional Development can get you one step closer to achieving your career goals while also preparing you to take the aPHR exam, a nationally recognized certification through HRCI.

Includes:

- Course materials
- aPHR registration and exam fee
- 12-month Lincoln Human Resource Management Association membership
- Opportunity to consult with instructor following course completion

You will earn 2.1 CEUs and a certificate of completion will be awarded by SCC to those who successfully complete this course.

**Keyword: Resource**

#### **Thursdays, Oct. 6-Dec. 1 \***

1-4 p.m.

\$2,950

LIVE Online, Zoom . . . BSAD-3044-TCFCA

Yankech

Class is live-streamed from Lincoln

Registration Deadline: Sept. 29

\* No class Nov. 3 and 24

OR

#### **Saturdays, Oct. 8-Dec. 3 \*\***

9 a.m.-Noon

\$2,950

LIVE Online, Zoom. . . BSAD-3044-TCFCB

Yankech

Registration Deadline: Oct. 1

\*\* No class Nov. 5 and 26



**Gain a  
foundation  
in human  
resources  
in just  
7 weeks.**

#### **Financial Resources Available**

Find out if you or your business qualifies for any of the below programs.

- **For Individuals: Gap** ([southeast.edu/gap](http://southeast.edu/gap)) and **WIOA** (pending approval)
- **For Business: NE Worker Training Grant** ([dol.nebraska.gov/ReemploymentServices/EmployerResources/WorkerTrainingProgram](http://dol.nebraska.gov/ReemploymentServices/EmployerResources/WorkerTrainingProgram)) and **Customized Training (WIOA)** (pending approval)

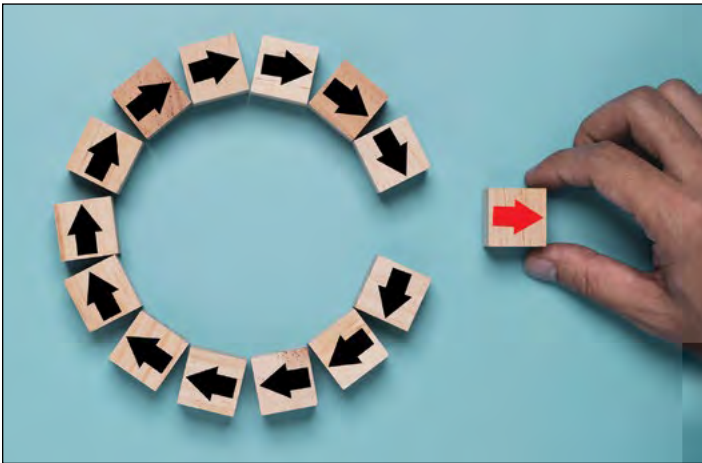
**Instructor: James A. Yankech**, PhD, SPHR, has worked in the human resource field for more than 25 years, serving in employee assistance, employee relations and director roles. He is certified as a Senior Professional in Human Resources (SPHR) through the Human Resource Certification Institute (HRCI).

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Find us on Facebook® at [facebook.com/SCCNebCE](https://facebook.com/SCCNebCE)

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# POWER SKILLS FOUND HERE



## Strengths at Work: LinkedIn Lunch Workshops

It's no secret that LinkedIn is the top professional social networking site with 174 million users in the U.S. Expand your career opportunities by establishing your professional online presence using LinkedIn. This virtual workshop series will show you how to create a marketable profile to increase your professional network and get you noticed!



**Keyword: LinkedIn**

Oct. 7-21 F Noon-1 p.m. \$69  
LIVE Online, Zoom Registration Deadline: Sept. 30 BSAD-7234-TCFCA

## Conflict Resolution

Positively resolve conflict and increase your team's performance and moral through a collaborative process that allows you to:



- Balance concern for outcomes with concern for relationships
- Identify the different types of conflict
- Recognize and understand individual responses to conflict

You will earn 0.7 CEUs and a certificate of professional development for successfully completing this course.

**Keyword: Conflict**

Nov. 17 Th 8:30 a.m.-4:30 p.m. Skilz Group \$229  
LIVE Online, Zoom BSAD-3004-TCFCA  
Registration Deadline: Nov. 10

## Navigating Change

Make sure your next change initiative falls among the 30% that succeed and not the 70% that fail.



### Targeted Skills

- Knowing why 70% of change initiatives fail so yours doesn't
- Ability to anticipate and plan for individual, team and organization reactions to change
- Communication that help turn resistance into trust and trust into momentum for change
- Strategies to help design and execute successful change initiatives

You will earn 0.7 CEUs and a certificate of professional development for successfully completing this course.

**Keyword: Change**

Oct. 19 W 8:30 a.m.-4:30 p.m. Dechant \$229  
LIVE Online, Zoom BSAD-7114-TCFCA  
Registration Deadline: Oct. 12



We offer a wide range of highly interactive non-credit courses that you can take entirely over the internet. All of our courses include expert instructors, many of whom are nationally known authors. All courses are 6 weeks long unless specified. Our online courses are affordable, fun, fast, convenient, and geared just for you. Ready to explore our catalog?

[ed2go.com/sccne](https://ed2go.com/sccne)

### BROWSE COURSES IN

*Accounting and Finance*

*Language and Arts*

*Business*

*Law and Legal*

*College Readiness*

*Personal Development*

*Computer Applications*

*Teaching and Education*

*Design and Composition*

*Technology*

*Health Care and Medical*

*Writing and Publishing*



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# Personal Interest

Fall 2022

## ARTS, CRAFTS & HOBBIES

### Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more!



**Keyword: Shutterfly**

Nov. 8	T	6-7:30 p.m.	\$19
LIVE Online, Zoom	Segner	AREA-3105-TCFHA	

### Handmade Greeting Cards

Do you want to create fabulous cards without buying a ton of new materials? Get inspired as we create six new cards with techniques that will spice up your favorite supplies. These are all NEW cards from previous classes. Zoom in with us for this card making class.



Register early because your card supply kit will be mailed one week prior to the class date. Gather these supplies: glue dots, tape runners or double-sided tape, pop dots, scissors, glue pen and piercing tool.

**Keyword: Cards**

Sept. 27	T	6-8 p.m.	\$36
LIVE Online, Zoom	Van Winkle		
Registration Deadline: Sept. 19			
Oct. 20	Th	6-8 p.m.	\$36
LIVE Online, Zoom	Van Winkle		
Registration Deadline: Oct. 7			
		LLLX-0029-TCFCA	
		LLLX-0029-TCFCB	

### Watercolor Greeting Cards

Learn the basics of watercolor. We will explore a few watercolor painting techniques, color mixing and the best watercolor supplies to use. We will create several beautifully painted greeting cards.



