# **Personal Interest**

Winter 2024

# ANIMALS & PETS

# **Backyard Chickens**

Discover what you need to know to start your own backyard poultry flock. We'll discuss caring for your baby chicks and what to do as they grow older and start laying eggs. **Keyword: Chickens** 

what to do as they	Slow older and	a start taying eggs. Itey in	ora. Ciliciteris
Feb. 27	T	6-8 p.m.	\$19
LIVE Online, Zoom	Fangmeier	AREA-3971-TCSHA	

## **Backyard Bird Feeding**

It's easy and fun to get started in your bird-feeding adventure. Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard. Keyword: Bird

Jan. 10	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFA	
Feb. 22	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFH	

# **Bird Watching for Beginners**

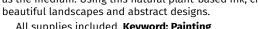
Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with birding (or bird watching). Discover equipment needed and locations and tips to watching your favorite birds. Keyword: Bird

Jan. 31	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFD	
March 7	Th	6-7 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFI	

# ARTS, CRAFTS & HOBBIES

# NEW! Coffee Painting

Make beautiful artwork and handmade paper using coffee as the medium. Using this natural plant-based ink, create



All supplies incli	idea. <b>Keywor</b>	u: Painting	
Feb. 22	Th	6-8 p.m.	\$39
LIVE Online, zoom	Wolcott	AREA-7716-TCSPA	

# NEW! Intro to Abstract Painting

Get started in the world of abstract painting. Discover composition, shape, color theory and design.

Bring an apron o	r a covering f	for clothes. <b>Keyword: Painting</b>	
Jan. 25	Th	6:30-8:30 p.m.	\$39
LIVE Online Zoom	Wolcott	Δ R F Δ - 771 R - T C S D Δ	

#### **Mixed Media Art Journals**

Join us for an evening of mixed media art on a mini canvas. Everyone from beginner to advanced artists will experiment with various art mediums to create a fun project.

A supply list will be	e emailed one	week prior to class. <b>Keyword:</b> A	Art
Feb. 17	S	2-4 p.m.	\$25
LIVE Online, Zoom	Wolcott	AREA-2211-TCSPA	

For more information, contact us at 402-437-2700 or continuinged@southeast.edu

### **Cloth-Covered Journal**

Make your own fabric-covered book to use as a journal, recipe book, photos, planners and more. We will cut, weave and layer fabrics and materials to create a one-of-a-kind cover.

Wolcott

Supply list will be emailed one week prior to class. Keyword: Journal March 3 2-4 p.m. \$35

AREA-9027-TCSPA

# **Working with Resin**

LIVE Online, Zoom

Epoxy resin can be used for many purposes. The clear epoxy turns from a liquid to a solid and makes magical works of art. We will learn how to safely work with the resin to create beautiful pendants and key chains with embedded botanicals, glitter and gems.

There is a \$10 fee (cash or check only) payable in class. Supply list will be emailed one week prior to Zoom class. Keyword: Resin

Feb. 11	U	2-4 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-2186-TCSPA	

# Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. Gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, you will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others!

#### **Keyword: Gratitude**

Feb. 28	W	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle	LLLX-1127-TCSCA	

## Pictures Galore, Organizing & More!

What do you do with the thousands of photos you've taken? We will offer some strategies for tackling the overwhelming task of getting a system in place to safely store and organize your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We'll offer many solutions. Keyword: Pictures

Jan. 23	T	6-7:30 p.m.	<b>Ş19</b>
LIVE Online, Zoom	Van Winkle		
Registration Deadline	: Jan. 19	LLLX-0289-TCSCA	

#### Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options. such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more. Keyword: Shutterfly

6:30-8 p.m. LIVE Online, Zoom AREA-3105-TCSYA



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

### **Digitizing Memories**

Do you have envelopes full of negatives and slides? How about boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan negatives, slides and photos and a look at the software "VueScan." **Keyword: Memories** 

 Jan. 22-29
 M
 6:30-7:30 p.m.
 \$39

 LIVE Online, Zoom
 Keller
 LLLX-0113-TCSCA

#### **Watercolor Greeting Cards**

Learn the basics of watercolor. We will explore watercolor painting techniques, color mixing and the best watercolor supplies to use. We will create several beautifully painted greeting cards.



A supply list will be emailed one week prior to Zoom class.

#### **Keyword: Cards**

Feb. 3	S	2-4 p.m.	\$45
LIVE Online, Zoom	Wolcott	AREA-7678-TCSPA	

### **Mosaic Jewelry**

Get creative while learning how to work with resin and clay.

