

CPR & First Aid

in Lincoln & Nebraska City



The American Heart Association



AUTHORIZED TRAINING CENTER

strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an education course does not represent course sponsorship by the AHA. Any fees charged for such a course, except a portion of the fees needed for AHA course material, do not represent income to the AHA.

The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and the class meets the requirements from your employer, licensing agency, or school. Tuition includes book and card, where applicable. Students will receive the CPR/First Aid card within 14 business days, of successful course completion. AHA cards expire two years from the end of the month of the issue date. (There is a \$5 fee for any replacement card requested.)

Students are required to attend entire class you have enrolled in to receive a card. **If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before the first day of class to drop or change any CPR or First Aid class.**

CPR and First Aid cards are now issued via email. Please provide a current email address at the time of registration.

LINCOLN, NE

CPR - Basic Life Support (formally known as CPR for Health Care Providers)

This AHA BLS course teaches high-quality CPR, use of an AED, foreign-body airway construction, high-performing team dynamics, and barrier devices for adults, children and infants.

This course is for health care providers (Nurses, EMT's, doctors, lifeguards, etc.). Tuition includes book and card. We recommend that day care providers attend the AHA Heartsaver® CPR AED and/or AHA Heartsaver® First Aid courses. (0.45 CEUs) **Keyword: CPR**

Nov. 27	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFP
Nov. 29	W	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFQ
Dec. 2	S	9 a.m.-1:30 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFR
Dec. 4	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFS
Dec. 7	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFT
Dec. 12	T	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFU
Dec. 16	S	9 a.m.-1:30 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFV
Dec. 18	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFW
Dec. 20	W	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENFX
Jan. 4	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWA
Jan. 6	S	9 a.m.-1:30 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWB
Jan. 8	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWC

CPR - Basic Life Support (cont.)

Jan. 10	W	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWD
Jan. 16	T	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWE
Jan. 18	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWF
Jan. 22	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWG
Jan. 24	W	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWH
Jan. 30	T	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWI
Feb. 1	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWJ
Feb. 5	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWK
Feb. 8	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWL
Feb. 10	S	9 a.m.-1:30 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWM
Feb. 13	T	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWN
Feb. 15	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWO
Feb. 19	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWP
Feb. 22	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWQ
Feb. 24	S	9 a.m.-1:30 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWR
Feb. 28	W	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWS
March 1	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWT
March 3	S	9 a.m.-1:30 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWU
March 6	T	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWV
March 8	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111			HLTH-3251-ENWW

Location Key

ENT.....SCC Entrepreneurship Center, 285 S. 68th St. Place, Lincoln

CPR and First Aid cards are now issued via email. Please provide a current email address at the time of registration.

CPR - Basic Life Support (cont.)

March 12	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111		HLTH-3251-ENWX	
March 14	W	5:30-10 p.m.	\$55
Lincoln, ENT, 111		HLTH-3251-ENWY	
March 17	S	9 a.m.-1:30 p.m.	\$55
Lincoln, ENT, 111		HLTH-3251-ENWZ	
March 19	M	5:30-10 p.m.	\$55
Lincoln, ENT, 111		HLTH-3251-ENWA1	
March 22	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111		HLTH-3251-ENWB1	
March 27	T	5:30-10 p.m.	\$55
Lincoln, ENT, 111		HLTH-3251-ENWC1	
March 29	Th	5:30-10 p.m.	\$55
Lincoln, ENT, 111		HLTH-3251-ENSA	

CPR - HeartCode® Basic Life Support Online + Skills Session

HeartCode® BLS is for health care professionals seeking an alternative method for completing a BLS course. This AHA CPR-Basic Life Support course is now offered in a convenient online format as an alternative method for certification. Online courses are perfect for those who need recertification or those with difficult schedules.

Once you are registered for a specific skills session date (listed below), you will receive a non-refundable AHA key for the online portion via email. Complete the online portion, then print your completion certificate and bring it when you meet for the skills session. SCC tuition waiver doesn't apply. **Keyword: CPR**

♥ Include your email address with your registration, so we can email you the appropriate key. Online keys will be emailed approximately one week prior to skills date.

♥ You need to bring your AHA Part 1 HeartCode® Online Course Completion Certificate to be admitted to the Skills Session.

Nov. 13	M	6-7:30 p.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBFD	
Dec. 9	S	9-10:30 a.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBFE	
Dec. 14	Th	6-7:30 p.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBFF	
Jan. 17	W	6-7:30 p.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBWA	
Jan. 27	S	9-10:30 a.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBWB	
Feb. 7	W	6-7:30 p.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBWC	
Feb. 17	S	9-10:30 a.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBWD	
March 15	Th	6-7:30 p.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBWE	
March 24	S	9-10:30 a.m.	\$55
Lincoln, ENT, 111		HLTH-3253-HBWF	

CPR AED Online + Skills Session

This AHA Heartsaver® course is now offered in a convenient online format as an alternative method for certification. Online courses are perfect for those who need recertification or those with difficult schedules.

Once you are registered for a specific skills session date (listed below), you will receive a non-refundable AHA key for the online portion via email. Complete the online portion, then print your completion certificate and bring it when you meet for the skills session. SCC tuition waiver doesn't apply. **Keyword: CPR**

♥ Include your email address with your registration, so we can email you the appropriate key. Online keys will be emailed approximately one week prior to skills date.

♥ You need to bring your AHA Part 1 Heartsaver® CPR AED Online Course Completion Certificate to be admitted to the Skills Session.

