

# **Health Care**

## **Summer 2023**

# CPR/BASIC LIFE SUPPORT/FIRST AID

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and



has developed instructional materials for this purpose. Use of these materials in an education course does not represent course sponsorship by the AHA. Any fees charged for such a course, except a portion of the fees needed for AHA course material, do not represent income to the AHA.

The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and the class meets the requirements from your employer, licensing agency, or school. Cost includes book and card, where applicable. Students will receive the CPR/First Aid card within 14 business days, of successful course completion. AHA cards expire two years from the end of the month of the issue date.

Students are required to attend entire class you have enrolled in to receive a card. *If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before the first day of class to drop or change any CPR or First Aid class.* 

# Heartsaver<sup>®</sup> First Aid Online + Skills Session

This AHA Heartsaver<sup>®</sup> First Aid course is offered in a convenient online format you can take in the comfort of your home. You only need to meet in person once for the skills session after you complete the online portion of the class.

You will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- When registering, include your email address.
- Once you've completed the online portion, you will print your Online Course Completion Certificate. For admission into the Skills Session, you must have this certificate with you.

This class meets the First Aid requirements for day cares.

			Keyword: Aid
July 12	W	7-7:45 p.m.	\$59
Lincoln, CEC, 109B		HLTH-3506-HBUCA	
Sept. 14	Th	7-7:45 p.m.	\$59
Lincoln, CEC, 109B		HLTH-3506-HBFCA	

# Heartsaver<sup>®</sup> CPR AED Online + Skills Session (Community)

Offered now in a convenient online format, receive your professional CPR AED certification easily on your own time and in the comfort of your home. You will only need to meet in person once for the skills session after you complete the online portion of the class.

You will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- When registering, include your email address.
- Once you've completed the online portion, you will print your Online Course Completion Certificate. For admission into the Skills Session, you must have this certificate with you.

This class meets the CPR AED requirements for day cares.

			Keyword: CPR
July 12 Lincoln, CEC, 109B	W	6-6:45 p.m. HLTH-3501-HBUCA	\$59
Sept. 14 Lincoln, CEC, 109B	Th	6-6:45 p.m. HLTH-3501-HBFCA	\$59

#### CPR - HeartCode<sup>®</sup> Basic Life Support Online + Skills Session (for Health Care Professionals)

Need your professional certification in AHA CPR Basic Life Support and want a convenient way of getting it? This online class is for you! You will only need to meet in person once for the Skills Session after you complete the online portion of the class.

You will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- 🎔 When registering, include your email address.
- Once you've completed the online portion, you will print your AHA Online Course Completion Certificate. For admission into the Skills Session, you must have this certificate with you.

This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.

			Keyword: CPR
July 15 Lincoln, CEC, 109B	S	9-10:30 a.m. HLTH-3253-HBUCC	\$65.50
July 25 Lincoln, CEC, 109B	Т	6-7:30 p.m. HLTH-3253-HBUCD	\$65.50
Aug. 3 Lincoln, CEC, 109B	Th	1-2:20 p.m. HLTH-3253-HBUCE	\$65.50
Aug. 19 Lincoln, CEC, 109B	S	9-10:30 a.m. HLTH-3253-HBUCF	\$65.50
Sept. 5 Lincoln, CEC, 109B	Т	1-2:20 p.m. HLTH-3253-HBFCA	\$65.50
Sept. 21 Lincoln, CEC, 109B	Th	6-7:30 p.m. HLTH-3253-HBFCB	\$65.50

# **EMERGENCY MEDICAL SERVICES**

#### **Paramedic Refresher**

#### Hvbrid Course

Do you need continuing education for renewal? This course will give you all that you need. It meets the NCCR Course Requirements for NREMT Paramedic Renewal.

- Airway, Respiration & Ventilation (3.5 hours)
- Trauma (3 hours)
- Cardiovascular (8.5 hours)
- Medical (8.5 hours)
- Operations (6.5 hours)

Classes will be held online viz Zoom with instructor and skills portion will be in person. For more information, contact Jennifer Keitges at jkeitges@southeast.edu or 402-437-2706. The last class is held Saturday, Nov. 18.

			Keyword: Paramedic
Sept. 26-Nov. 18	Т	7-9 p.m.	\$359
LIVE Online, Zoom	& Lincoln, CEC, 109A	Dalton	EMTL-3040-HBFCA

#### Location Key

Lincoln, CEC .....Jack J. Huck Continuing Education Center, 301 S. 68th St. Place

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

Check out all classes offered at southeast.edu/continuing Find us on Facebook° at facebook.com/SCCNeb

# Health Care Providers CEUs

For a full list of continuing education courses, please visit *http://bit.ly/cenursingprofessionals*. For questions, email continuinged@southeast.edu.

#### **Breastfeeding Education for Providers**



This interactive

course provides a broad overview of the historical and cultural aspects of infant feeding. while reviewing best breastfeeding practices. Presented in a small group, live Zoom setting, the content focuses on breastfeeding from a psychosocial and a scientific perspective. Ann Seacrest, RN,

IBCLC, brings 35 years of experience as a clinical IBCLC, hospital-based postpartum and lactation

nurse, certified ASPO childbirth educator, certified DONA doula and doula teacher, and co-founder and past Executive Director of MilkWorks.

(20.0 contact hours presented in five 3-hour live Zoom sessions; 15 live, in-person hours + 5 additional self-study hours.) You will need access to a computer with video and voice and be able to follow a PowerPoint presentation. A Zoom link will be emailed a week before class starts. Co-sponsored by SCC and Partnership for a Healthy Nebraska. Participants must attend 90% of the course, and your camera must be on to receive credit. This course is for CLCs, RNs and family support specialists (doulas, peer counselors, etc.).

This activity has been submitted to the Midwest Multistate Division for approval to award contact hours. The Midwest Multistate Division is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

#### **Keyword: Breastfeeding**

#### **CLCs & RNs**

LIVE Online, Zoom

For contact hours to maintain your certificate or license.

July 12-Aug. 9 W	9:30 a.m12:30 p.m.	\$325
LIVE Online, Zoom	Seacrest H	LTH-3265-TCUCA
Oct. 4-Nov. 1 W	9:30 a.m12:30 p.m.	\$325
LIVE Online, Zoom	Seacrest H	LTH-3265-TCFCA

#### Family Support Specialists (doulas, peer counselors, etc.)

For a certificate of attendance. Scholarships are available. Please contact annseacrest@ars-health.com for a scholarship application or additional information. July 12-Aug. 9 w 9:30 a.m.-12:30 p.m. \$95 HLTH-3265-TCUCB LIVE Online, Zoom Seacrest Oct. 4-Nov. 1 W 9:30 a.m.-12:30 p.m. \$95

Seacrest

HLTH-3265-TCFCB

-	
INE	
LIVE	

# Abuse & Neglect Prevention for Nursing Assistants

Do you need the Abuse & Neglect Prevention course to be placed on the Nebraska Nurse Aide Registry? Register for this course at any time and take it in the comfort of your own home.