Kits are provided in class to create your pendant or earrings. You will have the skills to create more jewelry on your own. A supply list will be emailed one week prior to class. **Keyword: Jewelry** 

Feb. 3	S	10 a.mNoon	\$29
LIVE Online, Zoom	Wolcott	AREA-2294-TCSPA	

#### **Embroidery on Clothing**

Embellish denim jackets, caps, T-shirts, and more with beautiful embroidery. Learn basic embroidery stitches and how to apply them to wearables.



Supply list will be emailed prior to class. **Keyword: Embroidery** 

March 2	S	2-4 p.m.	\$35
LIVE Online, Zoom	Wolcott	AREA-2615-TCSPA	

### **Fabric Art Collage**

Create a textile wall decor project for your home. You will make a collage with fabric using sewing and embroidery techniques in a whimsical style. A great way to dig into that fabric stash you have been saving! **Keyword: Fabric** 

Jan. 31	W	6:30-8:30 p.m.	\$29
LIVE Online Zoom	Wolcott	AREA-2614-TCSPA	



ed2go.com/sccne

#### **Browse Courses in**

Accounting and Finance
Business
College Readiness

College Readiness Computer Applications Design and Composition Health Care and Medical Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing

For more information, contact us at 402-437-2700 or continuinged@southeast.edu

# FAMILY MATTERS

#### **Welcome to Medicare**

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. *Visit doi.nebraska.gov/ship to register.* Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentation is available on:

Feb. 21 W 6-8 p.m.

## **Navigating Medicare.gov**

Medicare drug plans are confusing and coverage often changes yearly affecting the cost. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will give you the tools to help make an informed decision.

Navigating Medicare.gov is provided by the Nebraska State Health Insurance Program, a member of the national SHIP network and a division of the Nebraska Department of Insurance. *Visit doi.nebraska.gov/ship to register.* Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

Webinar presentations are available on:

Feb. 28 W 6-8 p.m.

#### Caring for a Loved One

Helping a loved one can be a struggle when debilitating factors strike. Learn how to balance both your lives, increase their ability to make tough decisions and locate helpful resources.

Keyword: Caring

March 13 W 7-8:30 p.m. \$29

LIVE Online, Zoom Billings AREA-7652-TCSWA



#### **Co-Parenting: Working Together for Your Children**

We offer Level 1 and Level 2 classes that meet the requirements for the Nebraska Parenting Act.

Please contact us at continuinged@southeast.edu or 402-437-2700 for additional information, including dates and times.



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

#### The Power You Have, The Power You Give

Join us as we discuss the advantages/disadvantages of a financial power of attorney, health care power of attorney, living wills, advanced medical directives, guardianship, and conservatorship. This is important information to understand regardless of your age or life situation. Keyword: Power

Feb. 26 6:30-8:30 p.m. \$25 Th LIVE Online, Zoom AREA-5057-TCSYA Rauert

#### **Long-Term Care Cost Planning**

Learn about the different types of long-term care such as assisted living, nursing home, home health, and hospice care. Discussion will include what each type of care encompasses and approximate cost. We will share information about insurance options available in the market and strategies used to pay for long-term care costs. This class will help you assess your individual risk of care needs, make cost estimates, and how to plan today to ensure you can pay for the care into the future. Keyword: Long

Jan. 25 6-9 p.m. LIVE Online, Zoom AREA-5084-TCSYA Rauert

#### Foods



# NEW! Valentines from My Kitchen . . . **Cupcake Bento Box**

Bento boxes are all the rage and will elevate your simple cake to one that will WOW the recipient! Sit back and enjoy a demonstration of how to put together a small cake and coordinating cupcakes for any event. We will talk about recipes, equipment for baking and decorating as well as simple decorating techniques to make a bento box for any occasion. Keyword: Valentines

Jan. 27 10 a.m.-Noon \$29 LIVE Online, Zoom LLLX-1651-TCSCA

#### Flowering Cupcakes

Learn the art of putting gorgeous designs on top of cupcakes. Basic borders, flowers and fondant skills will be taught.

to class. Keyword: Cupcakes

No experience necessary. A supply list will be emailed one week prior

Jan. 27 2-5 p.m. \$29 LIVE Online, Zoom Wolcott Registration Deadline: Jan. 21 AREA-4588-TCSPA



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

#### Make Ahead: Freezer Meals, Tips & Tricks

Freezer meals are super handy whether you're looking for convenience, trying to eat healthy, or planning ahead. We will look at meal planning strategies, explore the various options of cooking ahead, how to safely freeze food and preserve quality, what freezes well and what doesn't, and how to store a month's worth of meals in vour freezer.

