

CPR/Basic Life Support/AED/First Aid Calendar July-December 2023



The American Heart Association strongly promotes knowledge and proficiency in all AHA courses.

The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and that the class meets the requirements from your employer, licensing agency, or school. Students will receive the CPR/First Aid card within 10 business days of successful course completion.

Students are required to attend the entire class to receive a card. If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before class to drop

CPR HeartCode® Basic Life Support (for Health Care Professionals)

This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.

Sign up for this CPR BLS training and learn all that you need to know in performing CPR and using an AED and responding to foreign-body airway obstruction.

(0.45 CEUs) Course cost does not include BLS Provider Manual. You may purchase the manual through the AHA website or the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. The book is NOT required.

\$63 • Course Number: HLTH-3251
Online Registration Keyword: CPR

Online Skills Only

Once you have purchased and completed your AHA online course (CPR BLS for Healthcare Provider, AED or First Aid), schedule a skills session within 30 days to complete and receive your card.

The certificate must be current as of one year since the written portion was completed.

\$25 • Course Number: HLTH-3499
Online Registration Keyword: Skills

Heartsaver® First Aid

This class meets the First Aid requirements for day cares.

If you respond to first aid emergencies in the workplace, this class is perfect for you. Learn how to manage illness and injuries in the first few minutes until medical professionals arrive.

\$59 • Course Number: HLTH-3505
Online Registration Keyword: Aid

CPR AED

This class meets day care CPR AED requirements.

Have you always wanted to know how to perform CPR and use an AED in an emergency situation? This AHA Heartsaver® course teaches CPR, AED, foreign body airway obstruction, and barrier devices for adults, children and infants until professional help arrives.

\$63 • Course Number: HLTH-3500
Online Registration Keyword: AED

* All classes are held in Lincoln unless noted.

For all **Online + Skills Session** classes, you will receive the online AHA access key and email approximately one week prior to your Skills Session class.

- ♥ Email address required.
- ♥ For admission into the Skills Session, you must have your Online Course Completion Certificate with you.
- ♥ You will only need to meet in person once for the Skills Session after you have completed the online portion of class.

CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals)

This course is for health care providers: nurses, EMTs, doctors, lifeguards, etc.

Need your professional certification in AHA CPR Basic Life Support and want a more convenient way of getting it? This online class is for you!

\$65.50 • Course Number: HLTH-3253
Online Registration Keyword: CPR

Heartsaver® CPR AED Online + Skills Session (Community)

This class meets the CPR AED requirements for day cares.

Offered now in a convenient online format, receive your professional CPR AED certification easily within your own time schedule and in the comfort of your home.

\$59 • Course Number: HLTH-3501
Online Registration Keyword: AED

Heartsaver® First Aid Online + Skills Session

This class meets the First Aid requirements for day cares.

This AHA Heartsaver® First Aid course is offered in a convenient online format that you can take in the comfort of your home.

\$59 • Course Number: HLTH-3506
Online Registration Keyword: Aid

Locations

FALLS CITYLearning Center at Falls City,
3200 Bill Schock Blvd.

LINCOLN.....Jack J. Huck Continuing
Education Center, 301 S. 68th St. Place

NEBRASKA CITY.....Learning Center at
Nebraska City, 1406 Central Ave.

PLATTSMOUTH.....Learning Center at
Plattsmouth, 537 Main St.

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	7	8 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
9	10	11 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	12 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	13	14	15 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253
16	17	18 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	19	20 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	21	22
23	24	25 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253 Online Skills Only 6-7:30 p.m., LINCOLN, HLTH-3499	26	27	28	29 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
30	31					

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253	4	5 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
6	7	8 Heartsaver® CPR AED (Community) 6-9 p.m., LINCOLN, HLTH-3500	9	10 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., NEBRASKA CITY, HLTH-3251 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	11	12 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
13	14	15 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	16 Heartsaver® First Aid 6-9 p.m., LINCOLN, HLTH-3505	17	18	19 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253 Online Skills Only 9-10:30 a.m., LINCOLN, HLTH-3499
20	21	22 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	23	24 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., FALLS CITY, HLTH-3251 5:30-10 p.m., LINCOLN, HLTH-3251	25	26
27	28	29	30	31		

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253 Online Skills Only 1-2:30 p.m., LINCOLN, HLTH-3499	6	7 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	8	9
10	11	12 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	13	14 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	15	16 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
17	18	19 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	20	21 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253	22	23
24	25	26	27 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	28	29	30 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., PLATTSMOUTH, HLTH-3251

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	5	6	7 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253
8	9	10	11 Heartsaver® CPR AED (Community) 6-9 p.m., LINCOLN, HLTH-3500	12	13	14 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
15	16	17 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253 Online Skills Only 6-7:30 p.m., LINCOLN, HLTH-3499	18 Heartsaver® First Aid 6-9 p.m., LINCOLN, HLTH-3505	19 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251 Heartsaver® CPR AED (Community) 6-9 p.m., FALLS CITY, HLTH-3500	20	21 Heartsaver® CPR AED (Community) 9 a.m.-Noon, PLATTSMOUTH, HLTH-3500
22	23	24 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	25	26	27	28 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
29	30	31 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251				

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 9-10:30 a.m., LINCOLN, HLTH-3253 Online Skills Only 9-10:30 a.m., LINCOLN, HLTH-3499
5	6	7 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	8	9 Heartsaver® CPR AED Online + Skills Session (Community) 6-6:45 p.m., LINCOLN, HLTH-3501 Heartsaver® First Aid Online + Skills Session 7-7:45 p.m., LINCOLN, HLTH-3506	10	11
12	13	14	15 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	16 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., FALLS CITY, HLTH-3251 5:30-10 p.m., LINCOLN, HLTH-3251	17	18 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
19	20	21 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253	22	23	24	25
26	27	28 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	29	30		

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251
3	4	5 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 1-2:30 p.m., LINCOLN, HLTH-3253 Online Skills Only 1-2:30 p.m., LINCOLN, HLTH-3499	6 Heartsaver® CPR AED (Community) 6-9 p.m., LINCOLN, HLTH-3500	7 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	8	9
10	11	12 CPR HeartCode® Basic Life Support (for Health Care Professionals) 8:30 a.m.-1 p.m., LINCOLN, HLTH-3251	13 Heartsaver® First Aid 6-9 p.m., LINCOLN, HLTH-3505	14 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	15	16 CPR HeartCode® Basic Life Support (for Health Care Professionals) 9 a.m.-1:30 p.m., LINCOLN, HLTH-3251 9 a.m.-1:30 p.m., NEBRASKA CITY, HLTH-3251
17	18	19 CPR HeartCode® Basic Life Support (for Health Care Professionals) 5:30-10 p.m., LINCOLN, HLTH-3251	20 CPR - HeartCode® Basic Life Support Online + Skills Session (for Health Care Professionals) 6-7:30 p.m., LINCOLN, HLTH-3253	21	22	23
24 31	25	26	27	28	29	30