Dec. 6	W	6-6:45 p.m.	\$45
Lincoln, ENT, 111		HLTH-3220-HBFC	
Jan. 20	S	9-9:45 a.m.	\$45
Lincoln, ENT, 111		HLTH-3220-HBWA	
Feb. 27	T	6-6:45 p.m.	\$45
Lincoln, ENT, 111		HLTH-3220-HBWB	
March 21	W	6-6:45 p.m.	\$45
Lincoln, ENT, 111		HLTH-3220-HBWC	

CPR AED

This AHA Heartsaver® course teaches CPR, AED, foreign body airway obstruction, and barrier devices for adults, children and infants to health care providers. This course is recommended for those who want to be prepared for an emergency in any setting.

Tuition includes book and card. **This class meets day care CPR requirement. Keyword: CPR**

Dec. 13	W	6-9:30 p.m.	\$45
Lincoln, ENT, 111		HLTH-3219-ENFC	
Jan. 11	Th	6-9:30 p.m.	\$45
Lincoln, ENT, 111		HLTH-3219-ENWA	
Feb. 21	W	6-9:30 p.m.	\$45
Lincoln, ENT, 111		HLTH-3219-ENWB	
March 10	S	9 a.m.-12:30 p.m.	\$45
Lincoln, ENT, 111		HLTH-3219-ENWC	

First Aid Online + Skills Session

This AHA Heartsaver® course is now offered in a convenient online format as an alternative method for certification. Online courses are perfect for those who need recertification or those with difficult schedules.

Once you are registered for a specific skills session date, you will receive a non-refundable AHA key for the online portion via email. Complete the online portion, then print your certificate and bring it when you meet for the skills session. SCC tuition waiver doesn't apply. **Keyword: Aid**

♥ Include your email address with your registration, so we can email you the appropriate key. Online keys will be emailed approximately one week prior to skills date.

♥ You need to bring your AHA Part 1 Heartsaver® First Aid Online Course Completion Certificate to be admitted to the Skills Session.

Dec. 6	W	7-7:45 p.m.	\$42
Lincoln, ENT, 111		HLTH-3205-HBFC	
Jan. 20	S	10-10:45 a.m.	\$42
Lincoln, ENT, 111		HLTH-3205-HBWA	
Feb. 27	T	7-7:45 p.m.	\$42
Lincoln, ENT, 111		HLTH-3205-HBWB	
March 21	W	7-7:45 p.m.	\$42
Lincoln, ENT, 111		HLTH-3205-HBWC	

First Aid Heartsaver®

This AHA course teaches management of illness and injuries in the first few minutes until professional help arrives. This course is recommended for people who respond to first aid emergencies in the workplace.

Tuition includes book and card. **This class meets the day care first aid requirement. Keyword: Aid**

Dec. 5	T	6-9:30 p.m.	\$42
Lincoln, ENT, 111		HLTH-3204-ENFC	
Jan. 23	T	6-9:30 p.m.	\$42
Lincoln, ENT, 111		HLTH-3204-ENWA	
Feb. 12	M	6-9:30 p.m.	\$42
Lincoln, ENT, 111		HLTH-3204-ENWB	
March 7	W	6-9:30 p.m.	\$42
Lincoln, ENT, 111		HLTH-3204-ENWC	

NEBRASKA CITY, NE

First Aid Heartsaver®

This AHA course teaches management of illness and injuries in the first few minutes until professional help arrives. This course is recommended for people who respond to first aid emergencies in the workplace.

Books will be distributed at the class. Tuition includes the cost of the book and card. **This class meets the day care first aid requirement. Keyword: Aid**

Nov. 28	T	6-9:30 p.m.	\$42
NE City, NCLC, 102		HLTH-3204-NCFA	

Location Key

ENT..... SCC Entrepreneurship Center, 285 S. 68th St. Place, Lincoln
 NCLC..... Learning Center at Nebraska City, 819 Central Ave., Nebraska City

AHA Heartsaver® CPR - Basic Life Support (formally known as CPR for Health Care Providers)

This AHA BLS course teaches high-quality CPR, use of an AED, foreign-body airway obstruction, high-performing team dynamics, and barrier devices for adults, children and infants.

*This course is for health care providers (Nurses, EMT's, doctors, lifeguards, etc.). Tuition includes book and card. We recommend that day care providers attend the AHA Heartsaver® CPR AED and/or AHA Heartsaver® First Aid courses. (0.45 CEUs) **Keyword: CPR***

Nov. 30	Th	5:30-10 p.m.	\$55	NE City, NCLC, 104	HLTH-3251-NCFA
March 6 *	T	5:30-10 p.m.	\$55	NE City, NCLC, 101	HLTH-3251-NCWA

*** See below for information on the Job Enhancement Scholarship
(funding provided by the Nebraska City Community Foundation)!**

JOB ENHANCEMENT SCHOLARSHIP AVAILABLE

(For selected courses)

Attention: Nebraska City Residents

Are You looking for a scholarship for training that could:

- Make a difference in your career/job?
- Help you reach your professional goals?
- Potentially advance your position or pay?
- Have a positive impact on your employer?

For more information, visit
<http://www.southeast.edu/nebraskacitylc>
or contact Cindy at 402-323-3636 or cmeyer@southeast.edu.



Funds are being provided by
the **Nebraska City Community
Foundation Fund**

Location Key

NCLC.....Learning Center at Nebraska City, 819 Central Ave., Nebraska City

Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>.
2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
5. *Optional*: Enter your **Additional Registration Information** and click **Submit**.
6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.



Jack J. Huck Continuing Education Center,
301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703

** The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.*