Program Transfer Pathway

FROM Degree: Associate of Science (A.S.)
Major: Academic Transfer

TO Degree: Bachelor of Science in Education & Human Sciences (B.S.)
Major: Nutrition & Health Sciences: Community Health and Wellness Option

Last Updated: October 21, 2026 **Catalog Year(s):** 2026-2027

This program transfer pathway outlines an 8-semester plan that fulfills all requirements for the program listed above at Southeast Community College alongside the program(s) listed above at the University of Nebraska-Lincoln. While this pathway assumes full-time enrollment (14-16 credits/semester), we recognize that each student has a unique path and is expected to consult with their academic advisor in determining the best path toward degree completion at both institutions. As a full-time student, this pathway allows students to complete both degrees at their respective institutions within a 4-year timeline.

Math and English Sequencing: Math and English readiness might impact the full semester-by-semester program transfer pathway. See your academic advisor for more information.

Course Selection and Pathway Considerations

- Courses that are marked with a * are part of a particular sequence of courses that must be taken in a particular order.
- Course(s) marked with *Italics* have multiple course options for that particular requirement. A list of courses may be selected from the Course Options list. While this list is not an exhaustive list of courses that fulfill each outcome at SCC, it provides a consolidated list of the most applicable courses that will benefit a student in transferring to UNL for this particular program of study. Selecting alternative courses other than what is recommended may impact remaining requirements at UNL. When a course is listed in multiple outcomes, it may be used to fill only one Core requirement.

Courses taken at Southeast Community College			How Courses Transfer to University of Nebraska-Lincoln		
Semester 1			**Semester 1**		
Course	**Title/ Program Requirement**	**Cr Hrs**	**Course**	**Title/ Program Requirement**	**Cr Hrs**
ACFS 1015	Success@SCC (Elective)	1	GNCR***	General Elective	1
WC 1	*Any WC 1st Class Course*	*3*	ACE 1	ACE 1 Approved Course	3
BIOS 1400	Biology I (NS #1)	4	LIFE 120/L	Fundamentals of Biology I & Lab (ACE 4)	3+1
PHED 1000	Lifetime Fitness (S/BS)	3	NUTR 100	Healthy Living 3	
M/CS	MATH 1200, MATH 1300, or MATH 1600	3-5	MATH XXXX	MATH 102, 103, or 106	3-5
Semester 2					
Course	**Title/ Program Requirement**	**Cr Hrs**	**Course**	**Title/ Program Requirement**	**Cr Hrs**
WC 2	*Any WC 2nd Class Course*	*3*	Elective	Elective	3
BIOS 2460	Microbiology (NS #2)	4	BIOS 111	Introduction To Microbiology and Human Health	4
PSYC 1810	Introduction to Psychology (Elective)	3	PSYC 181	Introduction to Psychology (ACE 6)	3
CS	*Any CS Course*	*3*	ACE 2	ACE 2 Approved Course	3
C&GS	*Any ACE 9 C&GS Approved Course*	*3*	ACE 9	ACE 9 Approved Course	3
Semester 3			**Semester 3**		
Course	**Title/ Program Requirement**	**Cr Hrs**	**Course**	**Title/ Program Requirement**	**Cr Hrs**
CHEM 1090	General Chemistry I (NS #3)	4	CHEM 109A/L	General Chemistry I and Lab	3+1
MATH 2170	Applied Statistics (M/CS #2)	3	STAT 218	Introduction to Statistics	3
Elective	*Any Approved Elective Course from Selectives list on Course options List*	*3*	XXXX	Major Selectives Course	3
Elective	*Any Approved Elective Course from Selectives list on Course options List*	*3*	XXXX	Major Selectives Course	3
Elective	*Elective from Approved Elective List*	*3*		Verify Transferability with Academic Advisor	3
Semester 4			**Semester 4 (See admission information on page 2)**		
Course	**Title/ Program Requirement**	**Cr Hrs**	**Course**	**Title/ Program Requirement**	**Cr Hrs**
CHEM 1100	General Chemistry II (elective)	4	CHEM 110A/L	General Chemistry II and Lab	3+1
H	*Any H ACE 5 or ACE 7 approved Course*	*3*	ACE 5 or 7	ACE 5 or 7 Approved Course	3
Elective	*Any Approved Elective Course from Selectives list on Course options List*	*3*	XXXX	Major Selectives Course	3
Elective	*Any Approved Elective Course from Selectives list on Course options List*	*3*	XXXX	Major Selectives Course	3
Elective	*Elective from Approved Elective List (if needed)*	2		Verify Transferability with Academic Advisor	2
Total Credits Required for A.S.:		**61**		Total Transfer credits toward B.S.	60
				Total remaining credits required	60