A supply list will be emailed one week prior to class.

**Keyword: Watercolor**

Oct. 10	M	6:30-8:30 p.m.	\$45
LIVE Online, Zoom	Wolcott	AREA-7678-TCFPA	

### Pictures Galore, Organizing & More!

So you have thousands of photos, now what? We will offer some strategies for tackling the overwhelming task of getting a system in place to safely store your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We have many solutions to offer!



**Keyword: Pictures**

Dec. 14	W	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-0289-TCFCA	

### Digitizing Memories

Do you have envelopes full of negatives and slides or boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software "VueScan."



**Keyword: Memories**

Oct. 25-Nov. 1	T	6:30-8 p.m.	\$29
LIVE Online, Zoom	Keller	LLLX-0113-TCFCA	

### Working with Resin

Epoxy resin can be used for many different purposes. The clear epoxy turns from a liquid to a solid and makes magical works of art. We will learn how to safely work with the resin to create beautiful pendants and key chains with embedded botanicals, glitter and gems.



**Keyword: Resin**

Oct. 22	S	2-4 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-2186-TCFPA	

## BOB ROSS PAINTINGS

Bob Ross classes are for painters of all abilities and are taught by Certified Bob Ross instructors. Classes are currently offered via Zoom or in person depending on location. For Zoom classes, you will purchase supplies on your own prior to class. Supply lists will be sent to you via email so register early and be sure to include your email address. Students attending in-person classes will purchase the supplies needed to complete their painting in class. You will end class with a completed painting. Frames are not included. You may Zoom from the comfort of your home or from a Learning Center by contacting the Learning Center ahead of time.



### Bob Ross: Waterfall in the Woods

A gentle waterfall peeks through a lovely purple haze.



**Keyword: Ross**

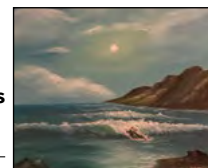
Oct. 22	S	10 a.m.-4 p.m.	\$45
LIVE Online, Zoom	Belik	LLLX-1067-TCFCA	

### Bob Ross: Green Ocean

Green tones dominate a gentle seascape.

**Keyword: Ross**

Nov. 5	S	10 a.m.-4 p.m.	\$45
LIVE Online, Zoom	Belik	AREA-7830-TCFNA	



### Bob Ross: Wilderness Falls

A gentle waterfall cascades from a mountain lake.

**Keyword: Ross**

Dec. 10	S	10 a.m.-4 p.m.	\$45
LIVE Online, Zoom	Belik	AREA-7830-TCFPB	



### NEW! Star String Art Class

This colorful star string art is festive for the holidays or decorative year-round. String art is the weaving of colored string between hammered nails to create curved, geometric patterns.



A supply list will be sent to students prior to the class. For ages 12 and older.

**Keyword: String**

Nov. 12	S	9 a.m.-Noon	\$29
LIVE Online, Zoom	Roseberry	AREA-2665-TCFWA	



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For more information, contact us at 800-828-0072 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

## Mixed Media Art Journals

Join us for an evening of mixed media art on a mini canvas. Experiment with various art mediums. Beginner to advanced artists welcome for this fun project.

A supply list will be emailed one week prior to class.



Nov. 21	M	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Wolcott	AREA-2211-TCFPA	

**Keyword: Art**

## Impasto Floral Painting

Impasto is a technique where paint is laid on thick and in layers. The beauty is in the rich visible brush strokes. When the painting is dry, it is full of so much texture that it appears to be coming out of the canvas.

A supply list will be sent prior to class.



Nov. 10	Th	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-8103-TCFPA	

**Keyword: Painting**

## Alcohol Ink Art

Be creative with alcohol inks! With vibrant colors and many uses, experiment and create a beautiful pendant or mini works of art. Learn about the endless design and color possibilities of alcohol ink.



Oct. 20	Th	6:30-8:30 p.m.	\$25
LIVE Online, Zoom	Wolcott	AREA-8101-TCFPA	

**Keyword: Ink**

## NEEDLE ARTS & SEWING

### Slow Stitching

Experience slow stitching using embroidery and composition stitches to mindfully create a new unique piece of art fabric using needle and thread. Discover this hot new trend using new and vintage materials.



Nov. 7	M	6:30-8:30 p.m.	\$39
LIVE Online, Zoom	Wolcott	AREA-2617-TCFPB	

A supply list will be emailed one week prior to class.

**Keyword: Stitching**



### Crochet a Snowman Pouch

Crochet this cute snowman using basic stitches. It has a drawstring close and can be used as party favors or used to hold small special gifts, toys or candies.

Bring to class two skeins of size 4 or 5 yarn, one white and one in a color of your choice and a size H hook.



Nov. 3	Th	6:30-9 p.m.	\$19
LIVE Online, Zoom	Roseberry	AREA-2634-TCFWA	

**Keyword: Crochet**

For more information, contact us at 800-828-0072 or [continuing@southeast.edu](mailto:continuing@southeast.edu)



## NEW! Star String Art Class

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A supply list will be sent to students prior to the class. For ages 12 and older.



Nov. 12	S	9 a.m.-Noon	\$29
LIVE Online, Zoom	Roseberry	AREA-2665-TCFWA	

**Keyword: String**

## EXPLORE

### Online Buying & Selling

Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook® marketplace and eBay®) and how selling on these sites really works. We will talk about “gotchas” and types of payment processing.

This class is for personal sales ONLY. Business interest is welcome, but it won't be the focus of the class.



Oct. 11	T	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0531-TCFCA	

**Keyword: Selling**

### Passwords, Logins, IDs; OH MY!

In this age of electronic information and security concerns, password management is a must. Come discover best practices to keep your passwords and private information secure. We'll cover both mobile and home data security.

You will want to watch the Zoom on a desktop/laptop and have your mobile device fully charged.



Oct 12	W	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0673-TCFCA	

**Keyword: Passwords**

### iPhone Tutorial: Apps, Messaging & More

Expand your understanding of what your iPhone can do for you. Discover all of the messaging features, texting and video capabilities. We'll dig deeper into the App Store to take advantage of all that your iPhone offers.