A variety of freezer meal recipes will be provided along with additional resources. Keyword: Freezer

6-8 p.m. \$24 LIVE Online, Zoom Sommerhalder AREA-4420-TCSFA

## **Food Protection Manager Online Class**

This class is accepted by the Lincoln-Lancaster County Health Department for the sanitation training needed to obtain a Food Protection Manager permit.

You will receive your assignments online. Upon completion of each assignment, you will complete an online quiz. The ServSafe exam is taken online at SCC locations in Lincoln, Beatrice, Falls City, Hebron, Nebraska City, and York.

Please note: You cannot access the course using an iPad or Android tablet. There is a six-hour waiting period between online registration for the class and class access. After you register online, purchase the textbook "ServSafe Manager" at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. For registration and log-in information, go to https://bit.ly/sccfoodprotectionmanagercourse.

Class will be active now through June 24, 2024. All coursework needs to be completed by June 30. Keyword: Protection

Oerman

#### Exam Prep — CDM Credentialing Exam

This online exam prep course is designed specifically for those who are eligible to sit for the Certified Dietary Manager Credentialing Exam. Each course module begins with a pretest to help you identify your understanding of the content area. You will move through the course at your own pace, utilizing the interactive review materials, example calculations with tutorial videos, flashcards, and reading materials to focus your study. Practice questions include rationale for answers and explanations for calculations. The course culminates with a simulated practice CDM exam.

Contact Vicki Rethmeier at 402-437-2528 or vrethmeier@southeast.edu for registration details.

Cost is \$99 per person.

# Home & GARDEN

#### Seed Starting 101

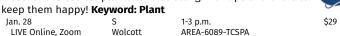
Learn a unique and budget-friendly way to start seeds for your garden, including how to start your summer garden in the winter. Learn how to make your own seed-starting mix, too.

All supplies are included. Keyword: Seed

9:30 a.m.-Noon \$25 LIVE Online, Zoom Wolcott AREA-6053-TCSPA

## **House Plant Propagation**

Propagating and sharing houseplants is enjoyable and fun. Discover the easiest plants to raise along with tips and tricks to



For more information, contact us at 800-828-0072 or continuinged@southeast.edu

# Internet



#### **Don't Get Hacked**

Online security breaches are becoming more common, yet most of you are not very diligent about your cyber security. Join us as you learn how to recognize common scams, browse the internet and develop secure passwords. Discover a variety of tools, most of them free, that can be used for personal online security. Lots of valuable information. **Keyword: Hacked** 

Jan. 11 Th 7-9 p.m. \$29
LIVE Online, Zoom Jensen LLLX-1355-TCSCA

# **Introductory Computer Classes**

### **Get Started with Computers**

This hands-on class is for the person who has little to no knowledge about computers but wants to learn. Find out about using Windows, creating and saving documents, getting started with email, and much more. **Keyword: Computer** 

March 14 Th 5:30-8 p.m. \$29
LIVE Online, Zoom Steinhauser AREA-0928-TCSFA

# **LANGUAGES**

# Beginning German

Hallo und willkommen!
Beginning German is an introduction to the German language, culture and people. Classes are interactive with the goal of communication.

Required book
("Spektrum Deutsch A1," ISBN 978-3941323292) can be purchased at the
SCC campus Store, 8800 O St., Lincoln, or online at sccbookstore.com.
Keyword: German

Jan. 18-March 7 Th 6-8 p.m. \$80 LIVE Online, Zoom Hanley AREA-6630-TCSNA

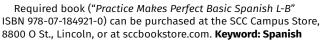


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Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

#### **Beginning Spanish 1-A**

This class is for the beginner who has little or no prior knowledge of the Spanish language.



 Jan. 3-Feb. 7
 W
 6:30-8:30 p.m.
 \$80

 LIVE Online, Zoom
 Parr
 AREA-6500-TCSYA

## **Beginning Spanish 1-B**

Prerequisite: Beginning Spanish 1-A

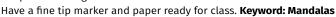
This class will review Spanish 1-A and cover numbers, telling time, compliments, likes and dislikes, holiday greetings, dates, communication strategies, emergency Spanish, giving directions, ordering food and drink, and additional cultural tips. **Keyword: Spanish**Feb. 21-March 20 W 6:30-8:30 p.m. \$59

LIVE Online, Zoom Parr AREA-6461-TCSYA

# MIND & BODY

#### **Meditative Mandalas**

Discover the geometric doodles of the circular mandala designs as you practice mindfulness skills, breathing exercises and expressions of gratitude.