SCC Reviewers: T. Lazarowicz 10/21/2026

UNL University Reviewers: A. Gottner 10/16/2026

Remaining University of Nebraska-Lincoln Coursework

University of Nebraska-Lincoln – Semester 1			University of Nebraska-Lincoln – Semester 2		
Course	**Title/ Program Requirement**	**Cr Hrs**	**Course**	**Title/ Program Requirement**	**Cr Hrs**
NUTR 250	Human Nutrition and Metabolism	3	NUTR 400	Planning and Implementation of Health Promotion Programs	3
NUTR 256	Addressing Health Disparities through Health Literacy	3	NUTR 302	Health Information: Science, Media, and the Consumer	3
BIOS 213/L	Human Physiology and Lab (if not taken at SCC)	3+1	SOCI 252 or 253	Health, Medicine, and Society or Sociology of Health Care and Health Professions	3
NUTR 150	Career Preparation in Nutrition and Health Sciences	2	XXXX	2nd major, Minor, or elective	6
XXXX	2nd major, Minor, or elective	3			
University of Nebraska-Lincoln – Semester 3			**University of Nebraska-Lincoln – Semester 4**		
Course	**Title/ Program Requirement**	**Cr Hrs**	**Course**	**Title/ Program Requirement**	**Cr Hrs**
NUTR 407	Principles of Epidemiology for Nutrition and Public Health	3	NUTR 404	Evaluation and Research Related to Health Promotion (ACE 10)	3
NUTR 408	Community Health Advocacy	3	XXXX	2nd major, Minor, or elective	12
PSYC 428	Health Psychology	3			
XXXX	2nd major, Minor, or elective	6			
			Total credits required to earn both Associates and Bachelor's degrees		120

Notes:
* All equivalent courses must be completed with a grade of "C " or better to transfer for major requirements. Up to 15 credits of "D" and "C-" coursework can transfer toward general degree requirements.
* Developmental coursework will not be included in transfer

Questions about UNL requirements?
Contact AnnMarie Gottner with the College of Education and Human Sciences at annmarie@unl.edu , 402-472-8624.

Southeast COMMUNITY COLLEGE

Associate of Science - Course Options (ACE in Parentheses)
Catalog year(s): 2026-2027
Bolded course is built into the program transfer pathway