Plan on watching this Zoom class on your computer/laptop so that you can have your phone in hand to work with during class. Have your phone fully charged.



Oct. 25	T	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0666-TCFCA	

**Keyword: iPhone**



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## NEW! Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way. Whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer. Discover Payday, Venmo, CashApp, ApplePay and more.



Oct. 18 T 7-9 p.m. \$29  
LIVE Online, Zoom Jensen LLLX-1354-TCFCA

Keyword: Pay

## All Things Apple

Do you have a Mac computer, iPad, iPhone, Apple Watch or even a Home Pod? From editing photos to word processing to spreadsheets to turning on and off the lights in your home, these high-tech devices can be easy to use and fun. We will touch on some of the more useful features of Apple's amazing products, as well as demonstrate some practical features and apps to help make your life a bit easier.



Nov. 2-16 W 6:30-7:30 p.m. \$49  
LIVE Online, Zoom Keller LLLX-0663-TCFCA

Keyword: Apple

## NEW! Let's Do Lunch: How to Become a Rideshare Driver

Learn about how to set yourself up to drive for Uber or Lyft.



Nov. 9 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFD

Keyword: Drive

## NEW! Let's Do Lunch: How to Become a Food Delivery Driver

Interested in a side hustle like GrubHub or DoorDash? Learn how to get started in this class.



Nov. 16 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFE

Keyword: Driver

## NEW! Let's Do Lunch: Pack Your Bags!

Learn tips and tricks about how to pack your suitcase more organized and efficiently.



Nov. 30 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFF

Keyword: Pack

## NEW! Let's Do Lunch: Happiness is Traveling

Learn tips and tricks about getting ready for your next adventure!



Dec. 7 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFG

Keyword: Traveling

## Put the Tech in Traveling

Interested in planning your own road trip, cross country, or just using technology on the go while vacationing? We will look at technologies that help you learn the places to go and places to avoid. Curious about Airline e-tickets, virtual wallet, Lyft, Uber, Air B&B? Join us for an informative Zoom class.



Oct. 19 W 7-9 p.m. \$29  
LIVE Online, Zoom Jensen LLLX-1353-TCFCA

Keyword: Travel



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## FAMILY MATTERS

### NEW! ADD/ADHD Family Mentoring

Families are impacted in various ways when there is a member with ADD/ADHD behaviors. Learn some tips and tools to enable your family to thrive. Instructor brings both personal and professional experience from a clinical setting.



Nov. 1 T 9-11 a.m. \$49  
LIVE Online, Zoom Bryant AREA-5060-TCFPA

Keyword: Family

### Welcome to Medicare

Medicare can be a complicated topic. Worse yet, there is a lot of misinformation that can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider when you are approaching Medicare eligibility. You will be provided comprehensive information about Medicare and address these questions:

- What does Medicare cost and cover?
- When should I enroll in Medicare, and what rules do I need to know?
- What is the difference between Medicare with a supplement versus Medicare Advantage?

Nebraska State Health Insurance Program (SHIP) will cover the cost of this course. **To register, please visit [doi.ne.gov/ship](https://doi.ne.gov/ship).** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

Webinar presentations are available on:

Oct. 20	Th	6 p.m.
Nov. 15	T	6 p.m.
Dec. 14	W	6 p.m.

### Navigating Medicare.gov

Medicare drug coverage is confusing. Each year Medicare drug plans can make changes to the cost and coverage you can receive. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will arm you with the knowledge to navigate Medicare's plan finder tool to make an informed decision. You will be provided a step-by-step guide to using Medicare.gov to address these questions:

- How much will my prescriptions cost?
- Which Medicare drug plan will cover my prescriptions?
- Where can I get the best prices for my prescriptions?

Navigating Medicare.gov is provided by Nebraska State Health Insurance Program (SHIP), a member of the national SHIP network and a division of the Nebraska Department of Insurance. **To register, please visit [doi.ne.gov/ship](https://doi.ne.gov/ship).** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

Webinar presentations are available on:

Oct. 27	Th	6 p.m.
Nov. 29	T	6 p.m.
Dec. 21	W	6 p.m.

### Medicare Open Enrollment

Every year Medicare Part D and Medicare Advantage plans can make changes. These changes may affect your premiums, copays, drug coverage and/or health care benefits. Because of this, you are encouraged to compare your plan options during Medicare's Open Enrollment, Oct. 15-Dec. 7, every year.

Nebraska SHIP counselors are trained to provide confidential and unbiased one-on-one support to help you determine your plan options for 2022.

#### Plattsmouth

Due to the rise in COVID-19 cases in the area, your appointment will be a remote visit. For Cass County, call Volunteers Assisting Seniors at 402-444-6617 to schedule.

Arranged	Remote
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For more information, contact us at 800-828-0072 or [continued@se.edu](mailto:continued@se.edu)





### Co-Parenting: Working Together for Your Children (Online)

This workshop meets the requirements of the Nebraska Parenting Act. Topics include stages of adjustment to parental separation/divorce for parents and children,

conflict resolution, stress management and other co-parenting issues. This course is delivered entirely online and facilitated by SCC faculty and takes a minimum of three hours to complete.

Students will need:

- Computer with high speed internet connection
- Speaker/sound capability
- Working knowledge of computer and internet experience

NOTE: Firefox or Chrome browser recommended. You cannot access the course using an iPad or Droid tablet.

Sliding fee/waiver not available. There is a six-hour waiting period between online registration for the class and class access.

\$49 per-person.

**For registration and log-in instructions for the online class, go to [southeast.edu/Continuing/CoParenting](https://southeast.edu/Continuing/CoParenting)**

### Level 2 Co-Parenting: Working Together for Your Children

This workshop meets the requirements of the Nebraska Parenting Act. Topics include: stages of adjustment to parental separation/divorce for parents and children, conflict resolution, stress management, safety and transition plans, impact of unresolved parental conflict on the child, effective communication skills, and resources and referral information.

Preregistration is required. Registration deadline is Wednesday prior to class date. For more information or to register, email [continuing@southeast.edu](mailto:continuing@southeast.edu) or call 402-437-2700.

\* Separate classes provided for men and women.

**Keyword: Parenting**

#### Men

Sept. 17 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCL	\$69
Oct. 15 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCJ	\$69
Nov. 19 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCL	\$69
Dec. 17 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCM	\$69

#### Women

Sept. 10 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCW	\$69
Oct. 8 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCX	\$69
Nov. 12 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCY	\$69
Dec. 10 LIVE Online, Zoom	S	8:30-11:30 a.m. LLLX-2401-TCFCZ	\$69



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

**Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues?** Contact your Learning Center to see if other options are available.

