Southeast Community College

Foods

Spring 2024

NEW! Cooking for Health: Diabetic Edition

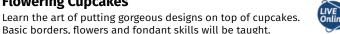
Discover the secrets of diabetic cooking with Chef Miriah. Learn how to determine the glycemic index of foods and cook some delicious recipes.

Chef Miriah	is a certified Am	erican Culinarian and ho	olds a BS in
Human Nutriti	on. There is a \$1	0 fee (cash or check only	y) payable in
class. Keyword	l: Cooking		
Anril 22	м	7-8·30 n m	\$35

April 22	м	7-8:30 p.m.	\$35
Plattsmouth, PLLC, 102	Potter	AREA-4400-PLSA	



Flowering Cupcakes



No experience necessary. A supply list will be emailed one week prior to class. Keyword: Cupcakes

	May 1	W	7-9 p.m.	\$29
	LIVE Online, Zoom	Wolcott		
Registration Deadline: April 24			AREA-4588-TCSPB	

Basic Art of Cookie Decorating: Spring Edition

Basic borders, flowers and fondant skills will be taught.

We will learn all the basics: how to prepare a cookie for decorating, color and create different icing consistencies, find and use cookie decorating tools and special techniques to give your cookies the professional look. This class will have a festive/seasonal theme showcasing six different designs. Space is limited.

Everyone will leave the class with a dozen beautifully decorated cookies to take home. There is a \$10 fee (cash or check only) payable in class Keyword Cookie

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May 4	S	10 a.mNoon	\$59
Louisville, SHSH	Wolcott	AREA-4423-PLSA	

Location Key

Louisville, SHSH.... Simply Home Sweet Home Studio, 8980 Raven Drive (Class location is rural, rural, three miles from Hwy 66) Plattsmouth, PLLC..... Learning Center at Plattsmouth, 537 Main St.

Air Fryer 101

Did you know the air fryer is one of the most versatile kitchen appliances? Join us to discover what works well in an air fryer, helpful accessories, cleaning practices, and tasty recipes. **Keyword: Frver**

May 30	Th	6:30-8 p.m.	\$19
LIVE Online, Zoom	Fangmeier	AREA-4396-TCUHA	



Exam Prep — CDM Credentialing Exam

This online exam prep course is designed specifically for those who are eligible to sit for the Certified Dietary Manager Credentialing Exam. Each course module begins with a pretest to help you identify your understanding of the content area. You will move through the course at your own pace, utilizing the interactive review materials, example calculations with tutorial videos, flashcards, and reading materials to focus your study. Practice questions include rationale for answers and explanations for calculations. The course culminates with a simulated practice CDM exam.

Contact Vicki Rethmeier at 402-437-2528 or vrethmeier@southeast.edu for registration details. Cost is \$99 per person.



These classes are delivered live via Zoom, not prerecorded videos. This allows you, the student, to participate from the comfort of your home. As our learning environment changes, we look forward to offering additional classes live online.

Want to take a class that is listed as "LIVE Online, Zoom" but don't have a way to view the class or are having connection issues? Contact your Learning Center to see if other options are available.

For more information, contact Lyn Belitz at 402-437-2298 or lbelitz@southeast.edu

Check out all classes offered at southeast.edu/PlattsmouthLC Find us on Facebook[®] at facebook.com/SCCLearningCenteratPlattsmouth

Cancellation/Refund Policy: You must call the Continuing Education office at 402-437-2700 or 800-828-0072 the day before the class begins to receive a 100% refund. If you call the day of the class or after it has started, no refund will be issued. If a class is cancelled or student drops (according to the refund policy), refunds will be issued to the student, unless a third party has been formally billed by SCC Business Office. ADA Reasonable Accommodations: SCC provides services and reasonable accommodations to allow persons with disabilities to participate in educational programs and other College activities. For information on requesting ADA reasonable accommodations, contact the SCC Area Access/Equity/Diversity Office.

REGISTER ONLINE

You must have an email account to register online.

- 1. Go to http://bit.ly/RegisterCE
- Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.) Key Word Example: Driver Course Number Example: TRAN-3398
- Select the course for which you wish to register. Click Submit.
- Enter your personal information, certify your identification and click Submit.
 You must provide your Social Security Number.
- 5. Optional: Enter your **Additional Registration** Information and click **Submit**.

- If you want to register for additional classes, select Search for more classes under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select Register now (check out). Select your Payment Type. Click Submit.
- 7. Enter your payment information. Click Submit.

You will see your **class acknowledgement** with information about your **SCC Student ID Number**, **SCC User ID** and **password**. **Print** this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON

Southeast	Registration Form - Non-Credit Course					Toda	Today's Date		
* Required PLEASE PRINT	College, Continuing Edu	Complete this form with payment information and send via mail to Southeast Community College, Continuing Education, 301 S. 68th St. Place, Lincoln, NE 68510 OR FAX to 402-437-2703 The College request, but does not require, a student provide their Social Security number during the admissions process. Visit southeast.edu/academics/coll					7-2703		
Social Security Number OR SCC Student ID Numbe		Name: * I				* First	,	Middle Initial	
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301 S. 68th St. Place, Lincoln, NE 68510 402-437-2700 • FAX 402-437-2703 southeast.edu/business-and-community/index.php