Feb. 6-13 T 6-7:30 p.m. \$29 LIVE Online, Zoom Roseberry AREA-6744-TCSWA

# **MONEY MATTERS**

# Social Security 101: Understanding This Retirement Benefit

Understanding Social Security is critical to your long-term financial well-being and retirement. This is an overview of Social Security and how it works, including eligibility and Primary Insurance Amount, filing options, the importance of timing (delayed retirement credits), and spousal benefits. Discover the implications of working after a person begins collecting benefits, and how that affects your decision making. **Keyword: Security** 

 Feb. 20
 T
 6-8 p.m.
 \$29

 LIVE Online, Zoom
 Rauert
 AREA-7035-TCSYA

#### Long-Term Care Cost Planning

Learn about the different types of long-term care such as assisted living, nursing home, home health, and hospice care. Discussion will include what each type of care encompasses and approximate cost. We will share information about insurance options available in the market and strategies used to pay for long-term care costs. This class will help you assess your individual risk of care needs, make cost estimates, and how to plan today to ensure you can pay for the care into the future. **Keyword: Long** 

 Jan. 25
 T
 6-9 p.m.
 \$39

 LIVE Online, Zoom
 Rauert
 AREA-5084-TCSYA

#### Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online. Discover Payday, Venmo, CashApp, ApplePay, and more. **Keyword: Pay** 

Jan. 25	Th	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1354-TCSCA	



# **Understanding Credit Scores & Reports**

Your credit score is important and could be confusing! Let's unravel the mystery and discover how your credit score is calculated, how to improve your score and why you should review your credit report on a regular basis. **Keyword: Credit** 

Feb. 1	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFE	
March 27	W	Noon-1 p.m.	\$10
LIVE Online. Zoom	Andrew	AREA-6665-TCSFL	



# Starting a Small Business

Have you had an idea for a small business but aren't sure where to start? Visit with an expert and get a few tips and tricks. **Keyword: Business** 

LIVE
Online

circus. Itey iroi ai ba	3111033		
March 6	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFI	
March 21	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFK	

#### **Welcome to Medicare**

Medicare can be a complicated topic. Worse yet, misinformation can lead to decisions that may result in penalties and a delay of benefits. In order to avoid mistakes, you are invited to learn about the basics of Medicare and what you need to consider as you approach Medicare eligibility.

The Nebraska State Health Insurance Program will cover the cost of this course. *Visit doi.nebraska.gov/ship to register.* Call 402-471-2841 with questions. Registration deadline is one week prior to class date. *Webinar presentation is available on:* 

Feb. 21	W	6-8 p.m.

### **Navigating Medicare.gov**

Medicare drug plans are confusing and coverage often changes yearly affecting the cost. Knowing how to pick the right plan to meet your needs is important to ensure you get the best coverage at the lowest cost. Navigating Medicare.gov will give you the tools to help make an informed decision.

Navigating Medicare.gov is provided by the Nebraska State Health Insurance Program, a member of the national SHIP network and a division of the Nebraska Department of Insurance. *Visit doi.nebraska.gov/ship to register.* Call 402-471-2841 with questions. Registration deadline is one week prior to class date.

#### Webinar presentations are available on:

Feb. 28	W	6-8 p.m.	
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# **PHOTOGRAPHY**

#### **Cell Phone & Tablet Photography**

Techniques in photography, useful apps and editing, along with super-handy gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free. Have your mobile device handy as you log into this zoom class from your desktop or laptop.

#### **Keyword: Photography**

Feb. 5-19	M	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0080-TCSCA	

# **Digitizing Memories**

Do you have envelopes full of negatives and slides? How about boxes of photos? Discover how to preserve these in a more organized form by scanning them. We will look at scanning techniques and some of the devices to make scanning easy. Discussion will involve the software necessary to scan negatives, slides and photos and a look at the software "VueScan." **Keyword: Memories** 

Jan. 22-29	M	6:30-7:30 p.m.	\$39
LIVE Online, Zoom	Keller	LLLX-0113-TCSCA	

#### Pictures Galore, Organizing & More!

What do you do with the thousands of photos you've taken? We will offer some strategies for tackling the overwhelming task of getting a system in place to safely store and organize your precious memories. Also, what do you do with the dreaded box of photos buried in the closet? We'll offer many solutions. **Keyword: Pictures** 

III tile closet. We	tt offer many sou	acions. Reyword: I letures	
Jan. 23	T	6-7:30 p.m.	\$19
LIVE Online, Zoom	Van Winkle		
Registration Deadl	ine: Jan. 19	LLLX-0289-TCSCA	

#### Shutterfly

Are you interested in learning the basics of Shutterfly? We will take a tour of the Shutterfly site, unlock some of the best features and open a whole new world of possibilities for gift options, such as creating a photo book. Join us for a look at this popular and versatile site for photo storage and so much more. **Keyword: Shutterfly**Feb. 19

T 6:30-8.p.m \$19

Feb. 19	T	6:30-8 p.m.	\$19
LIVE Online, Zoom	Segner	AREA-3105-TCSYA	

# **SMART DEVICES**



# **Smartphone Basics: iPhone**

We will teach you about icons, apps and other features on your iPhone.

