

# Family Matters

Fall 2023



## Focus on Foster Care

Learn what it takes to enrich the lives of children by becoming a foster parent. This licensed foster parent and foster worker class will inspire you with the ins and outs of the foster care world. You will learn the steps to becoming a foster parent in order to transform the lives of children in need. **Keyword: Foster**

|                        |           |                |      |
|------------------------|-----------|----------------|------|
| Oct. 19                | Th        | 6:30-8:30 p.m. | \$19 |
| Plattsmouth, PLLC, 103 | Hultgrien | AREA-6719-PLFA |      |

## The Power You Have, The Power You Give

Join us as we discuss the advantages/disadvantages of a financial power of attorney, health care power of attorney, living wills, advanced medical directives, guardianship, and conservatorship. This is important information to understand regardless of your age or life situation. **Keyword: Power**



|                        |         |                 |      |
|------------------------|---------|-----------------|------|
| Oct. 17                | T       | 6:30-8:30 p.m.  | \$25 |
| LIVE Online, Zoom      |         | AREA-5057-TCYFA |      |
| Oct. 26                | Th      | 6:30-8:30 p.m.  | \$25 |
| Plattsmouth, PLLC, 102 | Nielsen | AREA-5057-PLFA  |      |

## Medicare Open Enrollment

Medicare Part D and Medicare Advantage plan changes may affect your premiums, copays, drug coverage and/or health care benefits. Because of this, you are encouraged to compare your plan options during Medicare's Open Enrollment, October 15-December 7, every year.

Nebraska SHIP counselors are trained to provide confidential and unbiased one-on-one support to help you determine your plan options.

You may schedule your session with Nebraska SHIP counselors. In Cass County, call Volunteers Assisting Seniors at 402-444-6617. The session is free, but advanced registration is required. New to Medicare counseling will be 90 minutes. **NOTE:** You will be contacted before the session to collect additional information.

|         |    |                |                        |
|---------|----|----------------|------------------------|
| Oct. 26 | Th | 10 a.m.-2 p.m. | Plattsmouth, PLLC, 102 |
| Nov. 16 | Th | 10 a.m.-2 p.m. | Plattsmouth, PLLC, 102 |

### Location Key

Plattsmouth, PLLC..... Learning Center at Plattsmouth, 537 Main St.

## Long-Term Care Cost Planning



Learn about the different types of long-term care such as assisted living, nursing home, home health, and hospice care. Discussion will include what each type of care encompasses and approximate cost. We will share information about insurance options available in the market and strategies used to pay for long-term care costs. This class will help you assess your individual risk of care needs, make cost estimates, and how to plan today to ensure you can pay for the care into the future. **Keyword: Long**

|                   |        |                 |      |
|-------------------|--------|-----------------|------|
| Oct. 10           | T      | 6-9 p.m.        | \$39 |
| LIVE Online, Zoom | Rauert | AREA-5084-TCFYA |      |

## Welcome to Medicare

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. **Visit [doi.nebraska.gov/ship](https://doi.nebraska.gov/ship) to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

### Webinar presentation is available on:

|        |    |          |
|--------|----|----------|
| Oct. 5 | Th | 6-8 p.m. |
| Nov. 8 | W  | 6-8 p.m. |
| Dec. 6 | W  | 6-8 p.m. |

## Navigating Medicare.gov

Medicare drug plans are confusing and coverage often changes yearly affecting the cost. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will give you the tools to help make an informed decision.

Navigating Medicare.gov is provided by the Nebraska State Health Insurance Program, a member of the national SHIP network and a division of the Nebraska Department of Insurance. **Visit [doi.nebraska.gov/ship](https://doi.nebraska.gov/ship) to register.** Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

### Webinar presentations are available on:

|         |    |          |
|---------|----|----------|
| Oct. 12 | Th | 6-8 p.m. |
| Nov. 15 | W  | 6-8 p.m. |
| Dec. 13 | W  | 6-8 p.m. |



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

**Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues?** Contact your Learning Center to see if other options are available.