(0.1 CEU) Once you have completed the one-hour online in-service, the state is notified by email that you have completed the course. NOTE: For successful completion, you must spend an hour online and get 100% on the quiz which covers the material you have read and the videos you have watched. You can take the quiz as many times as needed. To register and pay, go to http://bit.ly/RegisterCE.

		Reyworu: Abuse
Online, Canvas	HLTH-3065-WBUCA	\$30

# ⊘ed2go **BROWSE COURSES IN**

**Accounting and Finance** Business **College Readiness Computer Applications Design and Composition Health Care and Medical** 

Language and Arts Law and Legal **Personal Development Teaching and Education** Technology Writing and Publishing

> Tech % Software &

Computer Services #

southeast.edu/gap

Welding Technology #

ed2go.com/sccne



Training | & || +

Entrepreneurship #

Culinary/Hospitality %

Business/

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# Certificate Gap makes education FREE

Microsoft Applications \*

Course

Fiber Optics \*

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

## **Summer 2023**

# **GETTING STARTED**

# **SMART DEVICES**

## **Smartphone Basics: iPhone**

You have a new iPhone, but how do you use it? We will teach you about icons, apps and other features on your smartphone. This class is specific to iPhone users.

Bring your phone fully charged so you can practice using the phone you own. If you don't own a smartphone yet, come anyway. Keyword: Smartnhone

			Reyword. Sinarchione
July 11	Т	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1393-TCUFA	

#### **Smartphone Basics: Android**

You have a new Android, but how do you use it? We will teach you about icons, apps and other features on your smartphone. This class is specific to Android users.

Bring your phone fully charged so you can practice using the phone you own. If you don't own a smartphone yet, come anyway.

			Keyword: Smartphone
July 13	Th	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1394-TCUFB	

## **Smartphone Next Level**

Suggested Prerequisite: Smartphone Basics

Want to learn even more about your smartphone? With

this Next Level class, we will review where we left off at the Smartphone Basics class and take it to a new level! Bring your questions and we will dig deeper into topics like managing your phone, how to reset it using apps and continual learning about calling and texting. Don't have a smartphone? Come anyway.

Have your phone fully charged with access to your Gmail (Android) or Apple ID (iPhone).

#### **Keyword: Smartphone**

For iPhone			
Aug. 3 LIVE Online, Zoom	Th Steinhauser	5:30-8 p.m. AREA-1396-TCUFA	\$29
For Android			

# iPhone: What It Can Do for You



you. Discover all of the messaging features, texting and video capabilities. We'll dig deeper into the App Store to take advantage of all that your iPhone offers.

Expand your understanding of what your iPhone can do for

Plan on watching this Zoom class on your computer/laptop so that you can have your phone in hand to work with during class. Have your phone fully charged.

			Keyword: iPhone
July 26	W	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0666-TCUCA	

#### For more information, contact us at 800-828-0072 or continuinged@southeast.edu

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. **ADA Reasonable Accommodations:** SCC provides andes a difficult party has been rounded by the dy second measures for the Abb Reasonable Accommodations, second programs and services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/ Equity/Diversity Office. rams and

## **Cell Phone & Tablet Photography**

Photography using your phone or tablet is the focus of this class. Techniques in photography, useful apps for photography

and editing, along with super-handy gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free.

		Keywoi	d: Photography
Aug. 15-29	Т	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0080-TCUCA	

#### Learn the New Way to Pay: PayPal, Venmo & More . .

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer. Discover Payday, Venmo, CashApp, ApplePay, and more.

			Keyword: Pay
July 27	Th	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1354-TCUCA	

## INTERNET

# Zoom: Everyone's Doing It!

Learn why Zoom is being used by millions to hold one-on-one meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings.



# **Blogging for Beginners**



Creating blog posts is an excellent way to share your passion, showcase expertise or create an online presence. You will learn the steps to starting, creating content for and maintaining your blog. Different platforms, social media and marketing techniques will be discussed.

NOTE: This is a personal blog class, not a business focus.

			Keyword: Blogging
Aug. 30	W	6-8 p.m.	\$29
LIVE Online, Zoom	Ord	AREA-1410-TCFWA	

# **Online Buying & Selling**



Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook® marketplace and eBay®) and how selling on these sites really

works. We will talk about "gotchas" and types of payment processing. This class is for personal sales ONLY. Business interest is welcome,

but it won't be the focus of the class. Keyword: Selling

			-	-
July 25	Т	7-9 p.m.		\$29
LIVE Online, Zoom	Jensen	LLLX-0531-TCUCA		



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.













# Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer. Discover Payday, Venmo, CashApp, ApplePay, and more.



**Keyword: Pay** July 27 7-9 p.m. \$29 Th LÍVE Online, Zoom LLLX-1354-TCUCA lensen

## **Digitizing Memories**



Do you have envelopes full of negatives and slides? How about boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software "VueScan."

			Keyword: Memories
July 25-Aug. 8	Т	6:30-8 p.m.	\$29
LIVE Online, Zoom	Keller	LLLX-0113-TCUCA	

SOCIAL MEDIA

#### Zoom: Everyone's Doing It!

Learn why Zoom is being used by millions to hold one-on-one meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account. join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!

			Reyword: 200m
Aug. 22	Т	2-5 p.m.	\$49
LIVE Online, Zoom	Mever	AREA-0934-TCFPA	

# **Blogging for Beginners**

Creating blog posts is an excellent way to share your passion, showcase expertise or create an online presence. You will learn the steps to starting, creating content for and maintaining your blog. Different platforms, social media and marketing techniques will be discussed.



NOTE: This is a personal blog class, not a business focus.

			Keyword: Blogging
Aug. 30	W	6-8 p.m.	\$29
LIVE Online, Zoom	Ord	AREA-1410-TCFWA	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

# PROGRAMMING & NETWORKING

#### **Back End Developer Bootcamp**

This 18-week program will give you the skills to enter the industry as a Back End Software Developer.



southeast.edu/coding-boot-camp. The assessment is free and optional for anyone interested in this program.

Gap Assistance (financial) is available to those who qualify. For more information, visit southeast.edu/gap. See page 5 for additional funding information from American Job Center.

			Keyword: Bootcamp
June 29-Oct. 26	Th	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7750-TCUCA	
Aug. 29-Jan. 16	Т	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7750-TCFCA	

### **Data Engineer Bootcamp**

This 26-week program will give you the skills you need in the high-demand area of data engineering.

Take our assessment and learn more information at

southeast.edu/coding-boot-camp. The assessment is free and optional for anyone interested in this program.