Bring your phone fully charged so you can practice using your smartphone. If you don't own a smartphone yet, come anyway. **Keyword: Smartphone** 

, ,			
Jan. 23	T	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1393-TCSFB	



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact us at 402-437-2700 or continuinged@southeast.edu

### **Smartphone Basics: Android**

We will teach you about icons, apps and other features on your Android.

Bring your phone fully charged so you can practice using your smartphone. If you don't own a smartphone yet, come anyway.

#### **Keyword: Smartphone**

Jan. 17	W	5:30-8 p.m.	\$29
LIVE Online, Zoom	Steinhauser	AREA-1394-TCSFB	

#### **Smartphone Next Level**

Suggested Prerequisite: Smartphone Basics

This Next Level class will review where we left off at the Smartphone Basics class. Bring your questions and we will dig deeper into topics like managing your phone, how to reset it using apps and continual learning about calling and texting. Don't have a smartphone? Come anyway.

Have your phone fully charged with access to your Gmail (Android) or Apple ID (iPhone). **Keyword: Smartphone** 

For iPhone			
Feb. 20 LIVE Online, Zoom	T Steinhauser	5:30-8 p.m. AREA-1396-TCSFA	\$29
For Android			

# **All Things Apple**

We will touch on some of the more useful features of Apple's amazing products. Mac computers, iPad, iPhone, and Apple watch can be fun and easy to use. Make your life easier with the practical features and apps. **Keyword: Apple** 

Jan. 24-Feb. 7 W 6:30-7:30 p.m. \$49

LIVE Online, Zoom Keller LLLX-0663-TCSCA

## **Cell Phone & Tablet Photography**

Techniques in photography, useful apps and editing, along with super-handy gadgets for your cell or tablet, will be explored.

Before the first class, download Snapseed for photo processing on your device. Snapseed is free. Have your mobile device handy as you log into this zoom class from your desktop or laptop.

## **Keyword: Photography**

Feb. 5-19	M	6:30-7:30 p.m.	\$49
LIVE Online, Zoom	Keller	LLLX-0080-TCSCA	

#### Learn the New Way to Pay: PayPal, Venmo & More . . .

Learn the very easy, safe and common ways to pay your way, whether you are paying for a marketplace item, eBay or just friends and family. We will cover new methods and technologies to pay with your mobile device or online. Discover Payday, Venmo, CashApp, ApplePay, and more. **Keyword: Pay** 

Jan. 25 Th 7-9 p.m. \$29
LIVE Online, Zoom Jensen LLLX-1354-TCSCA

# SOCIAL MEDIA

#### The Art of Communication

Communication is an important set of skills which impacts our personal and professional life. With texts, emails and Facebook® taking over our social lives, some might find it difficult to engage in normal conversation because of lack of face-to-face interactions. You will discover different communication styles, techniques, non-verbal signals, and responses to build and strengthen your communication skills. **Keyword: Communication** 

Feb. 12-26 M 6-8 p.m. \$59 LIVE Online, Zoom Ord AREA-6835-TCSWA

For more information, contact us at 402-437-2700 or continuinged@southeast.edu



# Streaming on Facebook® Live & Creating YouTube Videos

Going live on Facebook® or posting videos on YouTube provides engagement and can help increase exposure and build a valuable connection with your potential audience. Both platforms have nuances you will want to be familiar with if you want to get the most out of your posting. For those who are new to these platforms, let's get you started in the right direction. **Keyword: Streaming** 

Jan. 18	Th	7-9 p.m.	\$29
LIVE Online, Zoom	Jensen	LLLX-1417-TCSCA	

# **Blogging for Beginners**

Creating blog posts is an excellent way to share your passion, showcase expertise or create an online presence. You will learn the steps to starting, creating content for and maintaining your blog. Different platforms, social media and marketing techniques will be discussed.

NOTE: This is a personal blog class, not a business focus.