For more information, contact **Lyn Belitz** at 402-437-2298 or [lbelitz@southeast.edu](mailto:lbelitz@southeast.edu)

Check out all classes offered at [southeast.edu/PlattsmouthLC](https://southeast.edu/PlattsmouthLC)  
Find us on Facebook® at [facebook.com/SCCLearningCenteratPlattsmouth](https://facebook.com/SCCLearningCenteratPlattsmouth)



# REGISTER ONLINE

You must have an email account to register online.

- Go to <http://bit.ly/RegisterCE>
- Search for your class** by entering a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)  
Key Word Example: *Driver*  
Course Number Example: *TRAN-3398*
- Select the course** for which you wish to register. Click **Submit**.
- Enter your **personal information, certify your identification** and click **Submit**.  
\* You must provide your Social Security Number.
- Optional:** Enter your **Additional Registration Information** and click **Submit**.

- If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

\* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

## OR REGISTER BY MAIL, FAX OR IN PERSON



### Registration Form - Non-Credit Course

Today's Date

Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703

PLEASE PRINT

The College requests, but does not require, a student provide their Social Security number during the admissions process. Visit [southeast.edu/academics/college-catalog.php](http://southeast.edu/academics/college-catalog.php) for additional information.

|  |   |  |            |   |   |                |
|--|---|--|------------|---|---|----------------|
| Social Security Number OR SCC Student ID Number                              |   | Birth Date   | Name: Last |   | First   | Middle Initial |
| Residence Mailing Address  |   |  | City       | State   | Zip   | County #       |
| Email Address  |   |  | Cell Phone |   | <input type="checkbox"/> Home <input type="checkbox"/> Business Phone |                |
| I identify as: <input type="checkbox"/> Male <input type="checkbox"/> Female | <input type="checkbox"/> Nebraska Resident<br><input type="checkbox"/> Non-Resident | Ethnicity (select one):<br><input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino |            | Race (Select one or more):<br><input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> American Indian/Alaska Native<br><input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> Black/African-American |   |                |

| COURSE NUMBER | TITLE | START DATE | COST |
|---------------|-------|------------|------|
| -             | -     | -          | \$   |
| -             | -     | -          | \$   |
| -             | -     | -          | \$   |
| -             | -     | -          | \$   |

#### SIGNATURE

Check  Cash  Mastercard  AMEX  Discover  VISA V Code \_\_\_\_\_

Name as it appears on card: \_\_\_\_\_

Exp. Date \_\_\_\_\_ CC # \_\_\_\_\_

Billing agency (**INCLUDE LETTER OF AUTHORIZATION ON COMPANY LETTERHEAD**)  
For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.

Would you like a receipt mailed to you?  
 Yes  No

|                          |     |
|--------------------------|-----|
| SCC Staff Tuition Waiver | ( ) |
| <b>TOTAL DUE</b>         |     |

|                            |
|----------------------------|
| <b>FOR OFFICE USE ONLY</b> |
| ID# _____                  |
| DE _____                   |

Submission of this form indicates that I understand: 1) that my registration is complete and that I am accountable for the tuition and fees and subject to a grade in the courses listed; 2) that should I officially drop, cancel, or withdraw, any refund in tuition will be determined by the date I submit my request to Continuing Education; 3) that failure to attend a course does not constitute an official drop/withdrawal; 4) the personal information contained herein is correct as shown; and 5) any changes in SSN, legal name, address, residency, etc. must follow the College procedures in the Student Handbook and College Catalog. SCC is an Equal-Opportunity co-educational college and does not discriminate based on race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. [southeast.edu/about/other-scc-departments/access-equity-diversity-title-ix/index.php](http://southeast.edu/about/other-scc-departments/access-equity-diversity-title-ix/index.php) \* The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.