Gap Assistance (financial) is available to those who aualify. For more information, visit southeast.edu/gap.

			Keyword: Bootcamp
Aug. 29-March 12	Т	7-8:30 p.m.	\$5,400
LIVE Online, Zoom	Promineo	INFO-7752-TCFCA	

# Front End Software Developer Bootcamp

In this 18-week Front End Software Developer bootcamp, students learn the skills and technologies necessary to enter



the industry as a Front End Software Developer. Skills and technologies include JavaScript, ES6, Algorithms, OOP, Design Patterns, Unit Testing, HTML, CSS, Bootstrap, JQuery, AJAX, Responsive Web Design, ReactJS, JSX, NPM, Redux, AWS, and more.

Take our assessment and learn more information at

southeast.edu/coding-boot-camp. The assessment is free and optional for anyone interested in this program.

Gap Assistance (financial) is available to those who qualify. For more information, visit southeast.edu/gap.

			Keyword: Bootcamp
July 26-Nov. 22	W	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7751-TCUCB	
Sept. 28-Feb. 15	Th	7-8:30 p.m.	\$3,999
LIVE Online, Zoom	Promineo	INFO-7751-TCFCA	

# JOB ENHANCEMENT SCHOLARSHIP AVAILABLE

(For selected courses) **Attention: Nebraska City Residents** 

Are you looking for a scholarship for training that could:

- Make a difference in your career/job?
- Help you reach your professional goals?
- Potentially advance your position or pay?
- Have a positive impact on your employer?

For more information, visit southeast.edu/nebraskacitylc or contact Cindy at 402-323-3636 or cmeyer@southeast.edu.



Funds are being provided by the Nebraska City Community **Foundation Fund** 

Check out all classes offered at southeast.edu/continuing Find us on Facebook<sup>®</sup> at facebook.com/SCCNeb

# **Business Development**

**Summer 2023** 

# **SMALL-BUSINESS ESSENTIALS**

## **NEW!** Let's Do Lunch: **Business Networking for Introverts**



Are you an introvert and find business networking difficult? Join us for an opportunity to learn networking tips and ideas while connecting with other introverts in southeast Nebraska.

			Keyword: Networking
July 12 LIVE Online, Zoom	W Andrews	Noon-1 p.m. AREA-6665-TCUFD	\$10



# Let's Do Lunch: Starting a Small Business

Have you had an idea for a small business but aren't sure where to start? Visit with an expert and get a few tips and tricks.

			Keyword Business
Sept. 27	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrews	AREA-6665-TCFFB	

## Let's Do Lunch: How to Become a Rideshare Driver

Learn about how to set yourself up to drive for Uber or Lyft.

			Keyword: Rideshare
Aug. 30	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCFFA	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# Social Media for Business

#### Zoom: Everyone's Doing It!

Learn why Zoom is being used by millions to hold one-on-one



meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!

			Keyword: Zoom
Aug. 22	Т	2-5 p.m.	\$49
LIVE Online, Zoom	Meyer	AREA-0934-TCFPA	



We offer a wide range of highly interactive non-credit courses that you can take entirely over the internet. All of our courses include expert instructors, many of whom are nationally known authors. All courses are 6 weeks long unless specified. Our online courses are affordable, fun, fast, convenient, and geared just for you. Ready to explore our catalog?

# ed2go.com/sccne

# **BROWSE COURSES IN**

Accounting and Finance	Language and Arts
Business	Law and Legal
College Readiness	Personal Development
<b>Computer Applications</b>	Teaching and Education
Design and Composition	Technology
Health Care and Medical	Writing and Publishing

# Check out all classes offered at southeast.edu/continuing Find us on Facebook<sup>®</sup> at facebook.com/SCCNeb

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

# Leadership & Professional Development

**Summer 2023** 

# **Human Resource Certificate** of Professional Development

The Human Resource Certificate of Professional Development can get you one step closer to achieving your career goals while also preparing you to take the aPHR exam, a nationally recognized certification through HRCI.

Includes:

- Course materials
- aPHR registration and exam fee
- 12-month Lincoln Human Resource Management Association membership
- Opportunity to consult with instructor following course completion

You will earn 2.1 CEUs, and a certificate of completion will be awarded by SCC to those who successfully complete this course.

Keyword: H	uman
------------	------

Sept. 14-Oct. 26	Th	1-4 p.m.	Yanked	:h	\$2,950
LIVE Online, Zoom	Registrat	ion Deadline: Sep	t. 7	BSAD-3044	4-TCFCA
Sept. 14-Oct. 26	Online		Yanked	:h	\$2,950
Online, Canvas	Registrat	ion Deadline: Sep	t. 7	BSAD-3044	4-WBFCA
	and the second sec				

# Personal Effectiveness for Leaders (EVOLVE)

This leadership course is designed to help you optimize your personal effectiveness.



- Lead by example
- Develop Emotional Intelligence (EQ)
- Adopt a "Growth Mindset"™
- Craft a personal mission statement
- · Set personal and professional goals
- · Make the most of your time
- · Make stress work for you rather than against you

#### Potential ROI from this program:

- · Improvements in performance, behavior and attendance
- Improvement in employee engagement scores and retention
- · Improvement in ability to get jobs done well

You will earn 0.6 CEUs and a certificate of professional development for successfully completing this class.

			Keyword: Personal
Sept. 7	Th	9 a.m4 p.m.	\$229
LIVE Online, Zoom	Skilz Group	BSAD-6226-TCFCA	
Registration Deadline	: Aug. 31		

# Managing Change (EVOLVE)

As a manager, you're expected to plan and drive the change needed to ensure your organization's long-term survival.

This fast-paced, interactive one-day workshop has been designed to help you hone the knowledge, skills and attitudes you'll need to meet this responsibility

You will earn 0.6 CEUs and a certificate of professional development for successfully completing this class.

			Keyword: Change
June 29	Th	9 a.m4 p.m.	\$229
LIVE Online, Zoor	n	Skilz Group	
Registration Dea	dline: June 22	BSAD-6231-TCUCA	

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# **NEW!** Project Leader: Servant Leader (EVOLVE)

As a project leader, have you noticed the team you're leading is no longer behind you? Together we'll consider the skills of a leader who can try to do the impossible.

You will earn 0.3 CEUs and a certificate of professional development for successfully completing this class.