### Babysitting 101

Ages 10-14

This interactive class will help you become a great babysitter. You will learn about the business of babysitting, child development, safety, and fun ways to keep children entertained.

Students will complete learning activities through Canvas, an online classroom. Canvas classroom will be open Oct. 15.

**Keyword: Babysitting**

Oct. 15-Nov. 15 Online, Canvas	Segner	AREA-6399-WBFHA	\$29
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### NEW! Let's Do Lunch: Pack Your Bags!

Learn tips and tricks about how to pack your suitcase more organized and efficiently.



**Keyword: Pack**

Nov. 30 LIVE Online, Zoom	W	Noon-1 p.m. AREA-6665-TCFFH	\$10
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### NEW! Let's Do Lunch: Happiness is Traveling

Learn tips and tricks about getting ready for your next adventure!



**Keyword: Traveling**

Dec. 7 LIVE Online, Zoom	W	Noon-1 p.m. AREA-6665-TCFFG	\$10
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### Let's Do Lunch: How Does TeleHealth Work

Learn how to schedule a telehealth visit, how they work and why they are right for some people.



**Keyword: TeleHealth**

Dec. 14 LIVE Online, Zoom	W	Noon-1 p.m. AREA-6665-TCFHF	\$10
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## FOODS

### Air Fryer 101

Did you know the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices, and tasty recipes you can make.



**Keyword: Fryer**

Nov. 29 LIVE Online, Zoom	T Norder	6-7:30 p.m. AREA-4396-TCFHA	\$19
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### Food Protection Manager Online Class

This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

Receive your assignments online through SCC's online learning platform. Upon completion of each assignment, you will complete an online quiz. The ServSafe exam is taken online at various SCC locations.

Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access. After you register online, purchase the textbook "ServSafe Manager" at the SCC Campus Store, 8800 O St., Lincoln, or at [sccbookstore.com](http://sccbookstore.com). For registration and log-in information, go to <http://bit.ly/scfoodprotectionmanagerclass>.

To register and pay, go to <http://bit.ly/RegisterCE>.

Class will be active now through June 24, 2023. All coursework needs to be completed by June 30, 2023.

**Keyword: Protection**

Online	Williams-Lamb	\$65	FSDT-3000-WBUA
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For more information, contact us at 800-828-0072 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

## NEW! Exam Prep — CDM Credentialing Exam

This online exam prep course is designed specifically for those who are eligible to sit for the CDM Credentialing Exam. Each course module begins with a pretest to help you identify your understanding of the content area. You will move through the course at your own pace, utilizing the interactive review materials, example calculations with tutorial videos, flashcards and reading materials to focus your study. Practice questions include rationale for answers and explanations for calculations. The course culminates with a simulated practice CDM exam.

Contact Vicki Rethmeier at 402-437-2528 or [vrthmeier@southeast.edu](mailto:vrthmeier@southeast.edu) for registration details. Cost \$99 per person.

## NEW! Let's Do Lunch: How to Become a Food Delivery Driver

Interested in a side hustle like GrubHub or DoorDash? Learn how to get started in this class.



Keyword: Driver

Nov. 16	W	Noon-1 p.m.	\$10
LIVE Online, Zoom		AREA-6665-TCFFE	

## GENEALOGY

### DNA Tells a Story

Whether you've taken a DNA test or are considering one, DNA can help you with your genealogy when the paper trail ends. Find out how genetic genealogy can enhance traditional research methods, solve family mysteries and take you on the next steps in your genealogical journey. When a lack of records or uncertainty about ancestral lineage has you stumped, DNA always tells the truth. DNA testing is the tool that belongs in every genealogist's toolkit.



Keyword: DNA

Nov. 5	S	10 a.m.-Noon	\$29
LIVE Online, Zoom	Callahan	AREA-6361-TCFNA	

### From Theory to Discovery: Breaking Down Your Brick Wall with Timelines

Use a timeline in your genealogical research to reveal gaps. Learn how to build a theory, pinpoint research questions, and focus your family history search to find answers in unexpected places.



Keyword: Discovery

Oct. 25	T	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Callahan	AREA-5052-TCFNA	
Nov. 2	W	10 a.m.-Noon	\$29
LIVE Online, Zoom	Callahan	AREA-5052-TCFPA	



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Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

## HOME & GARDEN

### Attracting Winter Birds: Houses & Feeder Tips

Get ready to help our feathered friends survive the winter season. This delightful class will explore common birds that tend to stick around through winter; different ways of providing food, water and shelter for birds; which seed types attract which birds; and how to deal with those incredible squirrels.



Keyword: Birds

Nov. 9	W	6-7 p.m.	\$19
LIVE Online, Zoom	La Cross	LLLX-1893-TCFCA	



### Starting a New Compost Pile

Fall is an ideal time to try your hand at starting a new compost pile. You can make good use of plants you have pulled up from your gardens, leaves from your trees, small branches from bushes, and of course your own vegetable and fruit scraps. It's a recycler's dream come true! We'll discuss multiple methods of starting a compost to help you find a style that seems easiest for you.



Keyword: Compost

Nov. 2	W	6-7 p.m.	\$19
LIVE Online, Zoom	La Cross	LLLX-0588-TCFCA	

### Organize Your Home

Discover a proven organizing method and the questions to ask yourself for every organizing project in your home. Learn tips and habits to create peace of mind in your living space.



Keyword: Organize

Nov. 15	T	9-11 a.m.	\$49
LIVE Online, Zoom	Bryant	AREA-5726-TCFPA	

### Vacation Rental Hosting

Want to turn your extra space into cash? This course shares tried and tested strategies to run a successful vacation rental business and earn extra money every month. You'll learn the difference between Vrbo, Airbnb and Bed and Breakfast options. In addition, you'll find tips to wow your guests and get 5-Star ratings!



Keyword: Rental

Oct. 25	T	7-8 p.m.	\$19
LIVE Online, Zoom		AREA-7027-TCFHA	

### Let's Do Lunch: Tips for Home Maintenance

Time to make sure you have the basics covered on home maintenance.