Course	Title	Cr	Course	Title	Cr
Written Communication (1st Class) – All classes ACE 1 Approved					
ENGL 1010	English Composition I	3	ENGL 1054	Writing and Communities	3
ENGL 1010H	Composition I Honors	3			
Written Communication (2nd Class) – All classes ACE 1 Approved					
ENGL 1020	English Composition II	3	ENGL 2560	Technical Writing	3
ENGL 1020H	Composition II Honors	3	OFFT 2120	Business Communication Strategies	3
Communication Studies – All classes ACE 2 Approved					
COMM 1090	Fundamentals of Human Communication	3	COMM 2100	Communicating in Groups and Teams	3
COMM 1110	Public Speaking	3	COMM 2810	Business and Professional Communication	3
Mathematics/ Computer Science					
MATH 1150	College Algebra	3	MATH 1600	Calculus I and Analytic Geometry (3)	5
MATH 1200	Trigonometry	3	MATH 2170	Applied Statistics (3)	3
MATH 1300	Pre-calculus	3			
Natural Science with Lab					
BIOS 1010	General Biology (4)	4	BIOS 2460	Microbiology	4
BIOS 1400	**Biology I (4)**	**4**	**CHEM 1090**	**General Chemistry I (4)**	**4**
BIOS 2130	Human Physiology	4	**CHEM 1100**	**General Chemistry II (4)**	**4**
Humanities (require 1 or 2 of the following)					
	Group 1- Literature/Journalism/Communication				
COMM 2100	Communicating in Groups and Teams (2)	3	ENGL 2200	Science Fiction Literature (5)	3
COMM 2750/ POLS 2750	Political Communication	3	ENGL 2220	British Literature Post-1800 (5)	3
ENGL 2050	Modern Fiction (5)	3	ENGL 2440	African American Literature (5,9)	3
ENGL 2100	Introduction to Literature (5)	3	ENGL 2450	Native American Literature (5,9)	3
ENGL 2140	Introduction to Shakespeare (5)	3	ENGL 2460	Latinx Literature (5,9)	3
ENGL 2150	Introduction to Women's Literature (5,9)	3	ENGL 2470	Asian American Literature (5,9)	3
ENGL 2160	Children's Literature (5)	3	JOUR 1810	Introduction to Mass Media	3
ENGL 2170	American Literature from 1865 (5)	3	JOUR 1820	Media Writing	3
	Group 2- History/Philosophy				
HIST 1000	Western Tradition to 1500 (5)	3	PHIL 1010	Introduction to Philosophy (5,8)	3
HIST 1010	Western Tradition since 1500 (5)	3	PHIL 1060	Applied Ethics (8,9)	3
HIST 2010	American History I (5)	3	PHIL 1100	Introduction to Logic and Critical Thinking (3)	3
HIST 2020	American History II (5)	3	PHIL 2110	Introduction to Modern Logic (3)	3
HIST 2100	World History to 1500 CE (9)	3	PHIL 2130	Bioethics (5,8)	3
HIST 2110	World History since 1500 CE (9)	3	PHIL 2250	Environmental Ethics (8,9)	3
HIST 2604	World War II	3	PHIL 2610/ RELS 2610	Comparative Religions (9)	3
HIST 2960	Survey of African American History	3	PHIL 2650	Philosophy of Religion (5,9)	3
	Group 3- Creative/Fine/Performing Arts				
ARTS 1010	Introduction to the Visual Arts	3	HUMS 1100	Introduction to Humanities	3
ARTS 1050	Introduction to Art History & Criticism I (7)	3	HUMS 1200	Contemporary Arts & Ideas (7)	3
ARTS 1060	Introduction to Art History & Criticism II (7)	3	MUSC 1010	Introduction to Music (Music Appreciation) (7)	3
ARTS 1110	Beginning Drawing I	3	MUSC 1610	Music Theory I	4
ARTS 1330	Beginning Ceramics I	3	MUSC 2750	Introduction to American Music	3
ARTS 2650	Introduction to Native American Art	3	MUSC 2800	Introduction to World Music (7,9)	3
ARTS 2750	Women in Art	3	MUSC 2870	History of Rock Music (7)	3
ARTS 2850	History of Photography	3	PHOT 1750	Beginning Photography	3
COMM 2050	Oral Performance of Literature	3	THEA 1010	Introduction to Theatre	3
ENGL 1510	Introduction to Creative Writing (7)	3	THEA 1140	Basic Acting	3
ENGL 2530	Poetry Writing (7)	3	THEA 2130	Film Appreciation (7)	3
	Group 4- May select 1 additional class from Group 1, 2, or 3 on the previous page of from the list of language below				
GERM 1010	Beginning German I	5	SIGN 1020	Beginning American Sign Language II	4
GERM 1020	Beginning German II	5	SPAN 1010	Elementary Spanish I	5
SIGN 1010	Beginning American Sign Language I	4	SPAN 1020	Elementary Spanish II	5
Culture and Gender Studies					
ANTH 1020	Introduction to Cultural Anthropology (6)	3	GLST 1000	Introduction to Global Studies	3
ANTH 1120	General Anthropology (6,9)	3	GLST 2980/2981	Global Studies Experience	3
ARTS 2650	Introduction to Native American Art	3	HIST 2100	World History to 1500 CE (9)	3
ARTS 2750	Women in Art	3	HIST 2110	World History since 1500 CE (9)	3
COMM 2110	Intercultural Communication	3	HIST 2960	Survey of African American History	3
ENGL 2150	Introduction to Women's Literature (5,9)	3	HMRS 1320	Multicultural Competency (9)	3
ENGL 2440	African American Literature (5,9)	3	MUSC 2800	Introduction to World Music (7,9)	3
ENGL 2450	Native American Literature (5,9)	3	PHIL 2610/ RELS 2610	Comparative Religions (9)	3
ENGL 2460	Latinx Literature (5,9)	3	POLS 1600	International Relations (9)	3
ENGL 2470	Asian American Literature (5,9)	3	SOCI 1020	Diversity in Society	3
EDUC 2300	Introduction to Special Education	3	SOCI 2000	Gender in Contemporary Society (6,9)	3
GEOG 1020	World Regional Geography (9)	3	SOCI 2010	Social Problems (6,9)	3
GEOG 1400	Human Geography (9)	3	SOCI 2150	Issues of Unity and Diversity (6,9)	3

Nutrition & Health Sciences: Community Health and Wellness Option Selectives Courses (The following courses can count toward the 15 credit selective course requirement in major.					
SCC Course	**Title**	**CR**	**UNL Equivalent**	**Title**	**Cr**
COMM 2810	Business and Professional Communication	3	COMM 286	Business and Professional Communication	3
HMRS 2517	Medical & Psychosocial Aspects of Alcohol/Drug Use, Abuse & Addiction (Approved to count at SCC in this pathway with Alternative Course Form Approved)	3	CYAF 446	Additions and Families	3
PSYC 2710	Positive Psychology	3	EDPS 320	Happiness & Well-Being Through Positive Psychology	3
LCTA 1080	Gerontology (Approved to count at SCC in this pathway with Alternative Course Form Approved)	3	GERO 200	Introduction to Gerontology	3
PSYC 2200	Human Development	3	PSYC 289	Developmental Psychology	3
PSYC 2980	Abnormal Psychology	3	PSYC 380	Psychopathology and Mental Health	3
SOCI 2250	Marriage and the Family	3	SOCI 226	Families and Society	3
BIOS 2130	Human Physiology (meets supporting course at UNL in major)	4	BIOS 213/L	Human Physiology and Lab	3+1