			Keyworu: Leader
June 15	Th	8:30 a.mNoon	\$149
LIVE Online, Zoom	Slaight		
Registration Deadline	e: June 8	BSAD-6234-TCUCA	

# **PROFESSIONAL DEVELOPMENT**

#### **NEW!** Resumes & Interviews: Create Your Toolkit

You get one chance to impress a potential employer. Learn best practices of writing your resume and preparing for your interview. Everyone will produce a resume for professional review and participate in a mock interview either in-person or via Zoom

participate in a mo	ck milerview en	iner in person or v	10 200111.
			Keyword: Resumes
Aug. 1-8	Т	6-8 p.m.	\$59
LIVE Online, Zoom	Hunzeker	AREA-6745-TCUFA	

# **NEW!** Let's Do Lunch: Business Networking for Introverts

Are you an introvert and find business networking difficult? Join us for an opportunity to learn networking tips and ideas while connecting with other introverts in southeast Nebraska. Konword, Notworking

INTE
Online )

			Keyword: Networking
July 12	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrews	AREA-6665-TCUFD	

# Let's Do Lunch: How to Become a Rideshare Driver



Learn about how to set yourself up to drive for Uber or Lyft.

			Reyword: Rideshare
Aug. 30	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCFFA	







Kouword, Londor



# **Personal Interest**

# **Summer 2023**

# **ARTS, CRAFTS & HOBBIES**

# **Pictures Galore, Organizing & More!**

So you have thousands of photos, now what? We will offer

some strategies for tackling the overwhelming task of getting a system in place to safely store your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We have many solutions to offer!

			Keyword: Pictures
Aug. 29 LIVE Online, Zoom	T Van Winkle	6-7:30 p.m. LLLX-0289-TCFCA	\$19

# Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift

Do you have envelopes full of negatives and slides? How about

options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more! word, Chustowe

			Reyword: Shutterity
July 11	Т	6:30-8 p.m.	\$19
LIVE Online, Zoom	Segner	AREA-3105-TCUYA	

# **Digitizing Memories**

boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software "VueScan."

			Keyword: Memories
July 25-Aug. 8 LIVE Online, Zoom	T Keller	6:30-8 p.m. LLLX-0113-TCUCA	\$29

# EXPLORE

# **Online Buying & Selling**

Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist, Facebook<sup>®</sup> marketplace and eBay<sup>®</sup>) and how selling on these sites really

works. We will talk about "gotchas" and types of payment processing. This class is for personal sales ONLY. Business interest is welcome, but it won't be the focus of the class.

			Keyword: Selling
July 25	Т	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0531-TCUCA	

# Learn the New Way to Pay: PayPal, Venmo & More . .

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer Discover Payday Venmo CashApp ApplePay and more

compaten biocover rajaaj, venne, eaen opp, oppter aj, and merer				
			Keyword: Pay	
July 27	Th	7-9 p.m.	\$29	
LIVE Online, Zoom	Jensen	LLLX-1354-TCUCA		

#### For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# iPhone: What It Can Do for You

Expand your understanding of what your iPhone can do for you. Discover all of the messaging features, texting and video

capabilities. We'll dig deeper into the App Store to take advantage of all that your iPhone offers.

Plan on watching this Zoom class on your computer/laptop so that you can have your phone in hand to work with during class. Have your phone fully charged.

			Keyword: iPhone
July 26	W	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0666-TCUCA	

# FAMILY MATTERS



# **Caring for a Loved One**



Helping can be a struggle when debilitating factors strike a loved one. Learn how to balance both your own and their lives, increase their ability to make tough decisions and locate helpful resources.

			Keyword: Caring
Aug. 9	W	7-8:30 p.m.	\$29
LIVE Online, Zoom	Billings	AREA-7652-TCUWA	

# Welcome to Medicare

Medicare can be a complicated topic. Worse yet, there is a lot of misinformation that can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider when you are approaching Medicare eligibility. You will be provided comprehensive information about Medicare and address these questions:

- What does Medicare cost and cover?
- When should I enroll in Medicare, and what rules do I need to know?
- What is the difference between Medicare with a supplement versus Medicare Advantage?

Nebraska State Health Insurance Program (SHIP) will cover the cost of this course. To register, please visit doi.ne.gov/ship. For questions, please call 402-471-2841. Registration deadline is one week prior to class date. Webinar presentations are available on:

Aug. 15 6 p.m.

> These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.









# **Navigating Medicare.gov**

Medicare drug coverage is confusing. Each year Medicare drug plans can make changes to the cost and coverage you can receive. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will arm you with the knowledge to navigate Medicare's plan finder tool to make an informed decision. You will be provided a step-by-step guide to using Medicare.gov to address these questions:

- How much will my prescriptions cost?
- Which Medicare drug plan will cover my prescriptions?
- Where can I get the best prices for my prescriptions?

Navigating Medicare.gov is provided by Nebraska State Health Insurance Program (SHIP), a member of the national SHIP network and a division of the Nebraska Department of Insurance. **To register, please visit doi.ne.gov/ship.** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

#### Webinar presentations are available on:

Aug. 22 T 6 p.m.



#### Co-Parenting: Working Together for Your Children (Online)

This workshop meets the requirements of the Nebraska Parenting Act. Topics include stages of adjustment to parental separation/divorce for parents and children,

conflict resolution, stress management and other co-parenting issues. This course is delivered entirely online and facilitated by SCC faculty and takes a minimum of three hours to complete. Students will need:

- Computer with high speed internet connection
- Speaker/sound capability
- · Working knowledge of computer and internet experience

NOTE: Firefox or Chrome browser recommended. You cannot access the course using an iPad or Droid tablet.

Sliding fee/waiver not available. There is a six-hour waiting period between online registration for the class and class access.

\$49 per-person.

For registration and log-in instructions for the online class, go to southeast.edu/Continuing/CoParenting



This workshop meets the requirements of the Nebraska Parenting Act. Topics include: stages of adjustment to parental



Keyword Parenting

separation/divorce for parents and children, conflict resolution, stress management, safety and transition plans, impact of unresolved parental conflict on the child, effective communication skills, and resources and referral information.

Preregistration is required. Registration deadline is Wednesday prior to class date. For more information or to register, email continuinged@southeast.edu or call 402-437-2700.

\* Separate classes provided for men and women.

		Reyword: Parenting
S	8:30-11:30 a.m. LLLX-2401-TCUCF	\$69
S	8:30-11:30 a.m. LLLX-2401-TCUCG	\$69
S	8:30-11:30 a.m. LLLX-2401-TCUCH	\$69
S	8:30-11:30 a.m. LLLX-2401-TCFCI	\$69
S	8:30-11:30 a.m. LLLX-2401-TCUCT	\$69
S	8:30-11:30 a.m. LLLX-22401-TCUCU	\$69
S	8:30-11:30 a.m. LLLX-2401-TCUCV	\$69
S	8:30-11:30 a.m. LLLX-2401-TCFCW	\$69
	S S S S S S S	S      8:30-11:30 a.m. LLLX-2401-TCUCF        S      8:30-11:30 a.m. LLLX-2401-TCUCG        S      8:30-11:30 a.m. LLLX-2401-TCUCH        S      8:30-11:30 a.m. LLLX-2401-TCUCH        S      8:30-11:30 a.m. LLLX-2401-TCUCH        S      8:30-11:30 a.m. LLLX-2401-TCUCU        S      8:30-11:30 a.m. LLLX-2401-TCUCU        S      8:30-11:30 a.m. LLLX-22401-TCUCU        S      8:30-11:30 a.m. LLLX-22401-TCUCU        S      8:30-11:30 a.m. LLLX-2401-TCUCV        S      8:30-11:30 a.m. LLLX-2401-TCUCV

# Foods

#### **Field Meals to Go**

Get ready to hit the field or road with new family- and farmerapproved on-the-go recipes. We will prepare and sample a



approved on-the-go recipes. We will prepare and sample a handheld entrée for on-the-go eating. Class includes recipes for handheld and sit-down field meals, menu planning, delivery, and preparation tips that will have you ready to go no matter the season.