#### **Keyword: Blogging**

Jan. 8	M	6-8 p.m.	\$29
LIVE Online, Zoom	Ord	AREA-1410-TCSWA	

# **Zoom: Everyone's Doing It!**

Learn why Zoom is being used by millions to hold one-on-one meetings or group conversations. Zoom provides a fun, easy way to connect with family, friends or colleagues with the click of a button. You can see and hear them. Learn how to set up a free account, join a meeting, host a meeting, share your screen, and record meetings. Learn the difference between free or paid plans. Ready, set, Zoom!

# Keyword: Zoom

Feb. 27	T	1-4 p.m.	\$49
LIVE Online, Zoom	Meyer	AREA-0934-TCSFA	

# **Video Chatting**

Prerequisite: One of these apps (FaceTime or Facebook Messenger) already installed on your phone or tablet

Video chatting apps give us the ability to feel close to those who are far away. With just a little help, you'll be video chatting tomorrow! **Keyword: Video** 

Feb. 13 T Noon-1 p.m. \$10 LIVE Online, Zoom Fangmeier AREA-6665-TCSPA



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# **SPECIAL INTEREST**

# **Publish Your Writing**

If you want to make a living as a writer, you need to treat it as a business. This includes your public persona, use of a pen name, etiquette, social media, managing time, discipline of writing, covers and editing, and genre/niche analysis. Discussion of querying agents and publishers will be included. **Keyword: Writing** 

agents and publishe	JIS WILL BE IIICI	aaca. Neyword. writing	
Feb. 29	Th	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-0146-TCSPA	
March 19	Т	6-8 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-0146-TCSNA	
March 23	S	10 a.mNoon	\$35
LIVE Online, Zoom	Callahan	AREA-0146-TCSNB	

# The Core of the Story

Give your readers a perfect escape by taking them on a journey. Your plot is the vehicle that brings them from point A to point B. Discover how to create the roadmap your story needs, limit your loose ends and include all the expected beats and tropes in both romance and fantasy genres. Learn how to plot your character's journey.

The instructor has published works under various pen names in both romance and fantasy genres and is eager to share tips for writers to succeed. **Keyword: Story** 

Plotting Romance			
Jan. 25	Th	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-6700-TCSPA	
Feb. 6	T	6-8 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-6700-TCSNA	
Feb. 10	S	10 a.mNoon	\$35
LIVE Online, Zoom	Callahan	AREA-6700-TCSNB	
Plotting Fantasy			
Jan. 16	T	6-8 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-6700-TCSNC	
Jan. 20	S	10 a.mNoon	\$35
LIVE Online, Zoom	Callahan	AREA-6700-TCSND	
Feb. 8	Th	6:30-8:30 p.m.	\$35
LIVE Online, Zoom	Callahan	AREA-6700-TCSPA	

#### **Community Leadership Program**

Explore the knowledge, skills and resources required for success as a community leader. You will study how ordinary people can emerge as leaders who can best serve their communities in elected, appointed or volunteer positions. Community groups, benevolent organizations, local governing bodies, and special-purpose districts are in constant need of new ideas to overcome various issues. Lecture, resource hunting and practical table-top exercises prepare you to use the knowledge and skills acquired for your real-world role as a community leader.

Your instructor brings 20 years of government and community experience to the class. **Keyword: Leadership** 

Feb. 27-March 12	T	6:30-8:30 p.m.	\$49
LIVE Online, Zoom	Tilson	AREA-6834-TCSPA	

#### The Art of Communication

Communication is an important set of skills which impacts our personal and professional life. With texts, emails and Facebook® taking over our social lives, some might find it difficult to engage in normal conversation because of lack of face-to-face interactions. You will discover different communication styles, techniques, non-verbal signals, and responses to build and strengthen your communication skills. **Keyword: Communication** 

, our communication	o		
Feb. 12-26	M	6-8 p.m.	\$59
LIVE Online Zoom	Ord	ARFA-6835-TCSWA	



#### **Resumes & Interviews: Create Your Toolkit**

You get one chance to impress a potential employer. Learn best practices of writing your resume and preparing for your interview. You will produce a resume for professional review and participate in a mock interview either in-person or via Zoom.

#### **Keyword: Resumes**

Feb. 20-27	T	6-8 p.m.	\$59
LIVE Online, Zoom	Sommerhalder	AREA-6745-TCSFA	

#### **Creative Writing**

Find your voice as a writer by exploring different writing styles, learning the building blocks of visual storytelling and drawing inspiration from the world around you. Discover methods for overcoming writer's block and ways to bring out your inner creativity through weekly writing assignments and group discussions.