Keyword: Home

Oct. 6	Th	Noon-1 p.m.	\$10
LIVE Online, Zoom		AREA-6665-TCFFE	

For more information, contact us at 800-828-0072 or [continuing@southeast.edu](mailto:continuing@southeast.edu)

Check out all classes offered at [southeast.edu/continuing](https://southeast.edu/continuing)  
Find us on Facebook® at [facebook.com/SCCNebCE](https://facebook.com/SCCNebCE)

## MONEY MATTERS

### NEW! Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way. Whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer. Discover Payday, Venmo, CashApp, ApplePay and more.



Oct. 18 T 7-9 p.m. \$29  
LIVE Online, Zoom Jensen LLLX-1354-TCFCA

Keyword: Pay

### Vacation Rental Hosting

Want to turn your extra space into cash? This course shares tried and tested strategies to run a successful vacation rental business and earn extra money every month. You'll learn the difference between Vrbo, Airbnb and Bed and Breakfast options. In addition, you'll find tips to wow your guests and get 5-Star ratings!



Oct. 25 T 7-8 p.m. \$19  
LIVE Online, Zoom Jensen AREA-7027-TCFHA

Keyword: Rental

### Online Buying & Selling

Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook® marketplace and eBay®) and how selling on these sites really works. We will talk about "gotchas" and types of payment processing.

This class is for personal sales ONLY. Business interest is welcome, but it won't be the focus of the class.



Oct. 11 T 7-9 p.m. \$29  
LIVE Online, Zoom Jensen LLLX-0531-TCFCA

Keyword: Selling

### Tired of Cable TV, Dish or Direct TV? Cut the Cord!

Take a look at all of the streaming services available to you to help you make a choice if you want to move to this new era of watching "TV" and other media content. We will cover Hulu Live, YouTubeTV, AppleTV+, Sony Vue, Netflix, and others.



Oct. 26 W 7-9 p.m. \$29  
LIVE Online, Zoom Jensen LLLX-1154-TCFCA

Keyword: Cable

### Planning a Funeral

Have you planned a wedding, special birthday or anniversary? Normally you start planning those events at least a year in advance. A funeral costs almost as much as the previous-mentioned celebrations, but you only have a few days to plan and get everything in order. This class will provide you with information and resources so you have time to think and maybe plan ahead so your loved ones know exactly what you want. Planning ahead helps alleviate stress.



Oct. 18 T 6-7 p.m. \$10  
LIVE Online, Zoom Jensen AREA-6790-TCFFA

Keyword: Funeral

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Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

## Welcome to Medicare

Medicare can be a complicated topic. Worse yet, there is a lot of misinformation that can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider when you are approaching Medicare eligibility. You will be provided comprehensive information about Medicare and address these questions:

- What does Medicare cost and cover?
- When should I enroll in Medicare, and what rules do I need to know?
- What is the difference between Medicare with a supplement versus Medicare Advantage?

Nebraska State Health Insurance Program (SHIP) will cover the cost of this course. **To register, please visit [doi.ne.gov/ship](https://doi.ne.gov/ship).** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

Webinar presentations are available on:

Oct. 20	Th	6 p.m.
Nov. 15	T	6 p.m.
Dec. 14	W	6 p.m.

## Navigating Medicare.gov

Medicare drug coverage is confusing. Each year Medicare drug plans can make changes to the cost and coverage you can receive. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will arm you with the knowledge to navigate Medicare's plan finder tool to make an informed decision. You will be provided a step-by-step guide to using Medicare.gov to address these questions:

- How much will my prescriptions cost?
- Which Medicare drug plan will cover my prescriptions?
- Where can I get the best prices for my prescriptions?

Navigating Medicare.gov is provided by Nebraska State Health Insurance Program (SHIP), a member of the national SHIP network and a division of the Nebraska Department of Insurance. **To register, please visit [doi.ne.gov/ship](https://doi.ne.gov/ship).** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

Webinar presentations are available on:

Oct. 27	Th	6 p.m.
Nov. 29	T	6 p.m.
Dec. 21	W	6 p.m.

## Medicare Open Enrollment

Every year Medicare Part D and Medicare Advantage plans can make changes. These changes may affect your premiums, copays, drug coverage and/or health care benefits. Because of this, you are encouraged to compare your plan options during Medicare's Open Enrollment, Oct. 15-Dec. 7, every year.

Nebraska SHIP counselors are trained to provide confidential and unbiased one-on-one support to help you determine your plan options for 2022.

### Plattsmouth

Due to the rise in COVID-19 cases in the area, your appointment will be a remote visit. For Cass County, call Volunteers Assisting Seniors at 402-444-6617 to schedule.

Arranged \_\_\_\_\_ Remote \_\_\_\_\_

## NEW! Let's Do Lunch: How to Become a Rideshare Driver

Learn about how to set yourself up to drive for Uber or Lyft.



Keyword: Drive

Nov. 9 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFD

## NEW! Let's Do Lunch: How to Become a Food Delivery Driver

Interested in a side hustle like GrubHub or DoorDash? Learn how to get started in this class.



Keyword: Driver

Nov. 16 W Noon-1 p.m. \$10  
LIVE Online, Zoom AREA-6665-TCFFE



**NEW! Let's Do Lunch:  
How to Find an Online Side Hustle**

Learn about side hustles you can do online that are not scams.



Oct. 12	W	Noon-1 p.m.	\$10
LIVE Online, Zoom		AREA-6665-TCFFC	

**Keyword: Online**

**Let's Do Lunch: What is a Side Hustle?**

Side hustle is a new term for a part-time job. Learn potential "side hustles" and how to turn your idea into one.



Oct. 5	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHB	

**Keyword: Hustle**

**Let's Do Lunch: Promote Your Side Hustle**

We'll spend the hour discussing ways to effectively promote your "side hustle" on social media.



Oct. 19	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHC	

**Keyword: Hustle**

**Let's Do Lunch: Side Hustle Payment Options**

Square, Clover, Venmo, PayPal . . . find out which payment system best suits your "side hustle" and how to set them up to work for you.



Oct. 26	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHD	

**Keyword: Hustle**

**Let's Do Lunch: Side Hustle Vendor Displays**

Taking your "side hustle" to a craft/vendor fair? Discover ways to get the most from your display.



Nov. 2	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Segner	AREA-6665-TCFHE	

**Keyword: Hustle**

**MUSIC**

**NEW! History of Rock & Roll**

You will be taken on a historical journey of rock 'n' roll, examining its earliest influences, such as work songs and the Blues, and following its development as a musical genre. We will track the roles played by those who had an impact on rock 'n' roll, and talk about the role of nostalgia as rock has slowly started giving way to other forms of music.