There is a \$5 fee payable in class. Check or cash only for supplies.

			Keyword: Meals
Sept. 7	Th	6-8 p.m.	\$19
LIVE Online, Zoom		AREA-4465-TCFFA	

#### Air Fryer 101

Did you know the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices, and tasty recipes.



**Keyword: Fryer** 



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact us at 800-828-0072 or continuinged@southeast.edu



# Exam Prep — CDM Credentialing Exam

This online exam prep course is designed specifically for those who are eligible to sit for the CDM Credentialing Exam. Each course module begins with a pretest to help you identify your understanding of the content area. You will move through the course at your own pace, utilizing the interactive review materials, example calculations with tutorial videos, flashcards and reading materials to focus your study. Practice questions include rationale for answers and explanations for calculations. The course culminates with a simulated practice CDM exam.

Contact Vicki Rethmeier at 402-437-2528 or vrethmeier@southeast.edu for registration details. Cost \$99 per person.

Check out all classes offered at southeast.edu/continuing Find us on Facebook° at facebook.com/SCCNeb

# Food Protection Manager Online Class

This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

Receive your assignments online through SCC's online learning platform. Upon completion of each assignment, you will complete an online quiz. The ServSafe exam is taken online at various SCC locations.

Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access. After you register online, purchase the textbook "ServSafe Manager" at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. For registration and log-in information, go to http://bit.ly/sccfoodprotectionmanagerclass.

To register and pay, go to http://bit.ly/RegisterCE.

Class will be active now through June 24. All coursework needs to be completed by June 30.

			Keyword: Protection 🕌
Online	Williams-Lamb	\$65	FSDT-3000-WBUA

# HOME & GARDEN



#### **NEW!** Fall Gardening

It may seem that the end of summer is the end of the gardening season. In fact, for many, fall is the perfect season for gardening. There's less heat, fewer weeds and insect pests are disappearing. Topics covered include planting vegetables that thrive in the fall, how to plant bulbs for the spring and winterizing your garden.

			Keyword: Gardening
Sept. 9	S	3-5 p.m.	\$25
LIVE Online, Zoom	Hintz	AREA-6082-TCFHA	

# Organize Your Home (Keep It or Toss It)

Discover a proven organizing method and the questions to ask yourself for every organizing project in your home. Plus, you'll receive tons of organizing tips and tricks for every room.



			Keyword: Organize
July 11	Т	6:30-8:30 p.m.	\$29
LIVE Online, Zoom	Bryant	AREA-5726-TCUPA	

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# Let's Do Lunch: Backyard Bird Feeding

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard.



			Reyword. Diru
Aug. 2	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFE	

# Let's Do Lunch: Bird Watching for Beginners

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with birding (or bird watching). Discover equipment needed and locations and tips to watching your favorite birds.

			кеуwога: ыга
Aug. 16	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFF	

# LANGUAGES

## **Beginning Spanish 1-A**

This is a class for the beginner who has little or no prior knowledge of the Spanish language.



Karneral, Dive

Required book ("Practice Makes Perfect Basic Spanish L-B," ISBN: 978-07-184921-0) can be purchased at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com.

			Keyword: Spanish 💭
July 5-Aug. 2 LIVE Online. Zoom	W	6:30-8:30 p.m. AREA-6500-TCUYA	\$80

# **MONEY MATTERS**

#### Learn the New Way to Pay: PayPal, Venmo & More ...

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online with your home computer. Discover Payday, Venmo, CashApp, ApplePay, and more.



			Reyword: Pay
July 27	Th	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1354-TCUCA	

# Planning a Funeral

Have you planned a wedding, special birthday or anniversary? Normally you start planning those events at least a year in advance. A funeral costs almost as much as the previous-mentioned celebrations, but you only have a few days to plan and get everything in order. This class will provide you with information and resources so you have time to think and maybe plan ahead so your loved ones know exactly what you want. Planning ahead helps alleviate stress.

			Keyword: Funeral
Sept. 21	Th	6-7 p.m.	\$10
LIVE Online, Zoom		AREA-6790-TCFFA	

These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

Check out all classes offered at southeast.edu/continuing Find us on Facebook<sup>®</sup> at facebook.com/SCCNeb

# **Online Buying & Selling**

Have you thought about selling your stuff online? Learn more about the primary places people sell items, (Craigslist,



Facebook<sup>®</sup> marketplace and eBay<sup>®</sup>) and how selling on these sites really works. We will talk about "gotchas" and types of payment processing. This class is for personal sales ONLY. Business interest is welcome,

but it won't be the focus of the class.

			Reyword. Setting
July 25	Т	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-0531-TCUCA	

#### Let's Do Lunch: How to Become a Rideshare Driver

LIVE Online

			Keyword: Rideshare
Aug. 30	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCFFA	

## Let's Do Lunch: Starting a Small Business

Have you had an idea for a small business but aren't sure where to start? Visit with an expert and get a few tips and tricks.

Learn about how to set yourself up to drive for Uber or Lyft.

			<b>Keyword Business</b>
Sept. 27	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrews	AREA-6665-TCFFB	

#### **Welcome to Medicare**

Medicare can be a complicated topic. Worse yet, there is a lot of misinformation that can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider when you are approaching Medicare eligibility. You will be provided comprehensive information about Medicare and address these questions:

- What does Medicare cost and cover?
- When should I enroll in Medicare, and what rules do I need to know?
- What is the difference between Medicare with a supplement versus Medicare Advantage?

Nebraska State Health Insurance Program (SHIP) will cover the cost of this course. **To register, please visit doi.ne.gov/ship.** For questions, please call 402-471-2841. Registration deadline is one week prior to class date. **Webinar presentations are available on:** 

Aug. 15	Т	6 p.m.

#### **Navigating Medicare.gov**

Medicare drug coverage is confusing. Each year Medicare drug plans can make changes to the cost and coverage you can receive. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will arm you with the knowledge to navigate Medicare's plan finder tool to make an informed decision. You will be provided a step-by-step guide to using Medicare.gov to address these questions:

- How much will my prescriptions cost?
- Which Medicare drug plan will cover my prescriptions?
- Where can I get the best prices for my prescriptions?