Keyword: Writing

, .			
March 11-25	M	6-7:30 p.m.	\$45
LIVE Online, Zoom	Ord	AREA-9050-TCSWA	

# Gratitude, Gimmicks & Going the Extra Mile

The real joy is in the giving. Gather ideas for showing appreciation in a unique and clever way. From care packages to quick gestures of appreciation, you will leave with a collection of meaningful ideas and a lot of inspiration to positively impact others!

tey moral oracicade			
Feb. 28	W	6-7:30 p.m.	\$19
LIVE Online Zoom	Van Winkle	ΙΙΙΧ-1127-TCSCΔ	

# LET'S DO LUNCH (OR DINNER) SERIES

#### **Backvard Bird Feeding**

It's easy and fun to get started in your bird-feeding adventure.

Discover different types of feeders and what type of seed to use to attract your favorite songbirds to your yard. **Keyword: Bird** 

Jan. 10	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFA	
Feb. 22	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFH	

#### **Bird Watching for Beginners**

Looking for a fun hobby you can do anywhere, anytime and without spending much money? You can't go wrong with birding (or bird watching). Discover equipment needed and locations and tips to watching your favorite birds. **Keyword: Bird** 

Jan. 31 W LIVE Online, Zoom Andrew		Noon-1 p.m. AREA-6665-TCSFD	\$10
March 7	Th	6-7 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFJ	



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### **Happiness is Traveling**

Learn pro travel tips and tricks to prepare for your next adventure! **Keyword: Traveling** 

auventure: <b>Keyword</b>	a: rraveung			
Jan. 18	Th	Noon-1 p.m.	\$10	
LIVE Online, Zoom		AREA-6665-TCSFB		
Jan. 18	Th	6-7 p.m.	\$10	
LIVE Online, Zoom		AREA-6665-TCSFC		



# **Starting a Small Business**

Have you had an idea for a small business but aren't sure where to start? Visit with an expert and get a few tips and tricks. **Keyword: Business** 



March 6	W	Noon-1 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFI	
March 21	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFK	

# **Understanding Credit Scores & Reports**

Your credit score is important and could be confusing! Let's unravel the mystery and discover how your credit score is calculated, how to improve your score and why you should review your credit report on a regular basis. **Keyword: Credit** 

credit report on a re	egular basis. <b>r</b>	keyword: Credit	
Feb. 1	Th	7-8 p.m.	\$10
LIVE Online, Zoom	Andrew	AREA-6665-TCSFE	
March 27	W	Noon-1 p.m.	\$10
LIVE Online Zoom	Andrew	AREA-6665-TCSEL	



#### **Pack Your Bags**

Discover pro tips to organize your suitcase more efficiently for

travet. <b>Keyword: B</b>	ags		0	
Feb. 6	T	Noon-1 p.m.	\$10	
LIVE Online, Zoom		AREA-6665-TCSFF		
Feb. 6	T	6-7 p.m.	\$10	
LIVE Online Zoom		ARFA-6665-TCSFG		



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#### **Keyword: Video**

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Feb. 13	T	Noon-1 p.m.	\$10
LIVE Online, Zoom	Fangmeier	AREA-6665-TCSPA	



We offer a wide range of highly interactive non-credit courses that you can take entirely over the internet. All of our courses include expert instructors, many of whom are nationally known authors. All courses are 6 weeks long unless specified. Our online courses are affordable, fun, fast, convenient, and geared just for you. Ready to explore our catalog?

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Design and Composition Technology

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**Writing and Publishing** 

For more information, contact us at 402-437-2700 or continuinged@southeast.edu

# Traffic Safety & Licensing

#### Fall 2023

#### **Driver Education**

Instruction consists of face-to-face or online lecture and behind-thewheel training (lab) that meets separately.

Participation in an orientation is required before each class. A Zoom link will be sent to the student's email one week prior to the orientation.

#### **Required Orientations via Zoom:**

- ₩ Thurs., Dec. 14
- ❖ Thurs., Feb. 8
- ► Thurs., Feb. 29

Student must have a school or learner permit before registering for any upcoming Driver Education course. Students must complete both the lecture and drive labs to be eligible for documentation for the provisional operators permit (POP) and/or insurance requirements.

(2.6 CEUs) For a detailed brochure, complete with Driver Education & Safety classes for 2024, visit

southeast.edu/cedriveréducationsafety. NOTE: Attendance is critical to the student's success. Each class and lab must be attended as scheduled. Required book is available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. Driver Education course requires a minimum of one-week advance notice to receive a full refund or to transfer. **Keyword: Driver** 

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#### Lincoln Drive Lab Schedule

(Times are subject to change.)