Dec. 1-8	Th	6-8 p.m.	\$39
LIVE Online, Zoom	Forke	AREA-7474-TCFWA	

**Keyword: History**

**Music in Media**

Many times we engage with more than the visually stunning films; we engage with the songs heard in the movie soundtrack. You will have fun looking at how music influences mood in movies, shows and videos.



Nov. 2-9	W	6-8 p.m.	\$35
LIVE Online, Zoom	Forke	AREA-6375-TCFWA	

**Keyword: Music**

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**PERSONAL DEVELOPMENT**

**Let Me Share My Story with You: Writing Your Memories**

Have you ever thought of sharing your story but don't know where to begin? Let us help you discover how to record the events for family and friends. We will provide tips on intriguing topics to write about, tricks to jog your memory, and ways to capture stories on paper without getting bogged down.



Oct. 12-26	W	6-7 p.m.	\$29
LIVE Online, Zoom	Wiebold	AREA-9032-TCFWA	

**Keyword: Story**

**Gratitude, Gimmicks & Going the Extra Mile**

The real joy is in the giving. You will gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, we will explore many options. You will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others!



Nov. 17	Th	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-1127-TCFCA	

**Keyword: Gratitude**

**Put the Tech in Traveling**

Interested in planning your own road trip, cross country, or just using technology on the go while vacationing? We will look at technologies that help you learn the places to go and places to avoid. Curious about Airline e-tickets, virtual wallet, Lyft, Uber, Air B&B? Join us for an informative Zoom class.



Oct. 19	W	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1353-TCFCA	

**Keyword: Travel**

**Welcome to Medicare**

Medicare can be a complicated topic. Worse yet, there is a lot of misinformation that can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider when you are approaching Medicare eligibility. You will be provided comprehensive information about Medicare and address these questions:

- What does Medicare cost and cover?
- When should I enroll in Medicare, and what rules do I need to know?
- What is the difference between Medicare with a supplement versus Medicare Advantage?

Nebraska State Health Insurance Program (SHIP) will cover the cost of this course. **To register, please visit [doi.ne.gov/ship](https://doi.ne.gov/ship).** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

**Webinar presentations are available on:**

Oct. 20	Th	6 p.m.
Nov. 15	T	6 p.m.
Dec. 14	W	6 p.m.

**Navigating Medicare.gov**

Medicare drug coverage is confusing. Each year Medicare drug plans can make changes to the cost and coverage you can receive. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will arm you with the knowledge to navigate Medicare's plan finder tool to make an informed decision. You will be provided a step-by-step guide to using Medicare.gov to address these questions:

- How much will my prescriptions cost?
- Which Medicare drug plan will cover my prescriptions?
- Where can I get the best prices for my prescriptions?

Navigating Medicare.gov is provided by Nebraska State Health Insurance Program (SHIP), a member of the national SHIP network and a division of the Nebraska Department of Insurance. **To register, please visit [doi.ne.gov/ship](https://doi.ne.gov/ship).** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

**Webinar presentations are available on:**

Oct. 27	Th	6 p.m.
Nov. 29	T	6 p.m.
Dec. 21	W	6 p.m.



## Medicare Open Enrollment

Every year Medicare Part D and Medicare Advantage plans can make changes. These changes may affect your premiums, copays, drug coverage and/or health care benefits. Because of this, you are encouraged to compare your plan options during Medicare's Open Enrollment, Oct. 15-Dec. 7, every year.

Nebraska SHIP counselors are trained to provide confidential and unbiased one-on-one support to help you determine your plan options for 2022.

### Plattsmouth

Due to the rise in COVID-19 cases in the area, your appointment will be a remote visit. For Cass County, call Volunteers Assisting Seniors at 402-444-6617 to schedule.

Arranged

Remote

## Driver Education Instructor Training

Prerequisite: Must be at least 21 years of age, have a high school diploma or equivalent, valid operator's license held in state of residence for two consecutive years, clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. You must have no suspensions or revocations on record within the last five years, including no convictions for DWI or any related alcohol or drug offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructors to teach driver education in a non-credit format. Focus is on fundamental driver education, curriculum development and presentation skills. The intent of this class is for those individuals who want to teach outside the K-12 system.

Required books are available at the SCC Campus Store, 8800 O St., Lincoln, or at [sccbookstore.com](http://sccbookstore.com).

**Keyword: Instructor** 

Oct. 10-Nov. 19  
Lincoln, LNK, Arranged

Online  
TRAN-3393-HBFA

\$499

## LET'S DO LUNCH SERIES

### LDL: Tips for Home Maintenance

Time to make sure you have the basics covered on home maintenance.



**Keyword: Home**

Oct. 6  
LIVE Online, Zoom

Th

Noon-1 p.m.  
AREA-6665-TCFFB

\$10

### LDL: What is a Side Hustle?

Side hustle is a new term for a part-time job. Learn potential "side hustles" and how to turn your idea into one.



**Keyword: Hustle**

Oct. 5  
LIVE Online, Zoom

W

Segner

Noon-1 p.m.  
AREA-6665-TCFHB

\$10

### NEW! LDL: How to Find an Online Side Hustle

Learn about side hustles you can do online that are not scams.

**Keyword: Online**



Oct. 12  
LIVE Online, Zoom

W

Noon-1 p.m.  
AREA-6665-TCFFC

\$10

## LDL: Promote Your Side Hustle

We'll spend the hour discussing ways to effectively promote your "side hustle" on social media.



**Keyword: Hustle**

Oct. 19  
LIVE Online, Zoom

W

Segner

Noon-1 p.m.  
AREA-6665-TCFHC

\$10

## LDL: Side Hustle Payment Options

Square, Clover, Venmo, PayPal . . . find out which payment system best suits your "side hustle" and how to set them up to work for you.



**Keyword: Hustle**

Oct. 26  
LIVE Online, Zoom

W

Segner

Noon-1 p.m.  
AREA-6665-TCFHD

\$10

## LDL: Side Hustle Vendor Displays

Taking your "side hustle" to a craft/vendor fair? Discover ways to get the most from your display.



**Keyword: Hustle**

Nov. 2  
LIVE Online, Zoom

W

Segner

Noon-1 p.m.  
AREA-6665-TCFHE

\$10

## NEW! LDL: How to Become a Rideshare Driver

Learn about how to set yourself up to drive for Uber or Lyft.



