

DEATH ESSENTIALS: SKILLS YOU SHOULDN'T LEARN ON THE FLOOR

Join our transformative workshop to navigate the complexities of end-of-life care with grace and empathy. Discover the power of emotional intelligence at the bedside, explore the nuances between palliative care and hospice, and master the art of meaningful end-of-life conversations. Gain insight into the dying process, delve into self-reflection and grief, and equip yourself with essential conversation techniques for profound connections.

Learners will:

- *Self-report increased knowledge regarding barriers to conversations with patients and families at end of life.*
- *Self-report increased confidence when discussing end of life issues with patients and families.*
- *Actively participate in interactive exercises regarding thoughts and beliefs regarding death.*
- *Actively participate in group discussion regarding case studies.*

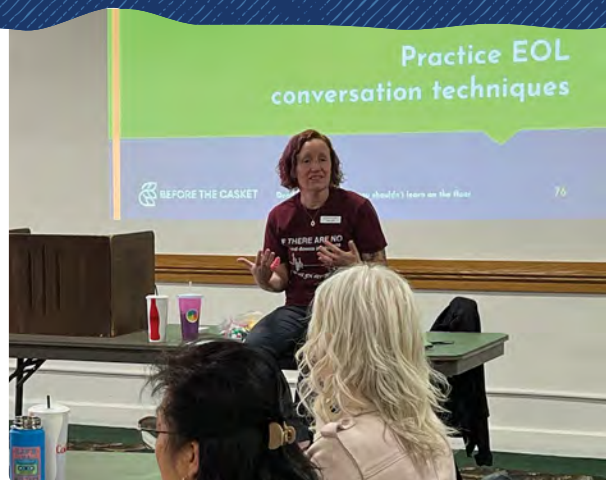
Agenda

8:30 a.m.	Registration, Networking, Introductions
9 a.m.	Death & Dying 101: Barriers to a Good Death <i>Discussion of research about why these conversations are so important.</i>
10 a.m.	Death café-style conversation sharing experiences, thoughts and beliefs regarding death.
11 a.m.	Emotional Intelligence at the Bedside
11:30 a.m.	Hospice and Palliative Care
Noon	EOL Self-Reflection Activity and Discussion
12:30 p.m.	Lunch (provided)
1:30 p.m.	Grief: Where are you in your grieving process?
2:15 p.m.	EOL Conversation Methodology (Structure & Philosophy)
3:15 p.m.	Practice EOL Conversation Techniques
3:45 p.m.	This Conversation is a Gift for Your Loved Ones
4:30 p.m.	Q&A, Evaluations, Networking
5 p.m.	Adjourn

Workshop must be attended in full to receive certificate for contact hours. Certificates will be made available the day of the workshop.

This nursing continuing professional development activity was approved by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

For more information, contact us at continuinged@southeast.edu or 402-437-2700.



Friday, Oct. 24, 2025

9 a.m.-5 p.m.
(Morning snack and lunch provided.)

SCC Jack J. Huck Continuing Education Center, Room 302
301 S. 68th St. Place, Lincoln, NE

Cost: \$129

Presenters: Erin Putney, MSN, RN and Amy Hensley, MSN, RN

Contact Hours: 6.5

Course Number: NURS-5010

This workshop is brought to you by Southeast Community College through a partnership with Before the Casket.



► **Register today!**

Payments Accepted



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