Navigating Medicare.gov is provided by Nebraska State Health Insurance Program (SHIP), a member of the national SHIP network and a division of the Nebraska Department of Insurance. **To register, please visit doi.ne.gov/ship.** For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

#### Webinar presentations are available on:

Aug. 22	Т	6 p.m.



## Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. You will gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, we will explore many options. You will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others!

			Keyword: Gratitude
Sept. 20	W	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-1127-TCFCA	

# **Creative Writing**



Manager and the state of a

Find your voice as a writer by exploring different writing styles, learning the building blocks of visual storytelling and drawing inspiration from the world around you. Discover methods for overcoming writer's block and ways to bring out your inner creativity through weekly writing assignments and group discussions.

			Reyword: writing
Sept. 11-25	м	6-7:30 p.m.	\$45
LIVE Online, Zoom	Ord	AREA-9050-TCFWA	

## **Publish Your Writing**

If you want to make a living as a writer, you need to treat it as a business. This includes your public persona, use of a pen name, etiquette, social media, managing time, discipline of writing, covers and editing, and genre/niche analysis. Discussion of querying agents and publishers will be included.



Keyword: Story

Sept. 14	Th	10 a.mNoon	\$29
LIVE Online, Zoom	Callahan	AREA-0146-TCFNA	

# The Core of the Story

Give your readers a perfect escape by taking them on a journey. Your plot is the vehicle that brings them from point A to point B. Discover how to create the roadmap your story needs, limit



The instructor has published works under various pen names in both romance and fantasy genres and is eager to share tips for writers to succeed.

Plotting Romance			
Aug. 1 LIVE Online, Zoom	T Callahan	6:30-8:30 p.m. AREA-6700-TCUNA	\$29
Plotting Fantasy			
Aug. 5 LIVE Online, Zoom	S Callahan	10 a.mNoon AREA-6700-TCUNB	\$29

#### **NEW!** Resumes & Interviews: Create Your Toolkit



You get one chance to impress a potential employer. Learn best practices of writing your resume and preparing for your interview. Everyone will produce a resume for professional review and participate in a mock interview either in-person or via Zoom.

			Keyword: Resumes
Aug. 1-8	Т	6-8 p.m.	\$59
LIVE Online, Zoom	Hunzeker	AREA-6745-TCUFA	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# **Driver Education Instructor Training**

Prerequisite: Must be at least 21 years of age, have a high school diploma or equivalent, valid operator's license held in state of residence for two consecutive years, clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. You must have no suspensions or revocations on record within the last five years, including no convictions for DWI or any related alcohol or drug offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructors to teach driver education in a non-credit format. Focus is on fundamental driver education, curriculum development and presentation skills. The intent of this class is for those individuals who want to teach outside the K-12 system.

Required books are available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com.

,	Keywor	d: Instructor 💭
Aug. 14-Sept. 23	Online	\$499
Lincoln, LNK, Arranged	TRAN-3393-HBUA	

# Welcome to Medicare

Medicare can be a complicated topic. Worse yet, there is a lot of misinformation that can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider when you are approaching Medicare eligibility. You will be provided comprehensive information about Medicare and address these questions:

- What does Medicare cost and cover?
- When should I enroll in Medicare, and what rules do I need to know?
- What is the difference between Medicare with a supplement versus Medicare Advantage?

Nebraska State Health Insurance Program (SHIP) will cover the cost of this course. To register, please visit doi.ne.gov/ship. For questions, please call 402-471-2841. Registration deadline is one week prior to class date. Webinar presentations are available on:

Aug. 15	т	6 p.m.
Aug. 15	1	o p.m.

#### Navigating Medicare.gov

Medicare drug coverage is confusing. Each year Medicare drug plans can make changes to the cost and coverage you can receive. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will arm you with the knowledge to navigate Medicare's plan finder tool to make an informed decision. You will be provided a step-by-step guide to using Medicare.gov to address these questions:

- How much will my prescriptions cost?
- Which Medicare drug plan will cover my prescriptions?
- Where can I get the best prices for my prescriptions?

Navigating Medicare.gov is provided by Nebraska State Health Insurance Program (SHIP), a member of the national SHIP network and a division of the Nebraska Department of Insurance. To register, please visit doi.ne.gov/ship. For questions, please call 402-471-2841. Registration deadline is one week prior to class date.

6 p.m.

#### Webinar presentations are available on:

Aug. 22 т

# LET'S DO LUNCH SERIES

#### **NEW!** LDL: Business Networking for Introverts

Are you an introvert and find business networking difficult? Join us for an opportunity to learn networking tips and ideas while connecting with other introverts in southeast Nebraska.

			Keyword: Networking
July 12 LIVE Online, Zoom	W Andrews	Noon-1 p.m. AREA-6665-TCUFD	\$10

#### LDL: Starting a Small Business

Have you had an idea for a small business but aren't sure where to start? Visit with an expert and get a few tips and tricks.

			Reyword Busiliess
Sept. 27 LIVE Online, Zoom	W Andrews	Noon-1 p.m. AREA-6665-TCFFB	\$10

LDL: How to Bee	come a Rie	deshare Driver	
Learn about how to set yourself up to drive for Uber or Lyft.			LIVE
		Keyword: Ridesh	are
Aug. 30	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCFFA	

### LDL: Backyard Bird Feeding

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard. muard. Dire



			icywora. Bira
Aug. 2	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFE	

# LDL: Bird Watching for Beginners

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with

Keyword: Bird
and tips to watching your favorite birds.
birding (or bird watching). Discover equipment needed and tocations

Aug. 16	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFF	

# **Photography**

## **Digital Photography**

This class is designed to provide you with the fundamentals of digital photography as you practice with your own personal camera. You will gain greater proficiency in your photography and camera use as we review the basic principles of photography along with more sophisticated digital operations, hardware options and software.

		I	Keyword: Photography
July 19-Aug. 23	W	6-7:30 p.m.	\$99
LIVE Online, Zoom	Keller	LLLX-0528-TCUCA	

# **Digital Photography Editing/Post Processing**



Kouword, Dhotography

This is an overview of editing digital images, both RAW and JPEG, using the software you have on your laptop. We will discuss noise reduction, sharpening, cropping, and other techniques to enhance your masterworks.

You should have digital images with which to practice during the class. The recommend editing programs are: Photoshop CC, Affinity Photo, Luminar (up to Version 4), Nikon Studio NX, or Cannon DPP4.