Lecture will meet twice each week or online for five weeks. The two-hour drive lab meets once a week for six weeks. Drive labs are offered Monday through Friday, with a starting time of 3:30 or 5:45 p.m., or on Saturday starting at 8 a.m., 10:15 a.m., 1 p.m., or 3:15 p.m. The student could possibly attend the first drive lab before the first lecture meets. The drive lab continues one week past the completion of lecture.

#### **Four-Hour STOP Class**

Diversion for minor traffic violations in Seward, Thayer and York counties.

Contact us at STOP@southeast.edu for scheduling details and cost.

## **Driver Education Instructor Training**

Prerequisite: Must be at least 21 years of age, have a high school diploma or equivalent, valid operator's license held in state of residence for two consecutive years, clean driving record (for the prior five years, the instructor candidate must have no violation on record for which five or more points might be assessed, including probation or other situations in which no points were actually assessed for the violation. You must have no suspensions or revocations on record within the last five years, including no convictions for DWI or any related alcohol or drug offense in connection with motor vehicle use. DMV Title 247.)

This is a Department of Motor Vehicles-approved course for the certification of instructors to teach driver education in a non-credit format. Focus is on fundamental driver education, curriculum development and presentation skills. The intent of this class is for those individuals who want to teach outside the K-12 system.

Required books are available at the SCC Campus Store, 8800 O St., Lincoln, or at sccbookstore.com. **Keyword: Instructor** 

Jan. 22-March 2	Online		\$499
Lincoln, LNK, Arranged		TRAN-3393-HBSCA	

# **MOTORCYCLE SAFETY**

### **Motorcycle Safety: Beginning Riders Course**

Prerequisites: You must be at least 16 and able to balance and ride a bicycle. If you are ages 16 or 17, a waiver must be signed by a parent or guardian. Failure to provide will disqualify participation in class, and a refund will not be available.

This 18-hour course is intended for beginning riders 16 years and older and is designed to teach safe motorcycle operation.

(1.8 CEUs) Approximately three weeks before the start date of the course, an email and letter will be sent with instructions on how to access the eCourse. The eCourse is to be successfully completed one week prior to the start of the Friday evening classroom session. You must successfully complete the online eCourse and the written and driving exams to receive documentation for the motorcycle endorsement. You will provide your own protective riding apparel, including Nebraska Department of Transportation-approved helmet and eye protection, over-the-ankle footwear, long-sleeve shirt or jacket, long non-flare denim pants or equivalent, and full-fingered gloves, preferably leather. Motorcycle Safety course requires a minimum of one-week advance notice to receive a full refund or to transfer.

✓ Class is held on Friday from 6-8:30 p.m., Saturday from 8 a.m.-4:30 p.m. and Sunday from 8 a.m.-1 p.m. Keyword: Motorcycle

April 12-14 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLA ₩	\$289
April 19-21 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLB ≠	\$279
April 26-28 Lincoln, LNK, S-1	F, S, U	See Desc. TRAN-3378-HBSLC ✓	\$279

For more information, contact us at 800-828-0072 or continuinged@southeast.edu

Check out all classes offered at southeast.edu/continuing
Find us on Facebook® at facebook.com/SCCNeb

# **REGISTER ONLINE**

You must have an email account to register online.

- Go to http://bit.ly/RegisterCE
- Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)

Key Word Example: Driver

Course Number Example: TRAN-3398

- Select the course for which you wish to register. Click Submit.
- Enter your personal information, certify your identification and click Submit.
   You must provide your Social Security Number.
- 5. Optional: Enter your **Additional Registration Information** and click **Submit**.

- 6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
- 7. Enter your payment information. Click Submit.

You will see your **class acknowledgement** with information about your **SCC Student ID Number**, **SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

# OR REGISTER BY MAIL, FAX OR IN PERSON

<b>Southeast</b>	Registration	ı For	m - Non-Cr	edit C	ourse		Toda	ıy's Date
* Required PLEASE PRINT	Complete this form wit College, Continuing Edu The College requests, but does not re	ucation, 3	301 S. 68th St. Place, I	incoln, NE	68510 OR FAX	to 402-43	7-2703	or additional information.
Social Security Number OR SCC Student ID Number	* Birth Date	Name: *	Last			* First		Middle Initial
* Residence Mailing Address			* City		* State	* Zip		County #
* Email Address			*  ☐ Cell Phone ☐ Home	l		Business Phon	e	l
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<sup>\*</sup> The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.