



CPR & First Aid

in Lincoln & Nebraska City, NE

The American Heart Association



AUTHORIZED TRAINING CENTER

strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an education course does not represent course sponsorship by the AHA. Any fees charged for such a course, except a portion of the fees needed for AHA course material, do not represent income to the AHA.

The AHA CPR and First Aid classes listed below include and exclude different skills. Please make sure you have fulfilled the course prerequisites and the class meets the requirements from your employer, licensing agency, or school. Tuition includes book and card, where applicable. Students will receive the CPR/First Aid card within 14 business days, of successful course completion. AHA cards expire two years from the end of the month of the issue date. (There is a \$5 fee for any replacement card requested.)

Students are required to attend entire class you have enrolled in to receive a card. **If you miss or do not successfully complete any part of your class, you must register and pay for another class. We require 24 hours' notice before the first day of class to drop or change any CPR or First Aid class.**

LINCOLN, NE

CPR - Basic Life Support (formally known as CPR for Health Care Providers)

This AHA BLS course teaches high-quality CPR, use of an AED, foreign-body airway construction, high-performing team dynamics, and barrier devices for adults, children and infants.

This course is for health care providers (Nurses, EMT's, doctors, lifeguards, etc.). Tuition includes book and card. We recommend that day care providers attend the AHA Heartsaver® CPR AED and/or AHA Heartsaver® First Aid courses. (0.45 CEUs) **Keyword: CPR**

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|-------------------|----|------------------|-----------------|
| May 24 | W | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSS |
| May 25 | Th | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENST |
| May 30 | T | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSU |
| June 1 | Th | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSV |
| June 3 | S | 9 a.m.-1:30 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSW |
| June 6 | T | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSX |
| June 8 | Th | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSY |
| June 14 | W | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSZ |
| June 15 | Th | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSA1 |

CPR - Basic Life Support (cont.)

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|-------------------|----|------------------|-----------------|
| June 17 | S | 9 a.m.-1:30 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSBI |
| June 19 | M | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSCI |
| June 21 | W | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSDI |
| June 22 | Th | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSEI |
| June 26 | M | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSF1 |
| June 29 | Th | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENSG1 |
| July 1 | S | 9 a.m.-1:30 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUA |
| July 5 | W | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUB |
| July 10 | M | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUC |
| July 13 | Th | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUD |
| July 19 | W | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUE |
| July 22 | S | 9 a.m.-1:30 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUF |
| July 25 | T | 5:30-10 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUG |
| July 29 | S | 9 a.m.-1:30 p.m. | \$55 |
| Lincoln, ENT, 111 | | | HLTH-3251-ENUH |

Location Key

ENT.....SCC Entrepreneurship Center, 285 S. 68th St. Place, Lincoln

CPR - HeartCode® Basic Life Support Online + Skills Session

HeartCode® BLS is for health care professionals seeking an alternative method for completing a BLS course. This AHA CPR-Basic Life Support course is now offered in a convenient online format as an alternative method for certification. Online courses are perfect for those who need recertification or those with difficult schedules.

Once you are registered for a specific skills session date (listed below), you will receive a non-refundable AHA key for the online portion via email. Complete the online portion, then print your completion certificate and bring it when you meet for the skills session. SCC tuition waiver doesn't apply. **Keyword: CPR**

- ♥ Include your email address with your registration, so we can email you the appropriate key. Online keys will be emailed approximately one week prior to skills date.
- ♥ You need to bring your AHA Part 1 HeartCode® Online Course Completion Certificate to be admitted to the Skills Session.

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|------------------------------|----|--------------|------|----------------|
| May 23 Lincoln, ENT, 111 | T | 6-7:30 p.m. | \$55 | HLTH-3253-HBSD |
| June 7 Lincoln, ENT, 111 | W | 6-7:30 p.m. | \$55 | HLTH-3253-HBSE |
| June 24 Lincoln, ENT, 111 | S | 9-10:30 a.m. | \$55 | HLTH-3253-HBSF |
| July 18 Lincoln, ENT, 111 | T | 6-7:30 p.m. | \$55 | HLTH-3253-HBUA |
| July 27 Lincoln, ENT, 111 | Th | 6-7:30 p.m. | \$55 | HLTH-3253-HBUB |

CPR AED Online + Skills Session

This AHA Heartsaver® course is now offered in a convenient online format as an alternative method for certification. Online courses are perfect for those who need recertification or those with difficult schedules.

Once you are registered for a specific skills session date (listed below), you will receive a non-refundable AHA key for the online portion via email. Complete the online portion, then print your completion certificate and bring it when you meet for the skills session. SCC tuition waiver doesn't apply. **Keyword: CPR**

- ♥ Include your email address with your registration, so we can email you the appropriate key. Online keys will be emailed approximately one week prior to skills date.
- ♥ You need to bring your AHA Part 1 Heartsaver® CPR AED Online Course Completion Certificate to be admitted to the Skills Session.