			Reyword: Photography
July 20-Aug. 3	Th	6:30-7:30 p.m.	\$39
LIVE Online, Zoom	Keller	LLLX-0114-TCUCA	

These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

Check out all classes offered at southeast.edu/continuing Find us on Facebook<sup>®</sup> at facebook.com/SCCNeb

# **Cell Phone & Tablet Photography**

Photography using your phone or tablet is the focus of this class. Techniques in photography, useful apps for photography and editing, along with super-handy gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free.

		Keywo	rd: Photography
Aug. 15-29 LIVE Online. Zoom	T Keller	6:30-7:30 p.m.	\$49
LIVE OIILINE, 200M	Keiler	LLLX-0080-TCUCA	

# **Digitizing Memories**



Do you have envelopes full of negatives and slides? How about boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan your negatives, slides and photos and look at the software "VueScan."

			Keyword: Memories
July 25-Aug. 8	Т	6:30-8 p.m.	\$29
LIVE Online, Zoom	Keller	LLLX-0113-TCUCA	

# **Pictures Galore, Organizing & More!**

So you have thousands of photos, now what? We will offer some strategies for tackling the overwhelming task of getting a system in place to safely store your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We have many solutions to offer!

			Keyword: Pictures
Aug. 29	Т	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-0289-TCFCA	



# Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more!

-
LIVE
Online
6-

			Keyword: Shutterfly
July 11	Т	6:30-8 p.m.	\$19
LIVE Online, Zoom	Segner	AREA-3105-TCUYA	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online. Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

#### For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# SPORTS, RECREATION & FITNESS

# Let's Do Lunch: Backyard Bird Feeding

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard.



Aug. 2 W LIVE Online, Zoom Andrew Noon-1 p.m. AREA-6665-TCUFE



# Let's Do Lunch: Bird Watching for Beginners



Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with birding (or bird watching). Discover equipment needed and locations and tips to watching your favorite birds.

	S your lavoint		Keyword: Bird
Aug. 16	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCUFF	



We offer a wide range of highly interactive non-credit courses that you can take entirely over the internet. All of our courses include expert instructors, many of whom are nationally known authors. All courses are 6 weeks long unless specified. Our online courses are affordable, fun, fast, convenient, and geared just for you. Ready to explore our catalog?

# ed2go.com/sccne

# **BROWSE COURSES IN**

Accounting and Finance	Language and Arts
Business	Law and Legal
College Readiness	Personal Development
<b>Computer Applications</b>	Teaching and Education
Design and Composition	Technology
Health Care and Medical	Writing and Publishing

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office. 12

# **Traffic Safety & Licensing**

# **Summer 2023**



## **Driver Education**

Instruction consists of face-to-face or online lecture and behind-thewheel training (lab) that meets separately.

Participation in an orientation is required before each class. A Zoom link will be sent to the student's email one week prior to the orientation.

#### **Required Orientations via Zoom:**

- ☞ Thurs., June 29
- ► Thurs., July 6
- Thurs., July 20
- ₭ Thurs., Aug. 31

Student must have a school or learner permit before registering for any upcoming Driver Education course. Students must complete both the lecture and drive labs to be eligible for documentation for the provisional operators permit (POP) and/or insurance requirements.

(2.6 CEUs) For a detailed brochure, complete with Driver Education & Safety classes for 2023, contact us at continuinged@southeast.edu, 402-437-2700 or 800-828-0072. NOTE: Attendance is critical to the student's success. Each class and lab must be attended as scheduled. Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. Driver Education course requires a minimum of oneweek advance notice to receive a full refund or to transfer. Keyword: Driver

Lincoln SCC			
(All lectures have an onli	ne option.)		
July 10-15	Online Le	ecture Only	\$369
Lincoln, LNK		TRAN-3398-LNUJ 🕼	
July 17-29	Online Le	ecture Only	\$369
Lincoln, LNK		TRAN-3398-LNUO 🕨	
July 31-Aug. 5	Online Le	ecture Only	\$369
Lincoln, LNK		TRAN-3398-LNUS 🛠	
Sept. 12-Oct. 21	T, Th	6:30-8:30 p.m.	\$369
Lincoln, LNK, S-1		TRAN-3398-LNFA 跆	
Lincoln East High Scho	ol		
July 17-29	Online Le	ecture Only	\$369
Lincoln, EHS		TRAN-3398-OCUQ 🕨	
Sept. 12-Oct. 21	Online Le	Online Lecture Only	
Lincoln, EHS		TRAN-3398-OCFC 発	
Lincoln High School			
July 10-15	Online Le	ecture Only	\$369
Lincoln, LHS		TRAN-3398-OCUL 🕼	
July 31-Aug. 5	Online Le	ecture Only	\$369
Lincoln, LHS		TRAN-3398-OCUU 🛠	
Lincoln North Star Higl	h School		
July 17-29	Online Le	ecture Only	\$369
Lincoln, LNS		TRAN-3398-OCUR 🕨	
Sept. 12-Oct. 21	Online Le	ecture Only	\$369
Lincoln, LNS		TRAN-3398-OCFD 米	

Lincoln Northeast High Sch	ool	
July 10-15 Lincoln, LNE	Online Lecture Only TRAN-3398-OCUN	\$369 ഗ്ര
July 31-Aug. 5 Lincoln, LNE	Online Lecture Only \$369 TRAN-3398-OCUW I	
Lincoln Southeast High Sch	ool	
July 10-15 Lincoln, LSE	Online Lecture Only	\$369 TRAN-3398-OCUM ده
July 31-Aug. 5 Lincoln, LSE	Online Lecture Only \$369 TRAN-3398-OCUV �	
Lincoln Southwest High Scl	nool	
July 10-15 Lincoln, LSW	Online Lecture Only TRAN-3398-OCUK	\$369 <b>03</b>
July 17-29 Lincoln, LSW	Online Lecture Only TRAN-3398-OCUP	\$369
July 31-Aug. 5 Lincoln, LSW	Online Lecture Only TRAN-3398-OCUT	\$369
Sept. 12-Oct. 21 Lincoln, LSW	Online Lecture Only TRAN-3398-OCFB	\$369 Ж

#### Lincoln Drive Lab Schedule

#### (Times are subject to change.)

**Sections beginning July 10 and 31:** Lecture is one week long, online only. Drive lab meets for two hours every day Monday through Saturday for the same week as the lecture. Starting times offered are: 7:15 a.m., 9:30 a.m., noon, 2:15 p.m., 4:30 p.m., or 6:45 p.m.

**Sections beginning July 17:** Lecture is two weeks long, online only. Drive lab meets for two hours every day Monday through Saturday for one week only. Starting times offered are: 7:15 a.m., 9:30 a.m., noon, 2:15 p.m., 4:30 p.m., or 6:45 p.m.

**Sections beginning Sept. 12:** Lecture will meet twice each week or online for five weeks. The two-hour drive lab meets once a week for six weeks. Drive labs are offered Monday through Friday, with a starting time of 3:30 or 5:45 p.m., or on Saturday starting at 8 a.m., 10:15 a.m., 1 p.m., or 3:15 p.m. The student could possibly attend the first drive lab before the first lecture meets. The drive lab continues one week past the completion of lecture.