**Keyword: Drive**

Nov. 9  
LIVE Online, Zoom

W

Noon-1 p.m.  
AREA-6665-TCFFD

\$10

## NEW! LDL: How to Become a Food Delivery Driver

Interested in a side hustle like GrubHub or DoorDash? Learn how to get started in this class.



**Keyword: Driver**

Nov. 16  
LIVE Online, Zoom

W

Noon-1 p.m.  
AREA-6665-TCFFE

\$10

## NEW! LDL: Pack Your Bags!

Learn tips and tricks about how to pack your suitcase more organized and efficiently.



**Keyword: Pack**

Nov. 30  
LIVE Online, Zoom

W

Noon-1 p.m.  
AREA-6665-TCFFF

\$10

## NEW! LDL: Happiness is Traveling

Learn tips and tricks about getting ready for your next adventure!



**Keyword: Traveling**

Dec. 7  
LIVE Online, Zoom

W

Noon-1 p.m.  
AREA-6665-TCFFG

\$10

## LDL: How Does TeleHealth Work

Learn how to schedule a telehealth visit, how they work and why they are right for some people.



**Keyword: TeleHealth**

Dec. 14  
LIVE Online, Zoom

W

Noon-1 p.m.  
AREA-6665-TCFHH

\$10



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For more information, contact us at  
800-828-0072 or [continuinged@southeast.edu](mailto:continuinged@southeast.edu)

## PHOTOGRAPHY

### Mobile Device Photography

Photography using your phone or tablet is the focus of this class. Techniques in photography, useful apps for photography and editing, along with super-handly gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free. Have your mobile device handy as you log into this Zoom class from your desktop or laptop.



**Keyword: Photography**

Oct. 20-27	Th	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0080-TCFCA	

### Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more!



**Keyword: Shutterfly**

Nov. 8	T	6-7:30 p.m.	\$19
LIVE Online, Zoom	Segner	AREA-3105-TCFHA	

### Pictures Galore, Organizing & More!

So you have thousands of photos, now what? We will offer some strategies for tackling the overwhelming task of getting a system in place to safely store your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We have many solutions to offer!



**Keyword: Pictures**

Dec. 14	W	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-0289-TCFCA	

### Digitizing Memories

Do you have envelopes full of negatives and slides or boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software "VueScan."



**Keyword: Memories**

Oct. 25-Nov. 1	T	6:30-8 p.m.	\$29
LIVE Online, Zoom	Keller	LLLX-0113-TCFCA	

### All Things Apple

Do you have a Mac computer, iPad, iPhone, Apple Watch or even a Home Pod? From editing photos to word processing to spreadsheets to turning on and off the lights in your home, these high-tech devices can be easy to use and fun. We will touch on some of the more useful features of Apple's amazing products, as well as demonstrate some practical features and apps to help make your life a bit easier.



**Keyword: Apple**

Nov. 2-16	W	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0663-TCFCA	

For more information, contact us at  
800-828-0072 or [continuinged@southeast.edu](mailto:continuinged@southeast.edu)

## SPORTS, RECREATION & FITNESS

### Fit for Living

Energize with others while you enhance your stretching, cardio and core muscles. Strength and flexibility are key. Best price for your workout!  
Bring a mat, towel and tennis shoes.

**Keyword: Fit**

Oct. 5-Nov. 9	W	5:30-6:15 p.m.	\$29
LIVE Online, Zoom	Meyer	AREA-8593-TCFFA	

## YOUTH

### NEW! Star String Art Class

Ages 12 and Older

This colorful star string art is festive for the holidays or decorative year-round. String art is the weaving of colored string between hammered nails to create curved, geometric patterns.

A supply list will sent to students prior to the class.



**Keyword: String**

Nov. 12	S	9 a.m.-Noon	\$29
LIVE Online, Zoom	Roseberry	AREA-2665-TCFWA	

### Babysitting 101

Ages 10-14

This interactive class will help you become a great babysitter. You will learn about the business of babysitting, child development, safety, and fun ways to keep children entertained.

Students will complete learning activities through Canvas, an online classroom. Canvas classroom will be open Oct. 15.

**Keyword: Babysitting**

Oct. 15-Nov. 15			\$29
Online, Canvas	Segner	AREA-6399-WBFHA	



[ed2go.com/sccne](https://ed2go.com/sccne)

## BROWSE COURSES IN

**Accounting and Finance**  
**Business**  
**College Readiness**  
**Computer Applications**  
**Design and Composition**  
**Health Care and Medical**

**Language and Arts**  
**Law and Legal**  
**Personal Development**  
**Teaching and Education**  
**Technology**  
**Writing and Publishing**



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Have an idea for a class that could be offered live online? Please submit your idea at <https://bit.ly/scceonlinecourses>.

**Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues?** Contact your Learning Center to see if other options are available.

Check out all classes offered at [southeast.edu/continuing](https://southeast.edu/continuing)

Find us on Facebook® at [facebook.com/SCCNebCE](https://facebook.com/SCCNebCE)

# Traffic Safety & Licensing

Fall 2022

## DRIVER EDUCATION & SAFETY

### Driver Education

Instruction consists of online lecture and behind-the-wheel training (lab) that meets separately.

Participation in an orientation is required before each class. A Zoom link will be sent to the student's email one week prior to the orientation.

#### Required Orientations via Zoom:

☞ Thurs., Sept. 1      ❖ Thurs., Oct. 13

Student must have a school or learner's permit and complete both the online lecture and driving to be eligible for documentation for the Provisional Operator's Permit and/or insurance requirements.

(2.6 CEUs) For a detailed brochure, complete with Driver Education & Safety classes for 2022, contact us at [continuinged@southeast.edu](mailto:continuinged@southeast.edu), 402-437-2700 or 800-828-0072. NOTE: Attendance is critical to the student's success. Each class and lab must be attended as scheduled. Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at [sccbookstore.com](http://sccbookstore.com). *Driver Education course requires a minimum of one-week advance notice to receive a full refund or to transfer.*

Keyword: Driver

#### Lincoln SCC

(All lectures have an online option.)

Sept. 13-Oct. 22 Lincoln, LNK, S-1	T, Th	6:30-8:30 p.m. TRAN-3398-LNFA	☞	\$349
Oct. 24-Dec. 3 Lincoln, LNK, S-1	M, W No class Nov. 23	6:30-8:30 p.m. TRAN-3398-LNFE	❖	\$349

#### Lincoln East High School

(All lectures have an online option.)