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|------------------------------|----|-------------|------|----------------|
| May 18 Lincoln, ENT, 111 | Th | 6-6:45 p.m. | \$45 | HLTH-3220-HBSB |
| June 28 Lincoln, ENT, 111 | W | 6-6:45 p.m. | \$45 | HLTH-3220-HBSC |
| July 11 Lincoln, ENT, 111 | T | 6-6:45 p.m. | \$45 | HLTH-3220-HBUA |

CPR AED

This AHA Heartsaver® course teaches CPR, AED, foreign body airway obstruction, and barrier devices for adults, children and infants to health care providers. This course is recommended for those who want to be prepared for an emergency in any setting.

Tuition includes book and card. **This class meets day care CPR requirement. Keyword: CPR**

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|------------------------------|---|-------------------|------|----------------|
| June 10 Lincoln, ENT, 111 | S | 9 a.m.-12:30 p.m. | \$45 | HLTH-3219-ENSD |
| July 8 Lincoln, ENT, 111 | S | 9 a.m.-12:30 p.m. | \$45 | HLTH-3219-ENUA |

First Aid Online + Skills Session

This AHA Heartsaver® course is now offered in a convenient online format as an alternative method for certification. Online courses are perfect for those who need recertification or those with difficult schedules.

Once you are registered for a specific skills session date, you will receive a non-refundable AHA key for the online portion via email. Complete the online portion, then print your certificate and bring it when you meet for the skills session. SCC tuition waiver doesn't apply. **Keyword: Aid**

- ♥ Include your email address with your registration, so we can email you the appropriate key. Online keys will be emailed approximately one week prior to skills date.
- ♥ You need to bring your AHA Part 1 Heartsaver® First Aid Online Course Completion Certificate to be admitted to the Skills Session.

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|------------------------------|----|-------------|------|----------------|
| May 18 Lincoln, ENT, 111 | Th | 7-7:45 p.m. | \$42 | HLTH-3205-HBSB |
| June 28 Lincoln, ENT, 111 | W | 7-7:45 p.m. | \$42 | HLTH-3205-HBSC |
| July 11 Lincoln, ENT, 111 | T | 7-7:45 p.m. | \$42 | HLTH-3205-HBUA |

First Aid Heartsaver®

This AHA course teaches management of illness and injuries in the first few minutes until professional help arrives. This course is recommended for people who respond to first aid emergencies in the workplace.

Tuition includes book and card. **This class meets the day care first aid requirement. Keyword: Aid**

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|------------------------------|----|-------------|------|----------------|
| May 22 Lincoln, ENT, 111 | M | 6-9:30 p.m. | \$42 | HLTH-3204-ENSB |
| June 13 Lincoln, ENT, 111 | T | 6-9:30 p.m. | \$42 | HLTH-3204-ENSC |
| July 6 Lincoln, ENT, 111 | Th | 6-9:30 p.m. | \$42 | HLTH-3204-ENUA |

Location Key

ENT..... SCC Entrepreneurship Center, 285 S. 68th St. Place, Lincoln
NCLC..... Learning Center at Nebraska City, 819 Central Ave., Nebraska City

NEBRASKA CITY, NE

AHA Heartsaver® CPR AED

This course teaches lay rescuers one-rescuer CPR, AED and foreign body airway obstruction for victims of all ages. It is recommended for those who want to be prepared for an emergency in any setting. This course is recommended for people who respond to cardiovascular emergencies in the workplace.

Tuition includes book and card. **This class meets day care CPR requirement. Keyword: CPR**

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|------------------------------|----|-------------|---------|----------------|
| May 25 NE City, NCLC, 101 | Th | 6-9:30 p.m. | \$46.50 | HLTH-3219-NCSA |
|------------------------------|----|-------------|---------|----------------|

CPR - Basic Life Support (formally known as CPR for Health Care Providers)

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This course is for health care providers (Nurses, EMTs, doctors, lifeguards, etc.). Tuition includes book and card. We recommend that day care providers attend the AHA Heartsaver® CPR AED and/or AHA Heartsaver® First Aid courses. (0.45 CEUs) NOTE: Registration and payment need to be received by SCC a minimum of three working days prior to class. **Keyword: CPR**

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|-------------------------------|---|--------------|------|----------------|
| July 11 NE City, NCLC, 101 | T | 5:30-10 p.m. | \$55 | HLTH-3251-NCUA |
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Register Online for SCC Continuing Education Classes

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>.
2. **Search for your class** by entering either a **key word** in the title or the **course number**. Click **Submit**. (Enter information in only one field for broader results.)
Key Word Example: *Driver*
Course Number Example: *TRAN-3398*
3. **Select the course** for which you wish to register. Click **Submit**.
4. Enter your **personal information, certify your identification** and click **Submit**.
* You must provide your Social Security Number.
5. *Optional*: Enter your **Additional Registration Information** and click **Submit**.
6. If you want to register for additional classes, select **Search for more classes** under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select **Register now (check out)**. Select your **Payment Type**. Click **Submit**.
7. Enter your **payment information**. Click **Submit**.

You will see your **class acknowledgement** with information about your **SCC Student ID Number, SCC User ID** and **password**. You also will receive an email with this same information for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

 Southeast community college

Jack J. Huck Continuing Education Center,
301 S. 68th St. Place, Lincoln, NE 68510
402-437-2700 • 800-828-0072 • FAX 402-437-2703

** The College requires a student's Social Security number as a condition for enrollment. A student's Social Security number information constitutes an "educational record" under FERPA.*