# Four-Hour STOP Class

Diversion for minor traffic violations in Seward, Thayer and York counties.

Contact us at STOP@southeast.edu for scheduling details and cost.

# **Driver Education Instructor Training**

Prerequisite: Must be at least 21 years of age, have a high school diploma or equivalent, valid operator's license held in state of residence for two consecutive years, clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. You must have no suspensions or revocations on record within the last five years, including no convictions for DWI or any related alcohol or drug offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructors to teach driver education in a non-credit format. Focus is on fundamental driver education, curriculum development and presentation skills. The intent of this class is for those individuals who want to teach outside the K-12 system.

Required books are available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com.

		Keyword: Instructor 🔛
Aug. 14-Sept. 23	Online	\$499
Lincoln, LNK, Arranged		TRAN-3393-HBUA

# MOTORCYCLE SAFETY



#### Motorcycle Safety: Beginning Riders Course

Prerequisites: You must be at least 16 and able to balance and ride a bicycle. If you are ages 16 or 17, a waiver must be signed by a parent or guardian. Failure to provide will disqualify participation in class, and a refund will not be available.

This 18-hour course is intended for beginning riders 16 years and older and is designed to teach safe motorcycle operation.

(1.8 CEUs) Approximately three weeks before the start date of the course, an email and letter will be sent with instructions on how to access the eCourse. The eCourse is to be successfully completed one week prior to the start of the Friday evening classroom session. You must successfully complete the online eCourse and the written and driving exams to receive documentation for the motorcycle endorsement. You will provide your own protective riding apparel, including Nebraska Department of Transportation-approved helmet and eye protection, over-the-ankle footwear, long-sleeve shirt or jacket, long non-flare denim pants or equivalent, and full-fingered gloves, preferably leather. *Motorcycle Safety* 

course requires a minimum of one-week advance notice to receive a full refund or to transfer.

- Class is held on Friday from 6-8:30 p.m., Saturday from 7 a.m.-4:30 p.m. and Sunday from 7 a.m.-1 p.m.
- ✓ Class is held on Friday from 6-8:30 p.m., Saturday from 8 a.m.-4:30 p.m. and Sunday from 8 a.m.-1 p.m.

July 7-9 Lincoln, LNK, S-1	F, S, U	See Desc.	\$279 TRAN-3378-HBULD ◆
July 14-16 Lincoln, LNK, S-1	F, S, U	See Desc.	\$279 TRAN-3378-HBULE ◆
July 21-23 Milford, JDIT, 109	F, S, U	See Desc.	\$279 TRAN-3378-HBUMF ◆
Aug. 4-6 Lincoln, LNK, S-1	F, S, U	See Desc.	\$279 TRAN-3378-HBULG ◆
Aug. 11-13 Lincoln, LNK, S-1	F, S, U	See Desc.	\$279 TRAN-3378-HBULH ◆
Aug. 18-20 Milford, JDIT, 109	F, S, U	See Desc.	\$279 TRAN-3378-HBUMI ◆
Aug. 25-27 Lincoln, LNK, S-1	F, S, U	See Desc.	\$279 TRAN-3378-HBFLA ◆

		Keyword: Motorcycle
F, S, U	See Desc.	\$279 TRAN-3378-HBFLB 🗡
F, S, U	See Desc.	\$279 TRAN-3378-HBFLC 🗡
F, S, U	See Desc.	\$279 TRAN-3378-HBFMD 🗡
F, S, U	See Desc.	\$279 TRAN-3378-HBFLE 🗡
	F, S, U F, S, U	F, S, U See Desc. F, S, U See Desc.

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# Check out all classes offered at southeast.edu/continuing Find us on Facebook° at facebook.com/SCCNeb



We offer a wide range of highly interactive non-credit courses that you can take entirely over the internet. All of our courses include expert instructors, many of whom are nationally known authors. All courses are 6 weeks long unless specified. Our online courses are affordable, fun, fast, convenient, and geared just for you. Ready to explore our catalog?

# ed2go.com/sccne

# **BROWSE COURSES IN**

Accounting and Finance	Language and Arts			
Business	Law and Legal			
College Readiness	Personal Development			
<b>Computer Applications</b>	Teaching and Education			
Design and Composition	Technology			
Health Care and Medical	Writing and Publishing			

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

# REGISTER ONLINE

You must have an email account to register online.

- 1. Go to http://bit.ly/RegisterCE
- Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.) Key Word Example: Driver Course Number Example: TRAN-3398
- Select the course for which you wish to register. Click Submit.
- Enter your personal information, certify your identification and click Submit.
  You must provide your Social Security Number.
- 5. Optional: Enter your **Additional Registration** Information and click **Submit**.

- If you want to register for additional classes, select Search for more classes under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select Register now (check out). Select your Payment Type. Click Submit.
- 7. Enter your payment information. Click Submit.

You will see your **class acknowledgement** with information about your **SCC Student ID Number**, **SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

\* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

# OR Register by Mail, Fax or In Person 🔀 📺 🝳

COMMUNITY COLLEGE PI FASE PRINT				Dn Form - Non-Credit Course with payment information and send via mail to Southeast Community College, n, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703 s, but does not require, a student provide their Social Security number during the admissions process. Visit southeast.edu/					L	Today's Date	
Social Security Number OR SCC Student ID Number Birth Date			Name: Last		First						
esidence Mailing Address				City		State	Z	ip		Count	y #
Email Address				Cell Phone		<u>I</u>		🗆 Home 🗖 Bus	iness Phone	<b>I</b>	
I identify as: 🗅 Male 🗅 Female		braska Resident Non-Resident		ity (select one): Danic or D No no Lat		🖵 White		nore): Asian Dther Pacific Islar		n Indian/Alaska I African-America	
COURSE	NUMBER				тіт	LE			START DATE		COST
-		-								\$	
		-								\$	
		-								\$	
										\$	
					Would you	u like a	SCC Staff Tu	ition Waiver	(	) FOR OFI	ICE USE ONLY

1	SIGNATURE	would you like u		ID#						
	Check Cash Cash Amastercard CAMEX Discover CVISA V Code	receipt mailed to you?	TOTAL DUE	DE						
	Name as it appears on card:	Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawa; 4) the personal								
	Billing agency (INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD)	information contained herein is correct as sh	own; and 5) any changes in SSN, legal n	name, address, residency, etc. must follow the College nity co-educational college and does not discriminate based						
	For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.	on race, color, religion, sex*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factor by law or College policy, southeast.edu/diversity * The U.S. Department of Education's Office for Civil Rights enforces Title IX's pro discrimination on the basis of nex na labor included discrete don sender identity.								