Sept. 13-Oct. 22 Lincoln, EHS, 121	T, Th	3:30-5:30 p.m. TRAN-3398-OCFC	☞	\$349
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#### Lincoln High School

(All lectures have an online option.)

Oct. 24-Dec. 3 Lincoln, LHS		Online Lecture Only TRAN-3398-OCFG	❖	\$349
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#### Lincoln North Star High School

(All lectures have an online option.)

Sept. 13-Oct. 22 Lincoln, LNS, A118A	T, Th	3:30-5:30 p.m. TRAN-3398-OCFD	☞	\$349
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#### Lincoln Northeast High School

(All lectures have an online option.)

Oct. 24-Dec. 3 Lincoln, LNE, 043	M, W No class Nov. 23	3:30-5:30 p.m. TRAN-3398-OCFI	❖	\$349
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#### Lincoln Southeast High School

(All lectures have an online option.)

Oct. 24-Dec. 3 Lincoln, LSE		Online Lecture Only TRAN-3398-OCFH	❖	\$349
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#### Lincoln Southwest High School

(All lectures have an online option.)

Sept. 13-Oct. 22 Lincoln, LSW, A103	T, Th	3:30-5:30 p.m. TRAN-3398-OCFB	☞	\$349
Oct. 24-Dec. 3 Lincoln, LSW		Online Lecture Only TRAN-3398-OCFF	❖	\$349

#### Lincoln Drive Lab Schedule

Drive lab meets two hours once a week for six weeks, Monday through Friday, with a starting time of 3:30 p.m. or 5:45 p.m., or Saturday starting at 8 a.m., 10:15 a.m., 1 p.m., or 3:15 p.m. The student could possibly attend the first drive lab before the first lecture meets. The drive lab continues one week past the completion of lecture. (Times are subject to change.)

### Four-Hour STOP Class

Diversion of minor traffic violations in Seward, Thayer and York counties.

Contact us at [STOP@southeast.edu](mailto:STOP@southeast.edu) for scheduling details and cost.

### Driver Education Instructor Training

Prerequisite: Must be at least 21 years of age, have a high school diploma or equivalent, valid operator's license held in state of residence for two consecutive years, clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. You must have no suspensions or revocations on record within the last five years, including no convictions for DWI or any related alcohol or drug offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructors to teach driver education in a non-credit format. Focus is on fundamental driver education, curriculum development and presentation skills. The intent of this class is for those individuals who want to teach outside the K-12 system.

Required books are available at the SCC Campus Store, 8800 O St., Lincoln, or at [sccbookstore.com](http://sccbookstore.com).

Keyword: Instructor

Oct. 10-Nov. 19 Lincoln, LNK, Arranged	Online TRAN-3393-HBFA	\$499
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### NEW! Let's Do Lunch: How to Become a Rideshare Driver

Learn about how to set yourself up to drive for Uber or Lyft.

Keyword: Drive

Nov. 9 LIVE Online, Zoom	W	Noon-1 p.m. AREA-6665-TCFFD	\$10
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### NEW! Let's Do Lunch: How to Become a Food Delivery Driver

Interested in a side hustle like GrubHub or DoorDash? Learn how to get started in this class.

Keyword: Driver

Nov. 16 LIVE Online, Zoom	W	Noon-1 p.m. AREA-6665-TCFFE	\$10
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## MOTORCYCLE SAFETY

### Motorcycle Safety: Beginning Riders Course

Prerequisites: You must be at least 16 and able to balance and ride a bicycle. If you are ages 16 or 17, a waiver must be signed by a parent or guardian. Failure to provide will disqualify participation in class, and a refund will not be available.

This 18-hour course is intended for beginning riders 16 years and older and is designed to teach safe motorcycle operation.

(1.8 CEUs) Approximately three weeks before the start date of the course, an email and letter will be sent with instructions on how to access the eCourse. The eCourse is to be successfully completed one week prior to the start of the Friday evening classroom session. You must successfully complete the online eCourse and the written and driving exams to receive documentation for the motorcycle endorsement. You will provide your own protective riding apparel, including Nebraska Department of Transportation-approved helmet and eye protection, over-the-ankle footwear, long-sleeve shirt or jacket, long non-flare denim pants or equivalent, and full-fingered gloves, preferably leather. *Motorcycle Safety course requires a minimum of one-week advance notice to receive a full refund or to transfer.*

✦ Class is held on Friday from 6-8:30 p.m., Saturday from 8 a.m.-4:30 p.m. and Sunday from 8 a.m.-1 p.m.

Keyword: Motorcycle

Sept. 16-18 Milford, JDIT, 109	F, S, U	See Desc.	\$269 TRAN-3378-HBFMC
Sept. 23-25 Lincoln, LNK, S-1	F, S, U	See Desc.	\$269 TRAN-3378-HBFLD
Oct. 7-9 Lincoln, LNK, S-1	F, S, U	See Desc.	\$269 TRAN-3378-HBFLE



# REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)  
Key Word Example: *Driver*  
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.  
\* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

\* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

## OR REGISTER BY MAIL, FAX OR IN PERSON



### Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [southeast.edu/collegecatalog](http://southeast.edu/collegecatalog) for additional information.

Social Security Number OR SCC Student ID Number	Birth Date	Name: Last	First	Middle Initial
Residence Mailing Address		City	State	Zip
Email Address		Cell Phone	<input type="checkbox"/> Home <input type="checkbox"/> Business Phone	
I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Nebraska Resident <input type="checkbox"/> Non-Resident	Ethnicity (select one): <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino	Race (Select one or more): <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian/Other Pacific Islander	<input type="checkbox"/> Asian <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Black/African-American

COURSE NUMBER	TITLE	START DATE	COST
-	-	-	\$
-	-	-	\$
-	-	-	\$
-	-	-	\$

#### SIGNATURE

Check  Cash  Mastercard  AMEX  Discover  VISA V Code \_\_\_\_\_

Name as it appears on card: \_\_\_\_\_

Exp. Date \_\_\_\_\_ CC # \_\_\_\_\_

Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?  
 Yes  No

SCC Staff Tuition Waiver ( )

**TOTAL DUE**

FOR OFFICE USE ONLY

ID# \_\_\_\_\_

DE \_\_\_\_\_

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex\*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. [southeast.edu/diversity](http://southeast.edu/diversity) \* The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.