



# Nurse's Day Out with Barb Bancroft!



**Thursday,  
April 16, 2026**

**8:30 a.m.-3:30 p.m.**

**SCC Jack J. Huck Continuing  
Education Center, 301 S. 68th St.  
Place, Lincoln, NE • Room 302**

**\$129**

**Morning refreshments &  
lunch included**

**6 contact hours**

**Course Number: NURS-3400**

**Registration Deadline: April 8**

***Six contact hours. Two great topics.  
One phenomenal speaker!***

## **Lab Tests Can Be FUN!**

Update and Overview! This is not your routine “list the lab tests” and “memorize the numbers” seminar. Barb discusses each test, the physiology, the pathophysiology, and how each test should be interpreted as it relates to the patient’s clinical condition as well as the effect that drugs may have on the test.

## **To Your Health!**

As we all know, the internet is rife with celebrities and influencers telling us how we can improve our health. “Take this potion, slather on this lotion, eat this, drink that... however, it’s not too much of a surprise that most of what you hear is not true. Barb will discuss the health benefits of various fluids and vitamins, provide current information on cancer risks and screening, list the newest weight loss drugs pros and cons, and share unique ways to “unstress” for success!

*This nursing continuing professional development activity was approved by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

**Instructor: Barb Bancroft, RN, MSN, NP**, has provided more than 3,000 continuing education seminars to health care professionals throughout the United States and Canada. Barb has held multiple faculty positions, has been the keynote speaker for numerous national organizations and is the author of nine books. Her latest 2023 release is “A Bacteria, a Virus and a Parasite Walk into a Bar.”

For more information, contact us at [continuinged@southeast.edu](mailto:continuinged@southeast.edu) or 402-437-2700.

► **Register today!**

**Payments Accepted**



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